

Lecture 9

9.1

In the proof of Theorem 2 in Lecture 8, we used the following:

Lemma 2: If $M = f(E)$ is a k -dimensional regular Lipschitz image in \mathbb{R}^n and $z \in E$, then

$$T_x M = \nabla f(z) (\mathbb{R}^k), \quad x = f(z)$$

Proof:

Recall that (f, E) regular Lipschitz image means $E \subset \mathbb{R}^k$, $f: \mathbb{R}^k \rightarrow \mathbb{R}^n$ Lipschitz and:

(a) f is 1-1 and differentiable on E , $Jf(x) > 0$ $\forall x \in E$.

(b) Every $x \in E$ is a point of density 1 for E , that is:

$$\frac{|E \cap B(x, r)|}{|B(x, r)|} \rightarrow 1, \text{ as } r \rightarrow 0.$$

(c) Every $x \in E$ is a Lebesgue point of ∇f , that is,

$$\lim_{r \rightarrow 0^+} \frac{1}{r^k} \int_{B(x, r)} |Jf(z) - Jf(x)| dz = 0.$$

Let $\varphi \in C_c(\mathbb{R}^n)$. We need to show that

$$\frac{1}{r^k} \int_{\mathbb{R}^n} \varphi d(\mathbb{D}_{x, r})_{\#} (\mathcal{H}^k \llcorner M) = \int_{\nabla f(z) (\mathbb{R}^k)} \varphi d\mathcal{H}^k \quad (A)$$

That is, we need to show the weak convergence of measures:

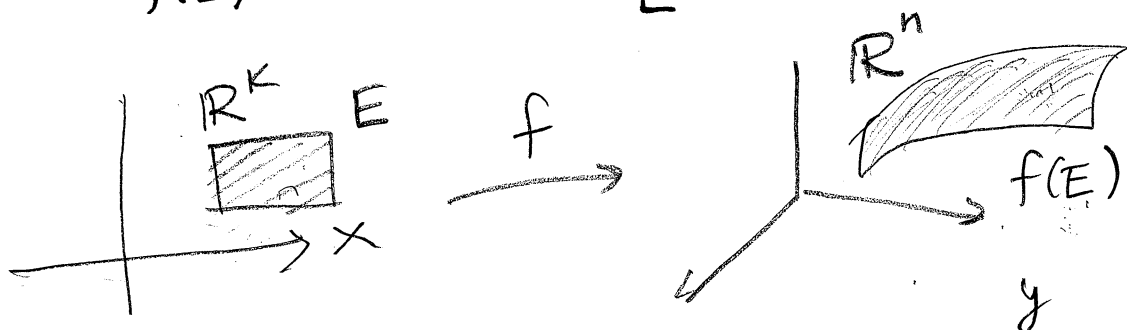
(9.2)

$$\frac{1}{r^k} (\Phi_{x,r})_{\#} (\mathcal{H}^k \llcorner M) \xrightarrow{*} \mathcal{H}^k \llcorner \nabla f(z) (\mathbb{R}^k)$$

We need the Area formula, that we will study with more detail later. This formula says:

Area formula: Let $f: \mathbb{R}^k \rightarrow \mathbb{R}^n$ Lipschitz, $E \subset \mathbb{R}^k$ be \mathcal{L}^k -measurable, f is 1-1 on E , $k \leq n$. Let $g: \mathbb{R}^n \rightarrow [-\infty, \infty]$ Borel, $g \in L^1(\mathbb{R}^n, \mathcal{H}^k \llcorner f(E))$. Then

$$\int_{f(E)} g(y) d\mathcal{H}^k(y) = \int_E g(f(x)) Jf(x) \underbrace{d\mathcal{L}^k(x)}_{\text{or just } \underline{dx}}$$



Going back to the proof of (A):

$$\frac{1}{r^k} \int_{\mathbb{R}^n} y d(\Phi_{x,r})_{\#} (\mathcal{H}^k \llcorner M) = \frac{1}{r^k} \int_M y \circ \Phi_{x,r} d\mathcal{H}^k(y)$$

$$= \frac{1}{r^k} \int_M y \left(\frac{y-x}{r} \right) d\mathcal{H}^k(y)$$

$$= \frac{1}{r^k} \int_E y \left(\frac{f(w) - f(z)}{r} \right) Jf(w) dw; \quad \begin{array}{l} \text{since} \\ M = f(E) \\ \text{and by} \\ \text{area formula} \end{array}$$

Hence:

(9.3)

$$\frac{1}{r^k} \int_{\mathbb{R}^n} \psi d(\Phi_{x,r})_{\#} (\chi_E^k \text{LM})$$

$$= \frac{1}{r^k} \int_E \psi \left(\frac{f(w) - f(z)}{r} \right) Jf(w) dw$$

$$= \int_{\mathbb{R}^k} \chi_E(z+r\alpha) \psi \left(\frac{f(z+r\alpha) - f(z)}{r} \right) Jf(z+r\alpha) d\alpha,$$

where we have applied again the area formula with the transformation:

$$w = z + r\alpha$$

or

$$\alpha = \frac{w-z}{r}, \quad \alpha, w \in \mathbb{R}^k \quad dw = r^k d\alpha$$

Define:

$$U_r(\alpha) = \chi_E(z+r\alpha) \psi \left(\frac{f(z+r\alpha) - f(z)}{r} \right) Jf(z+r\alpha),$$

and for simplicity, let us use again w instead of α , and dw instead of $d\alpha$.

Then:

$$\frac{1}{r^k} \int_{\mathbb{R}^n} \psi d(\Phi_{x,r})_{\#} (\chi_E^k \text{LM}) = \int_{\mathbb{R}^k} U_r(w) dw$$

Since f is differentiable at z , for fixed w , as $r \rightarrow 0$: $\frac{f(z+rw) - f(z)}{r} \rightarrow \nabla f(z)w$. Also, since z is a Lebesgue point of χ_E and Jf (by pro-

properties (b) and (c)), then for fixed w , as $r \rightarrow 0$ we have:

(9.4)

$$\chi_E(z+rw) Jf(z+rw) \xrightarrow{r \rightarrow 0} \chi_E(z) Jf(z)$$

"
 $Jf(z)$

Hence:

$$u_r(w) \rightarrow \psi(\nabla f(z)w) Jf(z), \text{ as } r \rightarrow 0.$$

Moreover, $\|u_r\|_{L^\infty(\mathbb{R}^k)} \leq \sup_{\mathbb{R}^n} |\psi| \text{Lip}(f)^k$ and $\text{spt } u_r \subset B(0, L)$, for some L and r small enough. Hence, we can apply the Lebesgue dominated convergence theorem to obtain:

$$\lim_{r \rightarrow 0} \frac{1}{r^k} \int_{\mathbb{R}^n} \psi d(\Phi_{x,r})_{\#} (\chi^k \llcorner M) = \lim_{r \rightarrow 0} \int_{\mathbb{R}^k} u_r(w) dw$$

$$= \int_{\mathbb{R}^k} \lim_{r \rightarrow 0} u_r(w) dw$$

$$= \int_{\mathbb{R}^k} \psi(\nabla f(z)w) Jf(z) dw$$

$$= \int_{\nabla f(z)(\mathbb{R}^k)} \psi d\chi^k ; \text{ by the Area formula for linear maps.}$$

With $T_x M := \nabla f(z)(\mathbb{R}^k)$, we conclude:

$$\frac{1}{r^k} (\Phi_{x,r})_{\#} (\chi^k \llcorner M) \xrightarrow{*} \chi^k \llcorner T_x M. \quad \square$$

With Lemma 2, we now review again the proof of Theorem 2, which says that:

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If M is countably \mathcal{H}^k -rectifiable, then for \mathcal{H}^k -a.e. $x \in M$, $\exists \pi_x$, (a unique k -dimensional plane π_x) such that:

$$\frac{1}{r^k} (\Phi_{x,r})_{\#} (\mathcal{H}^k \llcorner M) = \mathcal{H}^k \llcorner \left(\frac{M-x}{r} \right) \xrightarrow{*} \mathcal{H}^k \llcorner \pi_x. \quad (B)$$

Indeed, we have (by definition of \mathcal{H}^k -rectifiability):

$$M \subset \tilde{M}_0 \cup \left(\bigcup_{i=1}^{\infty} f_i(\mathbb{R}^k) \right), \quad f_i: \mathbb{R}^k \rightarrow \mathbb{R}^n$$

Lipschitz

$$\mathcal{H}^k(\tilde{M}_0) = 0.$$

By Lipschitz linearization (Theorem 1), we can decompose M as:

$$M = M_0 \cup \left(\bigcup_{i=1}^{\infty} g_i(E_i) \right), \quad \mathcal{H}^k(M_0) = 0$$

such that $g_i: \mathbb{R}^k \rightarrow \mathbb{R}^n$ are Lipschitz and (g_i, E_i) is a regular Lipschitz image. Hence, for

\mathcal{H}^k -a.e. $x \in M \Rightarrow x \in M_i := g_i(E_i)$ for some E_i . Thus

$$\begin{aligned} \frac{1}{r^k} \int_{\mathbb{R}^n} \varphi \, d(\Phi_{x,r})_{\#} (\mathcal{H}^k \llcorner M) &= \frac{1}{r^k} \int_M \varphi \left(\frac{y-x}{r} \right) d\mathcal{H}^k(y) \\ &= \frac{1}{r^k} \int_{M_i} \varphi \left(\frac{y-x}{r} \right) d\mathcal{H}^k(y) + \frac{1}{r^k} \int_{M \setminus M_i} \varphi \left(\frac{y-x}{r} \right) d\mathcal{H}^k(y) \end{aligned}$$

Thus,

$$\lim_{r \rightarrow 0^+} \frac{1}{r^k} \int_{\mathbb{R}^n} \varphi d(\Phi_{x,r})_{\#} (\mathcal{H}^k \llcorner M)$$

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$$= \lim_{r \rightarrow 0^+} \frac{1}{r^k} \int_{M_i} \varphi \left(\frac{y-x}{r} \right) d\mathcal{H}^k(y) + \lim_{r \rightarrow 0^+} \frac{1}{r^k} \int_{M \setminus M_i} \varphi \left(\frac{y-x}{r} \right) d\mathcal{H}^k(y)$$

$$= \int_{\nabla g_i(z)(\mathbb{R}^k)} \varphi(y) d\mathcal{H}^k(y) + \lim_{r \rightarrow 0^+} \frac{1}{r^k} \int_{M \setminus M_i} \varphi \left(\frac{y-x}{r} \right) d\mathcal{H}^k(y); \quad \text{by Lemma 2 and } x = g_i(z)$$

$$= \int_{\nabla g_i(z)(\mathbb{R}^k)} \varphi d\mathcal{H}^k(y) + 0; \quad \text{since, for } \mathcal{H}^k\text{-a.e. } x \in M_i:$$

$$\frac{1}{r^k} \int_{M \setminus M_i} \varphi \left(\frac{y-x}{r} \right) d\mathcal{H}^k(y) = \frac{1}{r^k} \int_{B(x,rR) \cap M \setminus M_i} \varphi \left(\frac{y-x}{r} \right) d\mathcal{H}^k(y), \quad \text{if spt } \varphi \text{ is contained in the ball } B(0, R)$$

$$\leq \sup |\varphi| \frac{\omega_k R^k |B(x,rR) \cap (M \setminus M_i)|}{\omega_k (rR)^k} \quad \begin{array}{l} |y-x| \leq R \Rightarrow \\ |y-x| \leq rR \\ \Rightarrow y \in B(x,rR) \end{array}$$

$\rightarrow 0$ as $r \rightarrow 0$

; by Lecture 7, Page 7.4

With

$$\Pi_x := \nabla g_i(z)(\mathbb{R}^k),$$

the desired weak convergence (B) follows. Recall also, the second part of Theorem 2, which says that (See Lecture 8, Page 8.9) if M is countably \mathcal{H}^k -rectifiable then

$$\lim_{r \rightarrow 0^+} \frac{\mathcal{H}^k(M \cap B(x,r))}{\omega_k r^k} = 1, \quad \text{for } \mathcal{H}^k\text{-a.e. } x \in M.$$

Remark: Note that in Theorem 2, (9.7)
 the uniqueness of the tangent
 space Π_x follows since, in $M = M_0 \cup \left(\bigcup_{i=1}^{\infty} g_i(E_i) \right)$,
 the sets $\{g_i(E_i)\}$ are a "partition", not
 a "covering". so when we say that \mathcal{H}^k -a.e.
 $x \in M$ belongs to some $M_i := g_i(E_i)$, there is
 not ambiguity in having two such M_i .

However, given any two countably \mathcal{H}^k -rectifiable
 sets M_1 and M_2 , they could intersect, and
 in this case we have the following

Proposition (Locality of approximate tangent spaces).
 If M_1 and M_2 are locally \mathcal{H}^k -rectifiable sets
 in \mathbb{R}^n , then:

$$T_x M_1 = T_x M_2, \text{ for } \mathcal{H}^k\text{-a.e. } x \in M_1 \cap M_2$$

Proof: Let $\varphi \in C_c(\mathbb{R}^n)$, $\text{spt } \varphi \subset B(0, R)$, $R > 0$.

Then, if $x \in M_1 \cap M_2$

$$\begin{aligned} & \left| \frac{1}{r^k} \int_{M_1} \varphi\left(\frac{y-x}{r}\right) d\mathcal{H}^k - \frac{1}{r^k} \int_{M_2} \varphi\left(\frac{y-x}{r}\right) d\mathcal{H}^k \right| \\ &= \frac{1}{r^k} \left| \int_{M_1 \cap M_2} \varphi\left(\frac{y-x}{r}\right) d\mathcal{H}^k \right| = \frac{1}{r^k} \left| \int_{B(x, rR) \cap (M_1 \cap M_2)} \varphi\left(\frac{y-x}{r}\right) d\mathcal{H}^k \right| \end{aligned}$$

$$\leq \frac{1}{r^k} \sup |\varphi| \mathcal{H}^k(B(x, rR) \cap (M_1, \Delta M_2))$$

$$= \omega_k R^k \frac{\sup |\varphi| \mathcal{H}^k(B(x, rR) \cap (M_1, \Delta M_2))}{(rR)^k}$$

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(for \mathcal{H}^k -a.e. $x \in M_1 \cap M_2$)

$\rightarrow 0$, as $r \rightarrow 0$, by Lecture 7, Page 7.4,

since that useful corollary says that:

$$\lim_{r \rightarrow 0^+} \frac{\mathcal{H}^k((M_1, \Delta M_2) \cap B(x, r))}{\omega_k r^k} = 0, \text{ for } \mathcal{H}^k\text{-a.e. } x \in M_1 \cap M_2$$



Now, we want to prove the converse of Theorem 2, but first we show a criterion for Rectifiability. We have.

Rectifiability criterion. Let $M \subset \mathbb{R}^n$ compact, π is a k -dimensional plane in \mathbb{R}^n , and $\exists \delta > 0$,

$\exists t > 0$ such that:

$$M \cap B(x, \delta) \subset x + K(\pi, t), \quad \forall x \in M,$$

where $K(\pi, t) = \{y \in \mathbb{R}^n : |y| < \sqrt{1+t^2} |P_\pi y|\}$,

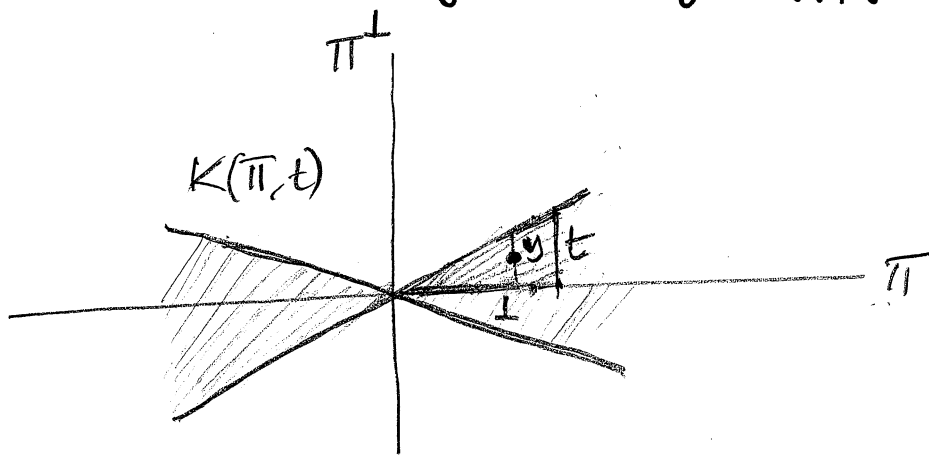
then M is \mathcal{H}^k -rectifiable, since there exists finitely many Lipschitz maps $f_i : \mathbb{R}^k \rightarrow \mathbb{R}^n$ and compact sets $F_i \subset \mathbb{R}^k$ such that $M = \bigcup_{i=1}^N f_i(F_i)$.

Notation: Given a k -dimensional plane π in \mathbb{R}^n , let

$$P_{\pi}: \mathbb{R}^n \rightarrow \mathbb{R}^n, \quad P_{\pi}^{\perp}: \mathbb{R}^n \rightarrow \mathbb{R}^n$$

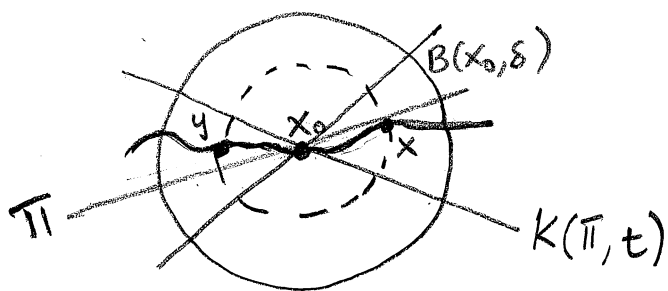
be the orthogonal projections of \mathbb{R}^n onto (respectively) π and π^{\perp} (thus $P_{\pi^{\perp}} = P_{\pi}^{\perp}$), and define the cones $K(\pi, t)$, $t > 0$ as

$$\begin{aligned} K(\pi, t) &= \{y \in \mathbb{R}^n : |P_{\pi}^{\perp} y| \leq t |P_{\pi} y|\} \\ &= \{y \in \mathbb{R}^n : |y| \leq \sqrt{1+t^2} |P_{\pi} y|\}. \end{aligned}$$



Proof of the Rectifiability criterion:

Let $x_0 \in M$ and $x, y \in \bar{B}(x_0, \frac{\delta}{2}) \cap M$



$$x, y \in \bar{B}(x_0, \frac{\delta}{2}) \cap M$$

$$\Rightarrow y \in B(x, \delta) \cap M$$

$$\begin{aligned} \text{(since } |y-x| &\leq |y-x_0| + |x_0-x| \\ &\leq \frac{\delta}{2} + \frac{\delta}{2} = \delta) \end{aligned}$$

$$\begin{aligned} \text{Since } y \in B(x, \delta) \cap M &\subset x + K(\pi, t) \\ \Rightarrow |P_{\pi}^{\perp}(y-x)| &\leq t |P_{\pi}(y-x)|. \end{aligned}$$

Hence,

$$|P_{\Pi}^{\perp}(y-x)| \leq t |P_{\Pi}(y-x)|, \quad \forall x, y \in \bar{B}(x_0, \frac{\delta}{2}) \cap M \quad (9.10)$$

Note that $P_{\Pi}x = P_{\Pi}y \Rightarrow P_{\Pi}^{\perp}y = P_{\Pi}^{\perp}x$

and hence $x=y$. Thus,

$$P_{\Pi} : \bar{B}(x_0, \frac{\delta}{2}) \cap M \rightarrow G_{x_0} = P_{\Pi}(\bar{B}(x_0, \frac{\delta}{2}) \cap M)$$

is 1-1 and on-to. Note, $G_{x_0} \subset \Pi$ compact.

Define now:

$$g_{x_0} : G_{x_0} \rightarrow \mathbb{R}^n, \quad g_{x_0}(G_{x_0}) = \bar{B}(x_0, \frac{\delta}{2}) \cap M$$

as $P_{\Pi}(g_{x_0}(z)) = z$

Then, g_{x_0} is Lipschitz on G_{x_0} because:

$$z, w \in G_0 \Rightarrow g_{x_0}(z) \text{ and } g_{x_0}(w) \text{ belong to } \bar{B}(x_0, \frac{\delta}{2}) \cap M$$

$$\Rightarrow g_{x_0}(z), g_{x_0}(w) \text{ are inside } K(\Pi, t) + x_0$$

$$\Rightarrow |P_{\Pi}^{\perp}(g_{x_0}(z)) - P_{\Pi}^{\perp}(g_{x_0}(w))|^2 < t^2 |P_{\Pi}(g_{x_0}(z)) - P_{\Pi}(g_{x_0}(w))|^2$$

$$\Rightarrow |P_{\Pi}(g_{x_0}(z)) - P_{\Pi}(g_{x_0}(w))|^2 + |P_{\Pi}^{\perp}(g_{x_0}(z)) - P_{\Pi}^{\perp}(g_{x_0}(w))|^2 < (1+t^2) |P_{\Pi}(g_{x_0}(z)) - P_{\Pi}(g_{x_0}(w))|^2$$

$\begin{matrix} \parallel & \parallel \\ z & w \end{matrix}$

$$|g_{x_0}(z) - g_{x_0}(w)| < \sqrt{1+t^2} |z - w|$$

$$\forall z, w \in \bar{B}(x_0, \frac{\delta}{2}) \cap M$$

We can cover M with the open balls:

$$\left\{ B(x_i, \frac{\delta}{2}) : x_i \in M \right\}$$

By compactness of M , we find $\{x_i\}_{i=1}^N \subset M$

with:

$$M = \bigcup_{i=1}^N (M \cap \bar{B}(x_i, \frac{\delta}{2})) = \bigcup_{i=1}^N g_i(G_i),$$

where $g_i: G_i \rightarrow \mathbb{R}^n$ are Lipschitz maps and $G_i \subset \Pi$ are compact sets. If $P \in O(k, n)$ is such that:

$$P(\mathbb{R}^k) = \Pi,$$

We then extend g_i to Π using McShane's lemma, which extends Lipschitz functions using (*) in page 7.6, Lecture 7.

We finally define:

$$f_i = g_i \circ P, \quad F_i = P^{-1}(G_i),$$

and we conclude:

$$M = \bigcup_{i=1}^N f_i(F_i). \quad \square$$