

Lecture 17

(17.1)

In this lecture we will prove Steiner inequality (Theorem 2, Lecture 16), which was the main ingredient in the proof of the isoperimetric inequality.

Step one: In this step we show that $P(E^S) \leq P(E)$

Since $P(E) < \infty$, $|E| < \infty$, by Corollary 2 in Lecture 16, there exists $\{E_k\}_{k=1}^{\infty}$ bounded open sets with polyhedral boundary such that, as $k \rightarrow \infty$,

$$E_k \rightarrow E \text{ in } L^1(\mathbb{R}^n), \quad P(E_k) \rightarrow P(E) \quad (1)$$

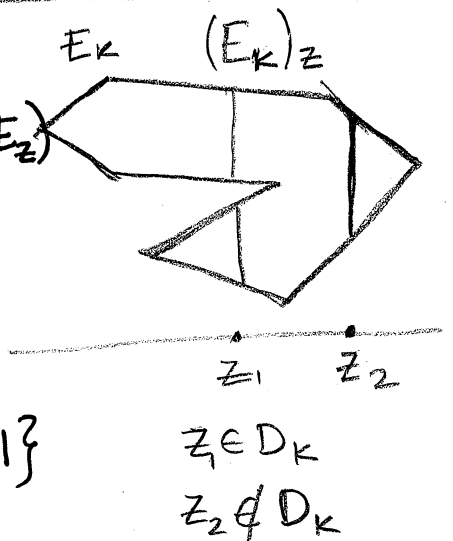
Let:

$$m_k(z) = \mathcal{L}^1((E_k)_z), \quad m(z) = \mathcal{L}^1(E_z)$$

$$G_k = \{z \in \mathbb{R}^{n-1} : m_k(z) > 0\}$$

$$D_k = \{z \in \mathbb{R}^{n-1} : (E_k)_z \subset \mathbb{R} \text{ is not an interval}\}$$

$$G = \{z \in \mathbb{R}^{n-1} : m(z) > 0\}$$



Note that ν_{E_k} takes only finitely many values, and hence, up to rotating each E_k by a rotation sufficiently close to the identity, we can assume

$$\nu_{E_k} \cdot e_n \neq 0 \quad (2)$$

We will prove below that a bounded set with polyhedral boundary satisfying (2) has the following properties: (17.2)

$$\begin{aligned}
 P(E_k^s) &\leq P(E_k) \\
 2\mathcal{H}^{n-1}(D_k)^2 &\leq P(E_k) (P(E_k) - P(E_k^s))
 \end{aligned}
 \tag{3}$$

By Fubini's Theorem:

$$|E_k \Delta E| = \int_{\mathbb{R}^{n-1}} \mathcal{J}'((E_k)_z \Delta E_z) dz \geq \int_{\mathbb{R}^{n-1}} |m_k(z) - m(z)| dz = |E_k^s \Delta E^s|$$

Thus, $|E_k \Delta E| \rightarrow 0$ yields $E_k^s \rightarrow E^s$ in $L^1(\mathbb{R}^n)$

$$\Rightarrow P(E^s) \leq \liminf_{k \rightarrow \infty} P(E_k^s) \tag{4}$$

Since $P(E_k) \rightarrow P(E)$; from (3) and (4):

$$\begin{aligned}
 2 \limsup_{k \rightarrow \infty} \mathcal{H}^{n-1}(D_k)^2 &\leq P(E) \left(\limsup_{k \rightarrow \infty} P(E_k) + \limsup_{k \rightarrow \infty} (-P(E_k^s)) \right) \\
 &= P(E) (P(E) - \liminf_{k \rightarrow \infty} P(E_k^s)) \\
 &\leq P(E) (P(E) - P(E^s))
 \end{aligned}$$

Thus:

$$2 \limsup_{k \rightarrow \infty} \mathcal{H}^{n-1}(D_k)^2 \leq P(E) (P(E) - P(E^s)) \tag{5}$$

Clearly, from (5):

(17.3)

$$\boxed{P(E^s) \leq P(E)}, \text{ which is (***)}$$

in Theorem 2.

We now prove (i) in Theorem 2. Indeed, if $P(E) = P(E^s)$ then:

$$\limsup_{K \rightarrow \infty} \chi^{n-1}(D_K)^2 = 0;$$

that is,

$$\lim_{K \rightarrow \infty} \chi^{n-1}(D_K) = 0 \Rightarrow \boxed{\chi_{D_K} \rightarrow 0 \text{ in } L^1(\mathbb{R}^{n-1})} \quad (6)$$

Now:

$\int_{\mathbb{R}^{n-1}} \mathcal{I}'((E_K)_z \Delta E_z) dz = 0 \rightarrow 0$ as $K \rightarrow \infty$ implies that there exists a subsequence of $\{E_K\}$, denoted again as $\{E_K\}$, such that:

$$\mathcal{I}'((E_K)_z \Delta E_z) \rightarrow 0 \text{ for a.e. } z \in \mathbb{R}^{n-1}.$$

$$\boxed{\therefore \chi_{(E_K)_z} \rightarrow \chi_{E_z} \text{ in } L^1(\mathbb{R}), \text{ for a.e. } z \in \mathbb{R}^{n-1}} \quad (7)$$

And also:

$$\boxed{\chi_{G_K} \rightarrow \chi_G \text{ in } L^1(\mathbb{R}^{n-1})} \quad (8)$$

Now:

(7.4)

$\chi_{(E_k)_z} \rightarrow \chi_{E_z}$ in $L^1(\mathbb{R})$ implies

$P(E_z) \leq \liminf_{k \rightarrow \infty} P((E_k)_z)$; and this is true for a.e. z

From (6) and (8):

$\chi_{G_k \setminus D_k} \rightarrow \chi_G$ in $L^1(\mathbb{R}^{n-1})$; recall that
 $\mathcal{H}^{n-1}(D_k) \rightarrow 0$ and
thus $\mathcal{H}^{n-1}(G_k \cap (\mathbb{R}^n \setminus D_k))$
 $= \mathcal{H}^{n-1}(G_k) - \mathcal{H}^{n-1}(G_k \cap D_k)$
 \downarrow $\downarrow 0$
 $\mathcal{H}^{n-1}(G)$ as $k \rightarrow \infty$

Note that $\mathcal{H}^{n-1}(D_k) \rightarrow 0$ means that as $k \rightarrow \infty$, "most" of the sections $(E_k)_z$ are intervals.

From $\chi_{G_k \setminus D_k} \rightarrow \chi_G$ in $L^1(\mathbb{R}^{n-1})$, we have that, for a further subsequence:

$$\lim_{k \rightarrow \infty} \chi_{G_k \setminus D_k}(z) = \chi_G(z), \quad \mathcal{H}^{n-1}\text{-a.e. } z.$$

Thus; multiplying by $\chi_G(z)$ in above inequality:

$$\begin{aligned} \chi_G(z) P(E_z) &\leq \chi_G(z) \liminf_{k \rightarrow \infty} P((E_k)_z) \\ &= \left(\lim_{k \rightarrow \infty} \chi_{G_k \setminus D_k}(z) \right) \left(\liminf_{k \rightarrow \infty} P((E_k)_z) \right); \text{ a.e. } z \\ &\leq \liminf_{k \rightarrow \infty} \left(\chi_{G_k \setminus D_k}(z) P((E_k)_z) \right); \text{ a.e. } z \end{aligned}$$

where we have used:

$$\liminf_{k \rightarrow \infty} (a_k b_k) \geq \liminf_{k \rightarrow \infty} a_k \liminf_{k \rightarrow \infty} b_k.$$

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We have:

$$\chi_G(z) P(E_z) \leq \liminf_{k \rightarrow \infty} \chi_{G_k \setminus D_k}(z) P((E_k)_z), \text{ a.e. } z$$

$$\Rightarrow \int_G P(E_z) dz \leq \int_{G_k \setminus D_k} \liminf_{k \rightarrow \infty} P((E_k)_z) dz$$

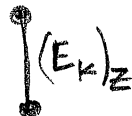
$$\leq \liminf_{k \rightarrow \infty} \int_{G_k \setminus D_k} P((E_k)_z) dz; \text{ Using Fatou's lemma}$$

$$= \liminf_{k \rightarrow \infty} \int_{G_k \setminus D_k} 2 dz$$

$$= 2 \liminf_{k \rightarrow \infty} \mathcal{H}^{n-1}(G_k \setminus D_k)$$

$$= 2 \mathcal{H}^{n-1}(G).$$

Since $(E_k)_z$ is an interval for $z \in D_k$, and hence it has perimeter 2 in \mathbb{R} .



$$\therefore \boxed{\int_G P(E_z) dz \leq 2 \mathcal{H}^{n-1}(G)} \quad (9)$$

We are going to use now the following

Proposition (see textbook):

Proposition 1 (Sets of finite perimeter in \mathbb{R}): $E \subset \mathbb{R}$

is of locally finite perimeter if and only if it is equivalent to a countable union of (possibly unbounded) open intervals lying at mutually positive distance.

Clearly, if $E \subset \mathbb{R}$, $\mathcal{L}^1(E) < \infty$ then

(7.6)

$$P(E) \geq 2$$



Thus; going back to (9):

$$P(E_z) - 2 \geq 0, \text{ and hence:}$$

$$\int_G (P(E_z) - 2) d\mathcal{H}^{n-1}(z) = 0$$

implies

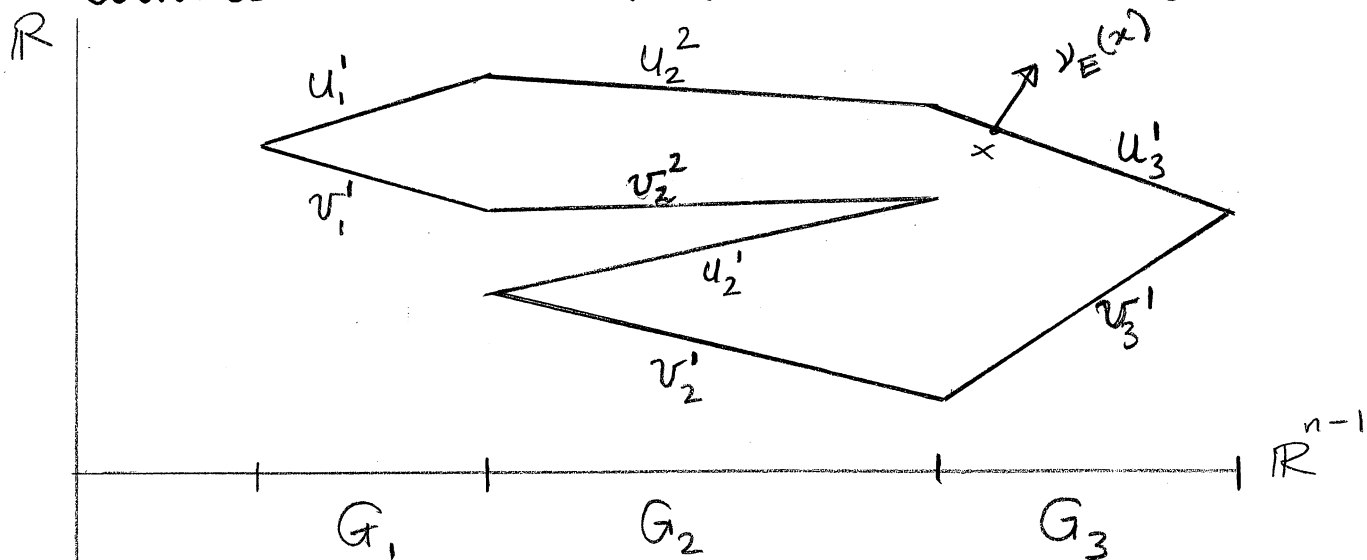
$$P(E_z) = 2 \text{ for a.e. } z \in G.$$

By proposition 1 we have that E_z is equivalent to a countable union of open intervals.

But, since $P(E_z) = 2$, we conclude that such union consists of only one interval. Hence: E_z is equivalent to an open interval, a.e. z .

We have proved (i) in Theorem 2, but

we are left to prove that (3) holds for any bounded set with polyhedral boundary:



We assume that $\nu_E(x) \cdot e_n \neq 0, \forall x \in \partial E$, $\nu_E(x)$ exterior unit normal

We have:

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$$G = \bigcup_{i=1}^M G_i$$

and affine functions $v_i^k, u_i^k: G_i \rightarrow \mathbb{R}$, $1 \leq i \leq M$, $1 \leq k \leq N(i)$, with

$$\partial E = \bigcup_{i=1}^M \bigcup_{k=1}^{N(i)} \Gamma(u_i^k, G_i) \cup \Gamma(v_i^k, G_i),$$

$$E = \bigcup_{i=1}^M \left\{ (z, t) \in G_i \times \mathbb{R} : t \in \bigcup_{k=1}^{N(i)} (v_i^k(z), u_i^k(z)) \right\}$$

Note:

$$\bullet m(z) = \sum_{k=1}^{N(i)} u_i^k(z) - v_i^k(z), \quad \forall z \in G_i.$$

$\bullet m$ is continuous, piecewise affine

Note: This partition exists because of the assumption $\nu_E(x) \cdot e_n \neq 0$, $\forall x \in \partial E$ and the implicit function theorem.

We will use the following theorem (see Chapter 9 in textbook):

Thm (Area of a graph of codimension one). If $u: \mathbb{R}^{n-1} \rightarrow \mathbb{R}$ is a Lipschitz function, then for every Lebesgue measurable set G in \mathbb{R}^{n-1} ,

$$\mathcal{H}^{n-1}(\Gamma(u; G)) = \int_G \sqrt{1 + |\nabla' u(z)|^2} dz$$

(To prove this theorem, apply the area formula to the Lipschitz function $f(z) = (z, u(z))$, $z \in \mathbb{R}^{n-1}$ and compute

the Jacobian of f as $Jf = \sqrt{(\nabla f)^* (\nabla f)}$, which is $Jf = \sqrt{1 + |\nabla u|^2}$. (17.8)

Note that:

$$E^S = \left\{ (z, t) \in G \times \mathbb{R}, |t| < \frac{m(z)}{2} \right\}$$

E^S is a bounded open set with polyhedral boundary.

Using the above formula to compute the area of a graph we have:

$$P(E^S) = \mathcal{H}^{n-1}(\partial E^S) = 2 \int_G \sqrt{1 + \left| \frac{\nabla m}{2} \right|^2} = \sum_{i=1}^M \sqrt{4 + |\nabla m|^2}$$

$$P(E) = \sum_{i=1}^M \int_{G_i} \sum_{k=1}^{N(i)} \sqrt{1 + |\nabla u_i^k|^2} + \sqrt{1 + |\nabla v_i^k|^2} dz$$

Since $z \mapsto \sqrt{1 + |z|^2}$ is convex we have:

$$\sum_{k=1}^{N(i)} \sqrt{1 + |\nabla u_i^k|^2} + \sqrt{1 + |\nabla v_i^k|^2} \geq 2 \sum_{k=1}^{N(i)} \sqrt{1 + \left| \frac{\nabla u_i^k - \nabla v_i^k}{2} \right|^2}$$

Recall; f convex $\Rightarrow f((1-\lambda)x + \lambda y) \leq (1-\lambda)f(x) + \lambda f(y)$, $\lambda = \frac{1}{2} \Rightarrow f\left(\frac{1}{2}x + \frac{1}{2}y\right) \leq \frac{1}{2}f(x) + \frac{1}{2}f(y)$

$$= 2 N(i) \left\{ \frac{1}{N(i)} \sum_{k=1}^{N(i)} \sqrt{1 + \left| \frac{\nabla u_i^k - \nabla v_i^k}{2} \right|^2} \right\}$$

f convex, $\lambda_1 + \lambda_2 + \dots + \lambda_p = 1 \Rightarrow f(\lambda_1 x_1 + \dots + \lambda_p x_p) \leq \lambda_1 f(x_1) + \dots + \lambda_p f(x_p)$

$$\geq 2 N(i) \sqrt{1 + \left| \frac{1}{N(i)} \sum_{k=1}^{N(i)} \frac{\nabla u_i^k - \nabla v_i^k}{2} \right|^2} = \sqrt{4 N(i)^2 + |\nabla m|^2}$$

Therefore:

$$P(E) \geq \sum_{i=1}^M \int_{G_i} \sqrt{4N(i)^2 + |\nabla m(z)|^2} dz$$

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and

$$P(E^c) = \sum_{i=1}^M \int_{G_i} \sqrt{4 + |\nabla m(z)|^2} dz$$

Thus; since $N(i) \geq 1$:

$$\boxed{P(E^c) \leq P(E)}$$

Recall our notation:

$$D = \{z \in G : E_z \text{ is not an interval}\}$$

$$\therefore N(i) \geq 2 \iff G_i \cap D \neq \emptyset$$

Then:

$$P(E) - P(E^c) \geq \sum_{i=1}^M \int_{G_i \cap D} \left(\sqrt{4N(i)^2 + |\nabla m|^2} - \sqrt{4 + |\nabla m|^2} \right) dz$$

$$= \sum_{i=1}^M \int_{G_i \cap D} \frac{4(N(i)^2 - 1)}{\sqrt{4N(i)^2 + |\nabla m|^2} + \sqrt{4 + |\nabla m|^2}} dz$$

$$\geq 2 \sum_{i=1}^M \int_{G_i \cap D} \frac{1}{\sqrt{4N(i)^2 + |\nabla m|^2}} ; \text{ since } N(i) \geq 2$$

By Holder inequality:

$$2 \mathcal{H}^{n-1}(D)^2 = 2 \left(\int_D \frac{(4N(i)^2 + |\nabla m|^2)^{1/4}}{(4N(i)^2 + |\nabla m|^2)^{1/4}} \right)^2$$

(17.10)

$$\leq 2 \left(\int_D \frac{1}{(4N(i)^2 + |\nabla m|^2)^{1/2}} \right) \left(\int_D (4N(i)^2 + |\nabla m|^2)^{1/2} \right)$$

$$= 2 \left(\sum_{i=1}^M \int_{G_i \cap D} \frac{1}{\sqrt{4N(i)^2 + |\nabla m|^2}} \right) \left(\sum_{i=1}^M \int_{D \cap G_i} \sqrt{4N(i)^2 + |\nabla m|^2} \right)$$

$$\leq (P(E) - P(E^s)) (P(E))$$

Thus, we have proved, for E a bounded set with polyhedral boundary and $\nu_E \cdot e_n \neq 0$ on ∂E that:

$$2 \mathcal{H}^{n-1}(D)^2 \leq P(E) (P(E) - P(E^s))$$

$$P(E^s) \leq P(E)$$

which justifies (3) in the proof of Theorem 2. In conclusion, we have shown that if $E \subset \mathbb{R}^n$ is of finite perimeter, $|E| < \infty$ then E^s satisfies $P(E^s) \leq P(E)$ and, if $P(E^s) = P(E)$, then E_z is equivalent to an interval, for a.e. z . The rest of the proof of Theorem 2 can be found in textbook. □

This is another isoperimetric inequality that is not sharp.

(17.11)

Proposition (A perimeter bound on volume): If E is a bounded set of finite perimeter in \mathbb{R}^n , $n \geq 2$, then

$$P(E) \geq |E|^{\frac{n-1}{n}}$$

Proof: Following as in the proof of the Sobolev Imbedding Theorem (See "Modern Real Analysis", chapter 11) we have:

$$\|u\|_{L^{\frac{n}{n-1}}(\mathbb{R}^n)} \leq \|\nabla u\|_{L^1(\mathbb{R}^n; \mathbb{R}^n)} \quad \forall u \in C_c^\infty(\mathbb{R}^n)$$

We now define:

$$u_\varepsilon = \chi_E * f_\varepsilon.$$

Recall that:

$$\int_{\mathbb{R}^n} |\nabla u_\varepsilon| \rightarrow P(E) \quad \text{as } \varepsilon \rightarrow 0$$

Therefore:

$$P(E)^{\frac{n}{n-1}} = \lim_{\varepsilon \rightarrow 0} \|\nabla u_\varepsilon\|_{L^1(\mathbb{R}^n; \mathbb{R}^n)}^{\frac{n}{n-1}}$$

$$\geq \liminf_{\varepsilon \rightarrow 0} \int_{\mathbb{R}^n} |u_\varepsilon|^{\frac{n}{n-1}}; \quad \text{by above Sobolev inequality}$$

$$\geq \int_{\mathbb{R}^n} \liminf_{\varepsilon \rightarrow 0} |u_\varepsilon|^{\frac{n}{n-1}}; \quad \text{by Fatou's Lemma}$$

$$= \int_{\mathbb{R}^n} \chi_E = |E|. \quad \blacksquare$$

We look at the following application of isoperimetric inequalities:

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Cheeger Sets: Let $p > 0$, $n \geq 2$

A open set in \mathbb{R}^n .

The p -Cheeger problem in A is the variational problem:

$$c(p, A) = \inf \left\{ \frac{P(E)}{|E|^p}, E \subset A \right\} \quad (**)$$

A minimizer E of $(**)$ is called a p -Cheeger set of A .

- If $p < \frac{n-1}{n} \Rightarrow$ by scaling $c(p, A) = 0$ and hence p -Cheeger sets can not exist.
- If $p > \frac{n-1}{n}$ and A is bounded then p -Cheeger sets exist (Use the Direct method and the isoperimetric inequality $|E|^{\frac{n-1}{n}} \leq P(E)$).
- If $p = \frac{n-1}{n}$ then by the Isoperimetric inequality (Theorem 1 in Lecture 16) it follows that balls contained in A are the (only) p -Cheeger sets in A .