# A new class of implicit-explicit BDFk SAV schemes for general dissipative systems and their error analysis ${ }^{\star \pi}$ 

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#### Abstract

We construct a new class of efficient implicit-explicit (IMEX) BDF $k$ schemes combined with a scalar auxiliary variable (SAV) approach for general dissipative systems. We show that these schemes are unconditionally stable, and lead to a uniform bound of the numerical solution in the norm based on the principal linear operator in the free energy. Based on this uniform bound, we carry out a rigorous error analysis for the $k$ th-order ( $k=1,2,3,4,5$ ) SAV schemes in a unified form for a class of general dissipative systems. We also present numerical results confirming our theoretical convergence rates.


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## 1. Introduction

The original scalar auxiliary variable (SAV) approach proposed in [1,2] is a powerful approach to construct efficient time discretization schemes for gradient flows. Due to its simplicity, efficiency and generality, it attracted much attention and has been applied to various problems (see, for instance, [3,4] and the references therein).

Analysis of standard semi-implicit schemes for general gradient flows often requires to assume global Lipschitz condition on the nonlinear term (see, for instance, [5-7]), although for some semi-linear parabolic equations such as Allen-Cahn type equations, error estimates for some first- and/or second-order semi-implicit schemes [8,9] and firstand second-order exponential time differencing schemes $[10,11]$ have been established recently without assuming the global Lipschitz condition. On the other hand, the convergence of SAV schemes can be established without such assumption thanks to the unconditional energy stability. For examples, rigorous error analysis of the semi-discretized first order original SAV schemes for $L^{2}$ and $H^{-1}$ gradient flows with minimum assumptions have been presented in [12], first- and second-order error estimates have been derived for a related semi-discretized gPAV scheme for the Cahn-Hilliard equation in [13], and error analysis of fully discretized SAV schemes with finite differences and finite-elements have also been established in [14] and [15]. On the other hand, error estimates for a Fourier-spectral

[^0]SAV scheme for the phase-field crystal equation [16] (see also [17] for a related work). and a MAC-SAV scheme for the Navier-Stokes equation [18] are established. Note that for the original SAV approach, unconditional energy stability can only be established for first- and second-order BDF schemes, although it has been shown in [19] (see also [20]) that the SAV approach coupled with extrapolated and linearized Runge-Kutta methods can achieve arbitrarily high order unconditionally energy stable with a modified energy for the Allen-Cahn and Cahn-Hilliard equations, but require solving coupled linear systems. On the other hand, a recent work [21] shows that a third-order IMEX scheme for the MBE equation with no slope selection is stable. Note however that the nonlinear term in the MBE equation with no slope selection satisfies the Lipschitz condition.

Most recently, a new SAV approach for gradient flow is proposed in [22] which offers some essential improvements over the original SAV approach such as (i) its computational cost is about half of the original SAV approach, and (ii) its higher-order BDF versions are also unconditionally stable with a modified energy. While ample numerical results in [22] have shown that the new higher-order SAV schemes are indeed stable and can achieve higher-order accuracy, the modified energy is represented only by a SAV which does not involve any function norm, so it is difficult to carry out convergence and error analysis. See however [13] for an attempt on the error analysis for related first- and second-order gPAV-based schemes for the Cahn-Hilliard equation.

Inspired by [22], we construct in this paper a new class of explicit-implicit BDFk schemes for general dissipative systems and carry out a rigorous and unified error analysis for $1 \leq k \leq 5$. In particular, we choose a special control factor $\eta_{k}^{n+1}$ (cf. (2.5d)) for the $k$ th-order scheme which allows us to obtain a unconditional and uniform bound on the norm based on principal linear term in the energy functional of the dissipative system. This bound is essential for the error analysis in this paper.

While these IMEX schemes are applicable to a large class of dissipative systems, their error analysis is highly non-trivial, particularly at higher than second order. Since a unified analysis for general dissipative systems will involve complicated assumptions and techniques that may obscure the clarity of presentation, we shall consider the error analysis for two classes of typical dissipative systems: Allen-Cahn type and Cahn-Hilliard type equations. The key ingredients are the uniform $H^{1}$ bound derived from the general stability result (see (2.13) in Theorem 1) and a stability result in [23] (see Lemma 1) for the BDFk $(1 \leq k \leq 5)$ schemes. With a delicate induction argument, we are able to establish optimal error estimates in $L^{\infty}\left(0, T ; H^{2}\right)$ norm for our implicit-explicit $\operatorname{BDF} k(1 \leq k \leq 5)$ SAV schemes for both Allen-Cahn type and Cahn-Hilliard type equations.

In summary, the new class of $k$ th-order $(1 \leq k \leq 5)$ IMEX SAV schemes enjoy several distinct advantages, including:

- only requires solving, in most common situations, one linear system with constant coefficients at each time step, so its computational cost is essentially the same as the usual implicit-explicit (IMEX) schemes;
- applicable to general dissipative systems, and can be combined with any consistent Galerkin type spatial discretization;
- higher-order BDFk SAV schemes are unconditionally stable and amenable to adaptive time stepping without restriction on time step size;
- rigorous error estimates can be established for $\mathrm{BDF} k(1 \leq k \leq 5) \mathrm{SAV}$ schemes.

The rest of the paper is organized as follows. In the next section, we describe out new SAV schemes for general dissipative systems in a unified form, prove its unconditionally stability, and provide some numerical results to demonstrate the convergence rate. In Section 3, we present the detailed proof for the $k$ th-order schemes ( $k=1,2,3,4,5$ ) in a unified form for Allen-Cahn type equations. In Section 4, we present error analysis for Cahn-Hilliard type equations. Some concluding remarks are given in the last section.

We use the following notations throughout the paper. Let $\Omega \in \mathcal{R}^{n}(n=1,2,3)$ be a bounded domain with sufficiently smooth boundary. We denote by $(\cdot, \cdot)$ and $\|\cdot\|$ the inner product and the norm in $L^{2}(\Omega)$, and by $H^{s}(\Omega)$ the usual Sobolev spaces with norm $\|\cdot\|_{H^{s}}$. Let $V$ be a Banach space, we shall also use the standard notations $L^{p}(0, T ; V)$ and $C([0, T] ; V)$. To simplify the notation, we often omit the spatial dependence in the notation for the exact solution $u$, namely we denote $u(x, t)$ by $u(t)$. We shall use $C$ to denote a constant which can change from one step to another, but is independent of $\delta t$.

## 2. New SAV schemes for dissipative systems

In this section, we describe the new SAV schemes for dissipative systems, show that they are unconditionally energy stable with a modified energy and derive a uniform bound for the norm based on the principal linear term in the energy functional.

Consider the following class of dissipative systems

$$
\begin{equation*}
\frac{\partial u}{\partial t}+\mathcal{A} u+g(u)=0 \tag{2.1}
\end{equation*}
$$

where $u$ is a scalar or vector function, $\mathcal{A}$ is a positive differential operator and $g(u)$ is a nonlinear operator possibly with lower-order derivatives. We assume that the above equation satisfies a dissipative energy law

$$
\begin{equation*}
\frac{d \tilde{E}(u)}{d t}=-\mathcal{K}(u) \tag{2.2}
\end{equation*}
$$

where $\tilde{E}(u)>-C_{0}$ for all $u$ is an energy functional, $\mathcal{K}(u)>0$ for all $u \neq 0$.
The above class of dissipative systems include in particular gradient flows but also other dissipative systems which do not have the gradient structure, such as viscous Burgers equation, reaction-diffusion equations etc.

### 2.1. The new SAV schemes

The key for the SAV approach is to introduce a scalar auxiliary variable (SAV) to rewrite (2.1) as an expanded system, and to discretize the expanded system instead of the original (2.1). In this paper, we introduce the following new SAV approach inspired by the SAV schemes introduced in [22]

Setting $r(t)=E(u)(t):=\tilde{E}(u)(t)+C_{0}>0$, we rewrite Eq. (2.1) with the energy law (2.2) as the following expanded system

$$
\begin{align*}
& \frac{\partial u}{\partial t}+\mathcal{A} u+g(u)=0  \tag{2.3}\\
& \frac{d E(u)}{d t}=-\frac{r(t)}{E(u)(t)} \mathcal{K}(u) . \tag{2.4}
\end{align*}
$$

We construct the $k$ th order new SAV schemes based on the implicit-explicit BDF- $k$ formulae in the following unified form:

Given $u^{n}$, $r^{n}$, we compute $\bar{u}^{n+1}, r^{n+1}, \xi^{n+1}$ and $u^{n+1}$ consecutively by

$$
\begin{align*}
& \frac{\alpha_{k} \bar{u}^{n+1}-A_{k}\left(u^{n}\right)}{\delta t}+\mathcal{A} \bar{u}^{n+1}+g\left[B_{k}\left(\bar{u}^{n}\right)\right]=0  \tag{2.5a}\\
& \frac{1}{\delta t}\left(r^{n+1}-r^{n}\right)=-\frac{r^{n+1}}{E\left(\bar{u}^{n+1}\right)} \mathcal{K}\left(\bar{u}^{n+1}\right)  \tag{2.5b}\\
& \xi^{n+1}=\frac{r^{n+1}}{E\left(\bar{u}^{n+1}\right)},  \tag{2.5c}\\
& u^{n+1}=\eta_{k}^{n+1} \bar{u}^{n+1} \text { with } \eta_{k}^{n+1}=1-\left(1-\xi^{n+1}\right)^{k+1} \tag{2.5d}
\end{align*}
$$

where $\alpha_{k}$, the operators $A_{k}$ and $B_{k}(k=1,2,3,4,5)$ are given by:
first-order:

$$
\begin{equation*}
\alpha_{1}=1, \quad A_{1}\left(u^{n}\right)=u^{n}, \quad B_{1}\left(\bar{u}^{n}\right)=\bar{u}^{n} ; \tag{2.6}
\end{equation*}
$$

second-order:

$$
\begin{equation*}
\alpha_{2}=\frac{3}{2}, \quad A_{2}\left(u^{n}\right)=2 u^{n}-\frac{1}{2} u^{n-1}, \quad B_{2}\left(\bar{u}^{n}\right)=2 \bar{u}^{n}-\bar{u}^{n-1} ; \tag{2.7}
\end{equation*}
$$

third-order:

$$
\begin{equation*}
\alpha_{3}=\frac{11}{6}, \quad A_{3}\left(u^{n}\right)=3 u^{n}-\frac{3}{2} u^{n-1}+\frac{1}{3} u^{n-2}, \quad B_{3}\left(\bar{u}^{n}\right)=3 \bar{u}^{n}-3 \bar{u}^{n-1}+\bar{u}^{n-2} ; \tag{2.8}
\end{equation*}
$$

fourth-order:

$$
\begin{equation*}
\alpha_{4}=\frac{25}{12}, A_{4}\left(u^{n}\right)=4 u^{n}-3 u^{n-1}+\frac{4}{3} u^{n-2}-\frac{1}{4} u^{n-3}, \quad B_{4}\left(\bar{u}^{n}\right)=4 \bar{u}^{n}-6 \bar{u}^{n-1}+4 \bar{u}^{n-2}-\bar{u}^{n-3} . \tag{2.9}
\end{equation*}
$$

fifth-order:

$$
\begin{array}{ll}
\alpha_{5}=\frac{137}{60}, \quad & A_{5}\left(u^{n}\right)=5 u^{n}-5 u^{n-1}+\frac{10}{3} u^{n-2}-\frac{5}{4} u^{n-3}+\frac{1}{5} u^{n-4},  \tag{2.10}\\
& B_{5}\left(\bar{u}^{n}\right)=5 \bar{u}^{n}-10 \bar{u}^{n-1}+10 \bar{u}^{n-2}-5 \bar{u}^{n-3}+\bar{u}^{n-4} .
\end{array}
$$

Several remarks are in order:

- Initialization: the second-order scheme can be initialized with a first-order scheme for the first step, the $k$ th-order scheme can be initialized with a $k-1$ th-order Runge-Kutta method for the first $k-1$ steps.
- We observe from (2.5b) that $r^{n+1}$ is a first order approximation to $E\left(u\left(\cdot, t_{n+1}\right)\right)$ which implies that $\xi^{n+1}$ is a first order approximation to 1 .
- we observe from (2.5a) and (2.5d) that

$$
\begin{equation*}
\frac{\alpha_{k} u^{n+1}-\eta_{k}^{n+1} A_{k}\left(u^{n}\right)}{\delta t}+\mathcal{A} u^{n+1}+\eta_{k}^{n+1} g\left[B_{k}\left(\vec{u}^{n}\right)\right]=0 \tag{2.11}
\end{equation*}
$$

which, along with (2.5d), implies that

$$
\frac{\alpha_{k} u^{n+1}-A_{k}\left(u^{n}\right)}{\delta t}+\mathcal{A} u^{n+1}+g\left[B_{k}\left(u^{n}\right)\right]=O\left(\delta t^{k}\right) .
$$

Hence, both $u^{n+1}$ and $\bar{u}^{n+1}$ are formally $k$ th order approximations for $u\left(\cdot, t^{n+1}\right)$.

- The main difference of the above scheme from the scheme in [22] is the choice of $\eta_{k}^{n+1}$, which can be considered as a special case in [22]. However, as we show below, this choice allows us to obtain a uniform bound on $\left(\mathcal{L} u^{n}, u^{n}\right)$, which in turn plays a crucial role in the error analysis. Another slight difference is here we use $g\left[B_{k}\left(\bar{u}^{n}\right)\right]$ in (2.5a), which makes the error analysis slightly easier, while $g\left[B_{k}\left(u^{n}\right)\right]$ is used in [22]. Thanks to $(2.5 \mathrm{~d})$, this does not affect the $k$ th order accuracy nor unconditional energy stability.
- Since the energy stability is achieved through only (2.5b), we can replace (2.5a) by other types of explicitimplicit multistep schemes.

The above scheme can be efficiently implemented as follows:
i. Obtain $\bar{u}^{n+1}$ from (2.5a) by solving an equation of the form

$$
\left(\frac{\alpha_{k}}{\delta t} I+\mathcal{A}\right) \bar{u}^{n+1}=f^{n+1}
$$

where $f^{n+1}$ includes all known terms from previous time steps, and in most cases, this is a linear equation with constant coefficients;
ii. With $\bar{u}^{n+1}$ known, determine $r^{n+1}$ explicitly from (2.5b);
iii. Compute $\xi^{n+1}, \eta_{k}^{n+1}$ and $u^{n+1}$ from (2.5d), goto the next step.

The main computational cost of this scheme is to solve (2.5a) once, while the main computational cost in the original SAV approach is to solve an equation similar to (2.5a) twice. So the cost of this scheme is about half of the original SAV approach while enjoying the same unconditional energy stability as we show below.

### 2.2. A stability result

We have the following results concerning the stability of the above schemes.
Theorem 1. Given $r^{n} \geq 0$, we have $r^{n+1} \geq 0, \xi^{n+1} \geq 0$, and the scheme (2.5) for any $k$ is unconditionally energy stable in the sense that

$$
\begin{equation*}
r^{n+1}-r^{n}=-\delta t \xi^{n+1} \mathcal{K}\left(\bar{u}^{n+1}\right) \leq 0 \tag{2.12}
\end{equation*}
$$

Furthermore, if $E(u)=\frac{1}{2}(\mathcal{L} u, u)+E_{1}(u)$ with $\mathcal{L}$ positive and $E_{1}(u)$ bounded from below, there exists $M_{k}>0$ such that

$$
\begin{equation*}
\left(\mathcal{L} u^{n}, u^{n}\right) \leq M_{k}^{2}, \forall n . \tag{2.13}
\end{equation*}
$$

Proof. Given $r^{n} \geq 0$ and since $E\left[\bar{u}^{n+1}\right]>0$, it follows from (2.5b) that

$$
r^{n+1}=\frac{r^{n}}{1+\delta t \frac{\mathcal{K}\left(\bar{u}^{n+1}\right)}{E\left[\bar{u}^{n+1}\right]}} \geq 0
$$

Then we derive from (2.5c) that $\xi^{n+1} \geq 0$ and obtain (2.12).
Denote $M:=r^{0}=E[u(\cdot, 0)]$, then (2.12) implies $r^{n} \leq M, \forall n$.
Without loss of generality, we can assume $E_{1}(u)>1$ for all $u$. It then follows from (2.5c) that

$$
\begin{equation*}
\left|\xi^{n+1}\right|=\frac{r^{n+1}}{E\left(\left(_{u}{ }^{n+1}\right)\right.} \leq \frac{2 M}{\left(\mathcal{L} \bar{u}^{n+1}, \bar{u}^{n+1}\right)+2} \tag{2.14}
\end{equation*}
$$

Let $\eta_{k}^{n+1}=1-\left(1-\xi^{n+1}\right)^{k+1}$, we have $\eta_{k}^{n+1}=\xi^{n+1} P_{k}\left(\xi^{n+1}\right)$ with $P_{k}$ being a polynomial of degree $k$. Then, we derive from (2.14) that there exists $M_{k}>0$ such that

$$
\left|\eta_{k}^{n+1}\right|=\left|\xi^{n+1} P_{k}\left(\xi^{n+1}\right)\right| \leq \frac{M_{k}}{\left(\mathcal{L} \bar{u}^{n+1}, \bar{u}^{n+1}\right)+2}
$$

which, along with $u^{n+1}=\eta_{k}^{n+1} \bar{u}^{n+1}$, implies

$$
\begin{aligned}
\left(\mathcal{L} u^{n+1}, u^{n+1}\right) & =\left(\eta_{k}^{n+1}\right)^{2}\left(\mathcal{L} \bar{u}^{n+1}, \bar{u}^{n+1}\right) \\
& \leq\left(\frac{M_{k}}{\left(\mathcal{L} \bar{u}^{n+1}, \bar{u}^{n+1}\right)+2}\right)^{2}\left(\mathcal{L} \bar{u}^{n+1}, \bar{u}^{n+1}\right) \leq M_{k}^{2} .
\end{aligned}
$$

The proof is complete.
Remark 1. From the above proof, we observe that it is essential to introduce $\bar{u}^{n+1}$ and $\eta_{k}^{n+1}$ in order to obtain (2.13), and that the bound constant $M_{k}$ increases as $k$ increases. So while we can replace $k+1$ in $\eta_{k}^{n+1}$ by any larger integer without affecting the $k$ th order accuracy, it is best to use the smallest possible integer, which is $k+1$ for $k$ th order accuracy.

Note that (2.5a) is uniquely solvable if $\mathcal{A}$ is a linear positive operator.
Remark 2. Note that the proof of (2.13) does not depend on specific form of (2.5a), so the result is also valid if we replace (2.5a) in the scheme by other implicit-explicit multistep schemes.

### 2.3. Numerical examples

Before we start the error analysis, we provide numerical examples to validate the convergence rates and demonstrate the advantage of our approach with the usual IMEX scheme.

Example 1. Consider the Allen-Cahn equation

$$
\begin{equation*}
\frac{\partial u}{\partial t}=\alpha \Delta u-\left(1-u^{2}\right) u+f \tag{2.15}
\end{equation*}
$$

and the Cahn-Hilliard equation

$$
\begin{equation*}
\frac{\partial u}{\partial t}=-m_{0} \Delta\left(\alpha \Delta u-\left(1-u^{2}\right) u\right)+f \tag{2.16}
\end{equation*}
$$

in $\Omega=(0,2) \times(0,2)$ with periodic boundary condition, and $f$ is chosen such that the exact solution is

$$
\begin{equation*}
u(x, y, t)=\exp (\sin (\pi x) \sin (\pi y)) \sin (t) \tag{2.17}
\end{equation*}
$$

We set $\alpha=0.01^{2}$ in (2.15) and $\alpha=0.04, m_{0}=0.005$ in (2.16), and use the Fourier spectral method with $64 \times 64$ modes for space discretization so that the spatial discretization error is negligible when compared with the time discretization error. In Figs. 1 (resp. 2), we plot the convergence rate of the $H^{2}$ error at $T=1$ for the Allen-Cahn (resp. Cahn-Hilliard) equation. We observe the expected convergence rates for all cases.


Fig. 1. Convergence test for the Allen-Cahn equation using the new $\operatorname{SAV} / \operatorname{BDF} k(k=1,2,3,4,5)$. (a)-(b) $H^{2}$ errors of $u$ as a function of $\Delta t$.


Fig. 2. Convergence test for the Cahn-Hilliard equation using the new SAV/BDF $k$ ( $k=1,2,3,4,5$ ). (a)-(b) $H^{2}$ errors of $u$ as a function of $\Delta t$.

Example 2. Next, we consider the 1-D Burgers equation

$$
\begin{equation*}
\frac{\partial u}{\partial t}-v u_{x x}+u u_{x}=0, \tag{2.18}
\end{equation*}
$$

in $\Omega=(-1,1)$ with the initial condition and Dirichlet boundary condition given as

$$
\begin{equation*}
u(x, 0)=-\sin (\pi x), \quad u( \pm 1, t)=0 \tag{2.19}
\end{equation*}
$$

In this test, we use the second order SAV scheme and the corresponding second-order IMEX scheme with $v=\frac{1}{314}$, $N=320, \delta t=8.5 \times 10^{-3}$. The numerical solutions at $T=1$ are plotted in Fig. 3(a) solution obtained by the usual IMEX scheme and (b) solution obtained by the SAV scheme. We observe that the usual IMEX scheme produces oscillatory solutions while the SAV scheme produces the correct solution which is indistinguishable with the reference solution obtained with $\delta t=10^{-4}$ in 3(c). We also plot in 3(d) the SAV factor $\eta^{n}=1-\left(1-\xi^{n}\right)^{3}$. We observe that when the solution exhibits large gradients (for $t \in(0.5,1)$ ), the SAV factor $\eta^{n}$ deviates slightly from 1 so that the SAV scheme still produces correct result while the corresponding IMEX scheme produces incorrect result.

## 3. Error analysis for Allen-Cahn type equations

While the stability results in Theorem 1 are valid for general dissipative systems, it is cumbersome to carry out error analysis with such generality. So to simplify the presentation, we shall carry out error analysis for two class


Fig. 3. Burgers equation: a comparison of usual IMEX and SAV.
of typical semi-linear equations: Allen-Cahn type equation in this section and Cahn-Hilliard type equation in the next section.

We first recall the following important result. Based on Dahlquist's G-stability theory, Nevanlinna and Odeh [23] proved the following results for $\mathrm{BDF} k(1 \leq k \leq 5)$ schemes.

Lemma 1. For $1 \leq k \leq 5$, there exist $0 \leq \tau_{k}<1$, a positive definite symmetric matrix $G=\left(g_{i j}\right) \in \mathcal{R}^{k, k}$ and real numbers $\delta_{0}, \ldots, \delta_{k}$ such that

$$
\begin{aligned}
\left(\alpha_{k} u^{n+1}-A_{k}\left(u^{n}\right), u^{n+1}-\tau_{k} u^{n}\right) & =\sum_{i, j=1}^{k} g_{i j}\left(u^{n+1+i-k}, u^{n+1+j-k}\right) \\
& -\sum_{i, j=1}^{k} g_{i j}\left(u^{n+i-k}, u^{n+j-k}\right)+\left\|\sum_{i=0}^{k} \delta_{i} u^{n+1+i-k}\right\|^{2},
\end{aligned}
$$

where the smallest possible values of $\tau_{k}$ are

$$
\tau_{1}=\tau_{2}=0, \quad \tau_{3}=0.0836, \quad \tau_{4}=0.2878, \quad \tau_{5}=0.8160
$$

and $\alpha_{k}, A_{k}$ are defined in (2.8)-(2.10).
The above result played a key role in proving the stability of high-order BDF schemes for nonlinear parabolic equations [24], and it plays an important role in our error analysis.

We shall also frequently use the following discrete Gronwall Lemma (see for example, [25], Lemma B.10).

Lemma 2 (Discrete Gronwall Lemma). Let $y^{k}, h^{k}, g^{k}, f^{k}$ be four nonnegative sequences satisfying

$$
y^{n}+\delta t \sum_{k=0}^{n} h^{k} \leq B+\delta t \sum_{k=0}^{n}\left(g^{k} y^{k}+f^{k}\right) \text { with } \delta t \sum_{k=0}^{T / \delta t} g^{k} \leq M, \forall 0 \leq n \leq T / \delta t .
$$

We assume $\delta t g^{k}<1$ and let $\sigma=\max _{0 \leq k \leq T / \delta t}\left(1-\delta t g^{k}\right)^{-1}$. Then

$$
y^{n}+\delta t \sum_{k=1}^{n} h^{k} \leq \exp (\sigma M)\left(B+\delta t \sum_{k=0}^{n} f^{k}\right), \quad \forall n \leq T / \delta t .
$$

Consider the Allen-Cahn type equation:

$$
\begin{equation*}
\frac{\partial u}{\partial t}-\Delta u+\lambda u-g(u)=0 \quad(\boldsymbol{x}, t) \in \Omega \times(0, T], \tag{3.1}
\end{equation*}
$$

where $\Omega$ is an open bounded domain in $\mathbb{R}^{d}(d=1,2,3)$, with the initial condition $u(x, 0)=u^{0}(x)$, and boundary condition:

$$
\begin{equation*}
\text { periodic, or }\left.u\right|_{\partial \Omega}=0, \text { or }\left.\frac{\partial u}{\partial \boldsymbol{n}}\right|_{\partial \Omega}=0 . \tag{3.2}
\end{equation*}
$$

The above equation is a special case of (2.1) with $\mathcal{A}=-\Delta+\lambda I$, and satisfies the dissipation law (2.2) with $E(u)=\frac{1}{2}(\mathcal{L} u, u)+(G(u), 1)$ where $(\mathcal{L} u, u)=(\nabla u, \nabla u)+\lambda(u, u), G(u)=\int^{u} g(v) d v$ and $\mathcal{K}(u)=\left(\frac{\delta E}{\delta u}, \frac{\delta E}{\delta u}\right)$. We assume, without loss of generality,

$$
\begin{equation*}
\int_{\Omega} G(v) d x \geq \underline{\mathrm{C}}>0 \quad \forall v . \tag{3.3}
\end{equation*}
$$

In particular, with $g(u)=\left(1-u^{2}\right) u$ and $\lambda=0$, the above equation becomes the celebrated Allen-Cahn equation [26]. We recall the following regularity result for (3.1) (see, for instance, [27]).

Theorem 2. Assume $u^{0} \in H^{2}(\Omega)$ and the following holds

$$
\begin{equation*}
\left|g^{\prime}(x)\right|<C\left(|x|^{p}+1\right), \quad p>0 \text { arbitrary } \quad \text { if } d=1,2 ; \quad 0<p<4 \quad \text { if } d=3 . \tag{3.4}
\end{equation*}
$$

Then for any $T>0$, the problem (3.1) has a unique solution in the space

$$
C\left([0, T] ; H^{2}(\Omega)\right) \cap L^{2}\left(0, T ; H^{3}(\Omega)\right) .
$$

We also recall a result (see Lemma 2.3 in [12]) which is useful to deal with the nonlinear term in (3.1).
Lemma 3. Assume that $\|u\|_{H^{1}} \leq M$ and (3.4) holds. Then for any $u \in H^{3}$, there exist $0 \leq \sigma<1$ and a constant $C(M)$ such that the following inequality holds:

$$
\|\nabla g(u)\|^{2} \leq C(M)\left(1+\|\nabla \Delta u\|^{2 \sigma}\right) .
$$

We denote hereafter

$$
t^{n}=n \delta t, \bar{e}^{n}=\bar{u}^{n}-u\left(\cdot, t^{n}\right), e^{n}=u^{n}-u\left(\cdot, t^{n}\right), s^{n}=r^{n}-r\left(t^{n}\right) .
$$

In the following, we carry out a unified error analysis for the first- to fifth-order SAV schemes described as in (2.5) with the coefficients defined in (2.8)-(2.10).

For (3.1), the $k$ th-order version of (2.5a) and (2.11) read:

$$
\begin{align*}
& \frac{\alpha_{k} \bar{u}^{n+1}-A_{k}\left(u^{n}\right)}{\delta t}=\Delta \bar{u}^{n+1}-\lambda \bar{u}^{n+1}+g\left[B_{k}\left(\bar{u}^{n}\right)\right],  \tag{3.5}\\
& \frac{\alpha_{k} u^{n+1}-\eta_{k}^{n+1} A_{k}\left(u^{n}\right)}{\delta t}=\Delta u^{n+1}-\lambda u^{n+1}+\eta_{k}^{n+1} g\left[B_{k}\left(\bar{u}^{n}\right)\right], \tag{3.6}
\end{align*}
$$

where $\alpha_{k}, A_{k}, B_{k}$ defined in (2.8)-(2.10).

Theorem 3. Given initial condition $\bar{u}^{0}=u^{0}=u(0), r^{0}=E\left[u^{0}\right]$. Let $\bar{u}^{n+1}$ and $u^{n+1}$ be computed with the $k$ th order scheme (2.5a)-(2.5d) $(1 \leq k \leq 5)$ for (3.1) with

$$
\eta_{1}^{n+1}=1-\left(1-\xi^{n+1}\right)^{3}, \quad \eta_{k}^{n+1}=1-\left(1-\xi^{n+1}\right)^{k+1}(k=2,3,4,5) .
$$

We assume (3.4) holds and

$$
u^{0} \in H^{3}, \frac{\partial^{j} u}{\partial t^{j}} \in L^{2}\left(0, T ; H^{1}\right) 1 \leq j \leq k+1 .
$$

Then for $n+1 \leq T / \delta t$ and $\delta t<\min \left\{\frac{1}{1+2 C_{0}^{k+2}}, \frac{1-\tau_{k}}{3(k+1)}\right\}$, we have

$$
\left\|e^{-n+1}\right\|_{H^{2}},\left\|e^{n+1}\right\|_{H^{2}} \leq C \delta t^{k}
$$

where the constants $C_{0}, C$ are dependent on $T, \Omega$, the $k \times k$ matrix $G=\left(g_{i j}\right)$ in Lemma 1 and the exact solution $u$ but are independent of $\delta t$ and $0 \leq \tau_{k}<1$ is the constant in Lemma 1 .

Proof. We assume that $\bar{u}^{i}$ and $u^{i}(i=1, \ldots, k-1)$ are computed with a proper initialization procedure such that $\left\|\bar{u}^{i}-u\left(t_{i}\right)\right\|_{H^{2}}=O\left(\delta t^{k}\right)$ and $\left\|u^{i}-u\left(t_{i}\right)\right\|_{H^{2}}=O\left(\delta t^{k}\right)(i=1, \ldots, k-1)$. To simplify the presentation, we set $\bar{u}^{i}=u^{i}=u\left(t_{i}\right)$ and $r^{i}=E_{1}\left[u^{i}\right]$ for $i=1, \ldots, k-1$.

The main task is to prove

$$
\begin{equation*}
\left|1-\xi^{q}\right| \leq C_{0} \delta t, \quad \forall q \leq T / \delta t . \tag{3.7}
\end{equation*}
$$

where the constant $C_{0}$ is dependent on $T, \Omega$ and the exact solution $u$ but is independent of $\delta t$, and will be defined in the proof process. Below we shall prove (3.7) by induction.

Under the assumption, (3.7) certainly holds for $q=0$. Now suppose we have

$$
\begin{equation*}
\left|1-\xi^{q}\right| \leq C_{0} \delta t, \quad \forall q \leq m, \tag{3.8}
\end{equation*}
$$

we shall prove below

$$
\begin{equation*}
\left|1-\xi^{m+1}\right| \leq C_{0} \delta t \tag{3.9}
\end{equation*}
$$

We shall first consider $k=2,3,4,5$, and point out the necessary modifications for the case $k=1$ later.
Step 1: $H^{2}$ bound for $u^{n}$ and $\bar{u}^{n}$ for all $n \leq m$. For the $k$ th-order schemes, it follows from Theorem 1 that

$$
\begin{equation*}
\left\|u^{q}\right\|_{H^{1}} \leq M_{k}, \forall q \leq T / \delta t . \tag{3.10}
\end{equation*}
$$

Under assumption (3.8), if we choose $\delta t$ small enough such that

$$
\begin{equation*}
\delta t \leq \min \left\{\frac{1}{2 C_{0}^{k+1}}, 1\right\}, \tag{3.11}
\end{equation*}
$$

we have

$$
\begin{equation*}
1-\frac{\delta t^{k}}{2} \leq\left|\eta_{k}^{q}\right| \leq 1+\frac{\delta t^{k}}{2},\left|1-\eta_{k}^{q}\right| \leq \frac{\delta t^{k}}{2}, \forall q \leq m \tag{3.12}
\end{equation*}
$$

and

$$
\begin{equation*}
\left\|\bar{u}^{q}\right\|_{H^{1}} \leq 2 M_{k}, \forall q \leq m, \forall \delta t \leq 1 \tag{3.13}
\end{equation*}
$$

Consider (3.6) in step $q$ :

$$
\begin{equation*}
\frac{\alpha_{k} u^{q}-\eta_{k}^{q} A_{k}\left(u^{q-1}\right)}{\delta t}=\Delta u^{q}-\lambda u^{q}+\eta_{k}^{q} g\left[B_{k}\left(\bar{u}^{q-1}\right)\right] \tag{3.14}
\end{equation*}
$$

Thanks to Lemma 3 and (3.12), we have

$$
\begin{aligned}
\left\|\nabla g\left[B_{k}\left(\bar{u}^{q-1}\right)\right]\right\|^{2} & \leq C\left(M_{k}\right)\left(\left\|\nabla \Delta B_{k}\left(\bar{u}^{q-1}\right)\right\|^{2 \sigma}+1\right) \\
& \leq \bar{\gamma}_{k}\left\|\nabla \Delta B_{k}\left(\bar{u}^{q-1}\right)\right\|^{2}+C\left(M_{k}, \bar{\gamma}_{k}\right) \\
& \leq \bar{\gamma}_{k}\left\|\nabla \Delta B_{k}\left(\frac{1}{\eta_{k}^{q-1}} u^{q-1}\right)\right\|^{2}+C\left(M_{k}, \bar{\gamma}_{k}\right) \\
& \leq 40 \bar{\gamma}_{k} \sum_{i=1}^{k}\left\|\nabla \Delta u^{q-i}\right\|^{2}+C\left(M_{k}, \bar{\gamma}_{k}\right) \\
& \leq \gamma_{k} \sum_{i=1}^{k}\left\|\nabla \Delta u^{q-i}\right\|^{2}+C\left(M_{k}, \gamma_{k}\right)
\end{aligned}
$$

where $\overline{\gamma_{k}}$ can be any positive constant and the constant 40 comes from the coefficients in $B_{k}$. To simplify the notation, we let $\gamma_{k}=40 \bar{\gamma}_{k}$. Taking the inner product of (3.14) with $\Delta^{2} u^{q}-\tau_{k} \Delta^{2} u^{q-1}$ and using the above inequality, it follows from Lemma 1 that there exist $0 \leq \tau_{k}<1$, a positive definite symmetric matrix $G=\left(g_{i j}\right) \in \mathcal{R}^{k, k}$ and $\delta_{0}, \ldots, \delta_{k}$ such that

$$
\begin{align*}
& \frac{1}{\delta t}\left(\sum_{i, j=1}^{k} g_{i j}\left(\Delta u^{q+i-k}, \Delta u^{q+j-k}\right)-\sum_{i, j=1}^{k} g_{i j}\left(\Delta u^{q-1+i-k}, \Delta u^{q-1+j-k}\right)+\left\|\sum_{i=0}^{k} \delta_{i} \Delta u^{q+i-k}\right\|^{2}\right) \\
& \quad+\frac{1}{2}\left\|\nabla \Delta u^{q}\right\|^{2}+\frac{\lambda}{2}\left\|\Delta u^{q}\right\|^{2} \\
& \quad \leq \eta_{k}^{q}\left(g\left[B_{k}\left(\bar{u}^{q-1}\right)\right], \Delta^{2} u^{q}-\tau_{k} \Delta^{2} u^{q-1}\right)+\frac{\tau_{k}}{2}\left\|\nabla \Delta u^{q-1}\right\|^{2}+\frac{\lambda \tau_{k}}{2}\left\|\Delta u^{q-1}\right\|^{2} \\
& \quad+\frac{\left(\eta_{k}^{q}-1\right)}{\delta t}\left(A_{k}\left(u^{q-1}\right), \Delta^{2} u^{q}-\tau_{k} \Delta^{2} u^{q-1}\right) \\
& \quad \leq C\left(\varepsilon_{k}\right)\left|\eta_{k}^{q}\right|\left\|\nabla g\left[B_{k}\left(\bar{u}^{q-1}\right)\right]\right\|^{2}+\varepsilon_{k}\left|\eta_{k}^{q}\right|\left(\left\|\nabla \Delta u^{q}\right\|^{2}+\left\|\nabla \Delta u^{q-1}\right\|^{2}\right)+\frac{\tau_{k}}{2}\left\|\nabla \Delta u^{q-1}\right\|^{2}  \tag{3.15}\\
& \quad+\frac{\lambda \tau_{k}}{2}\left\|\Delta u^{q-1}\right\|^{2}+\frac{\left|1-\eta_{k}^{q}\right|}{\delta t}\left\|\nabla A_{k}\left(u^{q-1}\right)\right\|^{2}+\frac{\left|1-\eta_{k}^{q}\right|}{\delta t}\left(\left\|\nabla \Delta u^{q}\right\|^{2}+\left\|\nabla \Delta u^{q-1}\right\|^{2}\right) \\
& \quad \leq C\left(M_{k}, \varepsilon_{k}, \gamma_{k}\right)+\left(C\left(\varepsilon_{k}\right)\left|\eta_{k}^{q}\right| \gamma_{k}+\varepsilon_{k}\left|\eta_{k}^{q}\right|+\frac{\left|1-\eta_{k}^{q}\right|}{\delta t}\right) \sum_{i=0}^{k}\left\|\nabla \Delta u^{q-i}\right\|^{2} \\
& \quad+\frac{\tau_{k}}{2}\left\|\nabla \Delta u^{q-1}\right\|^{2}+\frac{\lambda \tau_{k}}{2}\left\|\Delta u^{q-1}\right\|^{2}+\frac{\left|1-\eta_{k}^{q}\right|}{\delta t}\left\|\nabla A_{k}\left(u^{q-1}\right)\right\|^{2},
\end{align*}
$$

where $\varepsilon_{k}$ can be any positive constant. After taking the sum on (3.15), we are supposed to choose suitable $\delta t, \varepsilon_{k}$ and $\gamma_{k}$ such that

$$
\begin{equation*}
\frac{1}{2} \sum_{q=1}^{n}\left(\left\|\nabla \Delta u^{q}\right\|^{2}-\tau_{k}\left\|\nabla \Delta u^{q-1}\right\|^{2}\right)+C_{I} \geq \sum_{q=1}^{n}\left(\left(C\left(\varepsilon_{k}\right)\left|\eta_{k}^{q}\right| \gamma_{k}+\varepsilon_{k}\left|\eta_{k}^{q}\right|+\frac{\left|1-\eta_{k}^{q}\right|}{\delta t}\right) \sum_{i=0}^{k}\left\|\nabla \Delta u^{q-i}\right\|^{2}\right) \tag{3.16}
\end{equation*}
$$

with $C_{I}$ is a constant only depending on the initial data. Note that $0 \leq \tau_{k}<1$ and we first consider $k \geq 2$, we can choose $\delta t, \varepsilon_{k}$ and $\gamma_{k}$ small enough such that

$$
\begin{equation*}
\delta t<\frac{1-\tau_{k}}{3(k+1)}, \quad \varepsilon_{k}<\frac{1-\tau_{k}}{12(k+1)}, \quad \gamma_{k}<\frac{1-\tau_{k}}{12(k+1) C\left(\varepsilon_{k}\right)}, \tag{3.17}
\end{equation*}
$$

with the estimate in (3.12), we have

$$
\begin{align*}
C\left(\varepsilon_{k}\right)\left|\eta_{k}^{q}\right| \gamma_{k}+\varepsilon_{k}\left|\eta_{k}^{q}\right|+\frac{\left|1-\eta_{k}^{q}\right|}{\delta t} & \leq 2 C\left(\varepsilon_{k}\right) \gamma_{k}+2 \varepsilon_{k}+\frac{\delta t^{k-1}}{2} \\
& \leq \frac{1-\tau_{k}}{6(k+1)}+\frac{1-\tau_{k}}{6(k+1)}+\frac{1-\tau_{k}}{6(k+1)}  \tag{3.18}\\
& \leq \frac{1-\tau_{k}}{2(k+1)} .
\end{align*}
$$

Then, taking the sum on (3.15) for $q$ from $k$ to $n(\leq m)$, we obtain

$$
\begin{aligned}
& \sum_{i, j=1}^{k} g_{i j}\left(\Delta u^{n+i-k}, \Delta u^{n+j-k}\right) \\
& \quad \leq C\left(M_{k}, \tau_{k}\right) T+C\left(u^{0}, \ldots, u^{k-1}\right)+C_{A_{k}} k \delta t^{k} \sum_{q=0}^{n-1}\left\|\nabla u^{q}\right\|^{2} \\
& \quad \leq C\left(M_{k}, \tau_{k}\right) T+C\left(u^{0}, \ldots, u^{k-1}\right)+C_{A_{k}} k \delta t^{k-1} T M_{k}^{2}
\end{aligned}
$$

where $C\left(M_{k}, \tau_{k}\right)$ is a constant only depends on $M_{k}, \tau_{k}, C\left(u^{0}, \ldots, u^{k-1}\right)$ only depends on $u^{0}, \ldots, u^{k-1}$ and $C_{A_{k}}$ only depends on the coefficients in $A_{k}$. Since $G=\left(g_{i j}\right)$ is a positive definite symmetric matrix, we have

$$
\begin{aligned}
\lambda_{G}\left\|\Delta u^{n}\right\|^{2} & \leq \sum_{i, j=1}^{k} g_{i j}\left(\Delta u^{n+i-k}, \Delta u^{n+j-k}\right) \\
& \leq C\left(M_{k}, \tau_{k}\right) T+C\left(u^{0}, \ldots, u^{k-1}\right)+C_{A_{k}} k \delta t^{k-1} T M_{k}^{2} .
\end{aligned}
$$

where $\lambda_{G}>0$ is the minimum eigenvalue of $G=\left(g_{i j}\right)$. Together with (3.10), the above implies

$$
\begin{equation*}
\left\|u^{n}\right\|_{H^{2}} \leq \frac{1}{\lambda_{G}} \sqrt{C\left(M_{k}, \tau_{k}\right) T+C\left(u^{0}, \ldots, u^{k-1}\right)+C_{A_{k}} k T M_{k}^{2}}+M_{k}:=C_{1}, \forall \delta t<1, n \leq m . \tag{3.19}
\end{equation*}
$$

Noting that

$$
\left\|u^{n}\right\|_{H^{2}}=\left|\eta_{k}^{n}\right|\left\|\bar{u}^{n}\right\|_{H_{2}}
$$

then (3.12) implies

$$
\begin{equation*}
\left\|\bar{u}^{n}\right\|_{H^{2}} \leq 2 C_{1}, \quad \forall \delta t<1, n \leq m \tag{3.20}
\end{equation*}
$$

Step 2: estimate for $\left\|\bar{e}^{n+1}\right\|_{H^{2}}$ for all $0 \leq n \leq m$. By Theorem 2 and (3.20) we can choose $C$ large enough such that

$$
\begin{equation*}
\|u(t)\|_{H^{2}} \leq C, \forall t \leq T,\left\|\bar{u}^{q}\right\|_{H^{2}} \leq C, \forall q \leq m \tag{3.21}
\end{equation*}
$$

Since $H^{2} \subset L^{\infty}$, without loss of generality, we can adjust $C$ such that

$$
\begin{equation*}
\left|g^{(i)}[u(t)]\right|_{L^{\infty}} \leq C, \quad \forall t \leq T ;\left|g^{(i)}\left(\bar{u}^{q}\right)\right|_{L^{\infty}} \leq C, \quad \forall q \leq m, i=0,1,2 . \tag{3.22}
\end{equation*}
$$

From (3.5), we can write down the error equation as

$$
\begin{equation*}
\alpha_{k} \bar{e}^{n+1}-A_{k}\left(\bar{e}^{n}\right)=A_{k}\left(u^{n}\right)-A_{k}\left(\bar{u}^{n}\right)+\delta t \Delta \bar{e}^{-n+1}-\delta t \lambda \bar{e}^{n+1}+R_{k}^{n}+\delta t Q_{k}^{n} \tag{3.23}
\end{equation*}
$$

where $R_{k}^{n}, Q_{k}^{n}$ are given by

$$
\begin{align*}
R_{k}^{n} & =-\alpha_{k} u\left(t^{n+1}\right)+A_{k}\left(u\left(t^{n}\right)\right)+\delta t u_{t}\left(t^{n+1}\right) \\
& =\sum_{i=1}^{k} a_{i} \int_{t^{n+1-i}}^{t^{n+1}}\left(t^{n+1-i}-s\right)^{k} \frac{\partial^{k+1} u}{\partial t^{k+1}}(s) d s, \tag{3.24}
\end{align*}
$$

with $a_{i}$ being some fixed and bounded constants determined by the truncation errors, and

$$
\begin{equation*}
Q_{k}^{n}=g\left[B_{k}\left(\bar{u}^{n}\right)\right]-g\left[u\left(t^{n+1}\right)\right] \tag{3.25}
\end{equation*}
$$

For example, in the case $k=3$, we have

$$
R_{3}^{n}=-3 \int_{t^{n}}^{t^{n+1}}\left(t^{n}-s\right)^{3} \frac{\partial^{4} u}{\partial t^{4}}(s) d s+\frac{3}{2} \int_{t^{n-1}}^{t^{n+1}}\left(t^{n-1}-s\right)^{3} \frac{\partial^{4} u}{\partial t^{4}}(s) d s-\frac{1}{3} \int_{t^{n-2}}^{t^{n+1}}\left(t^{n-2}-s\right)^{3} \frac{\partial^{4} u}{\partial t^{4}}(s) d s
$$

Taking the inner product of (3.23) with $\bar{e}^{n+1}-\tau_{k} \bar{e}^{n}$, it follows from Lemma 1 that

$$
\begin{align*}
\sum_{i, j=1}^{k} g_{i j} & \left(\bar{e}^{n+1+i-k}, \bar{e}^{n+1+j-k}\right)-\sum_{i, j=1}^{k} g_{i j}\left(\bar{e}^{n+i-k}, \bar{e}^{n+j-k}\right) \\
& +\left\|\sum_{i=0}^{k} \delta_{i} \bar{e}^{-n+1+i-k}\right\|^{2}+\delta t\left\|\nabla \bar{e}^{-n+1}\right\|^{2}+\lambda \delta t\left\|\bar{e}^{-n+1}\right\|^{2}  \tag{3.26}\\
& =\left(A_{k}\left(u^{n}\right)-A_{k}\left(\bar{u}^{n}\right), \bar{e}^{n+1}-\tau_{k} \bar{e}^{n}\right)-\delta t\left(\Delta \bar{e}^{n+1}, \tau_{k} \bar{e}^{n}\right)+\delta t \lambda\left(\bar{e}^{n+1}, \tau_{k} \bar{e}^{n}\right) \\
& +\left(R_{k}^{n}, \bar{e}^{n+1}-\tau_{k} \bar{e}^{n}\right)+\delta t\left(Q_{k}^{n}, e^{-n+1}-\tau_{k} \bar{e}^{n}\right) .
\end{align*}
$$

In the following, we bound the right hand side of (3.26). Note that

$$
u^{q}=\eta_{k}^{q} \bar{u}^{q}, \quad\left|\eta_{k}^{q}-1\right| \leq C_{0}^{k+1} \delta t^{k+1}, \quad \forall q \leq n .
$$

Hence

$$
\begin{align*}
\left|\left(A_{k}\left(u^{n}\right)-A_{k}\left(\bar{u}^{n}\right), \bar{e}^{n+1}-\tau_{k} \bar{e}^{n}\right)\right| & \leq \frac{\left\|A_{k}\left(u^{n}\right)-A_{k}\left(\bar{u}^{n}\right)\right\|^{2}}{2 \delta t}+\frac{\delta t}{2}\left\|\bar{e}^{n+1}-\tau_{k} \bar{e}^{n}\right\|^{2}  \tag{3.27}\\
& \leq C C_{0}^{2 k+2} \delta t^{2 k+1}+\delta t\left\|\bar{e}^{n+1}\right\|^{2}+\delta t\left\|\bar{e}^{n}\right\|^{2} .
\end{align*}
$$

It follows from (3.24) that

$$
\begin{equation*}
\left\|R_{k}^{n}\right\|^{2} \leq C \delta t^{2 k+1} \int_{t^{n+1-k}}^{t^{n+1}}\left\|\frac{\partial^{k+1} u}{\partial t^{k+1}}(s)\right\|^{2} d s \tag{3.28}
\end{equation*}
$$

And we can bound $Q_{k}^{n}$ based on (3.22) and (3.25) as

$$
\begin{align*}
\left|Q_{k}^{n}\right| & =\left|g\left[B_{k}\left(\bar{u}^{n}\right)\right]-g\left[B_{k}\left(u\left(t^{n}\right)\right)\right]+g\left[B_{k}\left(u\left(t^{n}\right)\right)\right]-g\left[u\left(t^{n+1}\right)\right]\right| \\
& \leq C\left|B_{k}\left(\bar{e}^{n}\right)\right|+C\left|B_{k}\left(u\left(t^{n}\right)\right)-u\left(t^{n+1}\right)\right|  \tag{3.29}\\
& =C\left|B_{k}\left(\bar{e}^{n}\right)\right|+C\left|\sum_{i=1}^{k} b_{i} \int_{t^{n+1-i}}^{t^{n+1}}\left(t^{n+1-i}-s\right)^{k-1} \frac{\partial^{k} u}{\partial t^{k}}(s) d s\right|,
\end{align*}
$$

where $b_{i}$ are some fixed and bounded constants determined by the truncation error. For example, in the case $k=3$, we have

$$
\begin{aligned}
B_{3}\left(u\left(t^{n}\right)\right)-u\left(t^{n+1}\right) & =-\frac{3}{2} \int_{t^{n}}^{t^{n+1}}\left(t^{n}-s\right)^{2} \frac{\partial^{3} u}{\partial t^{3}}(s) d s+\frac{3}{2} \int_{t^{n-1}}^{t^{n+1}}\left(t^{n-1}-s\right)^{2} \frac{\partial^{3} u}{\partial t^{3}} d s \\
& -\frac{1}{2} \int_{t^{n-2}}^{t^{n+1}}\left(t^{n-2}-s\right)^{2} \frac{\partial^{3} u}{\partial t^{3}} d s .
\end{aligned}
$$

Therefore,

$$
\begin{align*}
&\left|\left(R_{k}^{n}, \bar{e}^{n+1}-\tau_{k} \bar{e}^{n}\right)\right| \leq \frac{1}{2 \delta t}\left\|R_{k}^{n}\right\|^{2}+\delta t\left\|\bar{e}^{n+1}\right\|^{2}+\delta t\left\|\bar{e}^{n}\right\|^{2}, \\
& \leq \delta t\left\|\bar{e}^{n+1}\right\|^{2}+\delta t\left\|\bar{e}^{n}\right\|^{2}+C \delta t^{2 k} \int_{t^{n+1-k}}^{t^{n+1}}\left\|\frac{\partial^{k+1} u}{\partial t^{k+1}}(s)\right\|^{2} d s .  \tag{3.30}\\
& \delta t\left|\left(Q_{k}^{n}, \bar{e}^{n+1}-\tau_{k} \bar{e}^{n}\right)\right| \leq C \delta t\left(\left\|B_{k}\left(\bar{e}^{n}\right)\right\|^{2}+\left\|\bar{e}^{n+1}\right\|^{2}+\left\|\bar{e}^{n}\right\|^{2}\right)+C \delta t^{2 k} \int_{t^{n+1-k}}^{t^{n+1}}\left\|\frac{\partial^{k} u}{\partial t^{k}}(s)\right\|^{2} d s . \tag{3.31}
\end{align*}
$$

Now, combining (3.26), (3.27), (3.30), (3.31), we arrive at

$$
\begin{aligned}
& \sum_{i, j=1}^{k} g_{i j}\left(\bar{e}^{n+1+i-k}, \bar{e}^{n+1+j-k}\right)-\sum_{i, j=1}^{k} g_{i j}\left(\bar{e}^{n+i-k}, \bar{e}^{n+j-k}\right) \\
& \quad+\| \sum_{i=0}^{k} \delta_{i} e^{-e^{n+1+i-k}\left\|^{2}+\frac{1}{2} \delta t\right\| \nabla \bar{e}^{n+1}\left\|^{2}+\frac{\lambda}{2} \delta t\right\| \bar{e}^{n+1} \|^{2}} \\
& \quad \leq \frac{\tau_{k}}{2} \delta t\left\|\nabla \bar{e}^{-n}\right\|^{2}+\frac{\lambda \tau_{k}}{2} \delta t\left\|\bar{e}^{n}\right\|^{2}+C C_{0}^{2 k+2} \delta t^{2 k+1}+C \delta t \sum_{i=0}^{k}\left\|\bar{e}^{n+1-i}\right\|^{2} \\
& \quad+C \delta t^{2 k} \int_{t^{n+1-k}}^{t^{n+1}}\left(\left\|\frac{\partial^{k} u}{\partial t^{k}}(s)\right\|^{2}+\left\|\frac{\partial^{k+1} u}{\partial t^{k+1}}(s)\right\|^{2}\right) d s .
\end{aligned}
$$

Taking the sum of the above for $n$ from $k-1$ to $m$, noting that $G=\left(g_{i j}\right)$ is a positive definite symmetric matrix with minimum eigenvalue $\lambda_{G}$, we obtain:

$$
\begin{align*}
\lambda_{G}\left\|\bar{e}^{m+1}\right\|^{2} & \leq \sum_{i, j=1}^{k} g_{i j}\left(\bar{e}^{m+1+i-k}, \bar{e}^{m+1+j-k}\right) \\
& \leq C \delta t \sum_{q=0}^{m+1}\left\|\bar{e}^{q}\right\|^{2}+C \delta t^{2 k} \int_{0}^{T}\left(\left\|\frac{\partial^{k} u}{\partial t^{k}}(s)\right\|^{2}+\left\|\frac{\partial^{k+1} u}{\partial t^{k+1}}(s)\right\|^{2}+C_{0}^{2 k+2}\right) d s \tag{3.32}
\end{align*}
$$

We can obtain similar inequalities for $\left\|\nabla \bar{e}^{m}\right\|$ and $\left\|\Delta \bar{e}^{m}\right\|$ by using essentially the same procedure. Indeed, taking the inner product of (3.23) with $-\Delta \bar{e}^{n+1}+\tau_{k} \Delta \bar{e}^{n}$, by using Lemma 1 , we obtain

$$
\begin{align*}
& \sum_{i, j=1}^{k} g_{i j}\left(\nabla \bar{e}^{n+1+i-k}, \nabla \bar{e}^{n+1+j-k}\right)-\sum_{i, j=1}^{k} g_{i j}\left(\nabla \bar{e}^{n+i-k}, \nabla \bar{e}^{n+j-k}\right)+\left\|\sum_{i=0}^{k} \delta_{i} \nabla \bar{e}^{n+1+i-k}\right\|^{2} \\
& +\delta t\left\|\Delta \bar{e}^{n+1}\right\|^{2}+\lambda \delta t\left\|\nabla \bar{e}^{n+1}\right\|^{2}  \tag{3.33}\\
& =\left(\nabla A_{k}\left(u^{n}\right)-\nabla A_{k}\left(\bar{u}^{n}\right), \nabla e^{n+1}-\tau_{k} \nabla \bar{e}^{n}\right)+\delta t\left(\Delta \bar{e}^{n+1}, \tau_{k} \Delta \bar{e}^{n}\right)+\delta t \lambda\left(\nabla \bar{e}^{n+1}, \tau_{k} \nabla \bar{e}^{n}\right) \\
& +\left(R_{k}^{n},-\Delta \bar{e}^{n+1}+\tau_{k} \Delta \bar{e}^{n}\right)+\delta t\left(Q_{k}^{n},-\Delta \bar{e}^{n+1}+\tau_{k} \Delta \bar{e}^{n}\right)
\end{align*}
$$

Taking the sum of the above for $n$ from $k-1$ to $m$, using Lemma 1, (3.28) and (3.29), we can obtain

$$
\begin{align*}
\lambda_{G}\left\|\nabla \bar{e}^{m+1}\right\|^{2} & \leq \sum_{i, j=1}^{k} g_{i j}\left(\nabla \bar{e}^{m+1+i-k}, \nabla \bar{e}^{m+1+j-k}\right)  \tag{3.34}\\
& \leq C \delta t \sum_{q=0}^{m+1}\left\|\nabla \bar{e}^{q}\right\|^{2}+C \delta t^{2 k} \int_{0}^{T}\left(\left\|\frac{\partial^{k} u}{\partial t^{k}}(s)\right\|^{2}+\left\|\frac{\partial^{k+1} u}{\partial t^{k+1}}(s)\right\|^{2}+C_{0}^{2 k+2}\right) d s .
\end{align*}
$$

On the other hand, taking the inner product of (3.23) with $\Delta^{2} \bar{e}^{n+1}-\tau_{k} \Delta^{2} \bar{e}^{n}$, by using Lemma 1 , we obtain

$$
\begin{align*}
& \sum_{i, j=1}^{k} g_{i j}\left(\Delta \bar{e}^{-n+1+i-k}, \Delta \bar{e}^{n+1+j-k}\right)-\sum_{i, j=1}^{k} g_{i j}\left(\Delta \bar{e}^{-n+i-k}, \Delta \bar{e}^{n+j-k}\right)+\left\|\sum_{i=0}^{k} \delta_{i} \Delta \bar{e}^{n+1+i-k}\right\|^{2} \\
& +\delta t\left\|\nabla \Delta \bar{e}^{n+1}\right\|^{2}+\lambda \delta t\left\|\Delta \bar{e}^{n+1}\right\|^{2}  \tag{3.35}\\
& =\left(\Delta A_{k}\left(u^{n}\right)-\Delta A_{k}\left(\bar{u}^{n}\right), \Delta \bar{e}^{n+1}-\tau_{k} \Delta \bar{e}^{n}\right)+\delta t\left(\nabla \Delta \bar{e}^{n+1}, \tau_{k} \nabla \Delta \bar{e}^{n}\right)+\delta t \lambda\left(\Delta \bar{e}^{n+1}, \tau_{k} \Delta \bar{e}^{n}\right) \\
& +\left(\nabla R_{k}^{n},-\nabla \Delta \bar{e}^{n+1}+\tau_{k} \nabla \Delta \bar{e}^{-n}\right)+\delta t\left(\nabla Q_{k}^{n},-\nabla \Delta \bar{e}^{n+1}+\tau_{k} \nabla \Delta \bar{e}^{n}\right) .
\end{align*}
$$

Here, we need to pay attention to the terms with $\nabla \Delta \bar{e}^{n+1}$ or $\nabla \Delta \bar{e}^{n}$. Firstly, we have

$$
\left|\delta t\left(\nabla \Delta \bar{e}^{n+1}, \tau_{k} \nabla \Delta \bar{e}^{n}\right)\right| \leq \frac{\delta t}{2}\left\|\nabla \Delta \bar{e}^{n+1}\right\|^{2}+\frac{\tau_{k}^{2} \delta t}{2}\left\|\nabla \Delta \bar{e}^{n}\right\|^{2}
$$

It follows from (3.24) and (3.25) that

$$
\begin{equation*}
\left\|\nabla R_{k}^{n}\right\|^{2} \leq C \delta t^{2 k+1} \int_{t^{n+1-k}}^{t^{n+1}}\left\|\nabla \frac{\partial^{k+1} u}{\partial t^{k+1}}(s)\right\|^{2} d s \tag{3.36}
\end{equation*}
$$

and

$$
\begin{align*}
\left|\nabla Q_{k}^{n}\right| & \leq C\left(\left|B_{k}\left(\bar{e}^{n}\right)\right|+\left|\nabla B_{k}\left(\bar{e}^{n}\right)\right|\right)+C\left|\sum_{i=1}^{k} b_{i} \int_{t^{n+1-i}}^{t^{n+1}}\left(t^{n+1-i}-s\right)^{k-1} \frac{\partial^{k} u}{\partial t^{k}}(s) d s\right| \\
& +C\left|\sum_{i=1}^{k} b_{i} \int_{t^{n+1-i}}^{t^{n+1}}\left(t^{n+1-i}-s\right)^{k-1} \nabla \frac{\partial^{k} u}{\partial t^{k}}(s) d s\right| . \tag{3.37}
\end{align*}
$$

Therefore,

$$
\begin{aligned}
\mid\left(\nabla R_{k}^{n},\right. & \left.-\nabla \Delta \bar{e}^{n+1}+\tau_{k} \nabla \Delta \bar{e}^{-n}\right) \left\lvert\, \leq \frac{C}{\delta t}\left\|\nabla R_{k}^{n}\right\|^{2}+\frac{\delta t\left(1-\tau_{k}^{2}\right)}{16}\left\|-\nabla \Delta \bar{e}^{n+1}+\tau_{k} \nabla \Delta \bar{e}^{n}\right\|^{2}\right. \\
& \leq C \delta t^{2 k} \int_{t^{n+1-k}}^{t^{n+1}}\left\|\nabla \frac{\partial^{k+1} u}{\partial t^{k+1}}(s)\right\|^{2} d s+\frac{\left(1-\tau_{k}^{2}\right) \delta t}{8}\left(\left\|\nabla \Delta \bar{e}^{n+1}\right\|^{2}+\left\|\nabla \Delta \bar{e}^{n}\right\|^{2}\right),
\end{aligned}
$$

and

$$
\begin{aligned}
\delta t \mid\left(\nabla Q_{k}^{n},\right. & \left.-\nabla \Delta \bar{e}^{n+1}+\tau_{k} \nabla \Delta \bar{e}^{n}\right) \left\lvert\, \leq C \delta t\left\|\nabla Q_{k}^{n}\right\|^{2}+\frac{\left(1-\tau_{k}^{2}\right) \delta t}{16}\left\|-\nabla \Delta \bar{e}^{-n+1}+\tau_{k} \nabla \Delta \bar{e}^{n}\right\|^{2}\right. \\
& \leq C \delta t\left\|B_{k}\left(\bar{e}^{n}\right)\right\|_{H^{1}}^{2}+C \delta t^{2 k} \int_{t^{n+1-k}}^{t^{n+1}}\left\|\frac{\partial^{k} u}{\partial t^{k}}(s)\right\|_{H^{1}}^{2} d s \\
& +\frac{\left(1-\tau_{k}^{2}\right) \delta t}{8}\left(\left\|\nabla \Delta \bar{e}^{n+1}\right\|^{2}+\left\|\nabla \Delta \bar{e}^{n}\right\|^{2}\right) .
\end{aligned}
$$

We can bound other terms on the right hand side of (3.35) as before to arrive at

$$
\begin{aligned}
& \sum_{i, j=1}^{k} g_{i j}\left(\Delta \bar{e}^{n+1+i-k}, \Delta \bar{e}^{n+1+j-k}\right)-\sum_{i, j=1}^{k} g_{i j}\left(\Delta \bar{e}^{n+i-k}, \Delta \bar{e}^{n+j-k}\right) \\
& +\frac{\left(1+\tau_{k}^{2}\right) \delta t}{4}\left\|\nabla \Delta \bar{e}^{n+1}\right\|^{2}+\frac{\lambda \delta t}{2}\left\|\Delta \bar{e}^{n+1}\right\|^{2} \\
& \leq C \delta t\left(\left\|B_{k}\left(\bar{e}^{n}\right)\right\|_{H^{1}}^{2}+\left\|\Delta \bar{e}^{n+1}\right\|^{2}+\left\|\Delta \bar{e}^{n}\right\|^{2}\right)+\frac{\left(1+\tau_{k}^{2}\right) \delta t}{4}\left\|\nabla \Delta \bar{e}^{n}\right\|^{2}+\frac{\lambda \tau_{k}^{2} \delta t}{2}\left\|\Delta \bar{e}^{n}\right\|^{2} \\
& +C \delta t^{2 k} \int_{t^{n+1-k}}^{t^{n+1}}\left(\left\|\frac{\partial^{k} u}{\partial t^{k}}(s)\right\|_{H^{1}}^{2}+\left\|\frac{\partial^{k+1} u}{\partial t^{k+1}}(s)\right\|_{H^{1}}^{2}+C_{0}^{2 k+2}\right) d s .
\end{aligned}
$$

Then, taking the sum of the above for $n$ from $k-1$ to $m$, we obtain

$$
\begin{align*}
\lambda_{G}\left\|\Delta e^{m+1}\right\|^{2} & \leq \sum_{i, j=1}^{k} g_{i j}\left(\Delta \bar{e}^{m+1+i-k}, \Delta \bar{e}^{m+1+j-k}\right) \\
& \leq C \delta t \sum_{q=0}^{m+1}\left\|\bar{e}^{q}\right\|_{H^{2}}^{2}+C \delta t^{2 k} \int_{0}^{T}\left(\left\|\frac{\partial^{k} u}{\partial t^{k}}(s)\right\|_{H^{1}}^{2}+\left\|\frac{\partial^{k+1} u}{\partial t^{k+1}}(s)\right\|_{H^{1}}^{2}+C_{0}^{2 k+2}\right) d s . \tag{3.38}
\end{align*}
$$

Summing up (3.32), (3.34) and (3.38), we obtain

$$
\begin{equation*}
\lambda_{G}\left\|e^{-m+1}\right\|_{H^{2}}^{2} \leq C \delta t \sum_{q=0}^{m+1}\left\|\bar{e}^{q}\right\|_{H^{2}}^{2}+C \delta t^{2 k} \int_{0}^{T}\left(\left\|\frac{\partial^{k} u}{\partial t^{k}}(s)\right\|_{H^{1}}^{2}+\left\|\left\lvert\, \frac{\partial^{k+1} u}{\partial t^{k+1}}(s)\right.\right\|_{H^{1}}^{2}+C_{0}^{2 k+2}\right) d s \tag{3.39}
\end{equation*}
$$

Finally, we can obtain the following $H^{2}$ estimate for $\bar{e}^{m+1}$ by applying the discrete Gronwall lemma to (3.39) with $\delta t<\frac{1}{2 C}$ :

$$
\begin{align*}
\left\|\bar{e}^{m+1}\right\|_{H^{2}}^{2} & \leq C \exp \left((1-\delta t C)^{-1} T\right) \delta t^{2 k} \int_{0}^{T}\left(\left\|\frac{\partial^{k} u}{\partial t^{k}}(s)\right\|_{H^{1}}^{2}+\left\|\frac{\partial^{k+1} u}{\partial t^{k+1}}(s)\right\|_{H^{1}}^{2}+C_{0}^{2 k+2}\right) d s  \tag{3.40}\\
& \leq C_{2}\left(1+C_{0}^{2 k+2}\right) \delta t^{2 k} \quad \forall 0 \leq n \leq m .
\end{align*}
$$

where $C_{2}$ is independent of $\delta t$ and $C_{0}$, can be defined as

$$
\begin{equation*}
C_{2}:=C \exp (2 T) \max \left(\int_{0}^{T}\left(\left\|\frac{\partial^{k} u}{\partial t^{k}}(s)\right\|_{H^{1}}^{2}+\left\|\frac{\partial^{k+1} u}{\partial t^{k+1}}(s)\right\|_{H^{1}}^{2}\right) d s, 2, T\right) . \tag{3.41}
\end{equation*}
$$

then $\delta t<\frac{1}{2 C}$ can be guaranteed by

$$
\begin{equation*}
\delta t<\frac{1}{C_{2}} \tag{3.42}
\end{equation*}
$$

In particular, (3.40) implies

$$
\begin{equation*}
\left\|\bar{e}^{n+1}\right\|_{H^{2}} \leq \sqrt{C_{2}\left(1+C_{0}^{2 k+2}\right)} \delta t^{k}, \quad \forall 0 \leq n \leq m . \tag{3.43}
\end{equation*}
$$

Combining (3.21) and (3.43), under the condition (3.11) we obtain

$$
\begin{equation*}
\left\|\bar{u}^{n+1}\right\|_{H^{2}} \leq \sqrt{C_{2}\left(1+C_{0}^{2 k+2}\right)} \delta t^{2}+C \leq \sqrt{C_{2}(1+1)}+C:=\bar{C} \quad 0 \leq n \leq m \tag{3.44}
\end{equation*}
$$

Note that $H^{2} \subset L^{\infty}$, without loss of generality, we can adjust $\bar{C}$ independent of $C_{0}$ and $\delta t$ so that we have

$$
\begin{equation*}
\left\|g\left(\bar{u}^{n+1}\right)\right\|,\left\|g^{\prime}\left(\bar{u}^{n+1}\right)\right\| \leq \bar{C} \quad \forall 0 \leq n \leq m . \tag{3.45}
\end{equation*}
$$

Step 3: estimate for $\left|1-\xi^{m+1}\right|$. By direct calculation,

$$
\begin{equation*}
r_{t t}=\int_{\Omega}\left(\left|\nabla u_{t}\right|^{2}+\nabla u \cdot \nabla u_{t t}+\lambda u_{t}^{2}+\lambda u u_{t t}+g^{\prime}(u) u_{t}^{2}+g(u) u_{t t}\right) d \boldsymbol{x} . \tag{3.46}
\end{equation*}
$$

It follows from (2.5b) that the equation for the errors can be written as

$$
\begin{equation*}
s^{n+1}-s^{n}=\delta t\left(\left\|h\left[u\left(t^{n+1}\right)\right]\right\|^{2}-\frac{r^{n+1}}{E\left(\bar{u}^{n+1}\right)}\left\|h\left(\bar{u}^{n+1}\right)\right\|^{2}\right)+T_{1}^{n}, \tag{3.47}
\end{equation*}
$$

where $h(u)=\frac{\delta E}{\delta u}=-\Delta u+\lambda u-g(u)$, and

$$
\begin{equation*}
T_{1}^{n}=r\left(t^{n}\right)-r\left(t^{n+1}\right)+\delta t r_{t}\left(t^{n+1}\right)=\int_{t^{n}}^{t^{n+1}}\left(s-t^{n}\right) r_{t t}(s) d s \tag{3.48}
\end{equation*}
$$

Taking the sum of (3.47) for $n$ from 0 to $m$, and noting that $s^{0}=0$, we have

$$
\begin{equation*}
s^{m+1}=\delta t \sum_{q=0}^{m}\left(\left\|h\left[u\left(t^{q+1}\right)\right]\right\|^{2}-\frac{r^{q+1}}{E\left(\bar{u}^{q+1}\right)}\left\|h\left(\bar{u}^{q+1}\right)\right\|^{2}\right)+\sum_{q=0}^{m} T_{1}^{q} . \tag{3.49}
\end{equation*}
$$

We can bound the terms on the right hand side of (3.49) as follows: For $T_{1}^{n}$, noting (3.46) we have

$$
\begin{equation*}
\left|T_{1}^{n}\right| \leq C \delta t \int_{t^{n}}^{t^{n+1}}\left|r_{t t}(s)\right| d s \leq C \delta t \int_{t^{n}}^{t^{n+1}}\left(\left\|u_{t}(s)\right\|_{H^{1}}^{2}+\left\|u_{t t}(s)\right\|_{H^{1}}\right) d s . \tag{3.50}
\end{equation*}
$$

Next,

$$
\begin{aligned}
& \left|\left\|h\left[u\left(t^{n+1}\right)\right]\right\|^{2}-\frac{r^{n+1}}{E\left(\bar{u}^{n+1}\right)}\left\|h\left(\bar{u}^{n+1}\right)\right\|^{2}\right| \\
& \quad \leq\left\|h\left[u\left(t^{n+1}\right)\right]\right\|^{2}\left|1-\frac{r^{n+1}}{E\left(\bar{u}^{n+1}\right)}\right|+\frac{r^{n+1}}{E\left(\bar{u}^{n+1}\right)}\left|\left\|h\left[u\left(t^{n+1}\right)\right]\right\|^{2}-\left\|h\left(\bar{u}^{n+1}\right)\right\|^{2}\right| \\
& \quad:=P_{1}^{n}+P_{2}^{n} .
\end{aligned}
$$

For $P_{1}^{n}$, it follows from (3.21), $E(v)>\underline{\mathrm{C}}>0, \forall v$ and Theorem 1 that

$$
\begin{align*}
P_{1}^{n} & \leq C\left|1-\frac{r^{n+1}}{E\left(\bar{u}^{n+1}\right)}\right| \\
& \leq C\left|\frac{r\left(t^{n+1}\right)}{E\left[u\left(t^{n+1}\right)\right]}-\frac{r^{n+1}}{E\left[u\left(t^{n+1}\right)\right]}\right|+C\left|\frac{r^{n+1}}{E\left[u\left(t^{n+1}\right)\right]}-\frac{r^{n+1}}{E\left(\bar{u}^{n+1}\right)}\right|  \tag{3.52}\\
& \leq C\left(\left|E\left[u\left(t^{n+1}\right)\right]-E\left(\bar{u}^{n+1}\right)\right|+\left|s^{n+1}\right|\right) .
\end{align*}
$$

For $P_{2}^{n}$, it follows from (3.21), (3.22), (3.44), (3.45), $E(v)>\underline{\mathrm{C}}>0$ and Theorem 1 that

$$
\begin{align*}
P_{2}^{n} & \leq C\left|\left\|h\left(\bar{u}^{n+1}\right)\right\|^{2}-\left\|h\left[u\left(t^{n+1}\right)\right]\right\|^{2}\right| \\
& \leq C\left\|h\left(\bar{u}^{n+1}\right)-h\left[u\left(t^{n+1}\right)\right]\right\|\left(\left\|h\left(\bar{u}^{n+1}\right)\right\|+\left\|h\left[u\left(t^{n+1}\right)\right]\right\|\right) \\
& \leq C \bar{C}\left(\left\|\Delta \bar{e}^{n+1}\right\|+\lambda\left\|\bar{e}^{n+1}\right\|+\left\|g\left(\bar{u}^{n+1}\right)-g\left[u\left(t^{n+1}\right)\right]\right\|\right)  \tag{3.53}\\
& \leq C \bar{C}\left(\left\|\Delta \bar{e}^{n+1}\right\|+\left\|\bar{e}^{n+1}\right\|\right) .
\end{align*}
$$

On the other hand,

$$
\begin{align*}
\left|E\left[u\left(t^{n+1}\right)\right]-E\left(\bar{u}^{n+1}\right)\right| & \leq \frac{1}{2}\left(\left\|\nabla u\left(t^{n+1}\right)\right\|+\left\|\nabla \bar{u}^{n+1}\right\|\right)\left\|\nabla u\left(t^{n+1}\right)-\nabla \bar{u}^{n+1}\right\| \\
& +\frac{\lambda}{2}\left(\left\|u\left(t^{n+1}\right)\right\|+\left\|\bar{u}^{n+1}\right\|\right)\left\|u\left(t^{n+1}\right)-\bar{u}^{n+1}\right\|  \tag{3.54}\\
& +\int g\left[u\left(t^{n+1}\right)\right] d x-\int g\left(\bar{u}^{n+1}\right) d x \\
& \leq C \bar{C}\left(\left\|\nabla \bar{e}^{n+1}\right\|+\left\|e^{n+1}\right\|\right) .
\end{align*}
$$

Now, combining (3.43), (3.49)-(3.54), we arrive at

$$
\begin{aligned}
\left|s^{m+1}\right| & \leq \delta t \sum_{q=0}^{m}\left|\left\|h\left[u\left(t^{q+1}\right)\right]\right\|^{2}-\frac{r^{q+1}}{E\left(\bar{u}^{q+1}\right)}\left\|h\left(\bar{u}^{q+1}\right)\right\|^{2}\right|+\sum_{q=0}^{m}\left|T_{1}^{q}\right| \\
& \leq C \delta t \sum_{q=0}^{m}\left|s^{q+1}\right|+C \bar{C} \delta t \sum_{q=0}^{m}\left\|\bar{e}^{q+1}\right\|_{H^{2}}+C \delta t \int_{0}^{T}\left(\left\|u_{t}(s)\right\|_{H^{1}}^{2}+\left\|u_{t t}(s)\right\|_{H^{1}}\right) d s \\
& \leq C \delta t \sum_{q=0}^{m}\left|s^{q+1}\right|+C \bar{C} \sqrt{C_{2}\left(1+C_{0}^{2 k+2}\right)} \delta t^{k}+C \delta t .
\end{aligned}
$$

Applying the discrete Gronwall lemma to the above inequality with $\delta t<\frac{1}{2 C}$, we obtain

$$
\begin{align*}
\left|s^{m+1}\right| & \leq C \exp \left((1-C \delta t)^{-1} T\right) \delta t\left(\bar{C} \sqrt{C_{2}\left(1+C_{0}^{2 k+2}\right)} \delta t^{k-1}+1\right)  \tag{3.55}\\
& \leq C_{3} \delta t\left(\bar{C} \sqrt{\left.C_{2}\left(1+C_{0}^{2 k+2}\right) \delta t^{k-1}+1\right),}\right.
\end{align*}
$$

where $C_{3}$ is independent of $C_{0}$ and $\delta t$, can be defined as

$$
\begin{equation*}
C_{3}:=C \max \{\exp (2 T), 2\}, \tag{3.56}
\end{equation*}
$$

then $\delta t<\frac{1}{2 C}$ can be guaranteed by

$$
\begin{equation*}
\delta t<\frac{1}{C_{3}} . \tag{3.57}
\end{equation*}
$$

Hence, noting (3.52), (3.54), (3.55) and (3.44), we have

$$
\begin{align*}
\left|1-\xi^{m+1}\right| & \leq C\left(\left|E\left[u\left(t^{m+1}\right)\right]-E\left(\bar{u}^{m+1}\right)\right|+\left|s^{m+1}\right|\right) \\
& \leq C\left(\bar{C}\left\|\bar{e}^{m+1}\right\|_{H^{1}}+\left|s^{m+1}\right|\right) \\
& \leq C \delta t\left(\bar{C} \sqrt{C_{2}\left(1+C_{0}^{2 k+2}\right)} \delta t^{k-1}+C_{3}\left(\bar{C} \sqrt{C_{2}\left(1+C_{0}^{2 k+2}\right)} \delta t^{k-1}+1\right)\right)  \tag{3.58}\\
& \leq C_{4} \delta t\left(\sqrt{1+C_{0}^{2 k+2}} \delta t^{k-1}+1\right),
\end{align*}
$$

where the constant $C_{4}$ is independent of $C_{0}$ and $\delta t$. Without loss of generality, we assume $C_{4}>\max \left\{C_{2}, C_{3}, 1\right\}$ to simplify the proof below.

As a result of (3.58), $\left|1-\xi^{m+1}\right| \leq C_{0} \delta t$ if we define $C_{0}$ such that

$$
\begin{equation*}
C_{4}\left(\sqrt{1+C_{0}^{2 k+2}} \delta t^{k-1}+1\right) \leq C_{0} \tag{3.59}
\end{equation*}
$$

For the cases $k \geq 2$, the above can be satisfied if we choose $C_{0}=3 C_{4}$ and $\delta t \leq \frac{1}{1+C_{0}^{k+1}}$ :

$$
\begin{equation*}
C_{4}\left(\sqrt{1+C_{0}^{2 k+2}} \delta t^{k-1}+1\right) \leq C_{4}\left[\left(1+C_{0}^{k+1}\right) \delta t+1\right] \leq 3 C_{4}=C_{0} . \tag{3.60}
\end{equation*}
$$

For the case $k=1$, we cannot define $C_{0}$ satisfying (3.59) if $\eta_{1}^{n+1}=1-\left(1-\xi^{n+1}\right)^{2}$. However, if we choose $\eta_{1}^{n+1}=1-\left(1-\xi^{n+1}\right)^{3}$, we can repeat the same process above and arrive at a similar version of (3.59) for the first order case:

$$
\begin{equation*}
C_{4}\left(\sqrt{1+C_{0}^{6}} \delta t+1\right) \leq C_{0} \tag{3.61}
\end{equation*}
$$

The above can be satisfied if we choose $C_{0}=3 C_{4}$ and $\delta t<\frac{1}{C_{0}^{3}}$ so that

$$
C_{4}\left(\sqrt{1+C_{0}^{6} \delta t^{2}}+1\right) \leq C_{4}\left[1+C_{0}^{3} \delta t+1\right] \leq 3 C_{4}=C_{0} .
$$

To summarize, under the condition

$$
\begin{equation*}
\delta t \leq \frac{1}{1+C_{0}^{k+2}}, \quad 1 \leq k \leq 5 \tag{3.62}
\end{equation*}
$$

we have $\left|1-\xi^{m+1}\right| \leq C_{0} \delta t$. Note that with $C_{4}>\max \left\{C_{2}, C_{3}, 1\right\}$, (3.62) also implies (3.42) and (3.57). The induction process for (3.7) is complete.

Finally, thanks to (3.43), it remains to show $\left\|e^{m+1}\right\|_{H^{2}} \leq C \delta t^{k}$.
We derive from (2.5d) and (3.44) that

$$
\begin{equation*}
\left\|u^{m+1}-\bar{u}^{m+1}\right\|_{H^{2}} \leq\left|\eta_{k}^{m+1}-1\right|\left\|\bar{u}^{m+1}\right\|_{H^{2}} \leq\left|\eta_{k}^{m+1}-1\right| \bar{C} . \tag{3.63}
\end{equation*}
$$

On the other hand, we derive from (3.7) that

$$
\begin{equation*}
\left|\eta_{k}^{m+1}-1\right| \leq C_{0}^{k+1} \delta t^{k+1} \tag{3.64}
\end{equation*}
$$

Then it follows from (3.43), (3.63) and (3.64) and combine the condition (3.11), (3.17) and (3.62) on $\delta t$ that

$$
\begin{aligned}
\left\|e^{m+1}\right\|_{H^{2}}^{2} & \leq 2\left\|e^{m+1}\right\|_{H^{2}}^{2}+2\left\|u^{m+1}-\bar{u}^{m+1}\right\|_{H^{2}}^{2} \\
& \leq 2 C_{2}\left(1+C_{0}^{2(k+1)}\right) \delta t^{2 k}+2 \bar{C}^{2} C_{0}^{2(k+1)} \delta t^{2(k+1)}
\end{aligned}
$$

holds under the condition $\delta t<\min \left\{\frac{1}{1+2 C_{0}^{k+2}}, \frac{1-\tau_{k}}{3(k+1)}\right\}$. The proof is complete.
Remark 3. Note that we set $\eta_{1}^{n+1}=1-\left(1-\xi^{n+1}\right)^{3}$ purely for technical reasons in the proof. It is clear that $\eta_{1}^{n+1}=1-\left(1-\xi^{n+1}\right)^{2}$ leads to first-order accuracy which is confirmed by our numerical tests.

## 4. Error analysis for Cahn-Hilliard type equations

In this section, we consider the Cahn-Hilliard type equation

$$
\begin{equation*}
\frac{\partial u}{\partial t}=-\Delta^{2} u+\lambda \Delta u-\Delta g(u) \quad(\boldsymbol{x}, t) \in \Omega \times(0, T], \tag{4.1}
\end{equation*}
$$

where $\Omega$ is an open bounded domain in $\mathbb{R}^{d}(d=1,2,3)$, with the initial condition $u(\boldsymbol{x}, 0)=u^{0}(\boldsymbol{x})$ and boundary conditions

$$
\begin{equation*}
\text { periodic, or, }\left.\frac{\partial u}{\partial \boldsymbol{n}}\right|_{\partial \Omega}=\left.\frac{\partial \Delta u}{\partial \boldsymbol{n}}\right|_{\partial \Omega}=0 \text {. } \tag{4.2}
\end{equation*}
$$

The above equation is a special case of (2.1) with $\mathcal{A}=\Delta^{2}-\lambda \Delta$ and $g(u)$ replaced by $-\Delta g(u)$. It satisfies the dissipation law (2.2) with $E(u)=\frac{1}{2}(\mathcal{L} u, u)+(G(u), 1)$ where $(\mathcal{L} u, u)=(\nabla u, \nabla u)+\lambda(u, u), G(u)=\int^{u} g(v) d v$ and $\mathcal{K}(u)=\left(\nabla \frac{\delta E}{\delta u}, \nabla \frac{\delta E}{\delta u}\right)$.

In particular, with $g(u)=\left(1-u^{2}\right) u$ and $\lambda=0$, the above equation becomes the celebrated Cahn-Hilliard equation [28].

We first recall the following result (cf. for instance [27]).
Theorem 4. Let $u^{0} \in H^{2}$, and (3.4) holds. We assume additionally

$$
\begin{equation*}
\left|g^{\prime \prime}(x)\right|<C\left(|x|^{p^{\prime}}+1\right), \quad p^{\prime}>0 \text { arbitrary } \quad \text { if } n=1,2 ; \quad 0<p^{\prime}<3 \quad \text { if } n=3 \tag{4.3}
\end{equation*}
$$

Then for any $T>0$, there exists a unique solution $u$ for (4.1) such that

$$
u \in C\left([0, T] ; H^{2}\right) \cap L^{2}\left(0, T ; H^{4}\right)
$$

We also recall the following result (see Lemma 2.3 in [12]) which we shall use to deal with the nonlinear term.
Lemma 4. Assume that $\|u\|_{H^{1}} \leq M$, and that (3.4) and (4.3) hold. Then for any $u \in H^{4}$, there exist $0 \leq \sigma<1$ and a constant $C(M)$ such that the following inequality holds:

$$
\|\Delta g(u)\|^{2} \leq C(M)\left(1+\left\|\Delta^{2} u\right\|^{2 \sigma}\right)
$$

For (4.1), the $k$ th-order version of (2.5a) and (2.11) read:

$$
\begin{equation*}
\frac{\alpha_{k} \bar{u}^{n+1}-A_{k}\left(u^{n}\right)}{\delta t}=-\Delta\left(\Delta \bar{u}^{n+1}-\lambda \bar{u}^{n+1}+g\left[B_{k}\left(\bar{u}^{n}\right)\right]\right) \tag{4.4}
\end{equation*}
$$

and

$$
\begin{equation*}
\frac{\alpha_{k} u^{n+1}-\eta_{k}^{n+1} A_{k}\left(u^{n}\right)}{\delta t}=-\Delta\left(\Delta u^{n+1}-\lambda u^{n+1}+\eta_{k}^{n+1} g\left[B_{k}\left(\bar{u}^{n}\right)\right]\right) \tag{4.5}
\end{equation*}
$$

where $\alpha_{k}, A_{k}, B_{k}$ defined in (2.8)-(2.10).
Theorem 5. Given initial condition $\bar{u}^{0}=u^{0}=u(0), r^{0}=E\left[u^{0}\right]$. Let $\bar{u}^{n+1}$ and $u^{n+1}$ be computed with the $k t h$ order scheme (2.5a)-(2.5d) $(1 \leq k \leq 5)$ for (4.1) with

$$
\eta_{1}^{n+1}=1-\left(1-\xi^{n+1}\right)^{3}, \quad \eta_{k}^{n+1}=1-\left(1-\xi^{n+1}\right)^{k+1}(k=2,3,4,5)
$$

We assume (3.4) and (4.3) hold, and

$$
u \in C\left([0, T] ; H^{3}\right), \frac{\partial^{j} u}{\partial t^{j}} \in L^{2}\left(0, T ; H^{2}\right) 1 \leq j \leq k, \frac{\partial^{k+1} u}{\partial t^{k+1}} \in L^{2}\left(0, T ; H^{1}\right)
$$

Then for $n+1 \leq T / \delta t$ and $\delta t \leq \min \left\{\frac{1}{1+4 C_{0}^{k+2}}, \frac{1-\tau_{k}}{3(k+1)}\right\}$, we have

$$
\left\|e^{n+1}\right\|_{H^{2}}, \quad\left\|e^{n+1}\right\|_{H^{2}} \leq C \delta t^{k}
$$

where the constants $C_{0}, C$ are dependent on $T, \Omega$, the $k \times k$ matrix $G=\left(g_{i j}\right)$ in Lemma 1 and the exact solution $u$ but are independent of $\delta t$.

Since the proof of this theorem shares some similar procedures with the proof of Theorem 3, we shall defer its proof to the appendix.

## 5. Concluding remarks

We constructed a new class of implicit-explicit BDFk SAV schemes for general linear systems. This class of schemes enjoys the following advantages: (i) it only requires solving, in most common situations, one linear system with constant coefficients at each time step, which is the same as the usual IMEX schemes; (ii) it is not restricted to gradient flows and is applicable to general dissipative systems; and (iii) it can be high-order with unconditional stability and suitable for adaptive time stepping without restriction on time step size; and most importantly, (iv) it leads to a unconditional uniform bound for the numerical solution, for any order $k$ on the norm based on the principal linear term in the energy functional, which is of critical importance for the convergence and error analysis. We presented numerical results which validated the stability and convergence rates of our schemes, and showed that
the SAV scheme is at least as accurate as the usual IMEX scheme, and may lead to more accurate solutions in some critical situations (solutions with large gradients or near singularities).

Using the uniform bound on the norm based on the principal linear operator that we derived for the BDFk SAV schemes and to a stability result in [23] for the $\operatorname{BDF} k(k=1,2,3,4,5)$ schemes, we were able to establish, with a delicate inductive argument, rigorous error estimates for the $\operatorname{BDF} k(k=1,2,3,4,5)$ SAV schemes in a unified form for the typical Allen-Cahn and Cahn-Hilliard type equations. We note that recently the result in Lemma 1 was extended to the six-order BDF scheme in [29], and it is expected that the results in Theorems 3 and 5 can be extended to the six-order case using the result in [29].

As mentioned in Remark 2, we can replace the BDKk scheme in (2.5a) by other IMEX multistep schemes, and the stability result in Theorem 1 will still hold. However, error analysis for other implicit-explicit multistep SAV schemes needs to be investigated separately.

## Declaration of competing interest

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests: Jie Shen reports financial support was provided by National Science Foundation. Jie Shen reports financial support was provided by Air Force Office of Scientific Research. Fukeng Huang reports a relationship with National University of Singapore that includes: employment.

## Appendix A. Proof of Theorem 5

For the sake of brevity, we shall only carry out in detail the error analysis for the first-order case. The analysis for the higher-order cases can be carried out by combining the procedures for the first-order case below and for the high-order cases in the proof Theorem 3. The detail will be left for the interested readers.

As in the proof of Theorem 3, we will first prove the following by induction:

$$
\begin{equation*}
\left|1-\xi^{q}\right| \leq C_{0} \delta t, \quad \forall q \leq T / \delta t, \tag{A.1}
\end{equation*}
$$

where the constant $C_{0}$ is dependent on $T, \Omega$ and the exact solution $u$ but is independent of $\delta t$, and will be defined in the proof process.

Under the assumptions, (A.1) certainly holds for $q=0$. Now suppose we have

$$
\begin{equation*}
\left|1-\xi^{q}\right| \leq C_{0} \delta t, \quad \forall q \leq m, \tag{A.2}
\end{equation*}
$$

we shall prove below that (A.1) holds for $q=m+1$, namely,

$$
\begin{equation*}
\left|1-\xi^{m+1}\right| \leq C_{0} \delta t \tag{A.3}
\end{equation*}
$$

We will carry out this proof in three steps.
Step 1: $H^{2}$ bound for $u^{n}$ and $\bar{u}^{n}$ for all $n \leq m$. It follows from Theorem 1 and under condition

$$
\begin{equation*}
\delta t \leq \min \left\{\frac{1}{4 C_{0}^{3}}, 1\right\} \tag{A.4}
\end{equation*}
$$

we have

$$
\begin{equation*}
\frac{3}{4} \leq\left|\eta_{1}^{q}\right| \leq 2,\left|1-\eta_{1}^{q}\right| \leq \frac{\delta t^{2}}{4}, \forall q \leq m, \tag{A.5}
\end{equation*}
$$

and

$$
\begin{equation*}
\left\|u^{q}\right\|_{H^{1}} \leq M_{2}, \forall q \leq T / \delta t,\left\|\bar{u}^{q}\right\|_{H^{1}} \leq \frac{4}{3} M_{2}, \forall q \leq m \tag{A.6}
\end{equation*}
$$

Now, consider (4.5) at step $q$ :

$$
\begin{equation*}
\frac{u^{q}-\eta_{1}^{q} u^{n-1}}{\delta t}=-\Delta^{2} u^{q}+\lambda \Delta u^{q}-\eta_{1}^{q} \Delta g\left[\bar{u}^{q-1}\right] \tag{A.7}
\end{equation*}
$$

Multiply (A.7) with $\Delta^{2} u^{q}$, and by the similar process as step 1 in Theorem 3, we can obtain

$$
\begin{equation*}
\left\|\Delta u^{q}\right\|^{2}-\left\|\Delta u^{q-1}\right\|^{2}+\delta t\left\|\Delta^{2} \bar{u}^{q}\right\|^{2}-\frac{\delta t}{2}\left\|\Delta^{2} \bar{u}^{q-1}\right\|^{2} \leq C\left(M_{2}\right) \delta t+\left|1-\eta_{1}^{q}\right|\left\|u^{q-1}\right\|^{2} \tag{A.8}
\end{equation*}
$$

Taking the sum from 1 to $n(\leq m)$ of (A.8), we obtain

$$
\begin{aligned}
\left\|\Delta u^{n}\right\|^{2}+\frac{\delta t}{2} \sum_{q=0}^{n}\left\|\Delta^{2} \bar{u}^{q}\right\|^{2} & \leq C\left(M_{2}\right) T+C\left(u^{0}\right)+\delta t^{2} \sum_{q=1}^{n-1}\left\|u^{q}\right\|^{2} \\
& \leq C\left(M_{2}\right) T+C\left(u^{0}\right)+\delta t T M_{2}^{2} .
\end{aligned}
$$

with $C\left(M_{2}\right)$ is a constant only depends on $M_{2}$ and $C\left(u^{0}\right)$ only depends on $u^{0}$. Then together with (A.6) implies

$$
\begin{equation*}
\left\|u^{n}\right\|_{H^{2}} \leq \sqrt{C(M) T+C\left(u^{0}\right)+T M_{2}^{2}}+M_{2}:=C_{1}, \quad \forall n \leq m . \tag{A.9}
\end{equation*}
$$

As $\left\|u^{n}\right\|_{H^{2}}=\eta_{1}^{n}\left\|\bar{u}^{n}\right\|_{H^{2}}$, (A.5) implies

$$
\begin{equation*}
\left\|\bar{u}^{n}\right\|_{H^{2}} \leq \frac{4}{3} C_{1}, \quad \forall n \leq m . \tag{A.10}
\end{equation*}
$$

Step 2: estimates for $\left\|e^{n+1}\right\|_{H^{2}}$ and $\left\|\bar{e}^{n+1}\right\|_{H^{3}}$ for all $0 \leq n \leq m$. By given assumption on the exact solution $u$ and (A.10), we can choose $C$ large enough such that

$$
\begin{equation*}
\|u(t)\|_{H^{3}} \leq C, \quad \forall t \leq T,\left\|\bar{u}^{q}\right\|_{H^{2}} \leq C, \quad \forall q \leq m, \tag{A.11}
\end{equation*}
$$

and since $H^{2} \subset L^{\infty}$, without loss of generality, we can adjust $C$ such that

$$
\begin{equation*}
\left|g^{(i)}[u(t)]\right|_{L^{\infty}} \leq C, \forall t \leq T ;\left|g^{(i)}\left(\bar{u}^{q}\right)\right|_{L^{\infty}} \leq C, \forall q \leq m ; i=0,1,2,3 . \tag{A.12}
\end{equation*}
$$

From (4.4), we can write down the equation for error as

$$
\begin{equation*}
\bar{e}^{n+1}-\bar{e}^{n}=\left(\eta_{1}^{n}-1\right) \bar{u}^{n}-\delta t \Delta^{2} \bar{e}^{n+1}+\lambda \delta t \Delta \bar{e}^{n+1}+R_{1}^{n}+\delta t \Delta R_{2}^{n}, \tag{A.13}
\end{equation*}
$$

where $R_{1}^{n}, R_{2}^{n}$ are given by

$$
\begin{equation*}
R_{1}^{n}=u\left(t^{n}\right)-u\left(t^{n+1}\right)+\delta t u_{t}\left(t^{n+1}\right)=\int_{t^{n}}^{t^{n+1}}\left(s-t^{n}\right) u_{t t} d s \tag{A.14}
\end{equation*}
$$

and

$$
\begin{equation*}
R_{2}^{n}=-g\left(\bar{u}^{n}\right)+g\left[u\left(t^{n+1}\right)\right] . \tag{A.15}
\end{equation*}
$$

Taking inner product with $\bar{e}^{n+1}-\Delta \bar{e}^{n+1}+\Delta^{2} \bar{e}^{n+1}$ on both sides of (A.13), we obtain

$$
\begin{align*}
& \frac{1}{2}\left(\left\|\bar{e}^{n+1}\right\|^{2}-\left\|\bar{e}^{n}\right\|^{2}\right)+\frac{1}{2}\left\|\bar{e}^{n+1}-\bar{e}^{n}\right\|^{2}+\delta t\left\|\Delta \bar{e}^{-n+1}\right\|^{2}+\lambda \delta t\left\|\nabla \bar{e}^{n+1}\right\|^{2} \\
& \quad+\frac{1}{2}\left(\left\|\nabla \bar{e}^{n+1}\right\|^{2}-\left\|\nabla \bar{e}^{n}\right\|^{2}\right)+\frac{1}{2}\left\|\nabla\left(\bar{e}^{n+1}-\bar{e}^{n}\right)\right\|^{2}+\delta t\left\|\nabla \Delta \bar{e}^{n+1}\right\|^{2}+\lambda \delta t\left\|\Delta \bar{e}^{n+1}\right\|^{2} \\
& \quad+\frac{1}{2}\left(\left\|\Delta \bar{e}^{n+1}\right\|^{2}-\left\|\Delta \bar{e}^{n}\right\|^{2}\right)+\frac{1}{2}\left\|\Delta\left(\bar{e}^{n+1}-\bar{e}^{n}\right)\right\|^{2}+\delta t\left\|\Delta^{2} \bar{e}^{n+1}\right\|^{2}+\lambda \delta t\left\|\nabla \Delta \bar{e}^{n+1}\right\|^{2}  \tag{A.16}\\
& \quad=\left(\eta_{1}^{n}-1\right)\left(\bar{u}^{n}, \bar{e}^{n+1}\right)+\left(R_{1}^{n}, \bar{e}^{n+1}\right)-\delta t\left(\nabla R_{2}^{n}, \nabla \bar{e}^{n+1}\right) \\
& \quad+\left(\eta_{1}^{n}-1\right)\left(\nabla \bar{u}^{n}, \nabla \bar{e}^{-n+1}\right)+\left(R_{1}^{n},-\Delta \bar{e}^{n+1}\right)+\delta t\left(\nabla R_{2}^{n}, \nabla \Delta \bar{e}^{n+1}\right) \\
& \quad+\left(\eta_{1}^{n}-1\right)\left(\Delta \bar{u}^{n}, \Delta \bar{e}^{n+1}\right)+\left(R_{1}^{n}, \Delta^{2} \bar{e}^{n+1}\right)+\delta t\left(\Delta R_{2}^{n}, \Delta \Delta^{2} \bar{e}^{n+1}\right) .
\end{align*}
$$

In the following, we bound the right hand side of (A.16). Noting that $\left|\eta_{1}^{n}-1\right| \leq C_{0}^{3} \delta t^{3}$, hence

$$
\begin{align*}
& \left|\left(\eta_{1}^{n}-1\right)\left(\bar{u}^{n}, \bar{e}^{n+1}\right)\right| \leq \frac{\left\|\left(\eta_{1}^{n}-1\right) \bar{u}^{n}\right\|^{2}}{\delta t}+\frac{\delta t}{4}\left\|\bar{e}^{n+1}\right\|^{2} \leq C C_{0}^{6} \delta t^{5}+\frac{\delta t}{4}\left\|\bar{e}^{n+1}\right\|^{2},  \tag{A.17}\\
& \left|\left(\eta_{1}^{n}-1\right)\left(\nabla \bar{u}^{n}, \nabla \bar{e}^{-n+1}\right)\right| \leq C C_{0}^{6} \delta t^{5}+\frac{\delta t}{4}\left\|\nabla \bar{e}^{n+1}\right\|^{2}, \tag{A.18}
\end{align*}
$$

and

$$
\begin{equation*}
\left|\left(\eta_{1}^{n}-1\right)\left(\Delta \bar{u}^{n}, \Delta \bar{e}^{-n+1}\right)\right| \leq C C_{0}^{6} \delta t^{5}+\frac{\delta t}{4}\left\|\Delta \bar{e}^{n+1}\right\|^{2} \tag{A.19}
\end{equation*}
$$

It follows from (A.14) that

$$
\begin{equation*}
\left\|R_{1}^{n}\right\|^{2} \leq C \delta t^{3} \int_{t^{n}}^{t^{n+1}}\left\|u_{t t}(s)\right\|^{2} d s \tag{A.20}
\end{equation*}
$$

Therefore,

$$
\begin{align*}
& \left|\left(R_{1}^{n}, \bar{e}^{n+1}\right)\right| \leq \frac{1}{2 \delta t}\left\|R_{1}^{n}\right\|^{2}+\frac{\delta t}{2}\left\|\bar{e}^{n+1}\right\|^{2} \leq \frac{\delta t}{2}\left\|\bar{e}^{n+1}\right\|^{2}+C \delta t^{2} \int_{t^{n}}^{t^{n+1}}\left\|u_{t t}(s)\right\|^{2} d s,  \tag{A.21}\\
& \left|\left(R_{1}^{n},-\Delta \bar{e}^{n+1}\right)\right| \leq \frac{\delta t}{2}\left\|\Delta \bar{e}^{n+1}\right\|^{2}+C \delta t^{2} \int_{t^{n}}^{t^{n+1}}\left\|u_{t t}(s)\right\|^{2} d s, \tag{A.22}
\end{align*}
$$

and

$$
\begin{equation*}
\left|\left(R_{1}^{n}, \Delta^{2} \bar{e}^{n+1}\right)\right| \leq \frac{\delta t}{2}\left\|\Delta^{2} \bar{e}^{n+1}\right\|^{2}+C \delta t^{2} \int_{t^{n}}^{t^{n+1}}\left\|u_{t t}(s)\right\|^{2} d s \tag{A.23}
\end{equation*}
$$

Noting that

$$
\begin{aligned}
\left|\nabla R_{2}^{n}\right| & =\left|\nabla g\left(\bar{u}^{n}\right)-\nabla g\left[u\left(t^{n}\right)\right]+\nabla g\left[u\left(t^{n}\right)\right]-\nabla g\left[u\left(t^{n+1}\right)\right]\right| \\
& \leq\left|g^{\prime}\left(\bar{u}^{n}\right) \nabla \bar{u}^{n}-g^{\prime}\left[u\left(t^{n}\right)\right] \nabla u\left(t^{n}\right)\right|+\left|g^{\prime}\left[u\left(t^{n}\right)\right] \nabla u\left(t^{n}\right)-g^{\prime}\left[u\left(t^{n+1}\right)\right] \nabla u\left(t^{n+1}\right)\right| \\
& \leq\left|g^{\prime}\left(\bar{u}^{n}\right)\right|\left|\nabla \bar{u}^{n}-\nabla u\left(t^{n}\right)\right|+\left|g^{\prime}\left(\bar{u}^{n}\right)-g^{\prime}\left[u\left(t^{n}\right)\right]\right|\left|\nabla u\left(t^{n}\right)\right| \\
& +\left|g^{\prime}\left[u\left(t^{n}\right)\right]-g^{\prime}\left[u\left(t^{n+1}\right)\right]\right|\left|\nabla u\left(t^{n}\right)\right|+\left|g^{\prime}\left[u\left(t^{n+1}\right)\right]\right|\left|\nabla u\left(t^{n}\right)-\nabla u\left(t^{n+1}\right)\right| \\
& \leq C\left(\left|\nabla \bar{e}^{n}\right|+\left|\bar{e}^{n}\right|+\int_{t^{n}}^{t^{n+1}}\left(\left|u_{t}(s)\right|+\left|\nabla u_{t}(s)\right|\right) d s\right),
\end{aligned}
$$

then for the terms with $\nabla R_{2}^{n}$, it follows from (A.24) that

$$
\begin{align*}
\delta t\left|\left(\nabla R_{2}^{n}, \nabla \bar{e}^{n+1}\right)\right| & \leq \frac{\delta t}{2}\left\|\nabla R_{2}^{n}\right\|^{2}+\frac{\delta t}{2}\left\|\nabla \bar{e}^{n+1}\right\|^{2} \\
& \leq C \delta t\left(\left\|\nabla \bar{e}^{n+1}\right\|^{2}+\left\|e^{n}\right\|_{H^{1}}^{2}\right)+C \delta t^{2} \int_{t^{n}}^{t^{n+1}}\left\|u_{t}(s)\right\|_{H^{1}}^{2} d s, \tag{A.25}
\end{align*}
$$

and

$$
\begin{align*}
\delta t\left|\left(\nabla R_{2}^{n}, \nabla \Delta \bar{e}^{n+1}\right)\right| & \leq \frac{\delta t}{2}\left\|\nabla R_{2}^{n}\right\|^{2}+\frac{\delta t}{2}\left\|\nabla \Delta \bar{e}^{n+1}\right\|^{2} \\
& \leq C \delta t\left\|\bar{e}^{n}\right\|_{H^{1}}^{2}+C \delta t^{2} \int_{t^{n}}^{t^{n+1}}\left\|u_{t}(s)\right\|_{H^{1}}^{2} d s+\frac{\delta t}{2}\left\|\nabla \Delta \bar{e}^{n+1}\right\|^{2} . \tag{A.26}
\end{align*}
$$

For the term with $\Delta R_{2}^{n}$, since

$$
\left|\Delta R_{2}^{n}\right| \leq\left|-\Delta g\left(\bar{u}^{n}\right)+\Delta g\left[u\left(t^{n}\right)\right]\right|+\left|-\Delta g\left[u\left(t^{n}\right)\right]+\Delta g\left[u\left(t^{n+1}\right)\right]\right|:=Q_{1}^{n}+Q_{2}^{n}
$$

and note that

$$
\Delta g(u)=g^{\prime \prime}(u)|\nabla u|^{2}+g^{\prime}(u) \Delta u,
$$

by using (A.11) and (A.12), we have

$$
\begin{aligned}
Q_{1}^{n} & \leq\left|g^{\prime \prime}\left(\bar{u}^{n}\right)\left(\left|\nabla \bar{u}^{n}\right|^{2}-\left|\nabla u\left(t^{n}\right)\right|^{2}\right)\right|+\left|\left|\nabla u\left(t^{n}\right)\right|^{2}\left(g^{\prime \prime}\left(\bar{u}^{n}\right)-g^{\prime \prime}\left[u\left(t^{n}\right)\right]\right)\right| \\
& +\left|g^{\prime}\left(\bar{u}^{n}\right)\left(\Delta \bar{u}^{n}-\Delta u\left(t^{n}\right)\right)\right|+\left|\Delta u\left(t^{n}\right)\left(g^{\prime}\left(\bar{u}^{n}\right)-g^{\prime}\left[u\left(t^{n}\right)\right]\right)\right| \\
& \leq C\left(\left|\nabla \bar{e}^{-n}\right|+\left|\bar{e}^{n}\right|+\left|\Delta \bar{e}^{n}\right|\right),
\end{aligned}
$$

and

$$
Q_{2}^{n} \leq C\left(\int_{t^{n}}^{t^{n+1}}|\nabla u(s)|\left|\nabla u_{t}(s)\right| d s+\int_{t^{n}}^{t^{n+1}}\left|\Delta u_{t}(s)\right| d s\right)
$$

Therefore,

$$
\begin{align*}
\delta t\left|\left(\Delta R_{2}^{n}, \Delta^{2} \bar{e}^{n+1}\right)\right| & \leq \delta t\left|\left(Q_{1}^{n}, \Delta^{2} \bar{e}^{n+1}\right)\right|+\delta t\left|\left(Q_{2}^{n}, \Delta^{2} \bar{e}^{n+1}\right)\right| \\
& \leq \delta t\left\|Q_{1}^{n}\right\|^{2}+\frac{\delta t}{4}\left\|\Delta^{2} \bar{e}^{n+1}\right\|^{2}+\delta t\left\|Q_{2}^{n}\right\|^{2}+\frac{\delta t}{4}\left\|\Delta^{2} \bar{e}^{n+1}\right\|^{2} \\
& \leq C \delta t\left(\left\|\bar{e}^{-n}\right\|^{2}+\left\|\nabla \bar{e}^{n}\right\|^{2}+\left\|\Delta \bar{e}^{n}\right\|^{2}\right)+\frac{\delta t}{2}\left\|\Delta^{2} \bar{e}^{n+1}\right\|^{2}  \tag{A.27}\\
& +C \delta t^{2} \int_{t^{n}}^{t^{n+1}}\left\|u_{t}(s)\right\|_{H^{2}}^{2} d s,
\end{align*}
$$

Now, combining (A.16)-(A.26) and (A.27) and dropping some unnecessary terms, we arrive at

$$
\begin{align*}
\left\|\bar{e}^{n+1}\right\|^{2}-\left\|\bar{e}^{-}\right\|^{2} & +\left\|\nabla \bar{e}^{n+1}\right\|^{2}-\left\|\nabla \bar{e}^{n}\right\|^{2}+\left\|\Delta \bar{e}^{n+1}\right\|^{2}-\left\|\Delta \bar{e}^{n}\right\|^{2}+\delta t\left\|\nabla \Delta \bar{e}^{n+1}\right\|^{2} \\
& \leq C C_{0}^{6} \delta t^{5}+C \delta t\left(\left\|\nabla \bar{e}^{-n+1}\right\|^{2}+\left\|\bar{e}^{n+1}\right\|^{2}+\left\|\Delta \bar{e}^{n}\right\|^{2}+\left\|\nabla \bar{e}^{n}\right\|^{2}+\left\|\bar{e}^{n}\right\|^{2}\right)  \tag{A.28}\\
& +C \delta t^{2} \int_{t^{n}}^{t^{n+1}}\left(\left\|u_{t}(s)\right\|_{H^{2}}^{2}+\left\|u_{t t}(s)\right\|^{2}\right) d s .
\end{align*}
$$

Taking the sum of the above for $n$ from 0 to $m$, we obtain

$$
\begin{equation*}
\left\|\bar{e}^{m+1}\right\|_{H^{2}}^{2}+\delta t \sum_{q=0}^{m}\left\|\nabla \Delta \bar{e}^{q+1}\right\|^{2} \leq C \delta t \sum_{q=0}^{m+1}\left\|\bar{e}^{q}\right\|_{H^{2}}^{2}+C \delta t^{2} \int_{0}^{T}\left(\left\|u_{t}(s)\right\|_{H^{2}}^{2}+\left\|u_{t t}(s)\right\|^{2}+C_{0}^{6} \delta t^{2}\right) d s . \tag{A.29}
\end{equation*}
$$

Finally, we can obtain the following estimate for $\bar{e}^{m+1}$ by applying the discrete Gronwall's inequality to (A.29) with $\delta t<\frac{1}{2 C}$ :

$$
\begin{align*}
\left\|\bar{e}^{n+1}\right\|_{H^{2}}^{2}+\delta t \sum_{q=0}^{n}\left\|\nabla \Delta \bar{e}^{q+1}\right\|^{2} & \leq C \exp \left((1-\delta t C)^{-1} T\right) \delta t^{2} \int_{0}^{T}\left(\left\|u_{t}(s)\right\|_{H^{2}}^{2}+\left\|u_{t t}(s)\right\|^{2}+C_{0}^{6} \delta t^{2}\right) d s  \tag{A.30}\\
& \leq C_{2}\left(1+C_{0}^{6} \delta t^{2}\right) \delta t^{2}, \quad \forall 0 \leq n \leq m .
\end{align*}
$$

where $C_{2}$ is independent of $\delta t$ and $C_{0}$, can be defined as

$$
\begin{equation*}
C_{2}:=C \exp (2 T) \max \left(\int_{0}^{T}\left(\left\|u_{t}(s)\right\|_{H^{2}}^{2}+\left\|u_{t t}(s)\right\|^{2}\right) d s, 2, T\right) \tag{A.31}
\end{equation*}
$$

and hence $\delta t<\frac{1}{2 C}$ can be guaranteed by $\delta t<\frac{1}{C_{2}}$. In particular, (A.30) implies

$$
\begin{equation*}
\left\|\bar{e}^{n+1}\right\|_{H^{2}}, \quad\left(\delta t \sum_{q=0}^{n}\left\|\nabla \Delta \bar{e}^{q+1}\right\|^{2}\right)^{1 / 2} \leq \sqrt{C_{2}\left(1+C_{0}^{6} \delta t^{2}\right)} \delta t, \quad \forall 0 \leq n \leq m . \tag{A.32}
\end{equation*}
$$

Combining (A.11) and (A.32), we obtain that for all $\forall 0 \leq n \leq m$ and under the condition on $\delta t$ in (A.4), we have

$$
\begin{equation*}
\left\|\bar{u}^{n+1}\right\|_{H^{2}}, \quad\left(\delta t \sum_{q=0}^{n}\left\|\nabla \Delta \bar{u}^{q+1}\right\|^{2}\right)^{1 / 2} \leq \sqrt{C_{2}\left(1+C_{0}^{6} \delta t^{2}\right)} \delta t+C \leq \sqrt{C_{2}(1+1)}+C:=\bar{C} . \tag{A.33}
\end{equation*}
$$

Note that $H^{2} \subset L^{\infty}$, without loss of generality, we can adjust $\bar{C}$ so that we have

$$
\begin{equation*}
\left\|g\left(\bar{u}^{n+1}\right)\right\|,\left\|g^{\prime}\left(\bar{u}^{n+1}\right)\right\| \leq \bar{C}, \quad \forall 0 \leq n \leq m . \tag{A.34}
\end{equation*}
$$

Step 3: estimate for $\left|1-\xi^{n+1}\right|$. It follows from (2.5b) that the equation for the error $\left\{s^{j}\right\}$ can be written as

$$
\begin{equation*}
s^{n+1}-s^{n}=\delta t\left(\left\|\nabla h\left[u\left(t^{n+1}\right)\right]\right\|^{2}-\frac{r^{n+1}}{E\left(\bar{u}^{n+1}\right)}\left\|\nabla h\left(\bar{u}^{n+1}\right)\right\|^{2}\right)+T_{1}^{n} \tag{A.35}
\end{equation*}
$$

where $h(u)=\frac{\delta E}{\delta u}=-\Delta u+\lambda u-g(u)$ and truncation errors $T_{1}^{n}$ are given in (3.48) with a bound given in (3.50).
Taking the sum of (A.35) for $n$ from 0 to $m$, since $s^{0}=0$, we have

$$
\begin{equation*}
s^{m+1}=\delta t \sum_{q=0}^{m}\left(\left\|\nabla h\left[u\left(t^{q+1}\right)\right]\right\|^{2}-\frac{r^{q+1}}{E\left(\bar{u}^{q+1}\right)}\left\|\nabla h\left(\bar{u}^{q+1}\right)\right\|^{2}\right)+\sum_{q=0}^{m} T_{1}^{q} . \tag{A.36}
\end{equation*}
$$

For $\left\|\nabla h\left[u\left(t^{n+1}\right)\right]\right\|^{2}-\frac{r^{n+1}}{E\left(\bar{u}^{n+1}\right)}\left\|\nabla h\left(\bar{u}^{n+1}\right)\right\|^{2}$, we have

$$
\begin{aligned}
& \left|\left\|\nabla h\left[u\left(t^{n+1}\right)\right]\right\|^{2}-\frac{r^{n+1}}{E\left(\bar{u}^{n+1}\right)}\left\|\nabla h\left(\bar{u}^{n+1}\right)\right\|^{2}\right| \\
& \quad \leq\left\|\nabla h\left[u\left(t^{n+1}\right)\right]\right\|^{2}\left|1-\frac{r^{n+1}}{E\left(\bar{u}^{n+1}\right)}\right|+\frac{r^{n+1}}{E\left(\bar{u}^{n+1}\right)}\left|\left\|\nabla h\left[u\left(t^{n+1}\right)\right]\right\|^{2}-\left\|\nabla h\left(\bar{u}^{n+1}\right)\right\|^{2}\right| \\
& \quad:=K_{1}^{n}+K_{2}^{n} .
\end{aligned}
$$

For $K_{1}^{n}$, it follows from (A.11), $E\left(\bar{u}^{n+1}\right)>\underline{\mathrm{C}}>0$ and Theorem 1 that

$$
\begin{aligned}
K_{1}^{n} & \leq C\left|1-\frac{r^{n+1}}{E\left(\bar{u}^{n+1}\right)}\right| \\
& =C\left|\frac{r\left(t^{n+1}\right)}{E\left[u\left(t^{n+1}\right)\right]}-\frac{r^{n+1}}{E\left[u\left(t^{n+1}\right)\right]}\right|+C\left|\frac{r^{n+1}}{E\left[u\left(t^{n+1}\right)\right]}-\frac{r^{n+1}}{E\left(\bar{u}^{n+1}\right)}\right| \\
& \leq C\left(\left|E\left[u\left(t^{n+1}\right)\right]-E\left(\bar{u}^{n+1}\right)\right|+\left|s^{n+1}\right|\right) .
\end{aligned}
$$

For $K_{2}^{n}$, it follows from (A.11), (A.12), (A.33), (A.34), $E\left(\bar{u}^{n+1}\right)>\underline{\mathrm{C}}>0$ and Theorem 1 that

$$
\begin{aligned}
K_{2}^{n} & \leq C\left|\left\|\nabla h\left(\bar{u}^{n+1}\right)\right\|^{2}-\left\|\nabla h\left[u\left(t^{n+1}\right)\right]\right\|^{2}\right| \\
& \leq C\left\|\nabla h\left(\bar{u}^{n+1}\right)-\nabla h\left[u\left(t^{n+1}\right)\right]\right\|\left(\left\|\nabla h\left(\bar{u}^{n+1}\right)\right\|+\left\|\nabla h\left[u\left(t^{n+1}\right)\right]\right\|\right) \\
& \leq C \bar{C}\left(1+\left\|\nabla \Delta \bar{u}^{n+1}\right\|\right)\left(\left\|\nabla \Delta \bar{e}^{n+1}\right\|+\lambda\left\|\nabla \bar{e}^{n+1}\right\|+\left\|\nabla\left(g\left(\bar{u}^{n+1}\right)-g\left[u\left(t^{n+1}\right)\right]\right)\right\|\right) \\
& \leq C \bar{C}\left(\left\|\nabla \Delta \bar{e}^{n+1}\right\|+\left\|\nabla \bar{e}^{n+1}\right\|\right)+C \bar{C}\left\|\nabla \Delta \bar{u}^{n+1}\right\|\left\|\nabla \Delta \bar{e}^{n+1}\right\|+C \bar{C}\left\|\nabla \Delta \bar{u}^{n+1}\right\|\left\|\nabla \bar{e}^{n+1}\right\| .
\end{aligned}
$$

It then follows from (A.32), (A.33) and the Cauchy-Schwarz inequality that

$$
\delta t \sum_{q=1}^{n+1}\left\|\nabla \Delta \bar{u}^{q}\right\|\left\|\nabla \bar{e}^{q}\right\| \leq\left(\delta t \sum_{q=1}^{n+1}\left\|\nabla \Delta \bar{u}^{q}\right\|^{2} \delta t \sum_{q=1}^{n+1}\left\|\nabla \bar{e}^{q}\right\|^{2}\right)^{1 / 2} \leq C \bar{C} \sqrt{C_{2}\left(1+C_{0}^{6} \delta t^{2}\right)} \delta t,
$$

and

$$
\delta t \sum_{q=1}^{n+1}\left\|\nabla \Delta \bar{u}^{q}\right\|\left\|\nabla \Delta \bar{e}^{q}\right\| \leq\left(\delta t \sum_{q=1}^{n+1}\left\|\nabla \Delta \bar{u}^{q}\right\|^{2} \delta t \sum_{q=1}^{n+1}\left\|\nabla \Delta \bar{e}^{q}\right\|^{2}\right)^{1 / 2} \leq C \bar{C} \sqrt{C_{2}\left(1+C_{0}^{6} \delta t^{2}\right)} \delta t .
$$

For $E\left[u\left(t^{n+1}\right)\right]-E\left(\bar{u}^{n+1}\right)$, we have estimate (3.54).
Now, we are ready to estimate $s^{m+1}$. Combine the estimate obtained above, (A.36) leads to

$$
\begin{align*}
\left|s^{m+1}\right| & \leq \delta t \sum_{q=0}^{m}\left|\left\|\nabla h\left[u\left(t^{q+1}\right)\right]\right\|^{2}-\frac{E_{0}\left(\bar{u}^{q+1}\right)+r^{q+1}}{E\left(\bar{u}^{q+1}\right)}\left\|\nabla h\left(\bar{u}^{q+1}\right)\right\|^{2}\right|+\sum_{q=0}^{m}\left|T_{1}^{q}\right| \\
& \leq C \delta t \sum_{q=0}^{m}\left|s^{q+1}\right|+C \bar{C} \delta t \sum_{q=0}^{m}\left\|\bar{e}^{q+1}\right\|_{H^{1}}+C \bar{C} \delta t \sum_{q=0}^{m}\left\|\nabla \Delta e^{q+1}\right\| \\
& +C \bar{C} \delta t \sum_{q=1}^{m+1}\left\|\nabla \Delta \bar{u}^{q}\right\|\left\|\nabla \bar{e}^{q}\right\|+C \bar{C} \delta t \sum_{q=1}^{m+1}\left\|\nabla \Delta \bar{u}^{q}\right\|\left\|\nabla \Delta \bar{e}^{q}\right\|  \tag{A.37}\\
& +C \delta t \int_{0}^{t^{m+1}}\left(\left\|u_{t}(s)\right\|_{H^{1}}^{2}+\left\|u_{t t}(s)\right\|_{H^{1}}\right) d s \\
& \leq C \delta t \sum_{q=0}^{m}\left|s^{q+1}\right|+C \bar{C}^{2} \delta t\left(\sqrt{C_{2}\left(1+C_{0}^{6} \delta t^{2}\right)}+1\right)
\end{align*}
$$

Finally, applying the discrete Gronwall's inequality on (A.37) with $\delta t<\frac{1}{2 C}$, we obtain the following estimate for $s^{n+1}$ :

$$
\begin{align*}
\left|s^{n+1}\right| & \leq C \exp \left((1-\delta t C)^{-1} T\right) \bar{C}^{2} \delta t\left(\sqrt{C_{2}\left(1+C_{0}^{6} \delta t^{2}\right)}+1\right)  \tag{A.38}\\
& \leq C_{3} \delta t\left(\sqrt{C_{2}\left(1+C_{0}^{6} \delta t^{2}\right)}+1\right), \forall 0 \leq n \leq m
\end{align*}
$$

where $C_{3}$ is independent of $\delta t$ and $C_{0}$, can be defined as

$$
\begin{equation*}
C_{3}:=\max \left\{C \bar{C}^{2} \exp (2 T), 2\right\} . \tag{A.39}
\end{equation*}
$$

Thanks to (A.38), we can define $C_{0}$ and then prove (A.3) by following exactly the same procedure as Step $\mathbf{3}$ in Theorem 3 with the condition

$$
\begin{equation*}
\delta t \leq \frac{1}{1+C_{0}^{3}} \tag{A.40}
\end{equation*}
$$

The induction process for (A.1) is completed.
Finally, thanks to (A.32), it remains to show $\left\|e^{m+1}\right\|_{H^{2}} \leq C \delta t$.
We derive from (A.33) that

$$
\begin{equation*}
\left\|u^{m+1}-\bar{u}^{m+1}\right\|_{H^{2}} \leq\left|\eta_{1}^{m+1}-1\right|\left\|\bar{u}^{m+1}\right\|_{H^{2}} \leq\left|\eta_{1}^{m+1}-1\right| \bar{C} . \tag{A.41}
\end{equation*}
$$

On the other hand, (A.1) implies

$$
\begin{equation*}
\left|\eta_{1}^{m+1}-1\right| \leq C_{0}^{3} \delta t^{3} . \tag{A.42}
\end{equation*}
$$

Then it follows from (A.32), (A.41) and (A.42) that

$$
\begin{aligned}
\left\|e^{m+1}\right\|_{H^{2}}^{2} & \leq 2\left\|e^{m+1}\right\|_{H^{2}}^{2}+2\left\|u^{m+1}-\bar{u}^{m+1}\right\|_{H^{2}}^{2} \\
& \leq 2 C_{2}\left(1+C_{0}^{6} \delta t^{2}\right) \delta t^{2}+2 \bar{C}^{2} C_{0}^{6} \delta t^{6} .
\end{aligned}
$$

To summarize, combine the condition (A.4) and (A.40) on $\delta t$, we obtain $\left\|e^{m+1}\right\|_{H^{2}} \leq C \delta t$ with $\delta t<\frac{1}{1+4 C_{0}^{3}}$. The proof for the case $k=1$ is complete.

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