

Lesson 11 Section 7.3

Trigonometric Substitutions

Part I.

Example: $\int_0^1 \underbrace{\sqrt{1-x^2}}_{u} dx$

Idea: Make a substitution which transforms this into a trigonometric integral.

$$x = \sin u, \quad \underline{dx = \cos u \, du}$$

$$\cos^2 u + \sin^2 u = 1$$

$$\underline{\cos^2 u = 1 - \sin^2 u}$$

$$x = \sin u, \quad \cos^2 u = 1 - x^2$$

$$\cos u = \sqrt{1 - x^2}$$

$$x=0, \sin u=0, u=0; \quad x=1, \sin u=1, u=\pi/2$$

$$\int_0^1 \underbrace{\sqrt{1-x^2}}_{\cos u} \underbrace{dx}_{\cos u \, du} = \int_0^{\pi/2} \cos u \cdot \cos u \, du$$

$$= \int_0^{\pi/2} \cos^2 u \, du.$$

$$\cos^2 \theta = \frac{1 + \cos 2\theta}{2}$$

$$\int_0^{\pi/2} \cos^2 \theta \, d\theta = \int_0^{\pi/2} \frac{(1 + \cos 2\theta)}{2} \, d\theta$$

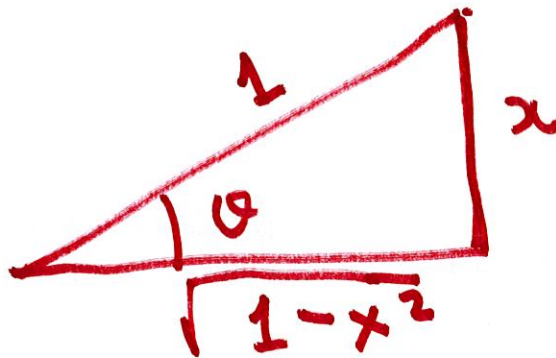
$$= \frac{1}{2} \left(\theta + \frac{1}{2} \sin 2\theta \right) \Big|_0^{\pi/2}$$

$$= \frac{1}{2} \left(\frac{\pi}{2} \right) = \frac{\pi}{4}$$

$$\sqrt{1-x^2}, \quad x$$

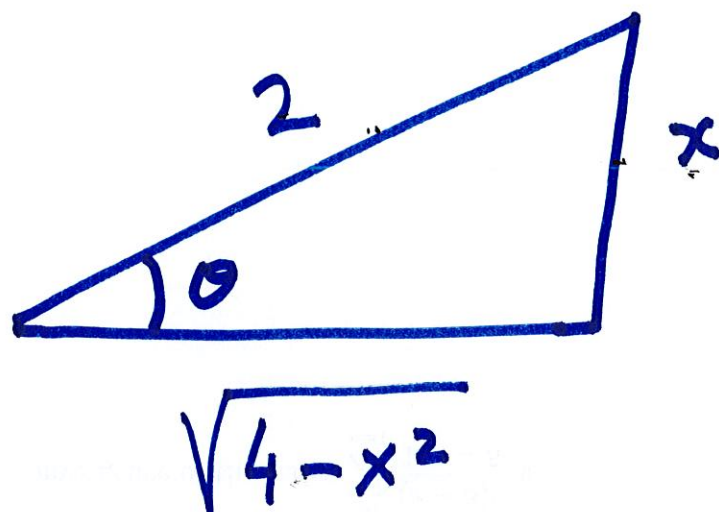
$$\sin \theta = \frac{x}{1}$$

$$\cos \theta = \frac{\sqrt{1-x^2}}{1}$$



$$\int x^2 \sqrt{4-x^2} dx$$

Step 1.



$$\sin \theta = x/2 ;$$

$$\cos \theta = \frac{\sqrt{4-x^2}}{2}$$

$$x = 2 \sin u, \quad dx = 2 \cos u du$$

$$\int x^2 \sqrt{4-x^2} dx = \int (2 \sin u)^2 \cdot 2 \cos u \cdot 2 \cos u du$$

$$= \int 16 \sin^2 u \cos^2 u du$$

$$= 16 \int \sin^2 \theta \cos^2 \theta d\theta$$

$$\sin 2\alpha = 2 \sin \alpha \cos \alpha$$

$$\boxed{\sin 2\theta = 2 \sin \theta \cos \theta}$$

$$= \int 16. \left[\frac{\sin 2\theta}{2} \right]^2 d\theta.$$

$$= 4 \int [\sin 2\theta]^2 d\theta.$$

$$\sin^2 \alpha = \frac{1 - \cos 2\alpha}{2}.$$

$$x = 2\theta$$

$$\sin^2 2\theta = \frac{1 - \cos 4\theta}{2}$$

$$\int 4 (\sin 2\theta)^2 d\theta =$$

$$4 \int \left(\frac{1 - \cos 4\theta}{2} \right) d\theta$$

$$= 2 \int (1 - \cos 4\theta) d\theta$$

$$= 2\theta - \frac{1}{2} \sin 4\theta + C$$

Write the answer in terms of x .

$$\int x^2 \sqrt{4-x^2} dx$$

$$= \underline{2\theta} - \frac{1}{2} \sin 4\theta + C.$$

$$\boxed{\sin \theta = \frac{x}{2}}; \quad \cos \theta = \frac{1}{2} \sqrt{4-x^2}$$

$$\theta = \arcsin \left(\frac{x}{2} \right) = \underline{\sin^{-1}} \left(\frac{x}{2} \right)$$

Write $\sin 4\theta$ in terms of x .

$$\sin \underline{4\theta} = \sin (2\theta + 2\theta) = \sin (2 \cdot 2\theta)$$

$$= 2 \underbrace{\sin 2\theta}_{\downarrow} \cdot \cos 2\theta.$$

$$= 2 \cdot 2 \sin \theta \cos \theta \cdot (\cos^2 \theta - \sin^2 \theta)$$

$$= 4 \sin \underline{\theta} \cdot \cos \underline{\theta} (\cos^2 \underline{\theta} - \sin^2 \underline{\theta})$$

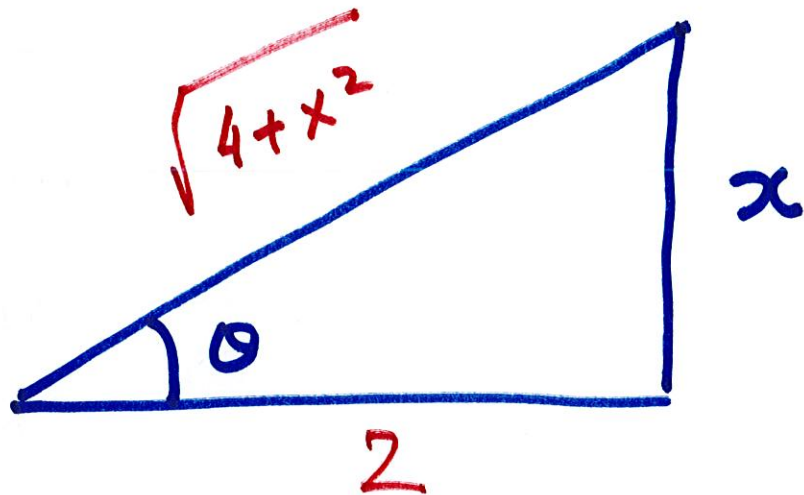
$$= 4 \cdot \frac{x}{2} \cdot \frac{1}{2} \sqrt{4-x^2} \cdot \left(\frac{4-x^2}{4} - \frac{x^2}{4} \right)$$

$$= \frac{x}{4} \sqrt{4-x^2} (4-2x^2)$$

Conclusion: $\int x^2 \sqrt{4-x^2} dx =$

$$= 2 \sin^{-1}\left(\frac{x}{2}\right) - \frac{x}{8} \sqrt{4-x^2} (4-2x^2) + C$$

$$\int \frac{dx}{\sqrt{x^2 + 4}}$$



$$\frac{x}{2} = \tan \theta ; \quad \frac{2}{\sqrt{4+x^2}} = \cos \theta$$

$$\sqrt{4+x^2} = \frac{2}{\cos \theta} = 2 \sec \theta.$$

$$x = 2 \tan \theta, \quad \underline{dx = 2 \sec^2 \theta d\theta}$$

$$\int \frac{dx}{\sqrt{x^2+4}} = \int \frac{2\sec^2\theta}{2\sec\theta} d\theta$$

$$= \int \sec\theta d\theta = \ln|\sec\theta + \tan\theta| + C$$

Recall that

$$\frac{d}{d\theta} \sec\theta = \sec\theta \tan\theta$$

$$\frac{d}{d\theta} \tan\theta = \sec^2\theta.$$

$$\tan\theta = x/2 ; \quad \sec\theta = \frac{\sqrt{4+x^2}}{2}.$$

$$\sec \theta = \sec \theta \frac{\sec \theta + \tan \theta}{\sec \theta + \tan \theta}$$

$$= \frac{\sec^2 \theta + \sec \theta \tan \theta}{\sec \theta + \tan \theta}$$

• Set $u = \sec \theta + \tan \theta$

$$\int \sec \theta d\theta = \int \frac{du}{u} = \ln |u| + C$$

$$= \ln |\sec \theta + \tan \theta| + C.$$

$$\int \frac{dx}{\sqrt{4+x^2}} =$$

$$= \ln \left| \frac{x}{2} + \frac{1}{2} \sqrt{4+x^2} \right| + C.$$

$$\int \sec \theta \cdot \tan^2 \theta \, d\theta =$$

$$= \int \underbrace{\sec \theta}_{u} \cdot \underbrace{\tan \theta \, d\theta}_{dv}$$

$$= uv - \int v \, du$$

$$V = \sec u.$$

$$du = \sec^2 u \, du$$

$$\underline{\int \tan u \cdot \sec u \tan u \, du =}$$

$$= \tan u \cdot \sec u - \int \sec^3 u \, du$$

$$\sec^3 u = \sec u (\sec^2 u)$$

$$= \sec u (1 + \tan^2 u)$$

$$= \tan u \cdot \sec u - \int \sec u \, du - \underbrace{\int \sec u \tan^2 u \, du}$$

$$2 \int \sec \theta \tan^2 \theta \, d\theta$$

$$= \sec \theta \tan \theta - \int \sec \theta \, d\theta.$$

$$\int \sec \theta \tan^2 \theta \, d\theta$$

$$= \frac{1}{2} \sec \theta \tan \theta - \frac{1}{2} \ln |\sec \theta + \tan \theta| + C$$