# Extremal Principles

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Let A and M be symmetric matrices, with M positive definite. Then the corresponding quadratic forms can be simultaneously reduced to linear combinations of squares, which means that there exists a non-singular matrix C such that

$$C^T M C = I, \quad C^T A C = \Lambda = \operatorname{diag}(\lambda_1, \dots, \lambda_n),$$
 (1)

where  $\lambda_j$  are generalized eigenvalues solving the generalized characteristic equation  $\det(A - \lambda M) = 0$ .

All eigenvalues are real, and we label them in the non-decreasing order, each eigenvalue is repeated according to its multiplicity so that:

$$\lambda_1 \leq \lambda_2 \dots, \leq \lambda_n$$
.

The purpose of the following is to give formulas of the generalized eigenvalues which do not depend on any choice of coordinates.

Let us introduce the function, called the *Rayleigh ratio*, which is defined for  $\mathbf{x} \neq 0$ :

$$R(\mathbf{x}) = \frac{\mathbf{x}^T A \mathbf{x}}{\mathbf{x}^T M \mathbf{x}}, \quad \mathbf{x} \neq 0.$$

Our goal is to study its extremal properties. Notice that R is homogeneous,  $R(k\mathbf{x}) = R(\mathbf{x})$  for any real k. It follows that it has a maximum and a minimum.

Consider the transformation  $\mathbf{x} = C\mathbf{y}$ , where C is the non-singular matrix from (1). We have  $\mathbf{y} = C^{-1}\mathbf{x}$ , so the coordinates  $y_k$  of  $\mathbf{y}$  are  $y_k = \mathbf{u}_k^T\mathbf{x}$ , where  $\mathbf{u}_k^T$  is the k-th row of  $C^{-1}$ . We also denote by  $mathbfv_k$  the k-th column of C, so that

$$\mathbf{u}_{i}^{T} mathbf v_{j} = \delta_{i,j}. \tag{2}$$

We have in view of (1) with  $\mathbf{x} = C\mathbf{y}$ :

$$R(\mathbf{x}) = \frac{y^T \Lambda y}{y^2} = \frac{\lambda_1 y_1^2 + \ldots + \lambda_n y_n^2}{y_1^2 + \ldots + y_n^2}.$$
 (3)

From this representation, it is immediately evident that

$$\min_{\mathbf{x}} R(\mathbf{x}) = \lambda_1 \quad \text{and} \quad \max_{\mathbf{x}} R(\mathbf{x}) = \lambda_n.$$

So we obtained representations of  $\lambda_1$  and  $\lambda_n$  which are completely independent of any coordinates.

To obtain a similar representation for the rest of  $\lambda_j$ , we consider a minimization problem with restrictions. First of all

$$\min_{\mathbf{u}_1^T \mathbf{x} = 0} R(\mathbf{x}) = \min_{y_1 = 0} R(\mathbf{x}) = \min \frac{\lambda_2 y_2^2 + \dots + \lambda_n y_n^2}{y_2^2 + \dots + y_n^2} = \lambda_2.$$
(4)

This is not very useful, because the knowledge of  $\mathbf{u}_1$  is required. So take any vector  $\mathbf{a}$  and consider the restriction  $\mathbf{a}^T\mathbf{x} = 0$ . We will show that minimum with this restriction is between  $\lambda_1$  and  $\lambda_2$ . That it is at least  $\lambda_1$  is clear because  $\lambda_1$  is the unrestricted minimum. To show that it is at most  $\lambda_2$ , let us choose a vector  $\mathbf{x} = c_1 mathb f v_1 + c_2 mathb f v_2 \neq 0$ , which satisfies the restriction  $\mathbf{a}^T\mathbf{x} = 0$ . The restriction gives one homogeneous linear equation on two unknowns  $c_1, c_2$ , namely

$$\mathbf{a}^T \mathbf{x} = c_1 \mathbf{a}^T mathbf v_1 + c_2 \mathbf{a}^T mathbf v_2 = 0$$

therefore such a non-zero solution  $(c_1, c_2)$  exists. For this vector  $\mathbf{x}$ ,

$$y_1 = \mathbf{u}_1^T \mathbf{x} = c_1 \mathbf{u}_1^T mathbf v_1 + c_2 \mathbf{u}_1^T mathbf v_1 = c_1,$$

where we used (2), and similarly  $y_1 = c_2$ , and  $y_k = 0$  for  $k \ge 3$ . So

$$R(\mathbf{x}) = \frac{\lambda_1 c_1^2 + \lambda_2 c_2^2}{c_1^2 + c_2^2} \le \lambda_2,$$

and  $\mathbf{x}$  satisfies the restriction. So the restricted minimum is between  $\lambda_1$  and  $\lambda_2$ . Combined with (4) this can be stated as:

$$\max_{\mathbf{a}} \min_{\mathbf{a}^T \mathbf{x} = 0} R(\mathbf{x}) = \lambda_2.$$

This gives a formula for  $\lambda_2$  as a solution of a maximin problem. Completely similar reasoning gives the following:

## Maximin Principle.

$$\lambda_k = \max_{\mathbf{a}_1, \dots, \mathbf{a}_{k-1}} \left( \min_{\mathbf{a}_1^T \mathbf{x} = 0, \dots, \mathbf{a}_{k-1}^T \mathbf{x} = 0} R(\mathbf{x}) \right).$$

*Proof.* When  $\mathbf{a}_1 = \mathbf{u}_1, \dots, \mathbf{a}_{k-1} = \mathbf{u}_{k-1}$  we have

$$\min_{\mathbf{u}_1^T \mathbf{x} = 0, \dots, \mathbf{u}_{k-1}^T \mathbf{x} = 0} R(\mathbf{x}) = \min \frac{\lambda_k y_k^2 + \dots + \lambda_n y_n^2}{y_k^2 + \dots + y_n^2} = \lambda_1.$$

Now consider any k-1 restrictions

$$\mathbf{a}_1^T \mathbf{x} = \dots \mathbf{a}_{k-1}^T \mathbf{x} = 0,$$

and choose a non-zero vector

$$\mathbf{x} = y_1 mathb f v_1 + \ldots + y_k mathb f v_k$$

which satisfies the restriction. This is possible, becauses the restrictions are k-1 equations and we have k unknowns, so there is always a non-zero solution. For this vector

$$R(\mathbf{x}) = \frac{\lambda_1 y_1^2 + \ldots + \lambda_k y_k^2}{y_1^2 + \ldots + y_k^2} \le \lambda_k.$$

This completes the proof.

Similarly we could begin with maximizing R(x) instead of minimizing. Then completely similar arguments give the

#### Minimax Principle

$$\lambda_k = \min_{\mathbf{a}_1, \dots, \mathbf{a}_{n-k}} \left( \max_{\mathbf{a}_1^T \mathbf{x} = 0, \dots, \mathbf{a}_{n-k}^T} R(\mathbf{x}) \right).$$

#### Geometric interpretation.

Let us consider the case when M = I, then C is orthogonal, and we have only one orthogonal basis  $u_j = v_j$ ,  $1 \le j \le n$ , columns of C are the same

as rows of  $C^T=C^{-1}$ . and they are (ordinary) eigenvectors of A I recall that the set

$$E = \{ \mathbf{x} : \mathbf{x}^T A \mathbf{x} = 1 \}$$

is called an ellipsoid. Since the Rayleygh ratio is homogeneous,

$$\lambda_1 = \min_{\mathbf{x}} R(x) = \frac{1}{\max_{\mathbf{x}} \frac{\|\mathbf{x}\|^2}{\mathbf{x}^T A}} = \frac{1}{\max_{\mathbf{x} \in E} \|\mathbf{x}\|^2},$$

so the length of the larger semi-axis is  $\sqrt{\max_E} \|\mathbf{x}\|^2$ . Now when we intersect our ellipsoid E with a hyperplane  $\mathbf{a}^T \mathbf{x} = 0$ , we obtain an ellipsoid (of dimension n-1) which has the largest semi-axis

$$\frac{1}{\sqrt{\max_{\mathbf{x} \in E: \mathbf{a}^T \mathbf{x} = 0} \|\mathbf{x}\|^2}}$$

### Applications.

1. Let us say that  $A \ge B$  if  $x^T A x \ge x^T B x$  for all  $x \ne 0$ . This is equivalent to saying that A - B is non-negative semi-definite. Indeed

$$x^T A x - x^T B x = x^T (A - B) x.$$

Now consider four matrices A, M, A', M' all symmetric, and M, M' positive definite. Let  $\lambda_j$  be the generalized eigenvalues solving  $\det(A - \lambda M) = 0$  and  $\lambda'_j$  the generalized eigenvalues solving  $\det(A' - \lambda' M') = 0$ .

**Theorem 1.** If  $A \geq A'$  and  $M \leq M'$  then  $\lambda_j \geq \lambda'_j$ , for all j.

Indeed, we have  $R(x) \ge R'(x)$  for the Rayleigh ratios, so all maxima and minima involving R are at least those involving R'.

This has a nice and useful physical interpretation. Recall the equation of small oscillation of a mechanical system. It is a second order differential equation

$$My'' + Ky = 0,$$

where M (mass) and K (stiffness) are symmetric matrices, and M > 0. So we obtain the following principle:

Increasing stiffness and/or decreasing mass of the system results in increasing all frequencies of proper oscillations.

2. Suppose that the matrix A' is obtained from a symmetric matrix A by deleting some columns and rows with the same numbers. For example, A' can be a NW submatrix of A. How are their eigenvalues related? Suppose that A is of size  $n \times n$  and A' is of size  $m \times m$ , m < n. Let  $\lambda'_1 \leq \lambda'_2 \leq \ldots \leq \lambda'_m$  be eigenvalues of A' and  $\lambda_1 \leq \ldots \leq \lambda_n$  be eigenvalues of A.

#### Theorem 2. We have

$$\lambda_k \le \lambda_k' \le \lambda_{k+n-m}, \quad 1 \le k \le m. \tag{5}$$

In particular, when n - m = 1 we obtain

$$\lambda_1 \le \lambda_1' \le \lambda_2 \le \lambda_2' \le \ldots \le \lambda_{n-1}' \le \lambda_n.$$

This is called the *interlacing property*: the eigenvalues of the reduced matrix interlace with those of the original one.

Proof of Theorem 2. To prove  $\lambda'_k > \lambda_k$  we use Maximin Principle.  $\lambda'_k$  can be written as maximum over k-1 restraints of minima  $R(\mathbf{x})$  under these k-1 restrains and the restraints  $x_{m+1} = \ldots = x_n = 0$ . Removing the last n-m restraints decreases the minimum of  $R(\mathbf{x})$ , and maximum over restraints of minima of  $R(\mathbf{x})$  under k-1 restraints is  $\lambda_k$ .

To prove  $\lambda_k \leq \lambda_{k+n-m}$  we use Maximin Principle again. For  $x \in \mathbf{R}^n$  we denote by  $\mathbf{x}' \in \mathbf{R}^m$  the vector consisting of the first m coordinates of  $\mathbf{x}$ . Then

$$\lambda'_k = \max_{\text{restrictions}} \left( \min_{k-1 \text{ restrictions}} R'(x') \right)$$

But minimum of  $R'(\mathbf{x})$  under k-1 restrictions equals to the minimum of  $R(\mathbf{x})$  with the same restrictions plus n-m restrictions of the form  $x_j=0$   $m+1 \leq j \leq n$ . So the total number of restrictions is k-1+n-m. This does not exceed maximum of these minima over all possible k-1+n-m restrictions and this is  $\lambda_{k+n-m}$ .

Instead of considering submatrices, we can impose arbitrary linear restrictions that is a restriction of the quadratic form on a subspace of dimension m. The result will be the same.

3. Suppose that a form  $\mathbf{x}^T A' \mathbf{x}$  is obtained from  $\mathbf{x}^T A \mathbf{x}$  by adding r squares of linearly independent linear forms:

$$\mathbf{x}^T A' \mathbf{x} = x^T A \mathbf{x} + \sum_{j=1}^r (L_j(\mathbf{x}))^2.$$
 (6)

How are the eigenvalues of A and A' related? Let  $\lambda_j$  be eigenvalues of A and  $\lambda'_j$  eigenvalues of A', both sequences are ordered so that they increase.

**Theorem 3.** If the forms A and A' are related as in (6) then we have

$$\lambda_k' \ge \lambda_k, \quad 1 \le k \le n$$

and

$$\lambda_k' \le \lambda_{k+r}, \quad 1 \le k \le n-r.$$

*Proof.* The first inequality is clear from either Maximin or from Minimax Principle, because we have  $R' \geq R$ , so whatever maxima or minima one takes, this inequality will be preserved.

The second inequality is derived from the Maximin Principle.  $\lambda_{k+r}$  is the maximum over restrictions of minima of  $R(\mathbf{x})$  with k+r-1 restrictions. It will decrease if we take maximum not over all possible restrictions but fix r of them to be  $L_j(\mathbf{x}) = 0$ . But then this is the same as the minimum of  $R'(\mathbf{x})$  with k-1 restrictions and this is  $\lambda'_k$ .