

## Subelliptic mollifiers and a basic pointwise estimate of Poincaré type

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### 1 Introduction

The aim of this paper is to prove a pointwise estimate which plays a fundamental role in the analysis of both linear and nonlinear partial differential equations arising from a system of non-commuting vector fields  $X = \{X_1, \dots, X_m\}$ . Although our result holds in a larger setting, for the unity of presentation we confine ourselves to the specific case of smooth vector fields  $X_1, \dots, X_m$  satisfying Hörmander's finite rank condition [H]:  $\text{Rank}(\text{Lie}[X_1, \dots, X_m])(x) = n$  for every  $x \in \mathbb{R}^n$ . Let  $d : \mathbb{R}^n \times \mathbb{R}^n \rightarrow \mathbb{R}^+$  be the Carnot-Carathéodory metric associated to  $X_1, \dots, X_m$ , and for  $x_0 \in \mathbb{R}^n$  and  $R > 0$  set  $B = B_d(x_0, R) = \{y \in \mathbb{R}^n \mid d(x_0, y) < R\}$ . For  $a > 0$  the symbol  $aB$  will denote the concentric ball  $B_d(x_0, aR)$ . For a given function  $u$  we let  $Xu = (X_1u, \dots, X_mu)$  and  $|Xu|^2 = \sum_{j=1}^m (X_ju)^2$ . Throughout the paper we will use the standard notation  $u_B = \frac{1}{|B|} \int_B u(y) dy$ .

Our main result is

**Theorem 1.1.** *Let  $U \subset\subset \mathbb{R}^n$ , and  $x_0 \in U$ . There exist  $C, R_0 > 0$  and  $a > 1$  depending only on  $U$  and the vector fields  $X_1, \dots, X_m$  such that for any  $u \in C^1(aB)$ ,  $R \leq R_0$ , and  $x \in B$  one has*

$$|u(x) - u_B| \leq C \int_{aB} |Xu(y)| \frac{d(x, y)}{|B_d(x, d(x, y))|} dy. \quad (1.1)$$

Theorem 1.1 has several remarkable applications. Recently Nhieu and one of us [GN] have proved that (1.1) and the doubling condition (1.4) below, imply a sharp subelliptic Sobolev embedding. More precisely one has the following:

**Theorem 1.2.** *(see [GN]) Let  $U \subset\subset \mathbb{R}^n$  be fixed. Then there exists  $R_0 > 0$  and  $C > 0$  such that for any  $x_0 \in U$ ,  $B = B_d(x_0, R)$  and  $0 < R \leq R_0$ , one has for  $u \in C^1(B)$*

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$$\left( \frac{1}{|B|} \int_B |u - u_B|^{\frac{Q}{Q-1}} dx \right)^{\frac{Q-1}{Q}} \leq C \frac{R}{|B|} \int_B |Xu| dx ,$$

where  $Q$  is the homogeneous dimension of the family  $X_1, \dots, X_m$  in  $U$  (see below).

It is worth emphasizing that, in opposition to (1.1), the inequality in Theorem 1.2 involves integration over the same ball  $B$  in both left- and right-hand side.

Another important consequence of Theorem 1.1 is that Theorem 1.2 is equivalent to a relative isoperimetric inequality for sets of finite (generalized) perimeter (for the relevant definitions see also [CDG1]):

**Theorem 1.3.** (see [GN]) *Let  $E \subset \mathbb{R}^n$  be an  $X$ -Caccioppoli set. Then, with  $U$ ,  $Q$ ,  $C$ ,  $R_0$  and  $B$  as in Theorem 1.2 one has*

$$\min(|E \cap B|, |E^C \cap B|)^{\frac{Q-1}{Q}} \leq CR|B|^{-\frac{1}{Q}} P_X(E; B) ,$$

where  $P_X(E, B)$  is the  $X$ -perimeter of  $E$  relative to  $B$ .

For other applications of Theorem 1.1 see for instance [He], [HeHo] and [Gr].

In this paper we will show that Theorem 1.1 follows in an elementary way only from the basic properties (a), (b) and (c) listed below.

Let  $U \subset\subset \mathbb{R}^n$ . There exist constants  $Q, R, R_0 > 0$ , depending only on  $U$  and  $X_1, \dots, X_m$ , such that for any  $x \in U$  and  $0 < R \leq R_0$ :

(a) One has

$$C \Lambda(x, R) \leq |B_d(x, R)| \leq C^{-1} \Lambda(x, R) , \quad (1.2)$$

where  $\Lambda(x, R)$  is a polynomial in  $r$  with positive coefficients satisfying for  $0 < \lambda < 1$

$$C \lambda^Q \Lambda(x, R) \leq \Lambda(x, \lambda R) \leq C^{-1} \lambda^{Q(x)} \Lambda(x, R) , \quad (1.3)$$

with  $Q \geq Q(x) \geq n \geq 3$ . The number  $Q$  is called *the homogeneous dimension of  $X_1, \dots, X_m$  relative to  $U$* . The estimate (1.2) implies

$$|B_d(x, 2R)| \leq C |B_d(x, R)| . \quad (1.4)$$

(b) For any  $u \in C^1(2B)$

$$\int_B |u(y) - u_B| dy \leq CR \int_{2B} |Xu(y)| dy . \quad (1.5)$$

(c) Denote by  $\Gamma(x, y)$  the fundamental solution with pole in  $x$  of the operator  $\mathcal{L} = \sum_{j=1}^m X_j^* X_j$ . Then one has

$$C \frac{d(x, y)^2}{|B_d(x, d(x, y))|} \leq \Gamma(x, y) \leq C^{-1} \frac{d(x, y)^2}{|B_d(x, d(x, y))|} \quad (1.6)$$

and

$$|X\Gamma(x, y)| \leq C^{-1} \frac{d(x, y)}{|B_d(x, d(x, y))|} . \quad (1.7)$$

Properties (a), (b) and (c) were established in a series of fundamental papers. For (a) see [NSW], (b) is contained in [J], (c) was independently obtained in [SC] and [NSW].

*Remark 1.* Given a system of Lipschitz continuous vector fields  $X = \{X_1, \dots, X_m\}$  one can still define the associated Carnot-Carathéodory metric. In this more general setting properties (a), (b) and (c) can be thought of as a set of hypothesis, under which Theorem 1.1 holds.

The key to our approach consists in working with a family of “balls” different from the Carnot-Carathéodory balls, namely some appropriately rescaled level sets of the fundamental solution  $\Gamma(x, y)$  defined in (c). To be more precise let

$$E(x, r) = r^{-2} \Lambda(x, r) \quad (1.8)$$

and observe that since  $Q(x) \geq n \geq 3$ ,  $E(x, r)$  is a strictly increasing function of  $r$ . Denote by

$$F(x, \cdot) = E^{-1}(x, \cdot) \quad (1.9)$$

its inverse function and define for  $x \in \mathbb{R}^n$  and  $R > 0$

$$B(x, r) = \left\{ y \in \mathbb{R}^n \mid \Gamma(x, y) > \frac{1}{E(x, R)} \right\} .$$

By virtue of (1.4) and (c), one can prove that if  $U$ ,  $C$  and  $R$  are defined as in (a), (b) and (c), then

$$B_d(x, a^{-1}R) \subset B(x, R) \subset B_d(x, aR) , \quad (1.10)$$

with  $a > 0$  depending on  $U$  and  $X_1, \dots, X_m$ . The latter allows, in many cases, to substitute the metric balls with the smooth sets  $B(x, R)$  and obtain equivalent results. In particular, we are going to prove Theorem 1.1 for the sets  $B(x, R)$ , observing that the original version with  $B_d(x, R)$  follows directly from (1.10) (with different constants). Also, (a) and (c) imply

$$Cd(x, y) \leq F(x, \Gamma^{-1}(x, y)) \leq C^{-1}d(x, y) . \quad (1.11)$$

An advantage in using the level sets of the fundamental solution consists in the existence of a representation formula analogous to the classical one, supported on such sets. In fact, from (1.4), (c) and the co-area formula [F] one can deduce (see [CGL]) that for any  $x \in U$ ,  $0 < s < R_0$  and  $u \in C^1(B(x, 2R_0))$

$$\int_{\partial B(x, s)} u(y) \frac{|X_y \Gamma(x, y)|^2}{|D_y \Gamma(x, y)|} dH_{n-1} = u(x) + \int_{B(x, s)} \langle Xu(y), X_y \Gamma(x, y) \rangle dy . \quad (1.12)$$

In this paper we assume (a), (b) and (c), together with their consequences (1.10)–(1.12) as a starting point. From there we reach the conclusion through an elementary argument involving a family of mollifiers tailored on the “subelliptic geometry” attached to  $\mathcal{L}$  which were introduced in [CDG2] to characterize domains supporting the Poincaré inequality or the compact embedding. These mollifiers turn out to be a powerful tool in the analysis of the operator  $\mathcal{L}$ . In particular, applications to boundary problems will be given in forthcoming work.

*Remark 2.* In the setting of nilpotent, stratified Lie groups Theorem 1.1 was established in [L] with a different approach. Even in this restricted context our proof is much simpler.

*Remark 3.* We stress that Theorem 1.1 holds globally on a stratified, nilpotent Lie group. More in general, thanks to the works [Gu], [V] and [MS], the assumptions (a), (b) and (c) in this paper are fulfilled in any connected Lie group of polynomial volume growth. Therefore, Theorem 1.1. continues to hold globally in that setting.

*Remark 4.* After this paper was completed we learned that a completely different proof of Theorem 1.1 has independently been given by Franchi, Lu and Wheeden [FLW1]. Compared to our approach, however, the proof in [FLW1] is considerably more complicated and longer.

## 2 Proof of the main theorem

Following [CDG2] for  $u \in L^1_{\text{loc}}(\mathbb{R}^n)$  we define a family of *mollifiers*

$$J_R u(x) = \int_{\mathbb{H}^n} u(y) K_R(x, y) dy, \quad R > 0, \quad (2.1)$$

where

$$K_R(x, y) = f_R(F(x, \Gamma^{-1}(x, y))) \frac{|X_y \Gamma(x, y)|^2}{|\Gamma(x, y)|^2} F'(x, \Gamma^{-1}(x, y)). \quad (2.2)$$

In (2.1) we have let  $F'(x, s) = \frac{d}{ds} F(x, s)$ ,  $f \in C_0^\infty(1, 2)$ ,  $\int_{\mathbb{H}} f(s) ds = 1$  and  $f_R(s) = R^{-1} f(sR^{-1})$ .

*Remark 5.* We explicitly observe that for any  $x \in \mathbb{R}^n$ ,  $\text{supp } K_R(x, \cdot) \subset B(x, 2R) \setminus B(x, R)$ .

The properties of  $J_R$  have been extensively studied in [CDG2]. In the present paper only the following ones are needed

**Theorem 2.1.** *Let  $U \subset\subset \mathbb{R}^n$ . There exist  $C, R_0 > 0$  depending only on  $U$  and  $X_1, \dots, X_m$  such that for every  $x \in U$ ,  $0 < R \leq R_0$  one has*

- i)  $J_R 1 = \int_{\mathbb{H}^n} K_R(x, y) dy = 1$ .
- ii) For  $u \in C^1(B(x, 2R))$  one has

$$J_R u(x) = u(x) + \int_0^\infty f_R(s) \int_{B(x, s)} \langle Xu(y), X_y \Gamma(x, y) \rangle dy ds. \quad (2.3)$$

- iii)  $\sup_{y \in B(x, 2R) \setminus B(x, R)} K_R(x, y) \leq C |B(x, R)|^{-1}$ .

*Proof of (i).* Letting  $u = 1$  in (1.12) one has

$$\int_{\partial B(x,s)} \frac{|X_y \Gamma(x,y)|^2}{|D_y \Gamma(x,y)|} dH_{n-1}(y) = 1 . \quad (2.4)$$

By the co-area formula (see [F]) and (2.2) it follows that

$$\begin{aligned} \int_{\mathbb{H}^n} K_R(x,y) dy &= \int_0^\infty \int_{\Gamma(x,y)=t} f_R(F(x, \Gamma^{-1}(x,y))) \frac{|X_y \Gamma(x,y)|^2}{\Gamma^2(x,y)} \\ &F'(x, \Gamma^{-1}(x,y)) |D_y \Gamma(x,y)|^{-1} dH_{n-1}(y) dt . \end{aligned} \quad (2.5)$$

If we set  $t = E(x, \tau)^{-1}$ , then  $\tau = F(x, t^{-1})$  and  $dt = -\frac{E'(x,\tau)}{E(x,\tau)^2} d\tau$ , where  $E, F$  are as in (1.8), (1.9) and  $E'(x, s) = \frac{d}{ds} E(x, s)$ . By this change of variable (2.5) gives

$$\begin{aligned} \int_{\mathbb{H}^n} K_R(x,y) dy &= \int_0^\infty \int_{\partial B(x,\tau)} f_R(\tau) \frac{|X_y \Gamma(x,y)|^2}{|D_y \Gamma(x,y)|} \\ &E(x, \tau)^2 F'(x, E(x, \tau)) \frac{E'(x, \tau)}{E(x, \tau)^2} dH_{n-1}(y) d\tau . \end{aligned} \quad (2.6)$$

Since  $F'(x, E(x, \tau)) = E'(x, \tau)^{-1}$ , (2.6) yields

$$\int_{\mathbb{H}^n} K_R(x,y) dy = \int_0^\infty f_R(\tau) \int_{\partial B(x,\tau)} \frac{|X_y \Gamma(x,y)|^2}{|D_y \Gamma(x,y)|} dH_{n-1}(y) d\tau . \quad (2.7)$$

The latter and (2.4) allow to conclude the proof of (i).  $\square$

*Proof of (ii).* Using the co-area formula and the same change of variables that led to (2.6) one has for  $x \in U$

$$J_R u(x) = \int_R^{2R} \left( \int_{\partial B(x,s)} u(y) \frac{|X_y \Gamma(x,y)|^2}{|D_y \Gamma(x,y)|} dH_{n-1}(y) \right) f_R(s) ds . \quad (2.8)$$

The conclusion now follows from (2.8) after multiplying (1.12) by  $f_R(s)$  and integrating in  $s \in (0, \infty)$ .

*Proof of (iii).* From (1.6)-(1.7) and (2.2) we have for  $y \in B(x, 2R) \setminus B(x, R)$ ,

$$\begin{aligned} K_R(x,y) &\leq \frac{C}{R} \frac{|F'(x, \Gamma^{-1}(x,y))| |X \Gamma(x,y)|^2}{\Gamma^2(x,y)} \\ &= CR^{-1} \frac{|X \Gamma(x,y)|^2}{\Gamma^2(x,y)} \frac{1}{|E'(x, F(x, \Gamma^{-1}(x,y)))|} , \end{aligned} \quad (2.9)$$

where in the last equality we have used the inverse function theorem. Recalling that  $\Lambda(x, r)$  is a polynomial function in  $r$  with positive coefficients, from (1.3) and (1.8) we obtain

$$n \leq \frac{sE'(x,s)}{E(x,s)} \leq Q .$$

Inserting this information in (2.9) and using (1.6), (1.7) and (1.11) we conclude

$$K_R(x, y) \leq CR^{-1} \left( \frac{|F(x, \Gamma^{-1}(x, y))|}{|E(x, F(x, \Gamma^{-1}(x, y)))|} \right) \frac{|X\Gamma(x, y)|^2}{\Gamma^2(x, y)} \leq C|B(x, d(x, y))|^{-1},$$

that implies

$$K_R(x, y) \leq C|B(x, R)|^{-1}. \quad (2.10)$$

□

The following corollary of Theorem 2.1, (ii) plays a crucial role.

**Corollary 2.1.** *Let  $U \subset \subset \mathbb{R}^n$  and  $x_0 \in U$ . There exist constants  $C, R_0 > 0$  depending on  $U$  and the vector fields  $X_1, \dots, X_m$  such that for any  $4R < R_0$ ,  $x \in B(x_0, R)$  and  $u \in C^1(B(x_0, 3R))$*

$$|J_R u(x) - u(x)| \leq C \int_{B(x_0, 3R)} |Xu(y)| \frac{d(x, y)}{|B(x, d(x, y))|} dy.$$

*Proof.* The inequality follows immediately from Theorem 2.1, (ii) and the estimates of the fundamental solution (1.7). □

We are now ready to give the

*Proof of Theorem 1.1.* Denote  $B = B(x_0, R)$ .

By (ii) in Theorem 2.1 one has

$$|u(x) - u_{3B}| \leq |u(x) - J_R u(x)| + |J_R(u - u_{3B})(x)|. \quad (2.11)$$

From (iii) in Theorem 2.1 and Remark 5 we estimate

$$\begin{aligned} |J_R(u - u_{3B})(x)| &\leq \int_{B(x, 2R) \setminus B(x, R)} K_R(x, y) |u - u_{3B}|(y) dy \\ &\leq C|B(x, R)|^{-1} \int_{B(x, 2R)} |u - u_{3B}|(y) dy. \end{aligned} \quad (2.12)$$

By (2.2) and property (b) one infers

$$\begin{aligned} |J_R(u - u_{3B})(x)| &\leq C|B(x, R)|^{-1} \int_{3B} |u - u_{3B}|(y) dy \\ &\leq CR|B(x, R)|^{-1} \int_{6B} |Xu(y)| dy. \end{aligned} \quad (2.13)$$

Finally, observe that (1.3) implies for  $y \in 6B$ ,  $y \neq x$

$$\begin{aligned} |B(x, R)| &= \left| B \left( x, \frac{R}{d(x, y)} d(x, y) \right) \right| \geq C \left( \frac{R}{d(x, y)} \right)^n |B(x, d(x, y))| \\ &\geq C \left( \frac{R}{d(x, y)} \right)^{n-1} R \frac{|B(x, d(x, y))|}{d(x, y)}. \end{aligned} \quad (2.14)$$

This gives

$$\frac{R}{|B(x, R)|} \leq C \frac{d(x, y)}{|B(x, d(x, y))|}. \quad (2.15)$$

As a consequence of (2.11), (2.13), (2.15) and Corollary 2.1 we have that for any  $x \in B$

$$|u(x) - u_{3B}| \leq C \int_{6B} |Xu(y)| \frac{d(x, y)}{|B(x, d(x, y))|} dy.$$

The proof is now concluded by using (1.10), the triangle inequality, property (b) and (2.15).  $\square$

*Remark 6.* We would like to comment on the above argument. The estimate of the piece  $|J_R(u - u_{3B})|(x)$  in (2.11) does not use assumption (c). We could have employed as a mollifier any  $J_R$  with a kernel  $K_R(x, y)$  satisfying (2.10). Thus, in particular,

$$J_R u(x) = \frac{1}{|B_d(x, R)|} \int_{B_d(x, R)} u(y) dy, \quad (2.16)$$

for which

$$K_R(x, y) = \frac{1}{|B_d(x, R)|} \chi_{B_d(x, R)}(y),$$

works (here  $\chi_E$  denotes the characteristic function of the set  $E$ ).

In the estimate of the piece  $|u(x) - J_R u(x)|$  in (2.11), instead, we have used the special structure of the mollifier which is reflected by the important formula (2.3) above.

**Note:** *The result of this paper was part of a lecture delivered by the third named author at the conference on “Integral Inequalities and Nonlinear Variational Problems” held in Ischia, Italy, June 1–3, 1995.*

*In September 1995 R. Wheeden has kindly communicated to us an argument, based on (2.14), which in the estimate of the first addend in (2.11), allows to use any mollifier with a kernel satisfying (2.10), see [FLW2]. As a consequence, Theorem 1.1 holds under assumptions (a) and (b) alone.*

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