Unit Conversions to know:

1 foot = 12 inches
1 yard = 3 feet
1 mile = 5,280 feet
1 inch = 2.54 centimeters
1 gallon = 4 quarts
1 quart = 2 pints
1 pint = 2 cups
1 pound = 16 ounces

 centimeter = 10 millimeters
meter = 100 centimeters
kilometer = 1000 meters
(and these equivalent metric conversions for any base unit, such as gram, liter, etc)

1 hour = 60 minutes 1 minute = 60 seconds 1 day = 24 hours

Formulas to know:

Area and perimeter of the following: Square Rectangle Triangle Circle

Volume and surface area of the following: Rectangular Prism Triangular Prism Square Pyramid Triangular Pyramid

The following formulas will be provided, if needed: Area of trapezoid Area of parallelogram Volume, surface area of a trapezoidal prism Volume, surface area of a sphere Volume, surface area of a cylinder Volume, surface area of a cone