

7.3 Trigonometric Substitutions

We use the identities

$$1. \quad 1 - \sin^2 \theta = \cos^2 \theta$$

$$2. \quad 1 + \tan^2 \theta = \sec^2 \theta$$

$$3. \quad \sec^2 \theta - 1 = \tan^2 \theta$$

to compute integrals like:

$$\int \frac{dx}{\sqrt{1-x^2}} \quad \text{or} \quad \int \frac{dx}{\sqrt{1+16x^2}}$$

1. For $\sqrt{1-x^2}$, let $x = \sin \theta$.

$$\begin{aligned}\text{Then } \sqrt{1-x^2} &= \sqrt{1-\sin^2 \theta} \\ &= \sqrt{\cos^2 \theta} = \cos \theta\end{aligned}$$

2. For $\sqrt{1+x^2}$, let $x = \tan \theta$

$$\begin{aligned}\text{Then } \sqrt{1+x^2} &= \sqrt{1+\tan^2 \theta} \\ &= \sqrt{\sec^2 \theta} = \sec \theta\end{aligned}$$

3. For $\sqrt{x^2-1}$, let $x = \sec \theta$

$$\begin{aligned}\text{Then } \sqrt{x^2-1} &= \sqrt{\sec^2 \theta - 1} \\ &= \sqrt{\tan^2 \theta} = \tan \theta\end{aligned}$$

We want to eliminate

$\sqrt{\quad}$. Note that

if we set $x = \sin \theta$,

$$\text{then } \sqrt{1-x^2} = \sqrt{1-\sin^2 \theta}$$

Using Id. 1

$$= \sqrt{\cos^2 \theta} = \cos \theta$$

If $x = \sin \theta$, then $dx = \cos \theta d\theta$

$$\begin{aligned} \text{Ex. } \int \frac{dx}{\sqrt{1-x^2}} &= \int \frac{\cos \theta d\theta}{\sqrt{\cos^2 \theta}} = \int \frac{\cos \theta d\theta}{\cos \theta} \\ &= \int d\theta = \theta \end{aligned}$$

$$x = \sin \theta \rightarrow \sin^{-1} x = \theta$$

$$\therefore \int \frac{dx}{\sqrt{1-x^2}} = \underline{\underline{\sin^{-1} x + C}}$$

Ex. Compute $\int \frac{dx}{\sqrt{1+16x^2}}$

Id. 2. $\Rightarrow 1 + \tan^2 \theta = \sec^2 \theta$

We need $16x^2 = \tan^2 \theta$

or $4x = \tan \theta$

or $x = \frac{1}{4} \tan \theta$

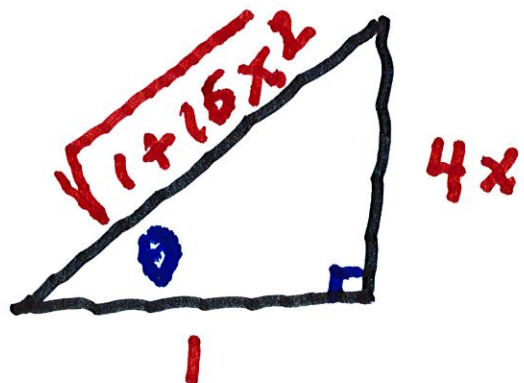
$$\therefore dx = \frac{1}{4} \sec^2 \theta d\theta$$

and

$$\int \frac{dx}{\sqrt{1+16x^2}} = \int \frac{\frac{1}{4} \sec^2 \theta d\theta}{\sqrt{1+\tan^2 \theta}}$$

$$= \frac{1}{4} \int \sec \theta d\theta$$

$$= \frac{1}{4} \ln |\sec \theta + \tan \theta| + C$$



$$\tan \theta = 4x$$

$$\therefore \sec \theta = \sqrt{1+16x^2}$$

$$\therefore \frac{1}{4} \ln |\sec \theta + \tan \theta| + C$$

$$= \frac{1}{4} \ln |\sqrt{1+16x^2} + 4x| + C$$

Compute $\int \frac{dx}{\sqrt{9x^2 - 16}}$

Use Identity 3.

$$\sec^2 \theta - 1 = \tan^2 \theta$$

We want $9x^2 = 16 \sec^2 \theta$

or $3x = 4 \sec \theta$

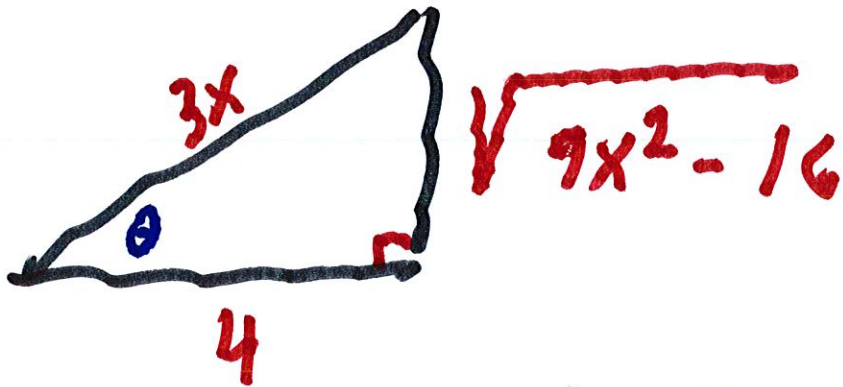
or $x = \frac{4}{3} \sec \theta \rightarrow dx = \frac{4}{3} \sec \theta \tan \theta d\theta$

$$\int = \int \frac{\frac{4}{3} \sec \theta \tan \theta d\theta}{\sqrt{16 \sec^2 \theta - 16}} = \int \frac{\sec \theta \tan \theta d\theta}{3 \tan \theta}$$

$$\int \frac{\sec \theta d\theta}{3} = \frac{1}{3} \ln |\sec \theta + \tan \theta| + C$$

Now convert back to x

$$x = \frac{4}{3} \sec \theta \rightarrow \sec \theta = \frac{3x}{4}$$



$$\therefore \tan \theta = \frac{\sqrt{9x^2 - 16}}{4}$$

$$\rightarrow \frac{1}{3} \ln \left| \sec \theta + \tan \theta \right| + C$$

$$= \frac{1}{3} \ln \left| \frac{3x}{4} + \frac{\sqrt{9x^2 - 16}}{4} \right| + C$$

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Compute $\int \frac{dx}{x\sqrt{4-9x^2}}$

We use Id. 1. $1 - \sin^2 \theta = \cos^2 \theta$

We want $9x^2 = 4\sin^2 \theta$

$\rightarrow 3x = 2\sin \theta \rightarrow 3dx = 2\cos \theta d\theta$

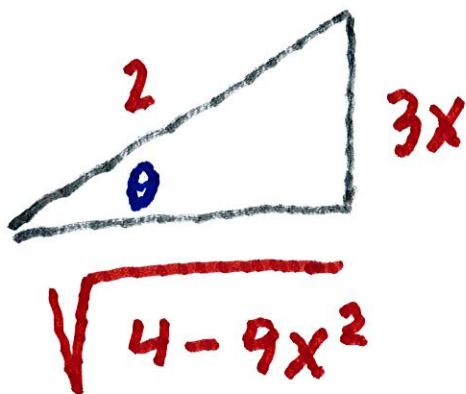
$$\int = \int \frac{\frac{2\cos \theta d\theta}{3}}{\frac{2\sin \theta}{3} \sqrt{4 - 4\sin^2 \theta}}$$

$$= \int \frac{\cos \theta \, d\theta}{\sin \theta \cdot 2 \cos \theta}$$

$$= \frac{1}{2} \int \frac{d\theta}{\sin \theta} = \frac{1}{2} \int \csc \theta \, d\theta$$

$$= \frac{1}{2} \ln | \csc \theta - \cot \theta | + C$$

Recall $x = \frac{2 \sin \theta}{3} \rightarrow \sin \theta = \frac{3x}{2}$



$$\therefore \csc \theta = \frac{2}{3x} \quad \cot \theta = \frac{\sqrt{4-9x^2}}{3x}$$

$$\therefore \int = \frac{1}{2} \ln \left| \frac{2}{3x} - \frac{\sqrt{4-9x^2}}{3x} \right| + C$$

Ex. Compute $\int \sqrt{4+25x^2} dx$

Id 2 $1 + \tan^2 \theta = \sec^2 \theta$

We want $25x^2 = 4 \tan^2 \theta$

$\rightarrow 5x = 2 \tan \theta$

$\rightarrow 5 dx = 2 \sec^2 \theta d\theta$

$= \int \sqrt{4+4\tan^2 \theta} \cdot \frac{2}{5} \sec^2 \theta d\theta$

$= \frac{4}{5} \int \sqrt{1+\tan^2 \theta} \cdot \sec^2 \theta d\theta$

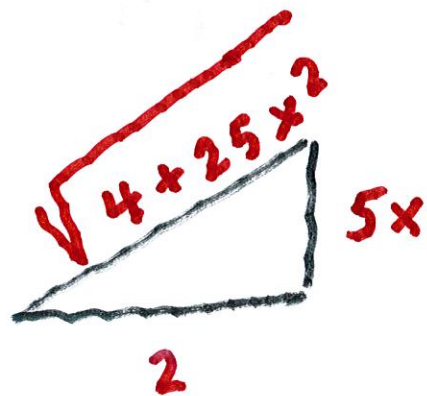
$$= \frac{4}{5} \int \sec^3 \theta \, d\theta$$

$$= \frac{4}{5} \cdot \frac{1}{2} \left[\sec \theta \tan \theta + \ln \left| \sec \theta + \tan \theta \right| \right]$$

+ C

Recall $5x = 2 \tan \theta$

$$\rightarrow \frac{5x}{2} = \tan \theta$$



$$\therefore \sec \theta = \frac{\sqrt{4 + 25x^2}}{2}$$

$$\int = \frac{2}{5} \left[\frac{\sqrt{4 + 25x^2}}{2} \cdot \frac{5x}{2} + \ln \left| \frac{\sqrt{4 + 25x^2}}{2} + \frac{5x}{2} \right| \right] + C$$

Ex. Compute $\int \frac{\sqrt{4x^2-1}}{x^2} dx$

Use $\sec^2 \theta - 1 = \tan^2 \theta$

We want $4x^2 = \sec^2 \theta$

$\rightarrow 2x = \sec \theta \rightarrow dx = \frac{\sec \theta \tan \theta}{2} d\theta$

$\rightarrow \int \frac{\sqrt{\sec^2 \theta - 1}}{\frac{\sec^2 \theta}{4}} \cdot \frac{\sec \theta \tan \theta}{2} d\theta$

$$= \int \frac{2 \tan^2 \theta \cdot \sec \theta}{\sec^2 \theta} d\theta$$

$$= 2 \int \frac{\tan^2 \theta d\theta}{\sec \theta}$$

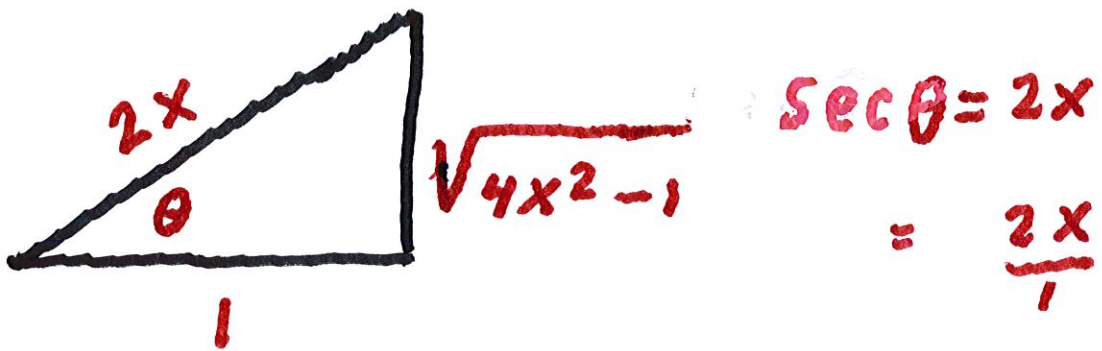
$$\tan^2 \theta = \sec^2 \theta - 1$$

$$\sec^2 \theta = 1 + \tan^2 \theta$$

$$= 2 \int \frac{\sec^2 \theta - 1}{\sec \theta} d\theta$$

$$= 2 \int \sec \theta d\theta - 2 \int \cos \theta d\theta$$

$$= 2 \ln |\sec \theta + \tan \theta| - 2 \sin \theta + C$$



$$\therefore \tan \theta = \sqrt{4x^2 - 1}, \quad \sec \theta = 2x$$

$$\sin \theta = \frac{\sqrt{4x^2 - 1}}{2x}$$

$$\therefore \int = 2 \ln | 2x + \sqrt{4x^2 - 1} | - \frac{2\sqrt{4x^2 - 1}}{2x} + C$$
