

8.3 Trig Integrals (part 1)

today: focus on sine and cosine

next time: tangent and secant

Substitution involving $\sin x$ and $\cos x$ \rightarrow they are ^{related to} derivatives of each other

$$\int \frac{\sin x}{\cos x} dx$$

$$u = \cos x$$

$$du = -\sin x dx$$

$$= \int \frac{1}{u} \cdot -du = - \int \frac{1}{u} du = -\ln|u| + C = -\ln|\cos x| + C$$

example

$$\int \frac{1}{1-\sin x} dx$$

need to do something else first

$$= \int \frac{1}{1-\sin x} \cdot \frac{1+\sin x}{1+\sin x} dx$$

$$= \int \frac{1+\sin x}{1-\sin^2 x} dx \quad \sin^2 x + \cos^2 x = 1$$

$$= \int \frac{1+\sin x}{\cos^2 x} dx = \int \frac{1}{\cos^2 x} + \frac{\sin x}{\cos^2 x} dx$$

$$= \int \frac{1}{\cos^2 x} dx + \underbrace{\int \frac{\sin x}{\cos^2 x} dx}$$

$$u = \cos x \quad du = -\sin x dx$$

$$= \int \sec^2 x dx + \int \frac{-1}{u^2} du \quad -\int u^{-2} du = -\left(\frac{u^{-1}}{-1}\right) + c$$

$$= \tan x + \frac{1}{u} + C = \boxed{\tan x + \frac{1}{\cos x} + C}$$

Example

$$\int_{-\frac{\pi}{2}}^0 \sqrt{1 + \cos(2x)} dx$$

do something similar under the root

$$\sqrt{\frac{1 + \cos(2x)}{1} \cdot \frac{1 - \cos(2x)}{1 - \cos(2x)}} = \sqrt{\frac{1 - \cos^2(2x)}{1 - \cos(2x)}}$$

$$= \sqrt{\frac{\sin^2(2x)}{1 - \cos(2x)}} = \frac{|\sin(2x)|}{\sqrt{1 - \cos(2x)}}$$

$$\rightarrow |x| = \begin{cases} x & \text{if } x \geq 0 \\ -x & \text{if } x < 0 \end{cases}$$

$$|\sin(2x)| = \begin{cases} \sin(2x) & \text{if } \sin(2x) \geq 0 \\ -\sin(2x) & \text{if } \sin(2x) < 0 \end{cases}$$

integration limits: $-\frac{\pi}{2} \leq x \leq 0$

Over this interval, $\sin(2x) < 0$

Since $\sin(2x) < 0$, $|\sin(2x)| = -\sin(2x)$

so integral becomes

$$\int_{-\frac{\pi}{2}}^0 \frac{-\sin(2x)}{\sqrt{1+\cos(2x)}} dx$$

$$\int_{-\frac{\pi}{2}}^0 \frac{-\sin(2x)}{\sqrt{1-\cos(2x)}} dx$$

$$u = 1 - \cos(2x)$$

$$du = 2 \sin(2x) dx$$

$$\begin{aligned} \sin(2x) dx &= \frac{1}{2} du \\ -\sin(2x) dx &= -\frac{1}{2} du \end{aligned}$$

$$x=0 \rightarrow u = 1 - \cos(0) = 0$$

$$x = -\frac{\pi}{2} \rightarrow u = 1 - \cos(-\pi) = 2$$

$$= \int_2^0 \frac{-1}{2u^{1/2}} du = -\frac{1}{2} \int_2^0 u^{-1/2} du$$

$$= -\frac{1}{2} (2u^{1/2}) \Big|_2^0 = -u^{1/2} \Big|_2^0 = 0 - -2^{1/2} = \boxed{\sqrt{2}}$$

example

$$\int \sin^2 x \cos^5 x \, dx$$

basic idea: use $\cos^2 x + \sin^2 x = 1$
then substitution

$$= \int \sin^2 x \cdot \cos^4 x \cdot \underbrace{\cos x \, dx}$$

$$\downarrow \\ (\cos^2 x)^2$$

goes into du if $u = \sin x$

$$= \int \underbrace{\sin^2 x (1 - \sin^2 x)^2} \cdot \underbrace{\cos x \, dx}$$

$$\text{let } u = \sin x$$

$$du = \cos x \, dx$$

$$= \int u^2 (1 - u^2)^2 \, du = \int u^2 (1 - 2u^2 + u^4) \, du$$

$$= \int u^2 - 2u^4 + u^6 \, du = \frac{1}{3} u^3 - \frac{2}{5} u^5 + \frac{1}{7} u^7 + C$$

$$= \boxed{\frac{1}{3} \sin^3 x - \frac{2}{5} \sin^5 x + \frac{1}{7} \sin^7 x + C}$$

Strategy for $\int \sin^m x \cos^n x dx$

case 1: if m or n is positive and odd and the other is any real number

Split one factor of the part with odd power then use $\sin^2 x + \cos^2 x = 1$ and turn everything else into the other one then do substitution

case 2: if m and n are both even and nonnegative use the half-angle identities

$$\cos^2 x = \frac{1 + \cos(2x)}{2}$$

$$\sin^2 x = \frac{1 - \cos(2x)}{2}$$

example

$$\int \sin^2 x \cos^2 x \, dx$$

$$= \int \frac{1 - \cos(2x)}{2} \cdot \frac{1 + \cos(2x)}{2} \, dx$$

$$= \int \frac{1 - \cos^2(2x)}{4} \, dx$$

$$= \frac{1}{4} \int 1 - \cos^2(2x) \, dx = \frac{1}{4} \int \sin^2(2x) \, dx$$

$$\text{use } \sin^2(\square) = \frac{1 - \cos(2\square)}{2}$$

$$= \frac{1}{4} \int \frac{1 - \cos(4x)}{2} \, dx = \frac{1}{8} \int 1 - \cos(4x) \, dx$$

$$= \frac{1}{8} \left(x - \frac{1}{4} \sin 4x \right) + C$$

example

$$\int \cos^{-3/2} x \sin^3 x \, dx$$

case 1: sine has positive and odd power

save one factor, then turn remainder into cosine

$$\int \cos^{-3/2} x \cdot \underbrace{\sin^2 x} \cdot \sin x \, dx$$

$$\text{use } \sin^2 x + \cos^2 x = 1$$

$$= \int \cos^{-3/2} x \cdot (1 - \cos^2 x) \cdot \sin x \, dx$$

$$\text{now let } u = \cos x$$

$$du = -\sin x \, dx$$

$$= \int u^{-3/2} (1 - u^2) \cdot -du = - \int (u^{-3/2} - u^{1/2}) \, du$$

$$= - \left(-2u^{-1/2} - \frac{2}{3} u^{3/2} \right) + C = 2u^{-1/2} + \frac{2}{3} u^{3/2} + C$$

$$= \boxed{2 \cos^{-1/2} x + \frac{2}{3} \cos^{3/2} x + C}$$

Integrals involving tangent and secant

Similar to with sine and cosine, we want to remember how their derivatives are related

$$\text{we know : } \frac{d}{dx} \tan x = \sec^2 x$$

$$\frac{d}{dx} \sec x = \sec x \tan x$$

$$\text{and } \tan^2 x + 1 = \sec^2 x$$

(you can get this by dividing $\sin^2 x + \cos^2 x = 1$ through by $\cos^2 x$)

example

$$\int \tan^3 x \, dx$$

we know derivative of $\tan x$ is $\sec^2 x$, so try to bring in $\sec^2 x$

$$\int \tan x \cdot \tan^2 x \, dx$$

we can find $\sec^2 x$ in here : $\tan^2 x + 1 = \sec^2 x$
 $\tan^2 x = \sec^2 x - 1$

$$= \int \tan x \cdot (\sec^2 x - 1) \, dx$$

$$= \int (\tan x \cdot \sec^2 x - \tan x) dx$$

$$= \int \tan x \cdot \sec^2 x dx - \int \tan x dx$$

Substitution

$$u = \tan x$$

$$du = \sec^2 x dx$$

rewrite:

$$\tan x = \frac{\sin x}{\cos x}$$

then substitution with $U = \cos x$

$$dU = -\sin x dx$$

$$= \dots = \boxed{\frac{1}{2} \tan^2 x + \ln |\cos x| + C}$$

Same idea w/ integrals involving $\cot x$ and $\csc x$

$$\frac{d}{dx} \cot x = -\csc^2 x$$

$$\frac{d}{dx} \csc x = -\csc x \cot x$$

and $1 + \cot^2 x = \csc^2 x$ (get this by dividing $\overbrace{\sin^2 x + \cos^2 x = 1}$ by $\sin^2 x$)

example $\int \cot^2 x \, dx$

$$= \int (\csc^2 x - 1) \, dx$$

$$= \int \csc^2 x \, dx - \int 1 \cdot dx$$

$$= -\cot x - x + C$$

↑ because $\frac{d}{dx} \cot x = -\csc x \rightarrow \frac{d}{dx} (-\cot x) = \csc x$
so $\int \csc x \, dx = -\cot x + C$

Example $\int \sec^4 x \, dx$

$$= \int \sec^2 x \sec^2 x \, dx$$

$$= \int \sec^2 x \cdot (1 + \tan^2 x) \, dx$$

$$= \int \sec^2 x \, dx + \underbrace{\int \sec^2 x \tan^2 x \, dx}$$

$$u = \tan x$$

$$du = \sec^2 x \, dx$$

$$= \int \sec^2 x \, dx + \int u^2 \, du$$

$$= \tan x + \frac{1}{3} u^3 + C = \tan x + \frac{1}{3} \tan^3 x + C$$