# TUMOR GROWTH WITH NUTRIENTS: REGULARITY AND STABILITY 

MATT JACOBS, INWON KIM, AND JIAJUN TONG


#### Abstract

In this paper we study a tumor growth model with nutrients. The model presents dynamic patch solutions due to the contact inhibition among the tumor cells. We show that when the nutrients do not diffuse and the cells do not die, the tumor density exhibits regularizing dynamics. In particular, we provide contraction estimates, exponential rate of asymptotic convergence, and boundary regularity of the tumor patch. These results are in sharp contrast to the models either with nutrient diffusion or with death rate in tumor cells.


## 1. Introduction

A model system that appears in literature describing tumor growth with nutrients is

$$
\left\{\begin{array}{l}
\rho_{t}-\nabla \cdot(\rho \nabla p)=(n-b) \rho, \quad \rho \leq 1, \quad p \in P_{\infty}(\rho),  \tag{P}\\
n_{t}-D \Delta n=-\rho n, \quad n \rightarrow c>0 \text { as }|x| \rightarrow \infty
\end{array}\right.
$$

set in $Q:=\mathbb{R}^{d} \times[0, \infty$ ), with $b, D$ and $c$ being non-negative constants (see e.g. MRCS14, PQV14, PTV14, DP21). It is equipped with the initial conditions

$$
\begin{equation*}
\rho(x, 0)=\rho_{0}(x), \quad n(x, 0)=n_{0}(x) . \tag{1.1}
\end{equation*}
$$

Here $\rho$ and $n$ respectively denote the density of tumor cells and the nutrients. The cells grow by consuming the nutrients which are supplied from the external environment, while they die at a constant rate $b$ in the meantime. The pressure $p \geq 0$ can be understood as the Lagrange multiplier for the constraint $\rho \leq 1$ that represents the contact inhibition in cells. In $(\mathbb{P}), P_{\infty}(\rho)$ denotes the Hele-Shaw graph

$$
P_{\infty}(\rho)= \begin{cases}0, & \text { if } \rho \in[0,1) \\ {[0,+\infty),} & \text { if } \rho=1\end{cases}
$$

It is well-known that the resulting solution features time-evolving patches of congested cell region where $\rho$ equals 1 . We call this set a tumor patch for later reference.

This model, while relatively simple, presents a complex phenomena. One can view the system as a singular limit of a reaction-diffusion system, where one first takes $p=\rho^{m-1}$ and then sends $m$ to $+\infty$; see PQV14, DP21. With finite $m$, the reaction-diffusion system has been actively studied in the literature: see [KMM ${ }^{+}$97, Kit97, Mim04].

The well-posedness of $(\mathrm{P})$ is not hard to achieve: see Section 2 for more discussions. On the other hand, qualitative behavior of the solutions of $(\mathrm{P})$ is much less understood. In particular, the growth of the tumor patch appears to generate fingering phenomena, as observed by numerical experiments Kit97, MRCS14, PTV14 even when the patch is almost radial and when $n$ is initially a constant. Such "dendric growth" is well-known to persist in models of bacterial growth that aggressively consumes nutrients BJST ${ }^{+} 94$. When $D>0$, the formation of dendritic patterns is conjectured to occur because there are more nutrients available near the tips of dendritic fingers compared to valleys MRCS14 (in the valleys there are more surrounding bacteria to consume the nutrients). As a result, dendritic tips grow faster than the valleys, leading to the amplification of instabilities. When $D=0$ and $b>0$, numerical experiments still observe the fingering phenomena, possibly due to the movement of tumor cells toward the necrotic core, where cells decay from the maximal density (c.f. Figure 1). The scale of the aforementioned instabilities in terms of $b$ and $D$ remains to be understood. While we do not pursue regularity analysis in such general

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Figure 1. Numerical simulations from JL22 of the tumor growth system with $D=0$ and $b=0.4$ and $n_{0}=2$. The first image represents the initial patch density. Brighter colored pixels indicate larger density values. The evolution shows dendritic growth at the boundaries once cells begin to die in the interior.
cases, a variational scheme is introduced to approximate ( P ) and yield well-posedness in general settings: see Theorem 2.2. Although there are many other possible ways to approximate the equation and obtain the well-posedness, the variational scheme we introduce is particularly numerically efficient and preserves many desirable properties of the true system (c.f. the discussion in Section 2.1).

The main goal of this paper is to study the singular case $b=D=0$, with particular focus on the dynamics and regularity of the tumor patch evolution. This case is particularly interesting, as numerical experiments in MRCS14] suggest that, when $b$ is fixed to be zero, the dendritic behavior becomes more and more branched and irregular as the diffusion parameter $D$ becomes smaller and smaller. Surprisingly, we find that once the diffusion parameter is set to zero, there is no dendritic growth whatsoever and the evolution is regularizing. Roughly speaking, we will show that there is no rough growth of the tumor patch other than those caused by topological changes (Theorem 2.7). Moreover, when $n$ is initially a constant, we can further show that the dynamics of the tumor patch can be understood in terms of a single-variable nutrient-free system (Theorem 2.8). We hope our findings serve as the first step to understanding the complex behavior of the system ( P$)$ with general values of $b$ and $D$. In particular, reconciling our results with the numerical experiments in MRCS14] would be a very interesting future direction of study.

Our results are based on the following rather unexpected comparison principle when $b=D=0$ (Proposition 4.1), for two different solutions $\left(\rho^{i}, p^{i}, n^{i}\right)(i=0,1)$ of $(\mathrm{P})$ :

$$
\text { Let } \eta^{i}:=n_{0}^{i}-n^{i} \text {. If } \rho^{1} \leq \rho^{0} \text { and } n^{1} \leq n^{0} \text { at } t=0, \text { then } \rho^{1} \leq \rho^{0} \text { and } \eta^{1} \leq \eta^{0} \text { for all } t \geq 0
$$

This comparison property is somewhat unintuitive, as the smaller density should have more nutrients available for growth, raising the posibility that the ordering could be violated as the system evolves. As such, observe that this is not a standard comparison principle. While the initial ordering is with the nutrient variable, the ordering at later times are associated with the $\eta$-variable. To see why this should hold, we introduce the variable $w(x, t):=\int_{0}^{t} p(x, s) d s$. Integrating the $\rho$-equation of P in time and noticing that $n \rho=-n_{t}=\eta_{t}$ when $D=0$, we obtain

$$
\begin{equation*}
\rho-\Delta w=\rho_{0}+\int_{0}^{t}(n \rho) d s=\rho_{0}+\eta \tag{1.2}
\end{equation*}
$$

and

$$
\begin{equation*}
\eta_{t}=\left(n_{0}-\eta\right) \rho \tag{1.3}
\end{equation*}
$$

The time integrated system reveals that the total growth of the density at time $t$ only depends on $\eta$, the total amount of nutrients consumed by the time $t$, rather than the amount of available nutrients at time $t$. Thus, by working with this version of the problem, the possibility of a comparison property becomes much more evident. Indeed, a large part of our analysis, including the proof of the above comparison principle, will be based on this time-integrated system 1.2 - 1.3 .

Heuristically speaking, since $\rho$ only grows and the set $\{\rho=1\}$ expands in time, the pressure variable is positive in the growing parts of $\{\rho=1\}$. More precisely, the set $\{\rho=1\}$ can be decomposed as the union $\{w>0\} \cup\left\{\rho_{0}=1, n_{0}=0\right\}$ (c.f. Lemma 4.6). On the other hand, $\rho=\rho_{0}+\eta$ in $\{w=0\}$. Thus, $(w, \eta)$ satisfies

$$
\left\{\begin{array}{l}
\left(1-\eta-\rho_{0}\right) \chi_{\{w(\cdot, t)>0\}}-\Delta w(\cdot, t)=0 \quad \text { in } \mathbb{R}^{d} \\
\eta_{t}=\left(n_{0}-\eta\right) \rho
\end{array}\right.
$$

It is then not difficult to see that the aforementioned comparison principle holds for this system. Since the above system is in the form of an obstacle problem, let us discuss the free boundary regularity of the set $\{w>0\}$. The standard theory for the obstacle problem yields that, as long as $\eta$ is less than 1 near the boundary of $\{w>0\}$ and is $C^{\alpha}$, the boundary of $\{w>0\}$ has $C^{1, \alpha}$-regularity, away from cusp-type singular points Bla01, Caf98. Thus, when we study the boundary regularity of the tumor patches, an important step in our analysis is to ensure the regularity of $n$, the non-degeneracy of $w$, and the nonexistence of cusp points on the patch boundary.

We will see in Theorem 4.10 and Corollary 5.15 that, if $n_{0}(x) \geq 1$, the pressure dominates the evolution and there is a generic (local-in-time) regularity of the patch boundary after some finite time, whereas for $n_{0}(x)<1$, the pressure diminishes exponentially fast as the nutrient vanishes, and the tumor patch approaches an asymptotic profile. The finite-time regularization result for $n_{0} \geq 1$ features similarity to those of porous medium equations CVW87 and the Hele-Shaw flow Kim06. In the case of $n_{0}<1$, the large-time regularity of the tumor patch remains open in general, and it may be possible that fractal structures persist as the set approaches its asymptotic profile. Nonetheless, if the asymptotic tumor patch is sufficiently far away from the convex hull of its initial position, we can show that the patch evolution turns smooth within finite time.

Our last main result focuses on the problem when the initial nutrient is constant, namely when $n_{0}(x) \equiv$ c. In this case, very surprisingly, one can characterize the behavior of the tumor patch solution in (P) through what we call master dynamics. There are two of them, stated in Proposition 6.6 and Proposition 6.7 respectively. Let us take the first one as an example. Consider the following problem that concerns the density evolution only:

$$
\begin{equation*}
\partial_{t} \rho_{*}-\nabla \cdot\left(\rho_{*} \nabla p_{*}\right)=\rho_{0}, \quad \rho_{*} \leq 1, \quad p_{*} \in P_{\infty}\left(\rho_{*}\right),\left.\quad \rho_{*}\right|_{t=0}=\rho_{0} \tag{HS}
\end{equation*}
$$

$\rho_{0}$ is the initial data in 1.1) which is assumed to be a patch here. (HS) is reminiscent of the classic HeleShaw flow, whose regularity and long-time convergence property is relatively well-understood in various settings EJ81, Kim06, CJK07. We will show in Proposition 6.6 that, once $n_{0}=c>0$ is given, the corresponding $\rho$-evolution in $(\sqrt[\mathrm{P}]{ })$ is simply a re-scaled (in time) version of the $\rho_{*}$-evolution in $(\overline{\mathrm{HS}})$, and the re-scaling depends on $n_{0}$ explicitly. The $n$-evolution in $(P)$ can be readily represented as well. In other words, once we understand the density evolution in HS , which is parameter-free and much simpler than $(\mathrm{P})$, we can fully characterize all the $(\rho, n)$-evolutions in $(\mathrm{P})$ corresponding to all different values of $n_{0}>0$. This is why we call $\left\{\rho_{*}(\cdot, t)\right\}_{t \geq 0}$ the master dynamics. The second master dynamics is proposed in a similar spirit; see Proposition 6.7. Given that the value of $n_{0}$ has a non-trivial impact on the patch solution dynamics in $(\mathrm{P})$, and that $n$ does not stay as a constant over time, this connection is far from being apparent. We should emphasize that neither of the master dynamics can be obtained by a mere change of space and time variables in $(\mathrm{P})$, and even the relation between the two master dynamics is also highly non-trivial. Their proof relies on a very special property of the system $\left(\mathrm{P}\right.$ when $b=D=0, n_{0}(x)$ is a constant, and $\rho$ is a patch solution (see Lemma 6.1): for any harmonic function, its average on the set $\{\rho=1\}$ is time-invariant.

The rest of the paper is organized as follows. In Section 2 we state our main results and discuss their implications. In Section 3, we introduce a discrete-in-time variational scheme to approximate (P) in the general setting of $b, D \geq 0$ and prove well-posedness. Sections 46 are devoted to the case $b=D=0$. In Section 4 , we first study the elliptic equation 1.2 (see a more precise formulation in 4.2 ), and then prove general properties of the time-integrated system when the initial nutrient is bounded. Section 5 is focused on free boundary regularity of the tumor patch solutions under suitable geometric assumptions. Finally, in Section 6, we prove the master dynamics when $n_{0}$ is constant. Then we apply that to characterize long-time behavior and uniform boundary regularity of the patch solution $\rho$.

## 2. Summary of Main Results

2.1. Well-posedness in the general setting. We first define weak solutions of $(\mathrm{P})$ as follows.

Definition 2.1. Let $n_{0} \in L^{\infty}\left(\mathbb{R}^{d}\right) \cap B V\left(\mathbb{R}^{d}\right)$ and $\rho_{0} \in L^{1}\left(\mathbb{R}^{d}\right) \cap B V\left(\mathbb{R}^{d}\right)$ such that $\rho_{0} \in[0,1]$ almost everywhere. Fix $T>0$ and denote $Q_{T}:=\mathbb{R}^{d} \times[0, T]$. Non-negative functions $\rho \in C\left([0, T] ; L^{1}\left(\mathbb{R}^{d}\right)\right) \cap$ $L^{\infty}\left([0, T] ; B V\left(\mathbb{R}^{d}\right)\right), p \in L^{2}\left([0, T] ; H^{1}\left(\mathbb{R}^{d}\right)\right)$, and $n \in L^{\infty}\left(Q_{T}\right) \cap L^{\infty}\left([0, T] ; B V\left(\mathbb{R}^{d}\right)\right)$ on $Q_{T}$ are said to form a weak solution of $(\mathrm{P})$ in $Q_{T}$, if they satisfy:
(i) $\rho \in[0,1]$ and $p(1-\rho)=0$ in $Q_{T}$;
(ii) For any $\psi \in H^{1}\left(Q_{T}\right)$ that vanishes at $t=T$, we have

$$
\int_{0}^{T} \int_{\mathbb{R}^{d}} \nabla \psi \cdot \nabla p-\rho \partial_{t} \psi d x d t=\int_{\mathbb{R}^{d}} \psi(x, 0) \rho_{0} d x+\int_{0}^{T} \int_{\mathbb{R}^{d}} \psi(n-b) \rho d x d t
$$

(iii) In addition,

$$
\partial_{t} n-D \Delta n=-\rho n \text { in } \mathcal{D}^{\prime}\left(Q_{T}\right), \quad n(\cdot, 0)=n_{0}
$$

Here and in what follows, by saying a function $f \in B V\left(\mathbb{R}^{d}\right)$, we mean that the total variation of $f$ is finite, and yet $f$ may not be integrable on $\mathbb{R}^{d}$.

Using an adaptation of the minimizing movements scheme introduced in JKT21, we establish the following well-posedness result.

Theorem 2.2 (Well-posedness, a summary of Propositions 3.6 3.7, and 3.13 and Remark 3.12). Let $n_{0} \in$ $L^{\infty}\left(\mathbb{R}^{d}\right) \cap B V\left(\mathbb{R}^{d}\right)$. Let $\rho_{0} \in B V\left(\mathbb{R}^{d}\right)$ be compactly supported, such that $\rho_{0} \in[0,1]$ almost everywhere. Then for given $b, D \geq 0$, and any $T>0$, there exists a unique weak solution $(\rho, p, n)$ of $(\overline{\mathrm{P}})$ in $Q_{T}=\mathbb{R}^{d} \times[0, T]$ in the sense of Definition 2.1.

Moreover, $\rho$ and $p$ are compactly supported in $Q_{T}$, and satisfy the complementarity relation in the distribution sense:

$$
p(\Delta p+n-b)=0 \text { in } \mathcal{D}^{\prime}\left(Q_{T}\right)
$$

If, additionally, $\rho_{0}(x) \in\{0,1\}$ almost everywhere in space, then for every time $t \in[0, T]$ we have $\rho \in\{0,1\}$ almost everywhere in space.

As we mentioned above, we obtain this result via a variational approximation scheme, which is a simplified version of the more general scheme introduced in JKT21. Although there are many different ways to establish the well-posedness of the system (such as the degenerate diffusion approach considered in PQV14 and GKM22), we emphasize our variational scheme, as it has a very efficient numerical implementation via the Back-and-Forth method JL20, JLL21. For instance, the images displayed in Figure 1 are computed on a high-resolution $1024 \times 1024$ grid. Carrying out simulations of this size has been out of reach for previous methods, owing to the difficult nonlinearities in the equation. The efficiency of the scheme will be studied further in the upcoming paper JL22. In addition to the favorable numerics, the scheme also preserves many desirable properties of the true system, such as the patch-preserving property and various important estimates that will prove useful in our analysis of the scheme.
2.2. Contraction and stability estimates. The rest of the results focus on the case $b=D=0$. In this setting, it will be useful to introduce the quantity $\eta:=n_{0}-n$ which represents the amount of nutrient that has been consumed. It solves

$$
\partial_{t} \eta=\left(n_{0}-\eta\right) \rho, \quad \eta(x, 0)=0
$$

which can be derived from $(\bar{P})$, and which is equivalent to the $n$-equation. Therefore, in what follows, in the case of $b=D=0$, we will use $(\rho, p, n)$ and $(\rho, p, \eta)$ interchangeably as the solution of $(\mathrm{P})$. In this case, the system $\sqrt{\mathrm{P}}$ enjoys a lot of nice properties, especially for patch solutions, i.e., $\rho_{0}$ and $\rho$ take the value 0 or 1 almost everywhere in space at all times.

We first state the following $L^{1}$-stability estimate for patch solutions, from which the comparison principle can be readily derived.

Theorem 2.3 ( $L^{1}$-contraction, a simplified version of Theorem4.7). Suppose that ( $\left.\rho^{i}, p^{i}, \eta^{i}\right)(i=0,1)$ are weak solutions of $\left(\mathbb{P}\right.$, starting from initial datum $\left(\rho_{0}^{i}, n_{0}^{i}\right)$ respectively. If $\rho_{0}^{i}$ are patches and $n_{0}^{0} \in L^{\infty}\left(\mathbb{R}^{d}\right)$, then

$$
\left\|\left(\rho^{1}(\cdot, t)-\rho^{0}(\cdot, t)\right)_{+}\right\|_{L^{1}} \leq N(t)\left\|\left(n_{0}^{1}-n_{0}^{0}\right)_{+}\right\|_{L^{1}}+M(t)\left\|\left(\rho_{0}^{1}-\rho_{0}^{0}\right)_{+}\right\|_{L^{1}}
$$

Here $L^{r}=L^{r}\left(\mathbb{R}^{d}\right)$,

$$
N(t)= \begin{cases}\frac{e^{\left(\left\|n_{0}^{0}\right\|_{L} \infty-1\right) t}-1}{\left\|n_{0}^{0}\right\|_{L} \infty-1} & \text { if }\left\|n_{0}^{0}\right\|_{L^{\infty}} \neq 1  \tag{2.1}\\ t & \text { otherwise }\end{cases}
$$

and

$$
M(t)= \begin{cases}\frac{\left\|n_{0}^{0}\right\|_{L^{\infty}} e^{\left(\left\|n_{0}^{0}\right\|_{L^{\infty}}-1\right) t}-1}{\left\|n_{0}^{0}\right\|_{L^{\infty}-1}} & \text { if }\left\|n_{0}^{0}\right\|_{L^{\infty}} \neq 1  \tag{2.2}\\ t+1 & \text { otherwise }\end{cases}
$$

Based on the $L^{1}$-contraction and symmetries of the Laplacian operator, we can derive the following $B V$-estimates for $\rho$. Note that here we consider a somewhat non-standard norm that we call the $B V_{A^{-}}$ norm, where $A$ is an antisymmetric matrix. The $B V_{A}$-norm is the $L^{1}$-norm of the product $\nabla \rho \cdot A x$. For antisymmetric matrices $A, \nabla \rho \cdot A x$ picks up a non-radial component of the derivative of $A$, with a stronger weight as one moves further from the origin. By bounding this norm, we obtain a stronger control (compared to the vanilla $B V$-norm) on the behavior of the non-radial components of the boundary variation as the tumor grows.

Theorem 2.4 ( $B V$-estimates, Proposition 4.9. Given an antisymmetric matrix $A \in \mathbb{R}^{d \times d}$ and some $g \in L^{1}\left(\mathbb{R}^{d}\right)$, define

$$
\|g\|_{B V_{A}\left(\mathbb{R}^{d}\right)}:=\sup _{\varphi \in C_{c}^{\infty}\left(\mathbb{R}^{d}\right),\|\varphi\|_{L^{\infty}\left(\mathbb{R}^{d}\right)} \leq 1} \int_{\mathbb{R}^{d}} g(x) A x \cdot \nabla \varphi d x
$$

Let $(\rho, p, \eta)$ be a weak solution of $(\mathrm{P})$ with initial data $\left(\rho_{0}, n_{0}\right)$. If $\rho_{0} \in L^{1}\left(\mathbb{R}^{d}\right) \cap B V\left(\mathbb{R}^{d}\right)$ is a patch, and $n_{0} \in L^{\infty}\left(\mathbb{R}^{d}\right) \cap B V\left(\mathbb{R}^{d}\right)$, then, with $N(t)$ and $M(t)$ given above in 2.1 and 2.2,

$$
\begin{aligned}
\|\rho(\cdot, t)\|_{B V\left(\mathbb{R}^{d}\right)} & \leq N(t)\left\|n_{0}\right\|_{B V\left(\mathbb{R}^{d}\right)}+M(t)\left\|\rho_{0}\right\|_{B V\left(\mathbb{R}^{d}\right)} \\
\|\rho(\cdot, t)\|_{B V_{A}\left(\mathbb{R}^{d}\right)} & \leq N(t)\left\|n_{0}\right\|_{B V_{A}\left(\mathbb{R}^{d}\right)}+M(t)\left\|\rho_{0}\right\|_{B V_{A}\left(\mathbb{R}^{d}\right)}
\end{aligned}
$$

From the comparison principle as well as analysis on radial solutions, one can conclude the following result on the long-time behavior of the solution when $\left\|n_{0}\right\|_{L^{\infty}}<1$. In this case, the tumor eventually stops growing and approaches a stationary solution.

Theorem 2.5 (Theorem 4.10). Suppose that $\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}<1$ and $\rho_{0}(x) \in\{0,1\}$. Let $(\rho, p, \eta)$ be as given above. Then

$$
\begin{aligned}
\left\|\rho(\cdot, t)-\rho_{\infty}\right\|_{L^{1}\left(\mathbb{R}^{d}\right)} & \leq \frac{\left\|n_{0} \rho_{0}\right\|_{L^{1}\left(\mathbb{R}^{d}\right)}}{1-\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}} e^{\left(\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}-1\right) t}, \\
\left\|\eta(\cdot, t)-n_{0} \rho_{\infty}\right\|_{L^{1}\left(\mathbb{R}^{d}\right)} & \leq \frac{\left\|n_{0} \rho_{0}\right\|_{L^{1}\left(\mathbb{R}^{d}\right)}}{1-\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}} e^{\left(\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}-1\right) t}
\end{aligned}
$$

where $\rho_{\infty}$ solves the elliptic equation

$$
\left(1-n_{0}\right) \rho_{\infty}-\Delta w_{\infty}=\rho_{0}, \quad w_{\infty}\left(1-\rho_{\infty}\right)=0
$$

2.3. Geometry and regularity of the patch boundary. Under suitable assumptions on the initial patch data $\rho_{0}$ and the initial nutrient $n_{0}$, we can study boundary regularity of the growing part of the set $\{\rho(\cdot, t)=1\}$. We will use reflection invariance of the problem and comparison principle, using reflectionbased geometry of the sets, to achieve these. Such an argument was used first in [FK14] and later in KK20, KKP21 to obtain regularity results for interface motions with reflection invariance.

The following version of the comparison principle plays an important role.
Theorem 2.6 (Reflection comparison, Proposition 5.4). Suppose that $(\rho, p, \eta)$ is a solution of $(\overline{\mathrm{P}})$ starting from the initial data $\left(\rho^{0}, n^{0}\right)$. Given a hyperplane $H$, let $\rho_{H}, \rho_{H}^{0}, \eta_{H}$, and $n_{H}^{0}$ denote the reflections of $\rho, \rho^{0}, \eta$, and $n^{0}$ about the hyperplane $H$ respectively. Let $H^{+}$be one of the half spaces generated by $H$. If $\rho_{H}^{0} \leq \rho^{0}$ and $n_{H}^{0} \leq n^{0}$ almost everywhere in $H^{+}$, then $\rho_{H} \leq \rho$ and $\eta_{H} \leq \eta$ almost everywhere in $H^{+}$.

We say a set $S \subset \mathbb{R}^{d}$ satisfies r-reflection if it contains the ball $B_{r}(0)=\{|x|<r\}$, and if for any hyperplane $H$ not intersecting with $B_{r}(0)$, the reflected image of $S$ with respect to $H$ is a subset of $S$ when restricted on the side of $H$ that contains the origin; see Definition5.1. It is a notion that is stronger than being star-shaped, tailored to work with the reflection comparison above. With this concept, we obtain the following results based on the above theorem.
Theorem 2.7 (Corollary 5.15). Suppose $n_{0}$ is $C^{1}$, and its super-level sets satisfy r-reflection for some $r>0$. Let $\Omega_{0}$ be an open bounded set in $\mathbb{R}^{d}$ contained in $B_{r}(0)$, and $\rho_{0}=\chi_{\Omega_{0}}$. Let $T(R)$ be defined as in Corollary 5.5. Then the followings hold for any $0<\alpha<1$ and a dimensional constant $c_{d}$ :
(a) If $n_{0}(x) \geq 1$ on $\mathbb{R}^{d}$, then for any $R>c_{d} r$, $\partial\{w(\cdot, t)>0\}$ is uniformly $C^{1, \alpha}$ in a unit neighborhood for any finite time range within $[T(R), \infty)$.
(b) If $n_{0}(x)<1$ on $\mathbb{R}^{d}$, the same holds in for any finite time range within $[T(R), \infty)$ if $R>c_{d} r$ satisfies $B_{R}(0) \subset\left\{w_{\infty}>0\right\}$. Here $w_{\infty}$ is defined in Theorem 2.5 above (or equivalently, Theorem 4.10).

In both cases of the above theorem, since we can start with $\rho_{0}=\chi_{\Omega_{0}}$ where $\Omega_{0}$ is quite arbitrary, the evolution of the set $\Omega_{t}:=\{\rho(\cdot, t)=1\}$ may go through topological singularities such as merging of the free boundaries. However, the above results state that, if the initial nutrient $n_{0}$ is "well-prepared" outside of $B_{r}$, then after a finite time there is no further topological changes in the evolution, and $\Omega_{t}$ evolves with smooth boundary outside of $B_{r}$.
2.4. The case of constant $n_{0}$. When $n_{0}$ is constant, even stronger characterization can be provided for the evolution of patch solutions $\rho$. In particular, the $\rho$-evolution in $(\mathrm{P})$ coincides with density evolutions in some nutrient-free and parameter-free Hele-Shaw-type systems, up to explicit rescaling in space and time. Such very surprising relation cannot be derived from trivial change of variables, but it crucially relies on special properties of the system $(\mathrm{P})$ under the given assumptions.

Theorem 2.8 (Two master dynamics, Lemma 6.1. Proposition 6.6 and Proposition 6.7). Let ( $\rho, p, n$ ) solve $\left(\overline{\mathrm{P}}\right.$ with $\rho_{0}(x) \in\{0,1\}$ almost everywhere and $n_{0}(x)=n_{0}>0$ being constant. Then $n$ can be represented in terms of $\rho$ using 6.2). Let $m(t)$ be explicitly defined by 6.4. Then the total mass of the tumor satisfies

$$
\int_{\mathbb{R}^{d}} \rho(x, t) d x=m(t) \int_{\mathbb{R}^{d}} \rho_{0}(x) d x
$$

Moreover,
(1) Let $\left(\rho_{*}, p_{*}\right)$ be a weak solution of

$$
\begin{equation*}
\partial_{t} \rho_{*}-\nabla \cdot\left(\rho_{*} \nabla p_{*}\right)=\rho_{0}, \quad \rho_{*} \leq 1, \quad p_{*} \in P_{\infty}\left(\rho_{*}\right),\left.\quad \rho_{*}\right|_{t=0}=\rho_{0} \tag{HS}
\end{equation*}
$$

Then $\rho(x, t)=\rho_{*}(x, m(t)-1)$ for all $t \geq 0$.
(2) Let $\left(\rho_{\dagger}, p_{\dagger}\right)$ be a weak solution of

$$
\begin{equation*}
\partial_{t} \rho_{\dagger}-\nabla \cdot\left[\rho_{\dagger} \nabla\left(p_{\dagger}+V(x)\right)\right]=0, \quad \rho_{\dagger} \leq 1, \quad p_{\dagger} \in P_{\infty}\left(\rho_{\dagger}\right),\left.\quad \rho_{\dagger}\right|_{t=0}=\rho_{0} \tag{HS'}
\end{equation*}
$$

where $V(x)=\frac{|x|^{2}}{2 d}$. Then $\rho(x, t)=\rho_{\dagger}\left(m(t)^{-\frac{1}{d}} x, \ln m(t)\right)$ for all $t \geq 0$.
Here the notion of weak solutions is provided in Definition 3.9 below.

Thanks to the master dynamics, we can characterize the long-time behavior of the patch solutions when $n_{0}>0$ is constant in $\mathbb{R}^{d}$ (c.f. Theorem 2.5) under a suitable rescaling.
Theorem 2.9 (Proposition 6.8. Suppose $n_{0}>0$ is constant in $\mathbb{R}^{d}$. Let $m(t)$ be defined in 6.4. Assume $\Omega_{0}$ to be a bounded open set, such that $B_{r_{1}}(0) \subset \Omega_{0} \subset B_{r_{2}}(0)$ for some $r_{1}, r_{2}>0$. Let $r_{\infty}>0$ be defined such that $\left|B_{r_{\infty}}(0)\right|=\left|\Omega_{0}\right|$.

Let $(\rho, p, n)$ solve $\left(\overline{\mathrm{P}}\right.$ with $\rho_{0}=\chi_{\Omega_{0}}$. Then there exists a constant $C>0$ only depending on $r_{1}$ and $r_{2}$, but not on $n_{0}$, such that

$$
W_{2}\left(\rho\left(m(t)^{\frac{1}{d}} x, t\right), \chi_{B_{r_{\infty}}(0)}(x)\right) \leq C m(t)^{-\frac{1}{d}}
$$

for all $t \geq 0$. Here $W_{2}$ denotes the 2-Wasserstein distance.
Lastly, we present a regularity result for the rescaled solutions when $n_{0}>1$. It is possible to use viscosity solutions approach to study $(\overline{\mathrm{HS}})$ and $(\mathrm{HS})$ as pressure-driven free boundary problems. For instance, for $H$ we have $\rho=\chi_{\{p>0\}}$ and the set $\{p>0\}$ evolves according to

$$
\begin{cases}-\Delta p=\chi_{\Omega_{0}} & \text { in }\{p>0\} \\ V_{n}=|\nabla p| & \text { on } \partial\{p>0\}\end{cases}
$$

In the case of a classic Hele-Shaw problem, the interior pressure equation is replaced by $-\Delta p=0$ on a perforated domain, with the value of $p$ being prescribed along the fixed inner boundary. In such case, the free boundary regularity has been studied in CJK07. While we expect parallel results to hold for our problem, it seems not straightforward to verify this.

Theorem 2.10 (Theorem 6.9). Fix $n_{0}>1$, and let $\rho_{0}, r_{1}, r_{2}$, and $m(t)$ be as in above theorem. Then there is $\alpha \in(0,1)$ and $T>0$ which depends on $r_{1}, r_{2}$, and $n_{0}$, such that the followings hold for all $t \geq T$.
(a) The rescaled set $\tilde{\Omega}_{t}:=m(t)^{-1 / d} \Omega_{t}$ has uniformly $C^{1, \alpha}$-boundary;
(b) The rescaled nutrient variable $\tilde{n}(x, t):=n\left(m^{1 / d}(t) x, t\right)$ is uniformly bounded in $C^{\alpha}\left(\left\{|x| \geq 2 m^{-1 / d}(t) r_{2}\right\}\right)$.

## 3. Discrete-in-time Scheme and Well-Posedness

In this section, we explicitly construct solutions for the PDE $(\mathrm{P}]$ under the assumption that $n_{0} \in$ $L^{\infty}\left(\mathbb{R}^{d}\right) \cap B V\left(\mathbb{R}^{d}\right)$ and $\rho_{0} \in L^{1}\left(\mathbb{R}^{d}\right) \cap B V\left(\mathbb{R}^{d}\right)$ along with $\rho_{0} \in[0,1]$ almost everywhere. We shall use the following discrete-in-time scheme introduced in JKT21. Given a time step $\tau>0$, an initial density $\rho^{0, \tau}=\rho_{0}$, and an initial nutrient density $n^{0, \tau}=n_{0}$, we iterate that

$$
\begin{align*}
& \rho^{k+1, \tau}=\underset{\rho \leq 1}{\operatorname{argmin}} \frac{1}{2 \tau} W_{2}^{2}\left(\rho, \rho^{k, \tau}\left(1+\tau\left(n^{k, \tau}-b\right)\right)\right)  \tag{3.1}\\
& n^{k+1, \tau}=e^{\tau D \Delta}\left(n^{k, \tau}\left(1-\tau \rho^{k+1, \tau}\right)\right)
\end{align*}
$$

where $e^{\tau D \Delta}$ is the heat kernel. The optimal pressure variable can be recovered by considering the dual problem to 3.1,

$$
\begin{equation*}
p^{k+1, \tau}=\underset{p \geq 0}{\operatorname{argmax}} \int_{\mathbb{R}^{d}} p^{c_{\tau}} \rho^{k, \tau}\left(1+\tau\left(n^{k, \tau}-b\right)\right)-p d x \tag{3.2}
\end{equation*}
$$

where

$$
p^{c_{\tau}}(x)=\inf _{y \in \mathbb{R}^{d}} p(y)+\frac{1}{2 \tau}|y-x|^{2},
$$

is the $c$-transform. We additionally define $p^{0, \tau}=0$.
We now import the following three crucial lemmas from JKT21 with minor adaptations. The first lemma gives a link between the primal and dual variables; the second lemma establishes an energy dissipation property for the scheme; and the final lemma establishes some useful properties enjoyed by the discrete density.
Lemma 3.1 ( JKT21]). The optimal primal and dual variables $\left\{\rho^{k, \tau}\right\}_{k}$ and $\left\{p^{k, \tau}\right\}_{k}$ are linked through the following relations

$$
\begin{equation*}
p^{k+1, \tau}\left(1-\rho^{k+1, \tau}\right)=0, \quad\left(i d+\tau \nabla p^{k+1, \tau}\right)_{\#} \rho^{k+1, \tau}=\rho^{k, \tau}\left(1+\tau\left(n^{k, \tau}-b\right)\right) \tag{3.3}
\end{equation*}
$$

Lemma 3.2 ( JKT21). Each step of the scheme enjoys the energy dissipation property

$$
\begin{equation*}
\frac{1}{2}\left\|\nabla p^{k+1, \tau}\right\|_{L^{2}\left(\mathbb{R}^{d}\right)}^{2} \leq \int_{\mathbb{R}^{d}} \rho^{k, \tau}\left(n^{k, \tau}-b\right) p^{k+1, \tau} d x \tag{3.4}
\end{equation*}
$$

Lemma 3.3 ([JKT21]). For almost every $x \in \mathbb{R}^{d}$, we have $\rho^{k, \tau}(1-\tau b) \leq \rho^{k+1, \tau}$. Furthermore, if $\rho_{0}(x) \in\{0,1\}$ almost everywhere and $b=0$, then $\rho^{k, \tau}(x) \in\{0,1\}$ almost everywhere.

Now we are ready to introduce piecewise-constant-in-time interpolants: for $t \in[k \tau,(k+1) \tau)$, define

$$
\rho^{\tau}(x, t):=\rho^{k, \tau}(x), \quad n^{\tau}(x, t):=n^{k, \tau}(x), \quad p^{\tau}(x, t):=p^{k, \tau}(x) .
$$

In addition, for $t \leq 0$, define $\rho^{\tau}(x, t)=\rho_{0}(x)$ and $n^{\tau}(x, t)=n_{0}(x)$. Unlike in JKT21, our growth rate here is independent of the pressure. Hence, we will need the following estimates to obtain compactness for the interpolants.
Lemma 3.4. Let $\rho^{\tau}, p^{\tau}, n^{\tau}$ be the discrete interpolants defined above. For any $t \geq 0$, we have

$$
\left\|\rho^{\tau}(\cdot, t)\right\|_{L^{1}\left(\mathbb{R}^{d}\right)} \leq e^{t\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}\left\|\rho_{0}\right\|_{L^{1}\left(\mathbb{R}^{d}\right)}=: B(t), ~}
$$

and

$$
\begin{aligned}
\left\|p^{\tau}\right\|_{L^{2}\left(\mathbb{R}^{d} \times[0, t]\right)} & \leq C B(t)^{\frac{d+4}{2 d}}\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}^{\frac{1}{2}} \\
\left\|p^{\tau}\right\|_{L^{1}\left(\mathbb{R}^{d} \times[0, t]\right)} & \leq C B(t)^{\frac{d+2}{d}} \\
\left\|\nabla p^{\tau}\right\|_{L^{2}\left(\mathbb{R}^{d} \times[0, t]\right)} & \leq C B(t)^{\frac{d+2}{2 d}}\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}^{\frac{1}{2}}
\end{aligned}
$$

Here $C>0$ is a universal constant only depending on $d$. Moreover, when $\tau \ll 1$ such that $\tau b<1$,

$$
\left\|\nabla \rho^{\tau}(\cdot, t)\right\|_{L^{1}\left(\mathbb{R}^{d}\right)}+\left\|\nabla n^{\tau}(\cdot, t)\right\|_{L^{1}\left(\mathbb{R}^{d}\right)} \leq e^{\left(2\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}+1\right) t}\left(\left\|\nabla \rho_{0}\right\|_{L^{1}\left(\mathbb{R}^{d}\right)}+\left\|\nabla n_{0}\right\|_{L^{1}\left(\mathbb{R}^{d}\right)}\right)
$$

Proof. It is clear that $\left\|n^{\tau}(\cdot, t)\right\|_{L^{\infty}}$ is non-increasing with respect to time and thus

$$
\left\|\rho^{\tau}(\cdot, t)\right\|_{L^{1}\left(\mathbb{R}^{d}\right)} \leq\left(1+\tau\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}\right)\left\|\rho^{\tau}(\cdot, t-\tau)\right\|_{L^{1}\left(\mathbb{R}^{d}\right)}
$$

Iterating and using the fact that $\left(1+\tau\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}\right)^{k} \leq e^{\left.\tau k\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}\right)}$ for any $k$, the first result follows.
For the second result, we can use the duality relation $p^{\tau}\left(1-\rho^{\tau}\right)=0$ to obtain

$$
\left\|p^{\tau}(\cdot, t)\right\|_{L^{1}\left(\mathbb{R}^{d}\right)} \leq\left\|\rho^{\tau}(\cdot, t)\right\|_{L^{2}\left(\mathbb{R}^{d}\right)}\left\|p^{\tau}(\cdot, t)\right\|_{L^{2}\left(\mathbb{R}^{d}\right)} \leq\left\|\rho^{\tau}(\cdot, t)\right\|_{L^{1}\left(\mathbb{R}^{d}\right)}^{\frac{1}{2}}\left\|p^{\tau}(\cdot, t)\right\|_{L^{2}\left(\mathbb{R}^{d}\right)} .
$$

Next, the Gagliardo-Nirenberg inequality implies that

$$
\left\|p^{\tau}(\cdot, t)\right\|_{L^{2}\left(\mathbb{R}^{d}\right)} \leq C\left\|p^{\tau}(\cdot, t)\right\|_{L^{1}\left(\mathbb{R}^{d}\right)}^{\frac{2}{d+2}}\left\|\nabla p^{\tau}(\cdot, t)\right\|_{L^{2}\left(\mathbb{R}^{d}\right)}^{\frac{d}{d+2}}
$$

where $C>0$ is a universal constant only depending on $d$. Thus,

$$
\left\|p^{\tau}(\cdot, t)\right\|_{L^{2}\left(\mathbb{R}^{d}\right)} \leq C\left\|\rho^{\tau}(\cdot, t)\right\|_{L^{1}\left(\mathbb{R}^{d}\right)}^{\frac{1}{a}}\left\|\nabla p^{\tau}(\cdot, t)\right\|_{L^{2}\left(\mathbb{R}^{d}\right)}
$$

Integrating in time and combining this with the energy dissipation inequality (3.4), we see that

$$
\left\|p^{\tau}\right\|_{L^{2}\left(\mathbb{R}^{d} \times[0, t]\right)}^{2} \leq C B(t)^{\frac{2}{d}}\left\|\nabla p^{\tau}\right\|_{L^{2}\left(\mathbb{R}^{d} \times[0, t]\right)}^{2} \leq C B(t)^{\frac{2}{d}}\left\|p^{\tau}\right\|_{L^{1}\left(\mathbb{R}^{d} \times[0, t]\right)}\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}
$$

Here we used the fact that

$$
\left\|\nabla p^{k+1, \tau}\right\|_{L^{2}\left(\mathbb{R}^{d}\right)}^{2} \leq 2 \int_{\mathbb{R}^{d}} \rho^{k, \tau} n^{k, \tau} p^{k+1, \tau} d x \leq 2\left\|p^{k+1, \tau}\right\|_{L^{1}\left(\mathbb{R}^{d}\right)}\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}
$$

Reusing the estimate on the pressure $L^{1}$-norm from above and noticing that

$$
\int_{0}^{t} B(s) d s \leq\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}^{-1} B(t)
$$

we get

$$
\left\|p^{\tau}\right\|_{L^{2}\left(\mathbb{R}^{d} \times[0, t]\right)} \leq C B(t)^{\frac{d+4}{2 d}}\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}^{\frac{1}{2}}
$$

Combining this with our previous work, we get all of the estimates except for the last one.

To prove the final estimate, we can use the $B V$-bound from DPMSV16 to obtain that, when $\tau b<1$,

$$
\begin{aligned}
\left\|\nabla \rho^{k+1, \tau}\right\|_{L^{1}\left(\mathbb{R}^{d}\right)} & \leq\left\|\nabla\left(\rho^{k, \tau}\left(1+\tau\left(n^{k, \tau}-b\right)\right)\right)\right\|_{L^{1}\left(\mathbb{R}^{d}\right)} \\
& \leq\left\|\nabla \rho^{k, \tau}\right\|_{L^{1}\left(\mathbb{R}^{d}\right)}+\tau\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}\left\|\nabla \rho^{k, \tau}\right\|_{L^{1}\left(\mathbb{R}^{d}\right)}+\tau\left\|\nabla n^{k, \tau}\right\|_{L^{1}\left(\mathbb{R}^{d}\right)}
\end{aligned}
$$

It is then straightforward to see that the interpolants satisfy

$$
\left\|\nabla \rho^{\tau}(\cdot, t)\right\|_{L^{1}\left(\mathbb{R}^{d}\right)} \leq\left\|\nabla \rho_{0}\right\|_{L^{1}\left(\mathbb{R}^{d}\right)}+\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}\left\|\nabla \rho^{\tau}\right\|_{L^{1}\left(\mathbb{R}^{d} \times[0, t]\right)}+\left\|\nabla n^{\tau}\right\|_{L^{1}\left(\mathbb{R}^{d} \times[0, t]\right)}
$$

From the discrete scheme, we also have

$$
\begin{aligned}
\left\|\nabla n^{k+1, \tau}\right\|_{L^{1}\left(\mathbb{R}^{d}\right)} & \leq\left\|\nabla e^{\tau D \Delta}\left(n^{k, \tau}\left(1-\tau \rho^{k, \tau}\right)\right)\right\|_{L^{1}\left(\mathbb{R}^{d}\right)} \leq\left\|\nabla\left(n^{k, \tau}\left(1-\tau \rho^{k, \tau}\right)\right)\right\|_{L^{1}\left(\mathbb{R}^{d}\right)} \\
& \leq\left\|\nabla n^{k, \tau}\right\|_{L^{1}\left(\mathbb{R}^{d}\right)}+\tau\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}\left\|\nabla \rho^{k, \tau}\right\|_{L^{1}\left(\mathbb{R}^{d}\right)}
\end{aligned}
$$

Thus, the interpolants satisfy

$$
\left\|\nabla n^{\tau}(\cdot, t)\right\|_{L^{1}\left(\mathbb{R}^{d}\right)} \leq\left\|\nabla n_{0}\right\|_{L^{1}\left(\mathbb{R}^{d}\right)}+\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}\left\|\nabla \rho^{\tau}\right\|_{L^{1}\left(\mathbb{R}^{d} \times[0, t]\right)}
$$

Summing the two estimates together, we see that

$$
\begin{aligned}
& \left\|\nabla \rho^{\tau}(\cdot, t)\right\|_{L^{1}\left(\mathbb{R}^{d}\right)}+\left\|\nabla n^{\tau}(\cdot, t)\right\|_{L^{1}\left(\mathbb{R}^{d}\right)} \\
\leq & \left\|\nabla \rho_{0}\right\|_{L^{1}\left(\mathbb{R}^{d}\right)}+\left\|\nabla n_{0}\right\|_{L^{1}\left(\mathbb{R}^{d}\right)} \\
& +\left(2\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}+1\right)\left(\left\|\nabla \rho^{\tau}\right\|_{L^{1}\left(\mathbb{R}^{d} \times[0, t]\right)}+\left\|\nabla n^{\tau}\right\|_{L^{1}\left(\mathbb{R}^{d} \times[0, t]\right)}\right) .
\end{aligned}
$$

The final claimed inequality now follows by Gronwall's inequality.
In addition to the above pressure estimates, we have the following control on the time derivatives of the density.

Lemma 3.5. Let $\rho^{\tau}$ be the discrete density interpolant defined above, with $\tau b<1$. For any $0 \leq t_{0}<t_{1} \leq$ T, we have

$$
\left\|\rho^{\tau}\left(\cdot, t_{1}\right)-\rho^{\tau}\left(\cdot, t_{0}\right)\right\|_{L^{1}\left(\mathbb{R}^{d}\right)} \leq\left(t_{1}-t_{0}+\tau\right)\left(2 b+\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}\right)\left\|\rho^{\tau}\right\|_{L^{\infty}\left([0, T] ; L^{1}\left(\mathbb{R}^{d}\right)\right)}
$$

Proof. Using the fact that for any $k \geq 0$ we have $\rho^{k+1, \tau} \geq(1-\tau b) \rho^{k, \tau}$, we can estimate

$$
\begin{aligned}
& \left\|\rho^{\tau}\left(\cdot, t_{1}\right)-\rho^{\tau}\left(\cdot, t_{0}\right)\right\|_{L^{1}\left(\mathbb{R}^{d}\right)} \\
\leq & \int_{\mathbb{R}^{d}} \rho^{\tau}\left(x, t_{1}\right)+\rho^{\tau}\left(x, t_{0}\right)-2(1-\tau b)^{\left\lceil\frac{1}{\tau}\left(t_{1}-t_{0}\right)\right\rceil} \rho^{\tau}\left(x, t_{0}\right) d x \\
\leq & 2\left[1-(1-\tau b)^{\left\lceil\frac{1}{\tau}\left(t_{1}-t_{0}\right)\right\rceil}\right]\left\|\rho^{\tau}\left(\cdot, t_{0}\right)\right\|_{L^{1}\left(\mathbb{R}^{d}\right)}+\tau \sum_{k=\left\lfloor t_{0} / \tau\right\rfloor}^{\left\lfloor t_{1} / \tau\right\rfloor-1} \int_{\mathbb{R}^{d}} \rho^{k, \tau} n^{k, \tau} d x \\
\leq & \left(t_{1}-t_{0}+\tau\right)\left(2 b+\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}\right)\left\|\rho^{\tau}\right\|_{L^{\infty}\left([0, T] ; L^{1}\left(\mathbb{R}^{d}\right)\right)} .
\end{aligned}
$$

Using the estimates above, we can prove that the discrete interpolants converge to a weak solution of the continuum PDE as we send $\tau \rightarrow 0$.

Proposition 3.6. Assume $n_{0} \in L^{\infty}\left(\mathbb{R}^{d}\right) \cap B V\left(\mathbb{R}^{d}\right)$ and $\rho_{0} \in L^{1}\left(\mathbb{R}^{d}\right) \cap B V\left(\mathbb{R}^{d}\right)$ along with $\rho_{0} \in[0,1]$ almost everywhere. Take an arbitrary finite $T>0$ and denote $Q_{T}=\mathbb{R}^{d} \times[0, T]$. The family $\left\{\rho^{\tau}\right\}_{\tau>0}$ is strongly $L^{1}\left(Q_{T}\right)$ precompact, $\left\{p^{\tau}\right\}_{\tau>0}$ is weakly precompact in $L^{2}\left([0, T] ; H^{1}\left(\mathbb{R}^{d}\right)\right)$, and $\left\{n^{\tau}\right\}_{\tau>0}$ is precompact in the weak-* topology of $L^{\infty}\left(Q_{T}\right)$. Let $(\rho, p, n)$ be a limit point in the above-mentioned topology. Then $(\rho, p, n)$ is a weak solution of the tumor growth PDE $\sqrt{\mathrm{P}}$. More precisely, we have $\rho \in L^{1}\left(Q_{T}\right), p \in$ $L^{2}\left([0, T] ; H^{1}\left(\mathbb{R}^{d}\right)\right)$, and $n \in L^{\infty}\left(Q_{T}\right)$, satisfying that for any $\psi \in H^{1}\left(Q_{T}\right)$ such that $\psi(\cdot, T)=0$ almost everywhere, it holds

$$
\begin{equation*}
\int_{0}^{T} \int_{\mathbb{R}^{d}} \nabla \psi \cdot \nabla p-\rho \partial_{t} \psi d x d t=\int_{\mathbb{R}^{d}} \psi(x, 0) \rho_{0}(x) d x+\int_{0}^{T} \int_{\mathbb{R}^{d}} \psi \rho(n-b) d x d t \tag{3.5}
\end{equation*}
$$

and

$$
\partial_{t} n-D \Delta n=-\rho n \text { in } \mathcal{D}^{\prime}\left(Q_{T}\right), \quad n(x, 0)=n_{0}(x)
$$

Moreover, $\rho \in C^{0,1}\left([0, T] ; L^{1}\left(\mathbb{R}^{d}\right)\right) \cap L^{\infty}\left([0, T] ; B V\left(\mathbb{R}^{d}\right)\right)$, $n \in L^{\infty}\left([0, T] ; B V\left(\mathbb{R}^{d}\right)\right)$, and $\rho \in[0,1]$, $p \geq 0$ with $p(1-\rho)=0$ a.e. on $Q_{T}$. If $\rho_{0} \in\{0,1\}$ and $b=0$, then for all $t \in[0, T]$ we have $\rho \in\{0,1\}$ a.e. in $\mathbb{R}^{d}$.

Proof. From the estimates in Lemma 3.4. $\left\{p^{\tau}\right\}_{\tau>0}$ is weakly precompact in $L^{2}\left([0, T] ; H^{1}\left(\mathbb{R}^{d}\right)\right)$. Thanks to Lemma 3.5, for any $0 \leq t_{0} \leq t_{1} \leq T$,

$$
\begin{equation*}
\underset{\tau \rightarrow 0}{\limsup }\left\|\rho^{\tau}\left(\cdot, t_{1}\right)-\rho^{\tau}\left(\cdot, t_{0}\right)\right\|_{L^{1}\left(\mathbb{R}^{d}\right)} \leq\left(t_{1}-t_{0}\right)\left(2 b+\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}\right) B(T) \tag{3.6}
\end{equation*}
$$

Combining this with Lemma 3.4, we know that $\left\{\rho^{\tau}\right\}_{\tau>0}$ is uniformly bounded and equicontinuous in $L^{1}\left(Q_{T}\right)$ (in space-time). Thus, by the Riesz-Fréchet-Kolmogorov compactness theorem, $\left\{\rho^{\tau}\right\}_{\tau>0}$ is strongly $L^{1}\left(Q_{T}\right)$ precompact.

With these compactness properties, now we turn to considering the PDE. Given a smooth test function $\psi$ that vanishes at time $T$, we can use $(3.3)$ to obtain

$$
\begin{aligned}
& \int_{\mathbb{R}^{d}} \frac{\rho^{\tau}(x, t)-\rho^{\tau}(x, t-\tau)}{\tau} \psi(x, t) d x \\
= & \int_{\mathbb{R}^{d}} \rho^{\tau}(x, t) \frac{\psi(x, t)-\psi\left(x+\tau \nabla p^{\tau}(x, t), t\right)}{\tau}+\left(n^{\tau}(x, t-\tau)-b\right) \rho^{\tau}(x, t-\tau) \psi(x, t) d x
\end{aligned}
$$

Integrating both sides in time along $[\tau, T]$, we get

$$
\begin{aligned}
& \int_{\tau}^{T-\tau} \int_{\mathbb{R}^{d}} \rho^{\tau}(x, t) \frac{\psi(x, t)-\psi(x, t+\tau)}{\tau} d x d t \\
& +\frac{1}{\tau} \int_{0}^{\tau} \int_{\mathbb{R}^{d}} \rho^{\tau}(x, t+T-\tau) \psi(x, t+T-\tau)-\rho^{\tau}(x, t) \psi(x, t+\tau) d x d t \\
= & \int_{\tau}^{T} \int_{\mathbb{R}^{d}} \rho^{\tau}(x, t) \frac{\psi(x, t)-\psi\left(x+\tau \nabla p^{\tau}(x, t), t\right)}{\tau}+\left(n^{\tau}(x, t-\tau)-b\right) \rho^{\tau}(x, t-\tau) \psi(x, t) d x d t .
\end{aligned}
$$

Thanks to the smoothness of $\psi$ and the estimates from above, the previous line is equivalent to

$$
\begin{equation*}
\int_{0}^{T} \int_{\mathbb{R}^{d}}-\rho^{\tau} \partial_{t} \psi d x d t-\int_{\mathbb{R}^{d}} \rho_{0} \psi(x, 0) d x=\epsilon_{\tau}+\int_{0}^{T} \int_{\mathbb{R}^{d}}-\rho^{\tau} \nabla \psi \cdot \nabla p^{\tau}+\left(n^{\tau}-b\right) \rho^{\tau} \psi d x d t \tag{3.7}
\end{equation*}
$$

Here

$$
\begin{aligned}
\left|\epsilon_{\tau}\right| \leq & C \sqrt{\tau}\|\nabla \psi\|_{L^{\infty}\left(Q_{T}\right)}\left\|\nabla p^{\tau}\right\|_{L^{2}\left(Q_{T}\right)}\left\|\rho^{\tau}\right\|_{L^{\infty}\left([0, T] ; L^{1}\left(\mathbb{R}^{d}\right)\right)}^{1 / 2} \\
+C & {\left[\left\|D^{2} \psi\right\|_{L^{\infty}\left(Q_{T}\right)}\left\|\nabla p^{\tau}\right\|_{L^{2}\left(Q_{T}\right)}^{2}\right.} \\
& \left.+\left(\left\|\partial_{t} \psi\right\|_{L^{\infty}\left(Q_{T}\right)}+\left\|\partial_{t}^{2} \psi\right\|_{L^{\infty}\left(Q_{T}\right)}\right)\left\|\rho^{\tau}\right\|_{L^{\infty}\left([0, T] ; L^{1}\left(\mathbb{R}^{d}\right)\right)}\right]
\end{aligned}
$$

where $C$ is a universal constant depending on $\left\|n_{0}\right\|_{L^{\infty}}, b$, and $T$. Clearly, $\lim _{\tau \rightarrow 0}\left|\epsilon_{\tau}\right|=0$. Since $p^{\tau} \in$ $L^{2}\left([0, T] ; H^{1}\left(\mathbb{R}^{d}\right)\right)$ and $p^{\tau}\left(1-\rho^{\tau}\right)=0$, it follows that $\rho^{\tau} \nabla p^{\tau}=\nabla p^{\tau}$.

Now we can claim that, there exists $\rho \in L^{1}\left(Q_{T}\right), p \in L^{2}\left([0, T] ; H^{1}\left(\mathbb{R}^{d}\right)\right), n \in L^{\infty}\left(Q_{T}\right)$, and a sequence $\left\{\tau_{j}\right\}_{j}$ converging to 0 , such that $\rho^{\tau_{j}} \rightarrow \rho \in[0,1]$ strongly in $L^{1}\left(Q_{T}\right), p^{\tau_{j}} \rightharpoonup p \geq 0$ weakly in $L^{2}\left([0, T] ; H^{1}\left(\mathbb{R}^{d}\right)\right)$, and $n^{\tau_{j}}$ converges weak-* in $L^{\infty}\left(Q_{T}\right)$ to $n$. It is then clear that we can pass to the limit in (3.7) to obtain (3.5). One may relax the regularity of $\psi$ to find (3.5) actually holds for all $\psi \in H^{1}\left(Q_{T}\right)$ satisfying $\psi(\cdot, T)=0$ almost everywhere.

The strong convergence from $\rho^{\tau_{j}}$ to $\rho$ in $L^{1}\left(Q_{T}\right)$ also implies

$$
\lim _{j \rightarrow+\infty}\left\|\rho^{\tau_{j}}(\cdot, t)-\rho(\cdot, t)\right\|_{L^{1}\left(\mathbb{R}^{d}\right)}=0
$$

for almost every $t \in[0, T]$. Hence, by (3.6), up to modifying $\rho(x, t)$ for those $t$ on a measure-zero set in $[0, T]$ if necessary, we can make $\rho$ be Lipschitz continuous in $L^{1}\left(\mathbb{R}^{d}\right)$ with respect to time. That $\rho, n \in L^{\infty}\left([0, T] ; B V\left(\mathbb{R}^{d}\right)\right)$ follows from Lemma 3.4.

Thanks to the strong $L^{1}$-convergence of $\left\{\rho^{\tau_{j}}\right\}_{j}$, we can readily verify that the $n$-equation and $p(1-\rho)=0$ hold in the sense of distribution (we omit the details). Given the regularity of $p$ and $\rho, p(1-\rho)=0$ almost everywhere in $Q_{T}$. Hence, we may suitably modify $p$ on a measure-zero set of $Q_{T}$, if necessary, to achieve $p(1-\rho)=0$ everywhere on $Q_{T}$.

By the strong $L^{1}$-convergence of $\left\{\rho^{\tau_{j}}\right\}_{j}$, Lemma 3.3, and the fact that $\rho$ is Lipschitz in $L^{1}\left(\mathbb{R}^{d}\right)$ with respect to time, we find that for all $t \in[0, T], \rho \in\{0,1\}$ almost everywhere if $\rho_{0} \in\{0,1\}$ almost everywhere and $b=0$.

Then we show that our solution satisfies the so-called complementarity condition.
Proposition 3.7. If $(\rho, p, n)$ is a weak solution of the tumor growth PDE $\sqrt{\mathrm{P}}$ (in the sense of Definition 2.1), then for any bounded open set $\Omega \subset \mathbb{R}^{d}$ and $\psi \in L^{2}\left([0, T] ; H^{1}(\Omega) \cap L^{1}\left(\mathbb{R}^{d}\right)\right)$, such that $\psi(1-\rho)=0$ and $\left.\psi\right|_{\partial \Omega \times[0, T]}=0$, we have

$$
\int_{0}^{T} \int_{\Omega} \nabla \psi \cdot \nabla p-\psi(n-b) d x d t=0
$$

Remark 3.8. Let us note that the space of $\psi$ satisfying the above conditions is nontrivial. For instance, given a smooth function $\eta: \mathbb{R}^{d} \times[0, T] \rightarrow \mathbb{R}$ such that $\eta$ is compactly supported inside $\Omega \times[0, T]$, the choice $\psi:=p \eta$ satisfies all of the above conditions.

Proof. We begin by assuming that there exists $\delta>0$ such that $\psi(x, t)=0$ for all $(x, t) \in[T-\delta, T] \times \Omega$. Fix $\epsilon \in(0, \delta)$ and let

$$
\psi^{\epsilon}(x, t)=\frac{1}{\epsilon} \int_{t}^{\min (T, t+\epsilon)} \psi(x, s) d s
$$

Since $\psi^{\epsilon} \in H^{1}(\Omega \times[0, T])$, when extended by zero to the whole $Q_{T}$, it is a valid test function for the weak formulation (see 3.5). Hence, we have

$$
\int_{\Omega \times[0, T]}-\rho \partial_{t} \psi^{\epsilon}+\nabla \psi^{\epsilon} \cdot \nabla p-\psi^{\epsilon} \rho(n-b) d x d t=\int_{\Omega} \psi^{\epsilon}(x, 0) \rho_{0}(x) d x
$$

Note that

$$
\rho \partial_{t} \psi^{\epsilon}=\rho(x, t) \frac{\psi(x, \min (T, t+\epsilon))-\psi(x, t)}{\epsilon} \leq \frac{\psi(x, \min (T, t+\epsilon))-\psi(x, t)}{\epsilon}=\partial_{t} \psi^{\epsilon},
$$

where we use $\psi(1-\rho)=0$ and the non-negativity of $\psi$ to justify the inequality. Therefore,

$$
\int_{\Omega \times[0, T]} \nabla \psi^{\epsilon} \cdot \nabla p-\psi^{\epsilon} \rho(n-b) d x d t \leq \int_{\Omega} \psi^{\epsilon}(x, 0)\left(\rho_{0}(x)-1\right) d x \leq 0
$$

Sending $\epsilon \rightarrow 0$ and once again using $\psi(1-\rho)=0$, we see that

$$
\int_{\Omega \times[0, T]} \nabla \psi \cdot \nabla p-\psi(n-b) d x d t \leq 0
$$

giving us one side of the equation.
To obtain the other direction, we instead smooth backwards in time and define

$$
\psi_{\epsilon}(x, t)=\frac{1}{\epsilon} \int_{\max (0, t-\epsilon)}^{t} \psi(x, s) d s
$$

Note that $\psi_{\epsilon}(x, T)=0$ since $\psi$ vanishes on $[T-\delta, T]$. An analogous argument shows that $\rho \partial_{t} \psi_{\epsilon} \geq \partial_{t} \psi_{\epsilon}$, and thus

$$
\int_{\Omega \times[0, T]} \nabla \psi_{\epsilon} \cdot \nabla p-\psi_{\epsilon}(n-b) d x d t \geq \int_{\Omega} \psi_{\epsilon}(x, 0)\left(\rho_{0}(x)-1\right) d x \geq 0
$$

Note that $\psi_{\epsilon}(x, 0) \leq 0$. Sending $\epsilon \rightarrow 0$ and combining with our previous work, we obtain

$$
\int_{\Omega \times[0, T]} \nabla \psi \cdot \nabla p-\psi(n-b) d x d t=0
$$

for all non-negative $\psi$ such that $\psi(1-\rho)=0,\left.\psi\right|_{\partial \Omega \times[0, T]}=0$, and $\psi(x, t)=0$ on $\Omega \times[T-\delta, T]$. Since the equation is linear in $\psi$ and does not include time derivatives, we can drop the non-negativity assumption and then take limits to drop the assumption that $\psi$ vanishes on $\Omega \times[T-\delta, T]$.

We now proceed to show the uniqueness of weak solutions. Similar results have been established in the literature using the Hilbert duality principle PQV14, GKM22. However, they require the nutrient variable to be at least $L_{t}^{1} H_{x}^{1}$, which does not hold in our case when $D=0$. Instead, we proceed with $L^{1}$-contraction approach to provide a unified proof of uniqueness for all $D \geq 0$.

Let us focus on the $\rho$-equation for the moment. Consider the model problem

$$
\begin{equation*}
\rho_{t}-\nabla \cdot(\rho \nabla p)=f, \quad \rho \leq 1, \quad p \in P_{\infty}(\rho), \quad \rho(x, 0)=\rho_{0} \tag{3.8}
\end{equation*}
$$

Similar to Definition 2.1, we introduce the notion of its weak solutions.
Definition 3.9. Let $\rho_{0} \in L^{1}\left(\mathbb{R}^{d}\right) \cap B V\left(\mathbb{R}^{d}\right)$ such that $\rho_{0} \in[0,1]$ almost everywhere. Fix $T>0$ and denote $Q_{T}=\mathbb{R}^{d} \times[0, T]$. Assume $f \in L^{\infty}\left([0, T] ; L^{1}\left(\mathbb{R}^{d}\right)\right) \cap L^{\infty}\left(Q_{T}\right)$. Non-negative functions $\rho \in C\left([0, T] ; L^{1}\left(\mathbb{R}^{d}\right)\right)$ and $p \in L^{2}\left([0, T] ; H^{1}\left(\mathbb{R}^{d}\right)\right.$ ), which are defined on $\mathbb{R}^{d} \times[0, T]$, are said to form a weak solution of (3.8), if they satisfy:
(i) $\rho \in[0,1]$ and $p(1-\rho)=0$ in $Q_{T}$;
(ii) For any $\psi \in C_{0}^{\infty}\left(Q_{T}\right)$ that vanishes at $t=T$, we have

$$
\int_{0}^{T} \int_{\mathbb{R}^{d}} \nabla \psi \cdot \nabla p-\rho \partial_{t} \psi d x d t=\int_{\mathbb{R}^{d}} \psi(x, 0) \rho_{0} d x+\int_{0}^{T} \int_{\mathbb{R}^{d}} \psi f d x d t
$$

Remark 3.10. Under the assumptions that $\rho_{0} \in L^{1}\left(\mathbb{R}^{d}\right) \cap B V\left(\mathbb{R}^{d}\right)$, and $f \in L^{\infty}\left([0, T] ; L^{1}\left(\mathbb{R}^{d}\right)\right) \cap L^{\infty}\left(Q_{T}\right) \cap$ $L^{\infty}\left([0, T] ; B V\left(\mathbb{R}^{d}\right)\right)$, it is not difficult to show existence of weak solutions of (3.8). In fact, one may use still the discrete scheme (c.f. (3.1) and (3.2))

$$
\begin{aligned}
\rho^{k+1, \tau} & =\underset{\rho \leq 1}{\operatorname{argmin}} \frac{1}{2 \tau} W_{2}^{2}\left(\rho, \rho^{k, \tau}+\tau f^{k, \tau}\right) \\
p^{k+1, \tau} & =\underset{p \geq 0}{\operatorname{argmax}} \int_{\mathbb{R}^{d}} p^{c_{\tau}}\left(\rho^{k, \tau}+\tau f^{k, \tau}\right)-p d x
\end{aligned}
$$

where $f^{k, \tau}$ can be defined as, e.g., time-average of $f$ on each small time interval of size $\tau$. Then arguing as before, we can prove the existence. We omit the details.

We can show that the weak solution of 3.8 satisfies the comparison principle. See Appendix A for the proof, which follows the Hilbert duality argument in PQV14 with minor modifications.

Lemma 3.11. For $i=0,1$, assume $\rho_{0}^{i} \in L^{1}\left(\mathbb{R}^{d}\right) \cap B V\left(\mathbb{R}^{d}\right)$ such that $\rho_{0}^{i} \in[0,1]$ almost everywhere. Take a finite $T>0$ and denote $Q_{T}=\mathbb{R}^{d} \times[0, T]$. Let $f^{i} \in L^{\infty}\left([0, T] ; L^{1}\left(\mathbb{R}^{d}\right)\right) \cap L^{\infty}\left(Q_{T}\right)$. Let $\left(\rho^{i}, p^{i}\right)(i=0,1)$ be weak solutions of

$$
\rho_{t}^{i}-\nabla \cdot\left(\rho^{i} \nabla p^{i}\right)=f^{i}, \quad \rho^{i} \leq 1, \quad p^{i} \in P_{\infty}\left(\rho^{i}\right), \quad \rho^{i}(x, 0)=\rho_{0}^{i}
$$

respectively. If $\rho_{0}^{0} \leq \rho_{0}^{1}$ almost everywhere in $\mathbb{R}^{d}$ and $f^{0} \leq f^{1}$ almost everywhere in $Q_{T}$, then $\rho^{0} \leq \rho^{1}$ almost everywhere in $Q_{T}$.

Remark 3.12. In a similar spirit, one can show that if $(\rho, p, n)$ is a weak solution of $(\mathbb{P})$ on $Q_{T}$ with $\rho_{0}$ being compactly supported, then $\rho$ and $p$ are compactly supported in $Q_{T}$. Indeed, assuming $\rho_{0} \leq \chi_{B_{r_{0}}}$ for some $r_{0}>0$, we can prove $\rho \leq \tilde{\rho}$ and $p \leq \tilde{p}$, where

$$
\tilde{\rho}(x, t):=\chi_{B_{r(t)}}(x), \tilde{p}(x, t):=\frac{\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}}{2 d}\left(r(t)^{2}-|x|^{2}\right)_{+}, \text {and } r(t):=r_{0} \exp \left(\frac{1}{d}\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)} t\right)
$$

Note that $(\tilde{\rho}, \tilde{p})$ is chosen to be a weak solution (in the sense of Definition 3.9) of

$$
\partial_{t} \tilde{\rho}-\nabla(\tilde{\rho} \nabla \tilde{p})=\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)} \tilde{\rho}, \quad \tilde{\rho} \leq 1, \quad \tilde{p} \in P_{\infty}(\tilde{\rho}), \quad \tilde{\rho}(x, 0)=\chi_{B_{r_{0}}}(x)
$$

We skip the details.
Now we present uniqueness of the weak solution for $(\mathrm{P})$.
Proposition 3.13. Under the assumption of Proposition 3.6, the weak solution of P is unique.

Proof. Fix $T>0$. Suppose $(\rho, p, n)$ and $(\tilde{\rho}, \tilde{p}, \tilde{n})$ are two weak solutions. We first show an $L^{1}$-contraction principle regarding $\rho$ and $\tilde{\rho}$.

Denote

$$
f=(n-b) \rho, \quad \tilde{f}=(\tilde{n}-b) \tilde{\rho}, \quad f_{*}=\max \{f, \tilde{f}\}
$$

Since $f, \tilde{f} \in L^{\infty}\left([0, T] ; B V\left(\mathbb{R}^{d}\right)\right)$ (c.f. Proposition 3.6), we have $f_{*} \in L^{\infty}\left([0, T] ; B V\left(\mathbb{R}^{d}\right)\right)$. Let $\left(\rho_{*}, p_{*}\right)$ be a weak solution (see Remark 3.10) of

$$
\left(\rho_{*}\right)_{t}-\nabla \cdot\left(\rho_{*} \nabla p_{*}\right)=f_{*}, \quad \rho_{*} \leq 1, \quad p_{*} \in P_{\infty}\left(\rho_{*}\right), \quad \rho_{*}(x, 0)=\rho_{0}
$$

Then by Lemma 3.11, $\rho, \tilde{\rho} \leq \rho_{*}$ almost everywhere in $Q_{T}$.
Take an arbitrary $t_{*} \in(0, T]$. Let $\zeta: \mathbb{R}^{d} \rightarrow \mathbb{R}$ be a smooth non-negative function such that $\zeta=1$ on the unit ball, and $\zeta=0$ outside the ball of radius 2 . For any $R>0$, set $\zeta_{R}(x):=\zeta(x / R)$. With $\delta<t_{*}$, let $\eta_{\delta}(t) \in C^{\infty}([0, T])$, such that it is non-increasing, $\eta_{\delta} \equiv 1$ on $\left[0, t_{*}-\delta\right]$, and $\eta_{\delta} \equiv 0$ on $\left[t_{*}, T\right]$. Then we take $\psi(x, t)=\zeta_{R}(x) \eta_{\delta}(t) \in H^{1}\left(Q_{T}\right)$ in Definition 2.1 and Definition 3.9, and take a difference of them to obtain that

$$
\int_{0}^{T}-\partial_{t} \eta_{\delta}(t)\left\|\left(\rho(\cdot, t)-\rho_{*}(\cdot, t)\right) \zeta_{R}\right\|_{L^{1}\left(\mathbb{R}^{d}\right)} d t=\int_{0}^{T} \eta_{\delta}(t)\left\|\left(f(\cdot, t)-f_{*}(\cdot, t)\right) \zeta_{R}\right\|_{L^{1}\left(\mathbb{R}^{d}\right)} d t+\epsilon_{R}
$$

where $\epsilon_{R}$ is an error term with $\left|\epsilon_{R}\right| \lesssim R^{-2}\left(\|p\|_{L^{1}\left(Q_{T}\right)}+\left\|p_{*}\right\|_{L^{1}\left(Q_{T}\right)}\right)$ and we used the facts that $\rho \leq \rho_{*}$ and $f \leq f_{*}$. Here one can derive an estimate for $\left\|p_{*}\right\|_{L^{1}\left(Q_{T}\right)}$ as in Lemma 3.4. Sending $R \rightarrow \infty$ and then $\delta \rightarrow 0$, we can use the time-continuity of $\rho$ and $\rho_{*}$ (see Definition 2.1 and Definition 3.9), to obtain

$$
\left\|\rho_{*}\left(\cdot, t_{*}\right)-\rho\left(\cdot, t_{*}\right)\right\|_{L^{1}\left(\mathbb{R}^{d}\right)}=\left\|f_{*}-f\right\|_{L^{1}\left(\mathbb{R}^{d} \times\left[0, t_{*}\right]\right)}
$$

Similarly,

$$
\left\|\rho_{*}\left(\cdot, t_{*}\right)-\tilde{\rho}\left(\cdot, t_{*}\right)\right\|_{L^{1}\left(\mathbb{R}^{d}\right)}=\left\|f_{*}-\tilde{f}\right\|_{L^{1}\left(\mathbb{R}^{d} \times\left[0, t_{*}\right]\right)}
$$

As a result,

$$
\begin{align*}
\left\|\tilde{\rho}\left(\cdot, t_{*}\right)-\rho\left(\cdot, t_{*}\right)\right\|_{L^{1}\left(\mathbb{R}^{d}\right)} & \leq\left\|f_{*}-f\right\|_{L^{1}\left(\mathbb{R}^{d} \times\left[0, t_{*}\right]\right)}+\left\|f_{*}-\tilde{f}\right\|_{L^{1}\left(\mathbb{R}^{d} \times\left[0, t_{*}\right]\right)}  \tag{3.9}\\
& =\|f-\tilde{f}\|_{L^{1}\left(\mathbb{R}^{d} \times\left[0, t_{*}\right]\right)}
\end{align*}
$$

where in the last equality, we used the definition of $f_{*}$.
Now by the definition of $f$ and $\tilde{f}$, for any $t \in[0, T]$,

$$
\begin{aligned}
& \|\tilde{\rho}(\cdot, t)-\rho(\cdot, t)\|_{L^{1}\left(\mathbb{R}^{d}\right)} \\
\leq & \int_{0}^{t}\left(\left\|n_{0}\right\|_{L^{\infty}}+b\right)\|\tilde{\rho}(\cdot, \tau)-\rho(\cdot, \tau)\|_{L^{1}\left(\mathbb{R}^{d}\right)}+\|\tilde{n}(\cdot, \tau)-n(\cdot, \tau)\|_{L^{1}\left(\mathbb{R}^{d}\right)} d \tau .
\end{aligned}
$$

Using the Duhamel's formula for the heat equation, for every $t \in[0, T]$ and almost every $x \in \mathbb{R}^{d}$, we have

$$
\tilde{n}(\cdot, t)-n(\cdot, t)=-\int_{0}^{t} e^{(t-\tau) D \Delta}(\tilde{n}(\cdot, \tau) \tilde{\rho}(\cdot, \tau)-n(\cdot, \tau) \rho(\cdot, \tau)) d \tau
$$

Note that this formula is still valid even when $D=0$. Since the heat kernel is a contraction on $L^{1}$, it follows that

$$
\begin{aligned}
\|\tilde{n}(\cdot, t)-n(\cdot, t)\|_{L^{1}\left(\mathbb{R}^{d}\right)} & \leq \int_{0}^{t}\|\tilde{n}(\cdot, \tau) \tilde{\rho}(\cdot, \tau)-n(\cdot, \tau) \rho(\cdot, \tau)\|_{L^{1}\left(\mathbb{R}^{d}\right)} d \tau \\
& \leq \int_{0}^{t}\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}\|\tilde{\rho}(\cdot, \tau)-\rho(\cdot, \tau)\|_{L^{1}\left(\mathbb{R}^{d}\right)}+\|\tilde{n}(\cdot, \tau)-n(\cdot, \tau)\|_{L^{1}\left(\mathbb{R}^{d}\right)} d \tau
\end{aligned}
$$

Thus,

$$
\begin{aligned}
& \|\tilde{\rho}(\cdot, t)-\rho(\cdot, t)\|_{L^{1}\left(\mathbb{R}^{d}\right)}+\|\tilde{n}(\cdot, t)-n(\cdot, t)\|_{L^{1}\left(\mathbb{R}^{d}\right)} \\
\leq & \int_{0}^{t}\left(2\left\|n_{0}\right\|_{L^{\infty}}+b\right)\|\tilde{\rho}(\cdot, \tau)-\rho(\cdot, \tau)\|_{L^{1}\left(\mathbb{R}^{d}\right)}+2\|\tilde{n}(\cdot, \tau)-n(\cdot, \tau)\|_{L^{1}\left(\mathbb{R}^{d}\right)} d \tau
\end{aligned}
$$

It now follows from Gronwall's inequality that $\|\tilde{\rho}(\cdot, t)-\rho(\cdot, t)\|_{L^{1}\left(\mathbb{R}^{d}\right)}+\|\tilde{n}(\cdot, t)-n(\cdot, t)\|_{L^{1}\left(\mathbb{R}^{d}\right)}=0$ for all $t \in[0, T]$, and thus $\rho(\cdot, t)=\tilde{\rho}(\cdot, t)$ and $n(\cdot, t)=\tilde{n}(\cdot, t)$ for all $t \in[0, T]$. Lastly, thanks to the weak formulation 3.5), for any $\psi \in L^{2}\left([0, T] ; H^{1}\left(\mathbb{R}^{d}\right)\right)$

$$
\int_{0}^{T} \int_{\mathbb{R}^{d}} \nabla \psi \cdot \nabla(p-\tilde{p}) d x d t=0
$$

Choosing $\psi$ that approximates $(p-\tilde{p})$, we conclude that $p=\tilde{p}$.

## 4. The Case of Zero Nutrient Diffusion and No Death

In the rest of the paper, we will always assume $b=D=0$ in $(\mathrm{P})$. This section aims at studying qualitative properties of the solution. Recall that in this case, $\eta:=n_{0}-n$ solves

$$
\begin{equation*}
\partial_{t} \eta=\left(n_{0}-\eta\right) \rho, \quad \eta(x, 0)=0 \tag{4.1}
\end{equation*}
$$

Given $(\rho, p, n)$ as a weak solution of $(\overline{\mathrm{P}})$, it is straightforward to show that $\eta$ is continuous in $L^{1}\left(\mathbb{R}^{d}\right)$ with respect to time.

The assumption $b=0$ implies the tumor region is always expanding. This enables us to study the $\rho$-equation of $(\overline{\mathrm{P}})$ through the so-called Baiocchi transform BCMP73. Indeed, if we define $w(x, t)=$ $\int_{0}^{t} p(x, s) d s$, we see that for any $t \geq 0$,

$$
w(x, t)(1-\rho(x, t))=\int_{0}^{t} p(x, s)(1-\rho(x, t)) d s \leq \int_{0}^{t} p(x, s)(1-\rho(x, s)) d s=0
$$

everywhere on $\mathbb{R}^{d}$. Hence, by integrating the $\rho$-equation of $(\mathrm{P})$ over the time interval $[0, t]$ and using the time continuity of $\rho$ and $\eta$ in $L^{1}\left(\mathbb{R}^{d}\right)$, we get the elliptic equation

$$
\begin{equation*}
\rho-\Delta w=\rho_{0}+\eta, \quad w(1-\rho)=0, \quad \rho \in[0,1], \quad w \geq 0 \tag{4.2}
\end{equation*}
$$

along with the boundary condition that $w$ vanishes at infinity.
The main advantage of this formulation is that $w$ enjoys much better regularity as compared to $p$ (clearly $w \in W^{2, r}\left(\mathbb{R}^{d}\right)$ for any $r<\infty$ ) while still describing the active tumor region. Section 4.1 will be focused on proving comparison/contraction properties of this elliptic equation.

On the other hand, that $D=0$ gives rise to many nice properties of the model. For example, it gives a direct pointwise dependence of the nutrient variables $n$ and $\eta$ on the density $\rho$

$$
\begin{equation*}
\eta(x, t)=n_{0}(x)\left[1-\exp \left(-\int_{0}^{t} \rho(x, s) d s\right)\right] \tag{4.3}
\end{equation*}
$$

This allows us to extend the comparison/contraction results for $\rho$-equation $(4.2)$ to the full PDE $(\overline{\mathrm{P}})$. See Section 4.2.
4.1. The elliptic formulation. Let us start from the elliptic equation (4.2). We first establish the following comparison principles and stability estimates.

Proposition 4.1. Let $\Omega \subset \mathbb{R}^{d}$ be an open set with a smooth (possibly empty) boundary. Suppose that for $i \in\{0,1\}$ we have non-negative functions $\rho^{i}, f^{i} \in C\left([0, T] ; L^{1}(\Omega)\right) \cap L^{\infty}(\Omega \times[0, T])$ and $w^{i} \in$ $L^{\infty}\left([0, T] ; H^{2}(\Omega)\right)$ such that for all $t \in[0, T]$

$$
\rho^{i}-\Delta w^{i}=f^{i}, \quad w^{i}\left(1-\rho^{i}\right)=0, \quad \rho^{i} \in[0,1], \quad w^{i} \geq 0
$$

on $\Omega$. If $w^{0}(x, t) \leq w^{1}(x, t)$ for all $(x, t) \in \partial \Omega \times[0, T]$, and $f^{0}(x, t) \leq f^{1}(x, t)$ for every $t \in[0, T]$ and almost every $x \in \Omega$, then for all $t \in[0, T]$ and almost every $x \in \Omega$ we have $\rho^{0}(x, t) \leq \rho^{1}(x, t)$ and $w^{0}(x, t) \leq w^{1}(x, t)$.

Remark 4.2. Let us emphasize that this comparison property does not immediately imply that solutions to (P) satisfy a comparison principle, since we have not shown that the nutrient variables stay ordered along solutions to the PDE (however, see Theorem 4.7).

Proof. Taking the difference of the two equations and integrating against $\left(w^{0}-w^{1}\right)_{+}$on $\Omega \times[0, T]$, we obtain

$$
\int_{0}^{T} \int_{\Omega}\left(\rho^{0}-\rho^{1}\right)\left(w^{0}-w^{1}\right)_{+}+\left|\nabla\left(w^{0}-w^{1}\right)_{+}\right|^{2} d x d t=\int_{0}^{T} \int_{\Omega}\left(f^{0}-f^{1}\right)\left(w^{0}-w^{1}\right)_{+} d x d t
$$

where we have used the fact that $\left(w_{0}-w_{1}\right)_{+}$vanishes on $\partial \Omega \times[0, T]$. The right hand side of the equation is clearly non-positive. On the other hand, if $w^{0}>w^{1}$ then we must have $w^{0}>0$. Therefore $\left(\rho^{0}-\rho^{1}\right)\left(w^{0}-w^{1}\right)_{+}=\left(1-\rho^{1}\right)\left(w^{0}-w^{1}\right)_{+} \geq 0$. Thus, the left hand side of the equation is non-negative. Hence, both sides must be equal to zero, which allows us to conclude that $\left(w^{0}-w^{1}\right)_{+}=c(t)$ in $\Omega \times[0, T]$ for some non-negative constant $c$ that depends only on time. Since both $w^{0}$ and $w^{1}$ approach zero at infinity and $w^{0} \leq w^{1}$ on $\partial \Omega \times[0, T]$, it follows that $c=0$. Thus, $w^{0} \leq w^{1}$ almost everywhere on $\Omega \times[0, T]$.

It is clear from the equation and the fact $w^{0} \leq w^{1}$ a.e. that $\left\{(x, t) \in \Omega \times[0, T]: \rho^{0}(x, t)>\rho^{1}(x, t)\right\} \subset$ $\left\{(x, t) \in \Omega \times[0, T]: w^{1}(x, t)=0, w^{0}(x, t)=0\right\}$ up to a set of measure zero. Since the equation implies that $w^{i} \in L^{\infty}\left([0, T] ; W^{2, r}\left(\mathbb{R}^{d}\right)\right)$ for any $r<\infty$, it follows that $\Delta w^{i}=0$ a.e. on the set where $w^{i}=0$. Thus, $\rho^{i}=f^{i}$ almost everywhere on $\left\{(x, t) \in \Omega \times[0, T]: w^{1}(x, t)=0, w^{0}(x, t)=0\right\}$. This allows us to conclude that $\rho^{0} \leq \rho^{1}$ almost everywhere on $\Omega \times[0, T]$.

A similar argument gives us the following $L^{1}$-stability property. It is a strengthening of Lemma 3.11 and the $L^{1}$-contraction principle 3.9 in the proof of Proposition 3.13
Proposition 4.3. Let $\Omega \subset \mathbb{R}^{d}$ be an open set with a smooth (possibly empty) boundary. Suppose that for $i \in\{0,1\}$, $\rho_{0}^{i}(x) \in[0,1]$ are integrable on $\Omega$, $\rho^{i}, \eta^{i} \in C\left([0, T] ; L^{1}(\Omega)\right) \cap L^{\infty}(\Omega \times[0, T])$ and $w^{i} \in$ $L^{\infty}\left([0, T] ; H^{2}(\Omega)\right)$, such that

$$
\rho^{i}-\Delta w^{i}=\rho_{0}^{i}+\eta^{i}, \quad w^{i}\left(1-\rho^{i}\right)=0, \quad \rho^{i} \in[0,1], \quad w^{i} \geq 0
$$

on $\Omega$. If $w^{0}(x, t)=w^{1}(x, t)$ for all $(x, t) \in \partial \Omega \times[0, T]$, then for all $t \in[0, T]$

$$
\left\|\left(\rho^{1}(\cdot, t)-\rho^{0}(\cdot, t)\right)_{+}\right\|_{L^{1}(\Omega)} \leq\left\|\left(\rho_{0}^{1}(\cdot)-\rho_{0}^{0}(\cdot)+\eta^{1}(\cdot, t)-\eta^{0}(\cdot, t)\right)_{+}\right\|_{L^{1}(\Omega)}
$$

Proof. Given small $\delta>0$, let $f_{\delta}: \mathbb{R} \rightarrow \mathbb{R}$ be a smooth increasing function such that $f_{\delta}(a)=0$ for all $a \leq 0$ and $f_{\delta}(a)=1$ for all $a \geq \delta$. Choose some $0 \leq t_{1}<t_{2} \leq T$. Taking the difference of the two equations and integrating against $f_{\delta}\left(w^{1}-w^{0}\right)$ on $\Omega \times\left[t_{1}, t_{2}\right]$, we have

$$
\begin{aligned}
& \int_{\Omega \times\left[t_{1}, t_{2}\right]}\left(\rho^{1}-\rho^{0}\right) f_{\delta}\left(w^{1}-w^{0}\right)+f_{\delta}^{\prime}\left(w^{1}-w^{0}\right)\left|\nabla\left(w^{1}-w^{0}\right)\right|^{2} d x d t \\
& =\int_{\Omega \times\left[t_{1}, t_{2}\right]}\left(\rho_{0}^{1}-\rho_{0}^{0}+\eta^{1}-\eta^{0}\right) f_{\delta}\left(w^{1}-w^{0}\right) d x d t
\end{aligned}
$$

Sending $\delta \rightarrow 0$, we see that

$$
\int_{\Omega \times\left[t_{1}, t_{2}\right]}\left(\rho^{1}-\rho^{0}\right) \operatorname{sgn}_{+}\left(w^{1}-w^{0}\right) d x d t \leq \int_{\Omega \times\left[t_{1}, t_{2}\right]}\left(\rho_{0}^{1}-\rho_{0}^{0}+\eta^{1}-\eta^{0}\right) \operatorname{sgn}_{+}\left(w^{1}-w^{0}\right) d x d t
$$

Let $E=\left\{(x, t) \in \Omega \times\left[t_{1}, t_{2}\right]: w^{1}(x, t) \leq w^{0}(x, t), \rho^{0}(x, t)<\rho^{1}(x, t)\right\}$. Then $w^{1}, w^{0}=0$ almost everywhere on $E$. Thus the regularity of $w^{i}$ implies that $\rho^{i}=\rho_{0}^{i}+\eta^{i}$ almost everywhere on $E$. Now we use the above inequality to derive that

$$
\begin{aligned}
& \int_{\Omega \times\left[t_{1}, t_{2}\right]}\left(\rho^{1}-\rho^{0}\right)_{+} d x d t \\
= & \int_{\Omega \times\left[t_{1}, t_{2}\right]}\left(\rho^{1}-\rho^{0}\right) \operatorname{sgn}_{+}\left(w^{1}-w^{0}\right) d x d t+\int_{E}\left(\rho^{1}-\rho^{0}\right)_{+} d x d t \\
\leq & \int_{\Omega \times\left[t_{1}, t_{2}\right]}\left(\rho_{0}^{1}-\rho_{0}^{0}+\eta^{1}-\eta^{0}\right) \operatorname{sgn}_{+}\left(w^{1}-w^{0}\right) d x d t+\int_{E}\left(\rho_{0}^{1}-\rho_{0}^{0}+\eta^{1}-\eta^{0}\right)_{+} d x d t \\
\leq & \left\|\left(\rho_{0}^{1}-\rho_{0}^{0}+\eta^{1}-\eta^{0}\right)_{+}\right\|_{L^{1}\left(\Omega \times\left[t_{1}, t_{2}\right]\right)}
\end{aligned}
$$

Then the result follows since $t_{1}$ and $t_{2}$ are arbitrary and $\rho^{i}$ and $\eta^{i}$ are continuous in $L^{1}(\Omega)$ with respect to time.

Thanks to the symmetries of the Laplacian, the above stability result implies the following derivative estimates.

Proposition 4.4. Suppose $\left(\rho, \rho_{0}, w, \eta\right)$ solve

$$
\rho-\Delta w=\rho_{0}+\eta, \quad w(1-\rho)=0, \quad \rho \in[0,1], \quad w \geq 0
$$

on $\mathbb{R}^{d} \times[0, T]$, where $\rho_{0} \in[0,1]$ is integrable on $\mathbb{R}^{d}$, $\eta \geq 0, \rho, \eta \in C\left([0, T] ; L^{1}\left(\mathbb{R}^{d}\right)\right) \cap L^{\infty}\left(\mathbb{R}^{d} \times[0, T]\right)$ and $w \in L^{\infty}\left([0, T] ; H^{2}\left(\mathbb{R}^{d}\right)\right)$. Then for any antisymmetric matrix $A \in \mathbb{R}^{d \times d}$, vector $v \in \mathbb{R}^{d}$, and scalar $\lambda \geq 0$, we have for all $t \in[0, T]$,

$$
\|\nabla \rho(x, t) \cdot(A x+\lambda x+v)\|_{L^{1}\left(\mathbb{R}^{d}\right)} \leq\left\|\nabla\left(\rho_{0}(x, t)+\eta(x, t)\right) \cdot(A x+\lambda x+v)\right\|_{L^{1}\left(\mathbb{R}^{d}\right)}
$$

In particular, for all $t \in[0, T]$,

$$
\|\rho(x, t)\|_{B V\left(\mathbb{R}^{d}\right)} \leq\left\|\rho_{0}(x, t)+\eta(x, t)\right\|_{B V\left(\mathbb{R}^{d}\right)}
$$

Proof. Given an antisymmetric matrix $A$ and $\lambda \geq 0$ we define $A_{s}:=\exp ((\lambda I+A) s)$ for each $s \in[0,1]$. A direct computation reveals that

$$
\partial_{s}\left(A_{s} A_{s}^{\top}\right)=A_{s}(\lambda I+A) A_{s}^{\top}+A_{s}(\lambda I+A)^{\top} A_{s}^{\top}=2 \lambda A_{s} A_{s}^{\top} .
$$

Since $A_{0} A_{0}^{\top}=I$, we can integrate directly to see that $A_{s} A_{s}^{\top}=e^{2 \lambda s} I$. Given $v \in \mathbb{R}^{d}$, if we define $T_{s}: \mathbb{R}^{d} \rightarrow \mathbb{R}^{d}$ such that $T_{s}(x)=A_{s} x+s v$, then $T_{s}$ is a smooth curve of affine transformations such that $\partial_{s} T_{0}(x)=\lambda x+A x+v$ and $D T_{s} D T_{s}^{\top}=e^{2 \lambda s} I$ for all $s \in[0,1]$.

Define $\rho_{s}:=\rho \circ T_{s}, w_{s}:=e^{-2 \lambda s} w \circ T_{s}, \eta_{s}:=\eta \circ T_{s}$, and $\rho_{0, s}:=\rho_{0} \circ T_{s}$. We can then compute

$$
\Delta\left(w_{s}\right)=D T D T^{\top}:\left(D^{2} w \circ T_{s}\right)+\Delta T_{s} \cdot \nabla w_{s}=(\Delta w) \circ T_{s}
$$

where we have used the fact that $D T D T^{\top}:\left(D^{2} w \circ T_{s}\right)=e^{2 \lambda s} \operatorname{tr}\left(e^{-2 \lambda s} D^{2} w \circ T_{s}\right)$ and $\Delta T_{s}=0$. Thus,

$$
\rho_{s}-\Delta w_{s}=(\rho-\Delta w) \circ T_{s}=\left(\rho_{0}+\eta\right) \circ T_{s}=\rho_{0, s}+\eta_{s} .
$$

It is also clear that $w_{s}\left(1-\rho_{s}\right)=0$. Proposition 4.3 now implies that for all $t \in[0, T]$ and every $s \in[0,1]$,

$$
\left\|\rho(\cdot, t)-\rho_{s}(\cdot, t)\right\|_{L^{1}\left(\mathbb{R}^{d}\right)} \leq\left\|\rho_{0}(\cdot, t)-\rho_{0, s}(\cdot, t)+\eta(\cdot, t)-\eta_{s}(\cdot, t)\right\|_{L^{1}\left(\mathbb{R}^{d}\right)}
$$

Dividing both sides by $s$ and then sending $s \rightarrow 0$, the first result follows. The second result follows from choosing $A=0$ and $\lambda=0$ and then taking supremum over the vectors $v$ with $|v| \leq 1$.
4.2. The full system with bounded initial nutrient. Now we study the full system $\mathbb{P}$ under the assumption that the initial nutrient $n_{0}$ is bounded. In what follows, we shall always assume the initial density $\rho_{0}$ is a patch, namely,

$$
\rho_{0} \in L^{1}\left(\mathbb{R}^{d}\right) \cap B V\left(\mathbb{R}^{d}\right), \text { and } \rho_{0}(x) \in\{0,1\} \text { almost everywhere. }
$$

While we already know that this must imply that $\rho(x, t) \in\{0,1\}$ almost everywhere for all $t$, the following lemma shows that in this case $\eta$ will be concentrated on the support of $\rho$.

Lemma 4.5. Suppose $\rho_{0}(x) \in\{0,1\}$ almost everywhere in $\mathbb{R}^{d}$. Then for all $t \in[0, T], \rho \in\{0,1\}$ and $(1-\rho) \eta=0$ almost everywhere in $\mathbb{R}^{d}$.

Proof. Since $\eta \geq 0$ and $\partial_{t} \rho \geq 0$ (c.f. Proposition 4.3), a direct computation shows that

$$
\frac{d}{d t} \int_{\mathbb{R}^{d}}(1-\rho(x, t)) \eta(x, t) d x \leq \int_{\mathbb{R}^{d}}(1-\rho(x, t)) \rho(x, t)\left(n_{0}(x)-\eta(x, t)\right) d x=0
$$

Thus, Gronwall's inequality and the non-negativity of $(1-\rho) \eta$ implies that, for all $t \in[0, T],(1-\rho) \eta=0$ almost everywhere in $\mathbb{R}^{d}$.

The next result gives a more complete characterization of the tumor patch, i.e., the set $\{\rho=1\}$. Formally it says that the tumor patch coincides with the support of the pressure variable, characterizing the evolution of the tumor as a free boundary problem driven by the pressure. It will be useful later in Section 5 . When the tumor boundary is regular, this is easy to prove since the pressure solves the elliptic equation $-\Delta p=n$ in the interior of the tumor. However such regularity is unknown a priori, so we instead argue with the more regular variable $w$, the time integral of $p$.

Lemma 4.6. Assume $\rho_{0}(x) \in\{0,1\}$ almost everywhere. Suppose $\left(\rho, \rho_{0}, w, \eta\right)$ satifies

$$
\begin{equation*}
\rho-\Delta w=\rho_{0}+\eta, \quad w(1-\rho)=0, \quad \rho \in\{0,1\}, \quad w \geq 0, \quad \partial_{t} \eta=\left(n_{0}-\eta\right) \rho . \tag{4.4}
\end{equation*}
$$

Then for all $t \in(0, T]$,

$$
\left\{x \in \mathbb{R}^{d}: \rho(x, t)=1\right\}=\left\{x \in \mathbb{R}^{d}: w(x, t)>0\right\} \cup\left\{x \in \mathbb{R}^{d}: \rho_{0}(x)=1, n_{0}(x)=0\right\}
$$

up to a measure zero set in $\mathbb{R}^{d}$.
Proof. Thanks to the regularity of $w, \Delta w$ vanishes almost everywhere on the set where $w$ vanishes. Thus, combining the elliptic equation and the relation $w(1-\rho)=0$, it follows that for every $t \in(0, T]$

$$
\begin{equation*}
\rho(x, t)=\chi_{w}(x, t)+\left(1-\chi_{w}(x, t)\right)\left(\rho_{0}(x)+\eta(x, t)\right) \tag{4.5}
\end{equation*}
$$

almost everywhere, where $\chi_{w}$ is the characteristic function of the set $\{w>0\}$.
Using Lemma 4.5 we see that $\eta$ solves $\partial_{t} \eta=n_{0} \rho-\eta$. Therefore, we have the following integral representation for $\eta$ :

$$
\begin{aligned}
\eta(x, t) & =n_{0}(x) \int_{0}^{t} \rho(x, s) e^{s-t} d s \\
& =n_{0}(x) \int_{0}^{t}\left(\chi_{w}(x, s)+\left(1-\chi_{w}(x, s)\right)\left(\rho_{0}(x)+\eta(x, s)\right)\right) e^{s-t} d s
\end{aligned}
$$

Define

$$
h(x, t):=\eta(x, t)\left(1-\chi_{w}(x, t)\right)
$$

Since $\chi_{w}$ is increasing in time, it follows that $\chi_{w}(x, s)\left(1-\chi_{w}(x, t)\right)=0$ and $\left(1-\chi_{w}(x, s)\right)\left(1-\chi_{w}(x, t)\right)=$ $\left(1-\chi_{w}(x, s)\right)$ whenever $s \leq t$. Therefore, multiplying the integral representation of $\eta$ by $\left(1-\chi_{w}(x, t)\right)$, we obtain that

$$
\begin{aligned}
h(x, t) & =n_{0}(x) \int_{0}^{t}\left(1-\chi_{w}(x, s)\right)\left(\rho_{0}(x)+\eta(x, s)\right) e^{s-t} d s \\
& =n_{0}(x) \int_{0}^{t}\left(\left(1-\chi_{w}(x, s)\right) \rho_{0}(x)+h(x, s)\right) e^{s-t} d s
\end{aligned}
$$

holds almost everywhere. For almost every $x$ such that $n_{0}(x) \rho_{0}(x)=0$, Gronwall's inequality implies that $h(x, t)=0$ for all $t \in[0, T]$.

By 4.5 and the definition of $h$, we may write $\{(x, t): \rho(x, t)=1\}=\{(x, t): w(x, t)>0\} \cup$ $\left\{(x, t): \rho_{0}(x)+h(x, t)=1\right\}$ up to a measure-zero set. From our work above, when $n_{0}(x) \rho_{0}(x)=0$, $h(x, t)=0$ almost everywhere. When $n_{0}(x) \rho_{0}(x) \neq 0$ we have $\rho_{0}(x)=1$ and $n_{0}(x)>0$, which implies that $\rho_{0}(x)+\eta(x, t)>1$ for all $t>0$ and it is non-decreasing. For almost every such $x$, we must have $w(x, t)>0$ for all $t>0$, as otherwise (4.4) would not hold.

This completes the proof.
Next, we state two results on the stability of the full system $(\mathrm{P})$. They respectively extend Proposition 4.3 and Proposition 4.4.

Theorem 4.7. Suppose that $\left(\rho^{0}, p^{0}, \eta^{0}\right)$ and $\left(\rho^{1}, p^{1}, \eta^{1}\right)$ are solutions to the PDE $\sqrt{\mathrm{P}}$ starting from initial datum $\left(\rho_{0}^{0}, n_{0}^{0}\right)$ and $\left(\rho_{0}^{1}, n_{0}^{1}\right)$, respectively. Fix a domain $D \subset \mathbb{R}^{d}$. Suppose $\rho_{0}^{0}$ and $\rho_{0}^{1}$ are patches, $n_{0}^{0} \in$ $L^{\infty}(D)$, and $p^{0}=p^{1}$ on $\partial D \times[0, T]$. Denote

$$
N_{D}(t)=\int_{0}^{t} e^{\left(\left\|n_{0}^{0}\right\|_{L^{\infty}(D)}-1\right) \tau} d \tau= \begin{cases}\frac{e^{\left(\left\|n_{0}^{0}\right\|_{L} \infty(D)^{-1) t}-1\right.}}{\left\|n_{0}^{0}\right\|_{L^{\infty}(D)}-1} & \text { if }\left\|n_{0}^{0}\right\|_{L^{\infty}(D)} \neq 1 \\ t & \text { otherwise }\end{cases}
$$

and

$$
M_{D}(t)=\left\|n_{0}^{0}\right\|_{L^{\infty}(D)} N_{D}(t)+1= \begin{cases}\frac{\left\|n_{0}^{0}\right\|_{L^{\infty}(D)} e^{\left(\left\|n_{0}^{0}\right\|_{L^{\infty}(D)}{ }^{-1) t}-1\right.}}{\left\|n_{0}^{0}\right\|_{L^{\infty}(D)}-1} & \text { if }\left\|n_{0}^{0}\right\|_{L^{\infty}(D)} \neq 1 \\ t+1 & \text { otherwise }\end{cases}
$$

Then for all $t \in[0, T]$,

$$
\left\|\left(\rho^{1}-\rho^{0}\right)_{+}\right\|_{L^{1}(D \times\{t\})} \leq N_{D}(t)\left\|\left(n_{0}^{1}-n_{0}^{0}\right)_{+}\right\|_{L^{1}(D)}+M_{D}(t)\left\|\left(\rho_{0}^{1}-\rho_{0}^{0}\right)_{+}\right\|_{L^{1}(D)}
$$

If in addition, $\rho_{0}^{0} \leq \rho_{0}^{1}$ and $n_{0}^{0} \leq n_{0}^{1}$ for almost every $x \in D$, then for all $t \in[0, T]$ we have $\rho^{0}(x, t) \leq \rho^{1}(x, t)$ for almost every $x \in D$.
Remark 4.8. Compared with the proof of Proposition 3.13. this theorem provides an improved estimate by taking advantage of the conditions $b=0$ and $\rho^{i}(i=0,1)$ are patch solutions.

Proof. Thanks to Proposition 4.3, for every $t \in[0, T]$ we have the contraction inequality

$$
\left\|\left(\rho^{1}-\rho^{0}\right)_{+}\right\|_{L^{1}(D \times\{t\})} \leq\left\|\left(\rho_{0}^{1}-\rho_{0}^{0}\right)_{+}\right\|_{L^{1}(D)}+\left\|\left(\eta^{1}-\eta^{0}\right)_{+}\right\|_{L^{1}(D \times\{t\})} .
$$

On the other hand, by direct computation and Lemma 4.5

$$
\begin{aligned}
& \frac{d}{d t}\left\|\left(\eta^{1}-\eta^{0}\right)_{+}\right\|_{L^{1}(D \times\{t\})}+\left\|\left(\eta^{1}-\eta^{0}\right)_{+}\right\|_{L^{1}(D \times\{t\})} \\
\leq & \left\|\left(n_{0}^{1} \rho^{1}-n_{0}^{0} \rho^{0}\right)_{+}\right\|_{L^{1}(D \times\{t\})} \\
\leq & \left\|\left(n_{0}^{1}-n_{0}^{0}\right)_{+}\right\|_{L^{1}(D)}+\left\|n_{0}^{0}\right\|_{L^{\infty}(D)}\left\|\left(\rho^{1}-\rho^{0}\right)_{+}\right\|_{L^{1}(D \times\{t\})} .
\end{aligned}
$$

Plugging in the contraction inequality, we see that

$$
\begin{aligned}
\frac{d}{d t}\left\|\left(\eta^{1}-\eta^{0}\right)_{+}\right\|_{L^{1}(D \times\{t\})} \leq & \left(\left\|n_{0}^{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}-1\right)\left\|\left(\eta^{1}-\eta^{0}\right)_{+}\right\|_{L^{1}(D \times\{t\})} \\
& +\left\|\left(n_{0}^{1}-n_{0}^{0}\right)_{+}\right\|_{L^{1}(D)}+\left\|n_{0}^{0}\right\|_{L^{\infty}(D)}\left\|\left(\rho_{0}^{1}-\rho_{0}^{0}\right)_{+}\right\|_{L^{1}(D)}
\end{aligned}
$$

Then Gronwall's inequality implies that

$$
\left\|\left(\eta^{1}-\eta^{0}\right)_{+}\right\|_{L^{1}(D \times\{t\})} \leq N_{D}(t)\left(\left\|\left(n_{0}^{1}-n_{0}^{0}\right)_{+}\right\|_{L^{1}(D)}+\left\|n_{0}^{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}\left\|\left(\rho_{0}^{1}-\rho_{0}^{0}\right)_{+}\right\|_{L^{1}(D)}\right)
$$

and thus

$$
\left\|\left(\rho^{1}-\rho^{0}\right)_{+}\right\|_{L^{1}(D \times\{t\})} \leq N_{D}(t)\left\|\left(n_{0}^{1}-n_{0}^{0}\right)_{+}\right\|_{L^{1}(D)}+M_{D}(t)\left\|\left(\rho_{0}^{1}-\rho_{0}^{0}\right)_{+}\right\|_{L^{1}(D)} .
$$

The final comparison property is automatic from the above estimates.
Proposition 4.9. Let $(\rho, p, \eta)$ be a solution to (P) starting from initial data $\rho_{0}$ and $n_{0}$. Given an antisymmetric matrix $A \in \mathbb{R}^{d \times d}$ and some $g \in L^{1}\left(\overleftarrow{\mathbb{R}^{d}}\right)$ define

$$
\|g\|_{B V_{A}\left(\mathbb{R}^{d}\right)}=\sup _{\varphi \in C_{c}^{\infty}\left(\mathbb{R}^{d}\right),\|\varphi\|_{L^{\infty}\left(\mathbb{R}^{d}\right)} \leq 1} \int_{\mathbb{R}^{d}} g(x) A x \cdot \nabla \varphi d x .
$$

If $\rho_{0} \in B V\left(\mathbb{R}^{d}\right)$ is a patch and $n_{0} \in L^{\infty}\left(\mathbb{R}^{d}\right) \cap B V\left(\mathbb{R}^{d}\right)$, then for all $t \in[0, T]$,

$$
\|\rho\|_{B V\left(\mathbb{R}^{d} \times\{t\}\right)} \leq N(t)\left\|n_{0}\right\|_{B V\left(\mathbb{R}^{d}\right)}+M(t)\left\|\rho_{0}\right\|_{B V\left(\mathbb{R}^{d}\right)}
$$

and

$$
\|\rho\|_{B V_{A}\left(\mathbb{R}^{d} \times\{t\}\right)} \leq N(t)\left\|n_{0}\right\|_{B V_{A}\left(\mathbb{R}^{d}\right)}+M(t)\left\|\rho_{0}\right\|_{B V_{A}\left(\mathbb{R}^{d}\right)}
$$

Here $N(t):=N_{\mathbb{R}^{d}}(t)$ and $M(t):=M_{\mathbb{R}^{d}}(t)$ are defined as in Theorem 4.7.
Proof. Proposition 4.4 immediately gives us the bound

$$
\|\rho(\cdot, t)\|_{B V\left(\mathbb{R}^{d}\right)} \leq\left\|\rho_{0}\right\|_{B V\left(\mathbb{R}^{d}\right)}+\|\eta(\cdot, t)\|_{B V\left(\mathbb{R}^{d}\right)}
$$

Using (4.3), it is clear that $\rho, \eta \in L^{\infty}\left([0, T] ; B V\left(\mathbb{R}^{d}\right)\right)$. To obtain a better bound, we differentiate the $\eta$-equation

$$
\partial_{t} \nabla \eta=\rho \nabla n_{0}+n_{0} \nabla \rho-\nabla \eta
$$

which allows us to estimate

$$
\begin{aligned}
\frac{d}{d t}\left(e^{t}\|\eta(\cdot, t)\|_{B V\left(\mathbb{R}^{d}\right)}\right) & \leq e^{t}\left(\left\|n_{0}\right\|_{B V\left(\mathbb{R}^{d}\right)}+\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}\|\rho(\cdot, t)\|_{B V\left(\mathbb{R}^{d}\right)}\right) \\
& \leq e^{t}\left(\left\|n_{0}\right\|_{B V\left(\mathbb{R}^{d}\right)}+\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}\left\|\rho_{0}\right\|_{B V\left(\mathbb{R}^{d}\right)}+\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}\|\eta(\cdot, t)\|_{B V\left(\mathbb{R}^{d}\right)}\right)
\end{aligned}
$$

Rearranging this yields

$$
\frac{d}{d t}\left(e^{\left(1-\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}\right) t}\|\eta(\cdot, t)\|_{B V\left(\mathbb{R}^{d}\right)}\right) \leq e^{\left(1-\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}\right) t}\left(\left\|n_{0}\right\|_{B V\left(\mathbb{R}^{d}\right)}+\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}\left\|\rho_{0}\right\|_{B V\left(\mathbb{R}^{d}\right)}\right)
$$

Thus,

$$
\|\eta(\cdot, t)\|_{B V\left(\mathbb{R}^{d}\right)} \leq N(t)\left(\left\|n_{0}\right\|_{B V\left(\mathbb{R}^{d}\right)}+\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}\left\|\rho_{0}\right\|_{B V\left(\mathbb{R}^{d}\right)}\right)
$$

The $B V$-estimate now follows. The estimate for the $B V_{A}$-norm can be proved analogously.
By the comparison principle Theorem 4.7, one can see that any solution starting with an initial nutrient such that $\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}<1$ must have bounded mass for all time. Indeed, we may take in Theorem 4.7 that $\rho_{0}^{0}=0, \rho_{0}^{1}=\rho_{0}$, and $n_{0}^{0}=n_{0}^{1}=n_{0}$. In such case, the solution approaches a stationary state as $t \rightarrow \infty$. The following theorem characterizes the stationary state and provides a convergence rate.

Theorem 4.10. Suppose $\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}<1$ and $\rho_{0} \in\{0,1\}$ and that $(\rho, p, \eta)$ is a solution to the $P D E$ (P) starting from the initial data $\left(\rho_{0}, n_{0}\right)$. Let $\rho_{\infty}$ solve the elliptic equation

$$
\begin{equation*}
\left(1-n_{0}(x)\right) \rho_{\infty}-\Delta w_{\infty}=\rho_{0}, \quad w_{\infty}\left(1-\rho_{\infty}\right)=0, \quad \rho_{\infty} \in[0,1], \quad w_{\infty} \geq 0 \tag{4.6}
\end{equation*}
$$

Then we have

$$
\begin{aligned}
\left\|\rho(\cdot, t)-\rho_{\infty}\right\|_{L^{1}\left(\mathbb{R}^{d}\right)} & \leq \frac{\left\|n_{0} \rho_{0}\right\|_{L^{1}\left(\mathbb{R}^{d}\right)}}{1-\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}} e^{\left(\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}-1\right) t}, \\
\left\|\eta(\cdot, t)-n_{0} \rho_{\infty}\right\|_{L^{1}\left(\mathbb{R}^{d}\right)} & \leq \frac{\left\|n_{0} \rho_{0}\right\|_{L^{1}\left(\mathbb{R}^{d}\right)}}{1-\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}} e^{\left(\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}-1\right) t}
\end{aligned}
$$

Proof. Recall that $\eta=\rho \eta$, since $\rho$ is a patch solution. A direct computation shows that

$$
\int_{\mathbb{R}^{d}} \partial_{t} \rho d x=\int_{\mathbb{R}^{d}} n_{0} \rho-\eta d x, \quad \int_{\mathbb{R}^{d}} \partial_{t t} \rho d x=\int_{\mathbb{R}^{d}} n_{0} \partial_{t} \rho-\left(n_{0} \rho-\eta\right) d x .
$$

Therefore,

$$
\int_{\mathbb{R}^{d}} \partial_{t t} \rho d x+\left(1-\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}\right) \int_{\mathbb{R}^{d}} \partial_{t} \rho d x \leq 0 .
$$

Hence,

$$
\int_{\mathbb{R}^{d}} \partial_{t} \rho(x, t) d x \leq e^{\left(\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}-1\right) t} \int_{\mathbb{R}^{d}} \rho_{0} n_{0} d x .
$$

A similar calculation gives

$$
\int_{\mathbb{R}^{d}} \partial_{t} \eta(x, t) d x \leq e^{\left(\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}-1\right) t} \int_{\mathbb{R}^{d}} \rho_{0} n_{0} d x
$$

Since $\partial_{t} \rho, \partial_{t} \eta \geq 0$ almost everywhere, the above bounds imply that there exists $\rho_{\infty}, \eta_{\infty} \in L^{1}\left(\mathbb{R}^{d}\right)$ such that

$$
\begin{aligned}
& \left\|\rho(\cdot, t)-\rho_{\infty}\right\|_{L^{1}\left(\mathbb{R}^{d}\right)} \leq \frac{\left\|n_{0} \rho_{0}\right\|_{L^{1}\left(\mathbb{R}^{d}\right)}}{1-\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}} e^{\left(\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}-1\right) t}, \\
& \left\|\eta(\cdot, t)-\eta_{\infty}\right\|_{L^{1}\left(\mathbb{R}^{d}\right)} \leq \frac{\left\|n_{0} \rho_{0}\right\|_{L^{1}\left(\mathbb{R}^{d}\right)}}{1-\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}} e^{\left(\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)}-1\right) t} .
\end{aligned}
$$

Finally, it is clear that $0=\lim _{t \rightarrow \infty} \partial_{t} \eta(\cdot, t)=\rho_{\infty} n_{0}-\eta_{\infty}$. Hence, $\eta_{\infty}=n_{0} \rho_{\infty}$. Since all of the variables are increasing with respect to time, we can pass to the limit in the elliptic equation 4.2 to obtain (4.6).

## 5. Regularity of the Tumor Patch

In this section we analyze the free boundary regularity of the tumor region $\{\rho=1\}$. For simplicity we only consider patch solutions $\rho$ of the tumor growth model $(\mathrm{P})$.

When $\rho_{0}$ equals the characteristic function $\chi_{\Omega_{0}}$ with $\Omega_{0}$ being a compact set, Proposition 4.3 and Lemma 4.5 imply that for any $t>0, \rho(\cdot, t)=\chi_{\Omega_{t}}$ for some $\Omega_{t}$ that increases in time. Lemma 4.6 gives a characterization of $\Omega_{t}$. We will focus on the boundary regularity of $\Omega_{t}$ under suitable geometric assumptions.
5.1. Reflection geometry. First, we recall from [FK14 that sets having reflection geometries, i.e., those satisfying ordering properties when reflected with respect to a family of hyperplanes, have locally Lipschitz boundaries. For both simplicity and relevance to the case $n_{0}(x) \geq 1$, we focus on isotropic reflection geometry defined as r-reflection property below. For more general types of reflection geometries that ensure Lipschitz regularity of the set boundary, see KKP21.

For a hyperplane $H$ in $\mathbb{R}^{d}$ with unit normal vector $\nu_{H}$, the reflection with respect to $H$ is given by

$$
\phi_{H}(x):=x-2\left(x-y, \nu_{H}\right) \nu_{H} \text { for some } y \in H
$$

Definition 5.1 (Definition 3.10, [FK14]). For $r>0$, we say a bounded open set $\Omega \subset \mathbb{R}^{d}$ satisfies $r$ reflection property if, for any hyperplane $H$ such that $H^{-}:=\left\{x:(x-y) \cdot \nu_{H}<0, y \in H\right\}$ contains $B_{r}(0)$,

$$
\phi_{H}\left(\Omega \cap H^{+}\right) \subset \Omega \cap H^{-}
$$

Here $H^{+}:=\phi_{H}\left(H^{-}\right)$.
Lemma 5.2 (Lemma 3.24, [FK14]). Let $C(x, \theta):=\{y:\langle x, y\rangle \geq \cos \theta|x||y|\}$ denote the cone with direction $x$ and angle $\theta \in[0, \pi / 2]$. Suppose $\Omega$ satisfies $r$-reflection property, and that $\Omega$ contains the closure of $B_{r}(0)$. Then for all $x \in \partial \Omega$, there is an exterior cone $C\left(x, \phi_{x}\right)$ to $\Omega$ at $x$, such that

$$
x+C\left(x, \phi_{x}\right) \subset \Omega^{c}, \text { where } \cos \phi_{x}=\frac{r}{|x|} .
$$

Definition 5.3. Let $\mathcal{P}$ be a family of hyperplanes in $\mathbb{R}^{d}$ that do not go through the origin. $u$ is said to have reflection properties with respect to $\mathcal{P}$, if for any $H \in \mathcal{P}, u_{H} \leq u$ in $H^{+}$. Here $u_{H}(x):=u \circ \phi_{H}(x)$ is the reflection of $u$ with respect to $H$, and $H^{+}$is the half-space generated by $H$ that contains the origin.

Lemma 5.2 implies that, if $u$ has reflection properties with respect to $\mathcal{P}$ and there is enough of these hyperplanes in $\mathcal{P}$, then the super level sets of $u$ should have locally Lipschitz boundary.
5.2. Lipschitz regularity for the tumor patch. Using the invariance of the system with respect to reflections, we will show that, under suitable assumptions on $n_{0}$, if $r$-reflection property holds for $\Omega_{0}$ initially, it remains to be true for $\Omega_{t}$ for all $t>0$ (see Proposition 5.4). This allows us to prove that $\partial \Omega_{t}$ enjoys Lipschitz regularity in various typical cases. For example, if $n_{0}(x) \geq 1$ on $\mathbb{R}^{d}$, we will show that for any initial tumor region $\Omega_{0}, \Omega_{t}$ has locally Lipschitz boundary for all sufficiently large times: see Corollary 5.5. We will build on the Lipschitz regularity to later show $C^{1, \alpha}$-regularity of the free boundary, using the elliptic equation that $w$ solves.

We first prove the so-called reflection comparison result.
Proposition 5.4 (Reflection comparison). For a given hyperplane $H$ in $\mathbb{R}^{d}$, define $\rho_{H}:=\rho \circ \phi_{H}$. Let $H^{+}$be one of the half-spaces generated by $H$. If $\left(\rho_{0}\right)_{H} \leq \rho_{0}$ and $\left(n_{0}\right)_{H} \leq n_{0}$ a.e. in $H^{+}$, then $(\rho)_{H} \leq \rho$, and $(\eta)_{H} \leq \eta$ a.e. in $H^{+} \times[0, \infty)$.

Proof. Let $w_{H}:=w \circ \phi_{H}$ and there holds trivially $\left.w\right|_{H}=\left.w_{H}\right|_{H}$. Thanks to the symmetries of the Laplacian, we have

$$
\rho_{H}-\Delta w_{H}=\left(\rho_{0}\right)_{H}+\eta_{H}, \quad w_{H}\left(1-\rho_{H}\right)=0, \quad \rho_{H} \in[0,1], \quad w_{H} \geq 0
$$

almost everywhere in $H^{+}$. Thus, the stability estimate in Proposition 4.3 implies that for every $t \in[0, T]$,

$$
\left\|\left(\rho_{H}-\rho\right)_{+}\right\|_{L^{1}\left(H^{+} \times\{t\}\right)} \leq\left\|\left(\eta_{H}-\eta\right)_{+}\right\|_{L^{1}\left(H^{+} \times\{t\}\right)}
$$

Since $\partial_{t} \eta=n_{0} \rho-\eta$, it follows that $\partial_{t} \eta_{H}=\left(n_{0}\right)_{H} \rho_{H}-\eta_{H}$. Thus,

$$
\begin{aligned}
& \frac{d}{d t}\left\|\left(\eta_{H}-\eta\right)_{+}\right\|_{L^{1}\left(H^{+} \times\{t\}\right)}+\left\|\left(\eta_{H}-\eta\right)_{+}\right\|_{L^{1}\left(H^{+} \times\{t\}\right)} \\
\leq & \left\|\left(\left(n_{0}\right)_{H} \rho_{H}-n_{0} \rho\right)_{+}\right\|_{L^{1}\left(H^{+} \times\{t\}\right)} \\
\leq & \left\|\left(n_{0}\right)_{H}\right\|_{L^{\infty}\left(H^{+}\right)}\left\|\left(\rho_{H}-\rho\right)_{+}\right\|_{L^{1}\left(H^{+} \times\{t\}\right)} \\
\leq & \left\|\left(n_{0}\right)_{H}\right\|_{L^{\infty}\left(H^{+}\right)}\left\|\left(\eta_{H}-\eta\right)_{+}\right\|_{L^{1}\left(H^{+} \times\{t\}\right)} .
\end{aligned}
$$

Now it follows from Gronwall's inequality that, for all $t \in[0, T],\left\|\left(\eta_{H}-\eta\right)_{+}\right\|_{L^{1}\left(H^{+} \times\{t\}\right)}=0$, and thus $\left\|\left(\rho_{H}-\rho\right)_{+}\right\|_{L^{1}\left(H^{+} \times\{t\}\right)}=0$.

The following is a consequence of the reflection comparison and Lemma 5.2 .
Corollary 5.5. Assume that the super-level sets of $n_{0}$ satisfy the r-reflection for some $r>0$. Then the followings hold:
(a) Suppose $n_{0}(x)<1$ on $\mathbb{R}^{d}$. If $\Omega_{0}$ satisfies $r$-reflection, then so does $\Omega_{t}$ for all $t>0$. In this case, suppose $\overline{B_{R}(0)} \subset\left\{w_{\infty}>0\right\}$ for some $R>r$, where $w_{\infty}$ is defined in Theorem 4.10. Then there is $T>0$ such that $\Omega_{t}$ contains $B_{R}(0)$ whenever $t>T$. Consequently, for $t>T, \Omega_{t}$ has uniformly Lipschitz boundary, with Lipschitz constant less than $O\left(\frac{r}{R-r}\right)$.
(b) Suppose $n_{0}(x) \geq 1$ on $\mathbb{R}^{d}$ and that $\Omega_{0}$ is a bounded open set contained in $B_{r}(0)$. Then for any $R>0$, $T(R):=\inf \left\{t: B_{R}(0) \subset \Omega_{t}\right\}$ is finite. Consequenctly, for any $R>r$, when $t \geq T(R)$, the set $\Omega_{t}$ has Lipschitz boundary with respect to radial direction with Lipschitz constant less than $O\left(\frac{r}{R-r}\right)$.

Remark 5.6. Note that the $r$-reflection condition does not restrict the shape of either $\Omega_{0}$ or super-level sets of $n_{0}$ inside $B_{r}(0)$. Hence, we can start with any initial data $\Omega_{0} \subset B_{r}(0)$ in both cases of the above corollary, where the evolution of the set may go through topological singularities such as merging of the free boundaries. The above results state that, given that the initial nutrient $n_{0}$ is "well-prepared" outside $B_{r}(0)$, once $\partial \Omega_{t}$ moves outside $B_{r}(0)$, there will be no further topological changes in the evolution, and $\partial \Omega_{t}$ remains being Lipschitz.

Remark 5.7. One could relax the assumption on $n_{0}$ so that for level sets lying between $B_{R}(0)$ and $B_{2 R}(0)$, the corresponding super-level set only satisfies $R$-reflection. That would allow us to study the case, e.g., where level sets of $n_{0}$ are ellipses. That may admit possibly non-radial asymptotic shapes for $\Omega_{t}$. We leave such discussion to interested readers.

Proof. For (a), $\Omega_{t}$ satisfies $r$-reflection due to Proposition 5.4. Moreover, both $\rho$ and $\eta$ monotone increases in time and converge to $\rho_{\infty}$ and $n_{0} \rho_{\infty}$ in $L^{1}\left(\mathbb{R}^{d}\right)$, due to Theorem 4.10. In the patch case we have $\rho_{\infty}=\chi_{\Omega_{\infty}}$, where $\Omega_{\infty}$ is bounded. This implies the above convergence also holds in $L^{p}\left(\mathbb{R}^{d}\right)$ for any $p \in[1,+\infty)$. It then follows from (4.2 and 4.6 that $w$ then uniformly converges to $w_{\infty}$ as $t \rightarrow \infty$. Hence if we know that $\overline{B_{R}(0)} \subset\left\{w_{\infty}>0\right\}$, from the fact that $w(\cdot, t)$ monotonically increases to converge to $w_{\infty}$, we conclude that $\Omega_{t}$ contains $\overline{B_{r}(0)}$ for sufficiently large $t$. Then we can conclude (a) by Lemma 5.2 ,

For (b), that $T(R)$ being finite follows from comparison with the case $n_{0}(x) \equiv 1$; see Theorem 4.7 and Remark 6.3 below. Also note that for any hyperplane $H$ such that $H^{-}$contains $B_{r}(0), \Omega_{0} \cap H^{+}$is an empty set, and thus its reflected image $\phi_{H}\left(\Omega_{0} \cap H^{+}\right)$is trivially contained by $\Omega_{0} \cap H^{-}$. Thus $\Omega_{t}$ satisfies $r$-reflection for all $t \geq 0$, and once $t \geq T(R)$ with $R>r$, we can apply Lemma 5.2 .

Let us now assume that, for a domain $D \subset \mathbb{R}^{n} \backslash \Omega_{0}, \partial \Omega_{t} \cap D$ is non-empty but has Lebesgue measure zero. Then Lemma 4.6 yields that $\rho(\cdot, t)=\chi_{\{w(\cdot, t)>0\}}$ in $D$, and thus 4.2 can be written as

$$
\Delta w=\rho-\eta=\chi_{\{w>0\}}-\eta \text { in } D
$$

Moreover, by its definition $\eta=n_{0}-n$ is supported only in $\chi_{\{w>0\}}$. Hence, 4.1- 4.2 yields the following $(w, \eta)$-system in $D$ :

$$
\left\{\begin{array}{l}
\eta_{t}=\left(n_{0}-\eta\right) \rho=n_{0} \chi_{\{w>0\}}-\eta ;  \tag{W}\\
\chi_{\{w>0\}}-\Delta w=\eta \chi_{\{w>0\}}
\end{array}\right.
$$

In what follows, we will explore the second equation in $W$ to prove further regularity of the free boundary, in the setting given in Corollary 5.5.
5.3. $C^{1, \alpha}$-regularity of the free boundary. According to $W$, away from the support of $\rho_{0}, w$ solves

$$
(1-\eta) \chi_{\{w>0\}}-\Delta w=0
$$

As long as $\eta<1$ near $\partial\{w>0\}$ and is $C^{\alpha}$, this problem falls into the category of standard obstacle problem, whose singular points feature a blow-up profile of a quadratic polymonial with sub-quadratic error term. This is impossible if the set $\{w>0\}$ is known to have locally Lipschitz free boundary in $D$. Hence, if we know a priori that $\Omega_{t}$ has Lipschitz boundary, then the free boundary $\partial\{w>0\}$ consists of
only regular points, i.e., it is $C^{1, \alpha}$; see Bla01, Theorem 7.2]. This would be the conclusion we will obtain at the end of this section, in Corollary 5.13, with a class of initial data discussed in Corollary 5.5 .

To complete this argument, we need to prove that $\eta$ is indeed Hölder continuous in space. Note that $\eta(x, t)$ starts evolving in time once the set $\Omega_{t}$ reaches $x$. Regularity of $\eta$ thus is directly related to the dynamics of the set $\Omega_{t}$, or equivalently that of $\{w(\cdot, t)>0\}$. We will show a version of non-degeneracy for the pressure variable near the boundary (see Proposition 5.12), which further implies non-degeneracy of the propagation speed of the boundary, ensuring that the tumor patch reaches nearby points with small time difference.

To study the dynamics of the tumor patch, we will need a direct comparison principle for $(\rho, p)$, with barriers with a fixed $n$, as follows.
Lemma 5.8. Let $(\rho, p, n)$ solve the original system $(\bar{P}$, and suppose $(\bar{\rho}, \bar{p})$ weakly solves

$$
\partial_{t} \bar{\rho}-\Delta \bar{p} \leq n \bar{\rho} \quad \text { in } D \times\left[t_{0}, t_{1}\right]
$$

with $\bar{p} \in L^{2}\left([0, T] ; H^{1}\left(\mathbb{R}^{d}\right)\right)$ such that $\bar{\rho}=\operatorname{sgn}_{+}(\bar{p})$. If $\bar{\rho} \leq \rho$ at $t=t_{0}, \bar{p} \leq p$ on $\partial D \times\left[t_{0}, t_{1}\right]$, and $\partial_{t} \bar{\rho} \geq 0$, then $\bar{\rho} \leq \rho$ and $\bar{p} \leq p$ almost everywhere on $D \times\left[t_{0}, t_{1}\right]$.

Remark 5.9. We expect the result to still hold if one drops the requirement that $\partial_{t} \bar{\rho} \geq 0$ and $\bar{\rho}=\operatorname{sgn}_{+}(\bar{p})$. Nonetheless, these assumptions make the proof substantially easier and the above statement is sufficiently strong for our purposes.

Remark 5.10. Let us note that this result is closely related to the comparison and uniqueness statements Lemma 3.11 and Proposition 3.13 . Nonetheless, neither statement directly applies to prove the above result. Lemma 3.11 assumes that one already has an ordering for the source terms, while Proposition 3.13 proves uniqueness through stability rather than comparison. On the other hand, it is very likely that one could obtain a strengthened version of this result by appropriately tweaking the argument in Lemma 3.11.

Proof. Let $\bar{w}(x, t)=\int_{t_{0}}^{t} \bar{p}(x, s) d s$. Since $\bar{\rho}$ is increasing and $\bar{\rho}=\operatorname{sgn}_{+}(\bar{p})$, it follows that $\bar{\rho}=\operatorname{sgn}_{+}(\bar{w})$ for any $t>t_{0}$. Hence, integrating in time, we see that $\bar{w}$ weakly solve

$$
\operatorname{sgn}_{+}(\bar{w})(x, t)-\Delta \bar{w}(x, t) \leq \bar{\rho}\left(x, t_{0}\right)+\int_{t_{0}}^{t} n \operatorname{sgn}_{+}(\bar{w})(x, s) d s
$$

If we set $w(x, t)=\int_{t_{0}}^{t} p(x, s) d s$ with abuse of notations, we recall that the original system solves

$$
\rho(x, t)-\Delta w(x, t)=\rho\left(x, t_{0}\right)+\int_{t_{0}}^{t} n \rho(x, s) d s, \quad w(1-\rho)=0, \quad \rho \in[0,1], \quad w \geq 0
$$

almost everywhere in $D \times\left[t_{0}, t_{1}\right]$. Then we argue as in the proof of Proposition 4.3. Fix $\delta>0$ and let $f_{\delta}: \mathbb{R} \rightarrow \mathbb{R}$ be a smooth increasing function such that $f_{\delta}(a)=0$ if $a \leq 0$ and $f_{\delta}(a)=1$ if $a \geq \delta$. Fix some time $t>t_{0}$. Taking the difference of the above two formulas and integrating against $f_{\delta}(\bar{w}-w)$ along $D \times\left[t_{0}, t\right]$, we see that

$$
\begin{aligned}
& \int_{D \times\left[t_{0}, t\right]}\left(\operatorname{sgn}_{+}(\bar{w})-\rho\right) f_{\delta}(\bar{w}-w)+f_{\delta}^{\prime}(\bar{w}-w)|\nabla(\bar{w}-w)|^{2} d x d s \\
\leq & \left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)} \int_{t_{0}}^{t}\left\|\left(\operatorname{sgn}_{+}(\bar{w})-\rho\right)_{+}\right\|_{L^{1}\left(D \times\left[t_{0}, s\right]\right)} d s,
\end{aligned}
$$

where we have used the fact that $f_{\delta} \in[0,1]$ almost everywhere, that $f_{\delta}(\bar{w}-w)$ vanishes almost everywhere on $\partial D \times\left[t_{0}, t_{1}\right]$, and that $\bar{\rho} \leq \rho$ at $t=t_{0}$. Since $\operatorname{sgn}_{+}(\bar{w})$ and $\rho$ only take the values 0 or 1 almost everywhere, we have

$$
\left(\operatorname{sgn}_{+}(\bar{w})-\rho\right)_{+}=\left(\operatorname{sgn}_{+}(\bar{w})-\rho\right) \operatorname{sgn}_{+}(\bar{w}-w)
$$

Hence, we can send $\delta \rightarrow 0$ in the above inequality to obtain

$$
\left\|\left(\operatorname{sgn}_{+}(\bar{w})-\rho\right)_{+}\right\|_{L^{1}\left(D \times\left[t_{0}, t\right]\right)} \leq\left\|n_{0}\right\|_{L^{\infty}\left(\mathbb{R}^{d}\right)} \int_{t_{0}}^{t}\left\|\left(\operatorname{sgn}_{+}(\bar{w})-\rho\right)_{+}\right\|_{L^{1}\left(D \times\left[t_{0}, s\right]\right)} d s
$$

Now Gronwall's inequality implies that $\bar{\rho}=\operatorname{sgn}_{+}(\bar{w}) \leq \rho$ almost everywhere in $D \times\left[t_{0}, t_{1}\right]$.

It remains to prove $\bar{p} \leq p$ almost everywhere in $D \times\left[t_{0}, t_{1}\right]$. Choose some $\psi \in L^{2}\left(\left[t_{0}, t_{1}\right] ; H^{1}(D)\right)$ such that $\psi \geq 0$ almost everywhere in $D \times\left[t_{0}, t_{1}\right], \psi=0$ at $t=t_{1}, \psi(1-\bar{\rho})=0$, and $\left.\psi\right|_{\partial D \times\left[t_{0}, t_{1}\right]}=0$. If we fix $\epsilon>0$ and let $\psi^{\epsilon}(x, t)=\epsilon^{-1} \int_{t}^{\min \left(t_{1}, t+\epsilon\right)} \psi(x, s) d s$, then $\psi^{\epsilon}$ is a valid test function for the weak equation $\partial_{t} \bar{\rho}-\Delta \bar{p} \leq \bar{\rho} n$ since $\psi^{\epsilon}=0$ at $t=t_{1}$. Hence,

$$
\int_{D \times\left[t_{0}, t_{1}\right]}-\bar{\rho} \partial_{t} \psi^{\epsilon}+\nabla \psi^{\epsilon} \cdot \nabla \bar{p}-\psi^{\epsilon} \bar{\rho} n d x d t \leq \int_{D} \bar{\rho}\left(x, t_{0}\right) \psi^{\epsilon}\left(x, t_{0}\right) d x
$$

Note that for almost every $t \in\left[t_{0}, t_{1}\right]$,

$$
\bar{\rho} \partial_{t} \psi^{\epsilon}=\bar{\rho}(x, t) \frac{\psi\left(x, \min \left\{t_{1}, t+\epsilon\right\}\right)-\psi(x, t)}{\epsilon} \leq \frac{\psi\left(x, \min \left\{t_{1}, t+\epsilon\right\}\right)-\psi(x, t)}{\epsilon}=\partial_{t} \psi^{\epsilon}
$$

where we use $\psi(1-\bar{\rho})=0$ and the non-negativity of $\psi^{\epsilon}$ to justify the inequality. Therefore,

$$
\int_{D \times\left[t_{0}, t_{1}\right]} \nabla \psi^{\epsilon} \cdot \nabla \bar{p}-\psi^{\epsilon} \bar{\rho} n d x d t \leq \int_{D}\left(\bar{\rho}\left(x, t_{0}\right)-1\right) \psi^{\epsilon}\left(x, t_{0}\right) d x \leq 0 .
$$

Sending $\epsilon \rightarrow 0$ and once again using $\psi(1-\bar{\rho})=0$, we see that

$$
\int_{D \times\left[t_{0}, t_{1}\right]} \nabla \psi \cdot \nabla \bar{p}-\psi n d x d t \leq 0 .
$$

Since $\bar{\rho} \leq \rho$, we also have $\psi(1-\rho)=0$. Therefore the complementarity condition, Proposition 3.7 implies that

$$
\int_{D \times\left[t_{0}, t_{1}\right]} \nabla \psi \cdot \nabla p-\psi n d x d t=0
$$

Combining the above two formulas yields

$$
\int_{D \times\left[t_{0}, t_{1}\right]} \nabla \psi \cdot \nabla(\bar{p}-p) d x d t \leq 0 .
$$

Choose $\psi=\omega(t)(\bar{p}-p)_{+}$, where $\omega(t)$ is a smooth non-negative function such that $\omega>0$ on $\left[t_{0}, t_{1}\right)$ and $\omega\left(t_{1}\right)=0$. It is clear that this choice satisfies our assumptions on $\psi$. Hence, we obtain that

$$
\int_{D \times\left[t_{0}, t_{1}\right]} \omega(t)\left|\nabla(\bar{p}-p)_{+}\right|^{2} d x d t \leq 0 .
$$

Since $\bar{p} \leq p$ almost everywhere on $\partial D \times\left[t_{0}, t_{1}\right]$, we obtain $\bar{p} \leq p$ almost everywhere on $D \times\left[t_{0}, t_{1}\right]$.
Based on above comparison principle, we will build a radial barrier $(\bar{\rho}, \bar{p})$ to compare with $(\rho, p)$, to show that the pressure support spreads with a uniform rate. To construct the barrier it is useful to recall Dahlberg's lemma:

Lemma 5.11 (Dahlberg's lemma, WW79]). Let $u_{1}, u_{2}$ be two non-negative harmonic functions in $D \subset \mathbb{R}^{d}$ of the form

$$
D=\left\{\left(x^{\prime}, x_{n}\right) \in \mathbb{R}^{n-1} \times \mathbb{R}:\left|x^{\prime}\right|<2,\left|x_{n}\right|<2 M, x_{n}>f\left(x^{\prime}\right)\right\}
$$

with a Lipschitz function $f$ with Lipschitz constant less than $M$ and $f(0)=0$. Assume further that $u_{1}=u_{2}=0$ along the graph of $f$. Then there exist constants $C_{1}, C_{2}$ only depending on $M$, such that

$$
0<C_{1} \leq \frac{u_{1}\left(x^{\prime}, x_{n}\right)}{u_{2}\left(x^{\prime}, x_{n}\right)} \cdot \frac{u_{2}(0, M)}{u_{1}(0, M)} \leq C_{2}
$$

in the smaller domain

$$
D_{1 / 2}=\left\{\left|x^{\prime}\right|<1,\left|x_{n}\right|<M, x_{n}>f\left(x^{\prime}\right)\right\} .
$$

Let us now define $C_{\theta}:=C\left(-e_{n}, \theta\right)=\left\{x_{n}<f\left(x^{\prime}\right)\right\}$ with $f\left(x^{\prime}\right):=-\cot \theta\left|x^{\prime}\right|$, and let $h$ solve

$$
-\Delta h=\delta_{\left\{x=-3 e_{n}\right\}} \text { in } C_{\theta}, \quad h=0 \text { on }\left\{x_{n}=f\left(x^{\prime}\right)\right\} .
$$

Then $h$ has a polynomial growth from the origin, namely,
there exists some $k=k(\theta)>0$ that decreases in $\theta$, such that

$$
\begin{equation*}
h(x) \simeq\left(f\left(x^{\prime}\right)-x_{n}\right)_{+}^{k} \text { in } C_{\theta} \cap B_{2}(0) . \tag{5.1}
\end{equation*}
$$

Let $\theta_{d}$ be the angle such that $k\left(\theta_{d}\right)=2$, where $h$ has quadratic growth near the origin. For instance, $\theta_{2}=\pi / 4$, and $\theta_{d}$ increases as $d$ increases.
Proposition 5.12 (Nondegeracy of the pressure). Suppose $x_{0} \in \partial\left\{p\left(\cdot, t_{0}\right)>0\right\}$, and suppose that $\left\{p\left(\cdot, t_{0}\right)>0\right\}$ contains $\left(x_{0}+C_{\theta}\right) \cap B_{2}\left(x_{0}\right)$ with $\theta>\theta_{d} \geq \pi / 4$. Let $\bar{n}:=\min \left\{n\left(x, t_{0}\right):\left|x-\left(x_{0}-2 e_{n}\right)\right|<1\right\}$. Then there exists a dimensional constant $C>0$ such that the following holds: for any $0<r<1 / C$, we have

$$
B_{r}\left(x_{0}\right) \subset\left\{p\left(\cdot, t_{0}+\frac{C r^{\alpha}}{\bar{n}}\right)>0\right\}
$$

where $\alpha=2-k(\theta)>0$, with $k(\theta)$ given in (5.1).
Proof. Throughout the proof, we use $C$ to denote various dimensional constants. We may assume $x_{0}=0$ by shifting the coordinates properly. By our assumption $\theta>\pi / 4$, we have $B_{1}\left(-2 e_{n}\right) \subset\left\{x_{n}<f\left(x^{\prime}\right)\right\}$, where $f\left(x^{\prime}\right):=-\cot \theta\left|x^{\prime}\right|$ as above. Since $-\Delta p\left(\cdot, t_{0}\right) \geq \bar{n}$ in $B_{1}\left(-2 e_{n}\right)$, it follows that $p\left(x, t_{0}\right) \geq C \bar{n}$ in $B_{1 / 2}\left(-2 e_{n}\right)$.

Next consider a harmonic function $q$ in the domain $\left\{x_{n}<f\left(x^{\prime}\right)\right\} \cap\left(B_{2}(0) \backslash B_{1 / 2}\left(-2 e_{n}\right)\right)$, with boundary data

$$
q=0 \text { on }\left\{x_{n}=f\left(x^{\prime}\right)\right\} \cup \partial B_{2}(0) \text { and } q=C \bar{n} \text { on } \partial B_{1 / 2}\left(-2 e_{n}\right) .
$$

Since $p\left(\cdot, t_{0}\right)$ is superharmonic, it follows that $p\left(\cdot, t_{0}\right) \geq q$ in $B_{1 / 2}(0) \cap\left\{x_{n}<f\left(x^{\prime}\right)\right\}$.
To obtain explicit lower bound for $q$ near $\left\{x_{n}=f\left(x^{\prime}\right)\right\}$, let us compare $q$ with $h$ given in (5.1). By Dahlberg's lemma, $q \geq C \bar{n} h$ in $\left\{x_{n}<f\left(x^{\prime}\right)\right\} \cap B_{1}\left(x_{0}\right)$. In particular, it follows that

$$
\begin{equation*}
p\left(x, t_{0}\right) \geq C \bar{n}\left(f\left(x^{\prime}\right)-x_{n}\right)_{+}^{2-\alpha} \text { in }\left\{x_{n}<f\left(x^{\prime}\right)\right\} \cap B_{1}\left(x_{0}\right) \tag{5.2}
\end{equation*}
$$

Since $\{p(\cdot, t)>0\}$ increases in time, by the same logic and the property of the $n$-equation $n_{t}=-n \rho$, we have

$$
\begin{equation*}
p(x, t) \geq C \bar{n} e^{-\left(t-t_{0}\right)}\left(f\left(x^{\prime}\right)-x_{n}\right)_{+}^{2-\alpha} \text { in } B_{1}\left(x_{0}\right) \times\left[t_{0}, \infty\right) \tag{5.3}
\end{equation*}
$$

Now we will use Lemma 5.8 to estimate the time it takes for the positive set of $p$ to fully cover $B_{r}\left(x_{0}\right)$. Let $x_{r}:=x_{0}-r e_{n}$ and $D:=\left\{x:\left|x-x_{r}\right|>\frac{r}{4}\right\}$. Let $\bar{p}$ be a barrier solving

$$
\left\{\begin{array}{lll}
-\Delta \bar{p}=0 & \text { in } & \frac{r}{4}<\left|x-x_{r}\right|<r(t) \\
\bar{p}=C \bar{n} e^{-\left(t-t_{0}\right)} r^{2-\alpha} & \text { on } & \left\{\left|x-x_{r}\right|=\frac{r}{4}\right\} \\
\bar{p}=0 & \text { on } & \left\{\left|x-x_{r}\right|=r(t)\right\}
\end{array}\right.
$$

If we set $r(t)$ so that $r^{\prime}(t) \leq|D \bar{p}|$ on $\left\{\left|x-x_{r}\right|=r(t)\right\}$, then $\bar{p}$ will solve

$$
\bar{\rho}_{t}-\Delta \bar{p} \leq 0 \text { in } D \times\left[t_{0}, \infty\right)
$$

where $\bar{\rho}=\chi_{\{\bar{p}>0\}}$. If in addition $r\left(t_{0}\right)=\frac{r}{2}$ so that $\left\{\bar{p}\left(\cdot, t_{0}\right)>0\right\} \subset\left\{p\left(\cdot, t_{0}\right)>0\right\}$, we will apply Lemma 5.8 and (5.3) to conclude that $\bar{p} \leq p$ for $t>t_{0}$, which will then yield a lower bound for the time it takes for the positive set of $p$ to include $B_{r}\left(x_{0}\right)$.

Now we choose a specific $r(t)$. Observe that $|D \bar{p}| \geq C \bar{n} e^{-\left(t-t_{0}\right)} r^{1-\alpha}$ on $\left\{\left|x-x_{r}\right|=r(t)\right\}$ as long as $r(t) \in\left[\frac{1}{2} r, 2 r\right]$. Hence we can set

$$
r(t):=\frac{r}{4}+C \bar{n}\left(1-e^{-\left(t-t_{0}\right)}\right) r^{1-\alpha} .
$$

Now we conclude, since $r(t)=2 r$ when $\bar{n}\left(1-e^{-\left(t-t_{0}\right)}\right) \sim r^{\alpha}$, i.e., when $t-t_{0} \sim \frac{r^{\alpha}}{\bar{n}}$.
Corollary 5.13. Suppose that, given a point $x_{0} \in \partial\left\{w\left(\cdot, t_{1}\right)>0\right\}$ with $t_{1}>0$, the set $\partial\{w(\cdot, t)>0\}$ is a Lipschitz graph in $B_{2}\left(x_{0}\right)$ for all $0<t \leq t_{1}$ with respect to a fixed direction. Further suppose that the Lipschitz constants of the graphs are all smaller than a dimensional constant. Then the followings hold:
(a) $\eta\left(\cdot, t_{1}\right) \in C^{\alpha}\left(B_{1}\left(x_{0}\right)\right)$;
(b) $\partial\left\{w\left(\cdot, t_{1}\right)>0\right\}$ is $C^{1, \alpha}$ in $B_{1}\left(x_{0}\right)$.

Here the $C^{\alpha}$ and $C^{1, \alpha}$ norms only depend on $\bar{n}:=\min _{B_{2}\left(x_{0}\right)} n\left(\cdot, t_{1}\right)$.

Proof. Define $T_{x}:=\inf \{t: w(x, t)>0\}$ for all $x \in \mathbb{R}^{d}$. Then for $x, y \in B_{1}\left(x_{0}\right) \cap\left\{w\left(\cdot, t_{1}\right)>0\right\}$, Proposition 5.12 implies that, with $r$ being smaller than a universal constant, $T_{y} \leq T_{x}+\frac{C r^{\alpha}}{\bar{n}}$ as long as $|x-y|<r$. Hence we have

$$
\left|T_{x}-T_{y}\right| \leq \frac{C|x-y|^{\alpha}}{\bar{n}} \text { for all } x, y \in B_{1}\left(x_{0}\right)
$$

Note that $\eta(x, t)=n_{0}(x)\left(1-\exp ^{-\left(t-T_{x}\right)_{+}}\right)$, and $n_{0}$ is Hölder continuous by our assumption. Thus we conclude (a) by deriving that

$$
\left|\eta\left(x, t_{1}\right)-\eta\left(y, t_{1}\right)\right| \leq \frac{C|x-y|^{\alpha}}{\bar{n}} \text { for all } x, y \in B_{1}\left(x_{0}\right)
$$

(b) then follows from [Bla01, Theorem 7.2].

Remark 5.14. Once we obtain $C^{1, \alpha}$-regularity of the free boundary $\partial\{w(\cdot, t)>0\}$, the interior cone angle $\theta$ given in Proposition 5.12 can be chosen as close to $\frac{\pi}{2}$ as desired, in a smaller scale. We can thus improve the regularity of $\eta$ to $C^{1-\epsilon}$ for any $\epsilon>0$, which in turn improves the free boundary regularity to $C^{1,1-\epsilon}$ for any $\epsilon>0$.

Combining the above results with Corollary 5.5, we arrive at the following conclusion.
Corollary 5.15. Suppose $n_{0}$ is $C^{1}$, and its super-level sets satisfy r-reflection for some $r>0$. Let $\Omega_{0}$ be an open bounded set in $\mathbb{R}^{d}$ contained in $B_{r}(0)$. Let $T(R)$ be defined as in Corollary 5.5. Then the followings hold for any $0<\alpha<1$ and any $R \geq C r$ with $C>1$ being a universal constant:
(a) If $n_{0}(x) \geq 1$ on $\mathbb{R}^{d}$, then $\partial\{\rho(\cdot, t)=1\}=\partial\{w(\cdot, t)>0\}$ is uniformly $C^{1, \alpha}$ in a unit neighborhood for any finite time range within $[T(R), \infty)$.
(b) If $n_{0}(x)<1$ on $\mathbb{R}^{d}$, the same holds in for any finite time range within $[T(R), \infty)$ if $R$ additionally satisfies $B_{R}(0) \subset\left\{w_{\infty}>0\right\}$. Here $w_{\infty}$ is defined in Theorem 4.10.

Both Corollary 5.13 and Corollary 5.15 only apply to finite time ranges. It is natural to ask what can be said about uniform regularity of the free boundary up to $t=+\infty$. This is a nontrivial question due to the possible decay of $\bar{n}$ (defined in Corollary 5.13) as $t$ tends to infinity. Note that, roughly speaking, at a boundary point $x_{0}, \bar{n} \geq n_{0} e^{-t}$ if the free boundary does not move significantly. When $n_{0}<1$, this bound is close to optimal since the tumor patch converges to a bounded set. When $n_{0} \geq 1$, however, it is possible to improve this bound by comparison with radial barriers. We will discuss this in Section 6.2 , under the additional assumption that $n_{0}$ is constant.

## 6. The Constant $n_{0}$ Case

In this section, we further look into the case when $n_{0}$ is a positive constant, while still inheriting the assumptions that $b=D=0$ and $\rho_{0}$ is a patch with compact support. What is special and surprising in this case is that the dynamics of the system $(\overline{\mathrm{P}})$ can be fully characterized by simpler parameter-free and nutrient-free model problems, which produce the so-called master dynamics. As an application of that, we will address the question of uniform regularity of the free boundary $\partial \Omega_{t}$.

Recall that for patch solutions, we have $\eta \rho=\eta$. Then $\eta$ solves (c.f. 4.1))

$$
\partial_{t} \eta+\eta=n_{0} \rho, \quad \eta(x, 0)=0 .
$$

This gives

$$
\begin{equation*}
\eta(x, t)=n_{0} \int_{0}^{t} e^{-(t-\tau)} \rho(x, \tau) d \tau \tag{6.1}
\end{equation*}
$$

and therefore,

$$
\begin{equation*}
n(x, t)=n_{0}-n_{0} \int_{0}^{t} e^{-(t-\tau)} \rho(x, \tau) d \tau \tag{6.2}
\end{equation*}
$$

This holds even for non-constant $n_{0}$. As a result, in the following, we will focus on the $\rho$-evolution in (P). Let us also recall the elliptic formulation of the $\rho$-equation in $\mathbb{R}^{d}$ that is derived from $(\mathrm{P})$

$$
\begin{equation*}
\rho-\Delta w=\rho_{0}+\eta, \quad w(1-\rho)=0, \quad \rho \in[0,1], \quad w \geq 0 \tag{6.3}
\end{equation*}
$$

Here $\rho_{0}$ is a patch with compact support.
6.1. Two master dynamics. We first prove a growth law of total mass of $\rho$ and a generalization of it. The latter will be the key of proving the master dynamics.
Lemma 6.1. Define (c.f. Theorem 4.7)

$$
m(t)=1+n_{0} \int_{0}^{t} e^{\left(n_{0}-1\right) \tau} d \tau= \begin{cases}\frac{n_{0} e^{\left(n_{0}-1\right) t}-1}{n_{0}-1}, & \text { if } n_{0} \neq 1  \tag{6.4}\\ t+1, & \text { otherwise }\end{cases}
$$

(a) For any $t \geq 0$,

$$
\int_{\mathbb{R}^{d}} \rho(x, t) d x=m(t) \int_{\mathbb{R}^{d}} \rho_{0}(x) d x .
$$

(b) For any arbitrary smooth function $g=g(x)$ in $\mathbb{R}^{d}$, we have for any $t \geq 0$,

$$
\begin{align*}
\int_{\mathbb{R}^{d}} \rho(x, t) g(x) d x= & m(t) \int_{\mathbb{R}^{d}} \rho_{0}(x) g(x) d x  \tag{6.5}\\
& +\int_{\mathbb{R}^{d}} w(x, t) \Delta g(x) d x+\int_{0}^{t} m^{\prime}(t-\tau)\left[\int_{\mathbb{R}^{d}} w(x, \tau) \Delta g(x) d x\right] d \tau
\end{align*}
$$

In particular, if $g$ is harmonic in an open neighborhood of the support of $\rho(x, t)$, then

$$
\begin{equation*}
\int_{\mathbb{R}^{d}} \rho(x, t) g(x) d x=m(t) \int_{\mathbb{R}^{d}} \rho_{0}(x) g(x) d x . \tag{6.6}
\end{equation*}
$$

Combined with (a), this implies that when $\rho$ is a patch solution, the average of any harmonic $g$ on $\{\rho(\cdot, t)=1\}$ is time-invariant.

Proof. Take an arbitrary smooth function $g=g(x)$ in $\mathbb{R}^{d}$. We integrate 6.3 in $\mathbb{R}^{d}$ against $g(x)$ and use (6.1) to find that

$$
\int_{\mathbb{R}^{d}} \rho(x, t) g(x) d x=\int_{\mathbb{R}^{d}} \rho_{0} g+w(x, t) \Delta g(x) d x+n_{0} \int_{0}^{t} e^{-(t-\tau)} \int_{\mathbb{R}^{d}} \rho(x, \tau) g(x) d x d \tau
$$

Solving this integral equation, we obtain

$$
\begin{aligned}
\int_{\mathbb{R}^{d}} \rho(x, t) g(x) d x= & \int_{\mathbb{R}^{d}} \rho_{0} g+w(x, t) \Delta g(x) d x \\
& +n_{0} \int_{0}^{t} e^{\left(n_{0}-1\right)(t-\tau)} \int_{\mathbb{R}^{d}} \rho_{0} g+w(x, \tau) \Delta g(x) d x d \tau \\
= & \left(1+n_{0} \int_{0}^{t} e^{\left(n_{0}-1\right)(t-\tau)} d \tau\right) \int_{\mathbb{R}^{d}} \rho_{0} g d x \\
& +\int_{\mathbb{R}^{d}} w(x, t) \Delta g(x) d x+n_{0} \int_{0}^{t} e^{\left(n_{0}-1\right)(t-\tau)}\left[\int_{\mathbb{R}^{d}} w(x, \tau) \Delta g(x) d x\right] d \tau
\end{aligned}
$$

Taking $g(x)=1$ yields 6.4. That in turn implies 6.5.
Remark 6.2. Taking $g(x)=x_{i}(i=1, \cdots, d)$ in 6.6), we find the center of mass of $\rho(x, t)$ is time-invariant.
Remark 6.3. Suppose $\rho_{0}=\chi_{B_{r_{0}}(0)}$. Then thanks to (6.4), Remark 6.2, and the uniqueness (c.f. Proposition 3.13 and Theorem 4.7),

$$
\rho(x, t)=\chi_{B_{r(t)}(0)}, \text { where } r(t)=m(t)^{\frac{1}{d}} r_{0}
$$

Here $m(t)$ is given in 6.4. In this paper, such radial solutions are repeatedly used as barriers for comparison.
Lemma 6.4. Let $\Gamma$ be the fundamental solution of $-\Delta$ in $\mathbb{R}^{d}$, i.e., $-\Delta \Gamma=\delta_{x=0}$. For any $x \in\{w(\cdot, t)=0\}$,

$$
\begin{equation*}
(\Gamma * \rho(\cdot, t))(x)=m(t)\left(\Gamma * \rho_{0}\right)(x) \tag{6.7}
\end{equation*}
$$

Proof. We introduce a smooth mollifier $\varphi \in C_{0}^{\infty}\left(\mathbb{R}^{d}\right)$ such that $\varphi \geq 0, \varphi$ is radially symmetric, and $\int_{\mathbb{R}^{d}} \varphi=1$. With $\epsilon>0$, define $\varphi_{\epsilon}(x):=\epsilon^{-d} \varphi\left(\frac{x}{\epsilon}\right)$. Let $\Gamma_{\epsilon}:=\Gamma * \varphi_{\epsilon}$, which is clearly smooth in $\mathbb{R}^{d}$ and which satisfies $-\Delta \Gamma_{\epsilon}=\varphi_{\epsilon}$. Applying Lemma 6.1 with $g(\cdot)=\Gamma_{\epsilon}(x-\cdot)$, we find that, for any $x \in \mathbb{R}^{d}$,

$$
\begin{aligned}
\left(\Gamma_{\epsilon} * \rho(\cdot, t)\right)(x)= & \int_{\mathbb{R}^{d}} \rho(y, t) \Gamma_{\epsilon}(x-y) d y \\
= & m(t) \int_{\mathbb{R}^{d}} \rho_{0}(y) \Gamma_{\epsilon}(x-y) d y \\
& +\int_{\mathbb{R}^{d}} w(y, t) \Delta_{y} \Gamma_{\epsilon}(x-y) d y+\int_{0}^{t} m^{\prime}(t-\tau)\left[\int_{\mathbb{R}^{d}} w(y, \tau) \Delta_{y} \Gamma_{\epsilon}(x-y) d y\right] d \tau \\
= & m(t)\left(\Gamma_{\epsilon} * \rho_{0}\right)(x)-\varphi_{\epsilon} *\left[w(\cdot, t)+\int_{0}^{t} m^{\prime}(t-\tau) w(\cdot, \tau) d \tau\right]
\end{aligned}
$$

Then we take $\epsilon \rightarrow 0$. Since $w(x, t)$ is non-decreasing in time (c.f. Proposition 4.1 and the fact $\eta$ is nondecreasing in time), the term in the bracket in the last line can be dominated by $m(t) w(\cdot, t)$. Hence, for any $x \in \mathbb{R}^{d}$ satisfying

$$
\begin{equation*}
\lim _{\epsilon \rightarrow 0}\left(\varphi_{\epsilon} * w(\cdot, t)\right)(x)=0 \tag{6.8}
\end{equation*}
$$

we can show 6.7) by using the spatial continuity of $\Gamma * \rho$ and $\Gamma * \rho_{0}$. Since $w(\cdot, t)$ is continuous, the condition 6.8 holds in the set $\{w(\cdot, t)=0\}$. This completes the proof.

Lemma 6.5. Let $m(t)$ be given by 6.4. Consider the elliptic equation in $\mathbb{R}^{d}$

$$
\begin{equation*}
\tilde{\rho}-\Delta \tilde{w}=m(t) \rho_{0}, \quad \tilde{w}(1-\tilde{\rho})=0, \quad \tilde{\rho} \in[0,1], \quad \tilde{w} \geq 0 \tag{6.9}
\end{equation*}
$$

Then $\tilde{\rho}=\rho$ for all $t \geq 0$ and almost everywhere in space.
Proof. By 6.1) and Lemma 6.4. For all $x \in\{w(\cdot, t)=0\}$,

$$
(\Gamma * \eta(\cdot, t))(x)=n_{0} \int_{0}^{t} e^{-(t-\tau)} m(\tau) d \tau \cdot\left(\Gamma * \rho_{0}\right)(x)=n_{0}\left(m(t)-e^{\left(n_{0}-1\right) t}\right)\left(\Gamma * \rho_{0}\right)(x)
$$

Here we calculated by integration by parts that

$$
\begin{aligned}
\int_{0}^{t} e^{-(t-\tau)} m(\tau) d \tau & =e^{-t}\left(e^{t} m(t)-1-\int_{0}^{t} e^{\tau} m^{\prime}(\tau) d \tau\right) \\
& =m(t)-e^{-t}-e^{-t} \int_{0}^{t} e^{\tau} \cdot n_{0} e^{\left(n_{0}-1\right) \tau} d \tau \\
& =m(t)-e^{\left(n_{0}-1\right) t}
\end{aligned}
$$

In the view of right-hand sides of (6.3) and 6.9), let

$$
\Phi:=\Gamma *\left(\rho_{0}+\eta(\cdot, t)-m(t) \rho_{0}\right) .
$$

One can check that, for all $x \in\{w(\cdot, t)=0\}$,

$$
\Phi(x)=\left[\left(n_{0}-1\right) m(t)-n_{0} e^{\left(n_{0}-1\right) t}+1\right]\left(\Gamma * \rho_{0}\right)(x)=0
$$

Now we claim that

$$
\tilde{\rho}=\rho, \quad \tilde{w}=w-\Phi
$$

gives a solution of $(6.9)$. One only has to verify that $\tilde{w}(1-\tilde{\rho})=0$. From what has been proved, whenever $w=0$, we have $\Phi=0$ and thus $\tilde{w}=0$. On the other hand, $\tilde{\rho}=1$ whenever $\rho=1$. Therefore, $\tilde{w}(1-\tilde{\rho})=0$ holds whenever $w(1-\rho)=0$. This justifies the claim.

Since the solution of 6.9 is unique (c.f. Proposition 4.1, we conclude that $\tilde{\rho}=\rho$.
This leads to the following equivalent characterization of $\{\rho(\cdot, t)\}_{t}$.

Proposition 6.6 (Master dynamics I). Let $\rho_{*}=\rho_{*}(x, t)$ and $p_{*}=p_{*}(x, t)$ be a weak solution (in the sense of Definition (3.9) of

$$
\begin{equation*}
\partial_{t} \rho_{*}-\nabla \cdot\left(\rho_{*} \nabla p_{*}\right)=\rho_{0}, \quad \rho_{*} \leq 1, \quad p_{*} \in P_{\infty}\left(\rho_{*}\right),\left.\quad \rho_{*}\right|_{t=0}=\rho_{0} . \tag{6.10}
\end{equation*}
$$

Then for any given $n_{0}>0,\{\rho(x, t)\}_{t}$ defined by (6.1) and (6.3) (or equivalently, by (P) satisfies

$$
\rho(x, t)=\rho_{*}(x, m(t)-1) \text { for all } t \geq 0
$$

where $m(t)$ is defined by (6.4). $\left\{\rho_{*}(x, t)\right\}_{t \geq 0}$ is thus called the first master dynamics.
In particular, when $n_{0}=1, \rho(x, t)=\rho_{*}(x, t)$.
We stress that this is a highly non-trivial property of the model under the given assumptions. It cannot be obtained by a nonlinear change of the time variable.

Following the spirit of Lemmas 6.1, 6.4 and 6.5 we may derive a second equivalent characterizations of $\{\rho(x, t)\}_{t}$. It will be particularly helpful for understanding long-time behavior of $\rho$ when $n_{0} \geq 1$ because it comes with a suitable spatial re-scaling.
Proposition 6.7 (Master dynamics II). Let $\rho_{\dagger}=\rho_{\dagger}(x, t)$ and $p_{\dagger}=p_{\dagger}(x, t)$ be a weak solution of

$$
\begin{equation*}
\partial_{t} \rho_{\dagger}-\nabla \cdot\left[\rho_{\dagger} \nabla\left(p_{\dagger}+V(x)\right)\right]=0, \quad \rho_{\dagger} \leq 1, \quad p_{\dagger} \in P_{\infty}\left(\rho_{\dagger}\right),\left.\quad \rho_{\dagger}\right|_{t=0}=\rho_{0}, \tag{6.11}
\end{equation*}
$$

where $V(x)=\frac{|x|^{2}}{2 d}$. Then for any given $n_{0}>0,\{\rho(x, t)\}_{t}$ defined by 6.1) and 6.3) (or equivalently, by (P) satisfies

$$
\rho(x, t)=\rho_{\dagger}\left(m(t)^{-\frac{1}{d}} x, \ln m(t)\right) \text { for all } t \geq 0
$$

where $m(t)$ is defined by (6.4). Thus, $\left\{\rho_{\dagger}(x, t)\right\}_{t \geq 0}$ is called the second master dynamics.
Proof. Following a similar argument as in Lemmas 6.1, 6.4, and 6.5, we can prove that, if one defines

$$
\tilde{\tilde{\rho}}-\Delta \tilde{\tilde{w}}=\rho_{0}+\int_{0}^{t} \frac{m^{\prime}(\tau)}{m(\tau)} \tilde{\rho}(\cdot, \tau) d \tau, \quad \tilde{\tilde{w}}(1-\tilde{\tilde{\rho}})=0
$$

then $\tilde{\rho}=\rho$ for all $t \geq 0$. Indeed, it suffices to show that, on $\{\tilde{\tilde{w}}(\cdot, t)=0\}$,

$$
(\Gamma * \tilde{\tilde{\rho}}(\cdot, t))(x)=m(t)\left(\Gamma * \rho_{0}\right)(x),
$$

and thus

$$
\Gamma *\left(\rho_{0}+\int_{0}^{t} \frac{m^{\prime}(\tau)}{m(\tau)} \tilde{\tilde{\rho}}(\cdot, \tau) d \tau-m(t) \rho_{0}\right) \equiv 0
$$

on the same set. We skip the details.
Hence, $\rho$ satisfies

$$
\begin{equation*}
\partial_{t} \rho-\nabla \cdot(\rho \nabla \tilde{\tilde{p}})=\frac{m^{\prime}(t)}{m(t)} \rho, \quad \rho \leq 1, \quad \tilde{\tilde{p}} \in P_{\infty}(\rho),\left.\quad \rho\right|_{t=0}=\rho_{0} . \tag{6.12}
\end{equation*}
$$

It is then straightforward to verify that, if $\rho_{\dagger}$ and $p_{\dagger}$ solve 6.11, then

$$
\begin{aligned}
& \rho(x, t):=\rho_{\dagger}\left(m(t)^{-\frac{1}{d}} x, \ln m(t)\right), \\
& \tilde{\tilde{p}}(x, t):=\frac{m^{\prime}(t)}{m(t)} \cdot m(t)^{\frac{2}{d}} p_{\dagger}\left(m(t)^{-\frac{1}{d}} x, \ln m(t)\right)
\end{aligned}
$$

satisfy (6.12).
Using Proposition 6.7, one can readily characterize the long-time behavior of the $\rho$-patch when $n_{0}>0$ is constant. Indeed, when $n_{0} \geq 1$, the long-time dynamics of $\rho$ in (6.1) and (6.3) corresponds to infinitetime asymptotics of $\rho_{\dagger}$ in 6.11), which has been well-studied the literature, see e.g. AKY14, Theorem 5.6]. While for $n_{0} \in(0,1)$, we knew from Theorem 4.10 that $\rho$ converges to a compactly supported $\rho_{\infty}$ as $t \rightarrow+\infty$. On the other hand, under the rescaling of Proposition 6.7, such dynamics of $\rho$ actually corresponds to an excerpt of the master $\rho_{\dagger}-$-dynamics up to a finite time. Therefore, we may characterize the long-time behavior of $\rho$ in the model (6.1) and (6.3) with any value of $n_{0}$ in the following unified way.

Proposition 6.8. Suppose $n_{0}>0$ is constant in $\mathbb{R}^{d}$. Let $m(t)$ be defined in 6.4, and denote $\beta(t):=$ $m(t)^{\frac{1}{d}}$. Assume $\Omega_{0}$ to be a bounded open set, such that $B_{r_{1}}(0) \subset \Omega_{0} \subset B_{r_{2}}(0)$ for some $r_{1}, r_{2}>0$. Let $r_{\infty}>0$ be defined such that $\left|B_{r_{\infty}}(0)\right|=\left|\Omega_{0}\right|$.

Let $\rho(x, t)$ solve (6.1) and 6.3 with $\rho_{0}=\chi_{\Omega_{0}}$. Then there exists a constant $C>0$ only depending on $r_{1}$ and $r_{2}$, but not on $n_{0}$, such that

$$
\beta(t) W_{2}\left(\rho(\beta(t) x, t), \chi_{B_{r_{\infty}}(0)}(x)\right) \leq C
$$

for all $t \geq 0$. Here $W_{2}$ denotes the 2-Wasserstein distance.
Proof. Let us recall that, by virtue of Lemma 6.1. $\rho(\beta(t) x, t)$ has the same total mass as $\chi_{B_{r_{\infty}}(0)}(x)$.
First we assume $n_{0} \geq 1$.
By comparison with the radial barriers, $\rho(\beta(t) x, t)$ and $\chi_{B_{r_{\infty}}(0)}(x)$ are both supported in $B_{r_{2}}(0)$ for all time. Let $T>0$ satisfy $\beta(T)=\frac{2 r_{2}}{r_{1}}$. Then it is obvious that the above inequality holds on $[0, T]$, with $C>0$ only depending on $r_{1}$ and $r_{2}$.

Next we consider the case $t \geq T$. Assume $\rho(x, t)=\chi_{\Omega_{t}}(x)$. By Corollary 5.5(b) and comparison with the radial barriers (see Remark 6.3), for all $t \geq T, \Omega_{t}$ contains $B_{2 r_{2}}(0)$ and thus it has Lipschitz boundary. By Proposition 6.7 .

$$
\rho_{\dagger}(x, \ln m(T))=\rho(\beta(T) x, T)=\chi_{\beta(T)^{-1} \Omega_{T}}(x) .
$$

Note that the rescaled set $\beta(T)^{-1} \Omega_{T}$ has Lipschitz boundary. We then solve 6.11 starting from $t=$ $\ln m(T)$ with "initial data" $\rho_{\dagger}(x, \ln m(T))$. By AKY14, Theorem 5.6 and its proof], for all $t^{\prime} \geq 0$,

$$
W_{2}\left(\rho_{\dagger}\left(x, \ln m(T)+t^{\prime}\right), \chi_{B_{r_{\infty}}(0)}(x)\right) \leq e^{-\frac{t^{\prime}}{d}} W_{2}\left(\rho_{\dagger}(x, \ln m(T)), \chi_{B_{r_{\infty}}(0)}(x)\right) .
$$

Then the desired result follows from suitable change of variables.
By Proposition 6.7,

$$
\begin{equation*}
\rho_{\dagger}(x, \ln m(t))=\rho(\beta(t) x, t) \text { holds for all } n_{0}>0 \tag{6.13}
\end{equation*}
$$

Hence, the above argument essentially proves that, without assuming $\Omega_{0}$ has Lipschitz boundary (c.f. AKY14), for all $\tau \geq 0$,

$$
e^{\frac{\tau}{d}} W_{2}\left(\rho_{\dagger}(x, \tau), \chi_{B_{r_{\infty}}(0)}(x)\right) \leq C
$$

Hence, using (6.13) again, the case $n_{0} \in(0,1)$ is proved immediately.
6.2. Uniform free boundary regularity. In this section, we are going to prove uniform free boundary regularity up to $t=+\infty$ under the assumption that $n_{0}$ is constant in $\mathbb{R}^{d}$.

Thanks to the master dynamics, the case $n_{0}<1$ is trivial. This is because, up to a re-scaling in time (see Proposition 6.6), its $\rho$-evolution in a time range of the form $(t,+\infty)$ corresponds to the $\rho$-evolution in a finite time range with a different $n_{0} \geq 1$. The latter has already been characterized in Corollary 5.15(a).

Also by the master dynamics, it suffices to study regularity of $\partial \Omega_{t}$ of the solution corresponding to one arbitrary $n_{0} \geq 1$. When $n_{0}>1$, one can apply comparison principle and radial barriers constructed in Remark 6.3 to show that $\Omega_{t}$ expands exponentially fast. It is thus reasonable to expect uniform regularity of the free boundary after a suitable re-scaling. Indeed, the key lies in the uniform Lipschitz estimate for $\partial\{w(\cdot, t)>0\}$ in Corollary 5.5(b).

Let us point out that, while the master dynamics in rescaled variable 6.11) corresponds to a Hele-Shaw flow, the presence of the drift prevents us from directly applying existing regularity results (e.g. CJK07) to our problem.

Theorem 6.9. Fix $n_{0}>1$. Let $\Omega_{0}, r_{1}, r_{2}$, and $\beta(t)$ be given as in Proposition 6.8, Let $\rho_{0}=\chi_{\Omega_{0}}$. Then there is $\alpha \in(0,1)$ and $T>0$ depending on $r_{1}, r_{2}, d$, and $n_{0}$, such that the followings hold for all $t \geq T$.
(a) The rescaled set $\tilde{\Omega}_{t}:=\beta(t)^{-1} \Omega_{t}$ has uniformly $C^{1, \alpha}$-boundary;
(b) The rescaled nutrient variable $\tilde{n}(x, t):=n(\beta(t) x, t)$ is uniformly bounded in $C^{\alpha}\left(\left\{|x| \geq 2 \beta^{-1}(t) r_{2}^{2} / r_{1}\right\}\right)$.

Proof. From comparison with radial barriers (see Theorem 4.7 and Remark 6.3), we find that

$$
\begin{equation*}
B_{\beta(t) r_{1}}(0) \subset \Omega_{t}=\{\rho(\cdot, t)=1\} \subset B_{\beta(t) r_{2}}(0) \tag{6.14}
\end{equation*}
$$

up to measure-zero set. Also, for some $C>0$ depending on $n_{0}$ and $r_{1}$,

$$
p(x, t) \geq C \beta^{2}(t) \text { if }|x| \leq \frac{r_{1} \beta(t)}{2}
$$

Hence, the re-scaled pressure variable $\tilde{p}(x, t):=\beta^{-2}(t) p(\beta(t) x, t)$ satisfies

$$
\tilde{p}(x, t) \geq C \text { if }|x| \leq \frac{r_{1}}{2}
$$

On the other hand, let $T(\cdot)$ be introduced in Corollary 5.5. From Corollary 5.5, for $t \geq T\left(2 r_{2}\right)$, we know that $\partial\{p(\cdot, t)>0\}$ is a Lipschitz graph with respect to the radial direction, with the Lipschitz constant less than $O\left(\left(\beta(t) r_{1}\right)^{-1} r_{2}\right)$. Therefore, $\tilde{\Omega}_{t}=\{\tilde{p}(\cdot, t)>0\} \subset B_{r_{2}}(0)$, with $\partial \tilde{\Omega}_{t}$ being uniformly Lipschitz with respect to the radial direction. When $t$ is suitably large, depending on $r_{1}, r_{2}$, and $n_{0}$, we have the Lipschitz constant to be small enough for applying a similar argument as in Proposition 5.12.

Since $\tilde{p}$ is superharmonic in its positive set, arguing with Dahlberg's Lemma as in the proof of Proposition 5.12, we conclude that there is a constant $\alpha \in(0,1)$ that is independent of the time such that, for given $\tilde{x}_{*} \in \partial \tilde{\Omega}_{t}$ and for $t \geq T\left(2 r_{2}\right)$ we have

$$
\tilde{p}(x, t) \geq C d\left(x, \tilde{\Omega}_{t}^{c}\right)^{2-\alpha} \text { in } B_{1}\left(\tilde{x}_{*}\right)
$$

In the original coordinate, this corresponds to

$$
p(x, t) \geq C \beta(t)^{\alpha} d\left(x, \Omega_{t}^{c}\right)^{2-\alpha}
$$

for any $x \in B_{1}\left(\beta(t) \tilde{x}_{*}\right)$ and $t \geq T\left(2 r_{2}\right)$. Thus the barrier argument as in the proof of Proposition 5.12 , with $\bar{n}$ replaced by $\beta(t)^{\alpha}$, yields that, for any $x_{*} \in \partial \Omega_{t}$ with $t \geq T\left(2 r_{2}\right)$,

$$
\begin{equation*}
B_{r}\left(x_{*}\right) \subset \Omega_{t+C\left(\frac{r}{\beta(t)}\right)^{\alpha}} . \tag{6.15}
\end{equation*}
$$

for sufficiently small $r$. This further implies

$$
\begin{equation*}
\left|T_{x}-T_{y}\right| \leq C\left(\frac{|x-y|}{\min \left\{\beta\left(T_{x}\right), \beta\left(T_{y}\right)\right\}}\right)^{\alpha} \text { for any } x, y \text { with } T_{x}, T_{y} \geq T\left(2 r_{2}\right) \tag{6.16}
\end{equation*}
$$

To justify this, we assume $T_{x}<T_{y}$ without loss of generality. We first consider the case where $|x-y|$ is large. By 6.14, if $T_{*}>0$ satisfies that

$$
\beta\left(T_{x}+T_{*}\right) r_{1} \geq|y|
$$

then $\left|T_{x}-T_{y}\right| \leq T_{*}$. Also by 6.14,

$$
|y| \leq|x-y|+|x| \leq|x-y|+\beta\left(T_{x}\right) r_{2}
$$

Hence, we let $T_{*}$ satisfy

$$
\beta\left(T_{x}+T_{*}\right) r_{1}=|x-y|+\beta\left(T_{x}\right) r_{2}
$$

which implies (c.f. 6.4)

$$
e^{\left(n_{0}-1\right) T_{*}} \leq \frac{m\left(T_{x}+T_{*}\right)}{m\left(T_{x}\right)}=\left(\frac{|x-y|}{\beta\left(T_{x}\right) r_{1}}+\frac{r_{2}}{r_{1}}\right)^{d}
$$

Therefore,

$$
\left|T_{x}-T_{y}\right| \leq \frac{d}{n_{0}-1} \ln \left(\frac{|x-y|}{\beta\left(T_{x}\right) r_{1}}+\frac{r_{2}}{r_{1}}\right),
$$

which implies 6.16) whenever $|x-y| / \beta\left(T_{x}\right)$ is sufficiently large. Otherwise, if $|x-y| / \beta\left(T_{x}\right) \leq C$ where $C$ depends on $r_{1}, r_{2}, d, n_{0}$, and $\alpha$, we may apply (6.15) to obtain 6.16).

Under the assumption $T_{x}<T_{y}$, we have that

$$
|\eta(x, t)-\eta(y, t)| \leq n_{0}\left(1-e^{-\left|T_{x}-T_{y}\right|}\right) e^{-\left(t-T_{y}\right)_{+}} \leq n_{0} \min \left\{1,\left|T_{x}-T_{y}\right|\right\} e^{-\left(t-T_{y}\right)_{+}}
$$

Hence, thanks to 6.16), for any $x, y$ such that $T_{x}, T_{y} \geq T\left(2 r_{2}\right)$,

$$
\frac{|\eta(x, t)-\eta(y, t)|}{|x-y|^{\alpha}} \leq C \min \left\{|x-y|^{-\alpha}, \beta\left(T_{x}\right)^{-\alpha}\right\} e^{-\left(t-T_{y}\right)_{+}} .
$$

Since we defined $\tilde{\eta}(x, t):=\eta(\beta(t) x, t)$,

$$
\begin{equation*}
\frac{\left|\tilde{\eta}\left(\beta(t)^{-1} x, t\right)-\eta\left(\beta(t)^{-1} y, t\right)\right|}{\beta(t)^{-\alpha}|x-y|^{\alpha}} \leq C \beta(t)^{\alpha} \max \left\{|x-y|, \beta\left(T_{x}\right)\right\}^{-\alpha} e^{-\left(t-T_{y}\right)_{+}} \tag{6.17}
\end{equation*}
$$

We claim that

$$
\beta\left(T_{y}\right) \leq C\left(|x-y|+\beta\left(T_{x}\right)\right) \leq C \max \left\{|x-y|, \beta\left(T_{x}\right)\right\}
$$

where $C$ may depend on $r_{1}, r_{2}, d$, and $n_{0}$. Indeed, by the estimate for $T_{*}$ derived above

$$
\frac{\beta\left(T_{y}\right)}{\beta\left(T_{x}\right)} \leq C e^{\frac{\left(n_{0}-1\right)}{d}\left|T_{y}-T_{x}\right|} \leq C e^{\frac{\left(n_{0}-1\right)}{d} T_{*}} \leq C\left(\frac{|x-y|}{\beta\left(T_{x}\right)}+1\right)
$$

Hence, when $t \leq T_{y}$, the right-hand side of 6.17 is bounded by a universal constant that only depends on $r_{1}, r_{2}, d, n_{0}$, and $\alpha$. We may further assume $\alpha$ to be suitably small so that the right-hand side of (6.17) is uniformly bounded for $t \geq T_{y}$. Now noticing that $|x| \geq 2 r_{2}^{2} / r_{1}$ guarantees $T_{x} \geq T\left(2 r_{2}\right)$ (c.f. (6.14)), we can conclude (b), i.e., $\tilde{\eta}(x, t)$ has uniform-in-time Hölder regularity for $t \geq T\left(2 r_{2}\right)$ for $|x| \geq 2 \beta^{-1}(t) r_{2}^{2} / r_{1}$.

Lastly, observe that $\tilde{w}(x, t):=w(\beta(t) x, t)$ solves the obstacle problem

$$
\Delta \tilde{w}=\tilde{f} \chi_{\{\tilde{w}(\cdot, t)>0\}}, \text { where } \tilde{f}=1-\tilde{\rho}_{0}-\tilde{\eta}
$$

Then using the regularity of $\tilde{\eta}$, and Theorem 7.2 of [Bla01], we can conclude (a).
Before ending this section, let us briefly discuss the uniform boundary regularity issue in the case of non-constant $n_{0}$.

If $\left\|n_{0}\right\|_{L^{\infty}} \geq 1$, long-time asymptotics of the $\rho$-patches can be rather complicated, as it does not rule out that $n_{0}$ could be less than 1 in some areas. It is not even clear whether the total mass of the tumor would diverge. Suitable conditions need to be imposed on $n_{0}$ in order to make the question of uniform regularity more meaningful.

For $\left\|n_{0}\right\|_{L^{\infty}}<1$, Theorem 4.10 states that $w(\cdot, t)$ monotone increases to converge to $w_{\infty}$, which features bounded support. Thus, the pressure as well as $n$ vanishes in $\Omega_{t}$ as time tends to infinity, and the regularizing effect of the pressure variable vanishes over time. On the other hand, under suitable assumptions, $\left\{w_{\infty}>0\right\}$ features smooth free boundary. To see this, recall that $w_{\infty}$ solves the obstacle problem (c.f. 4.6)

$$
\Delta w_{\infty}=\left(1-\rho_{0}-n_{0}\right) \chi_{\left\{w_{\infty}>0\right\}}
$$

When $\rho_{0}=\chi_{\Omega_{0}}$ with $\Omega_{0}$ having smooth (say $C^{1,1}$ ) boundary, the set $\left\{w_{\infty}>0\right\}$ lies strictly outside of the support of $\rho_{0}$, and thus near its free boundary $w_{\infty}$ solves $\Delta w_{\infty}=\left(1-n_{0}\right) \chi_{\left\{w_{\infty}>0\right\}}$. It follows that, in the setting of Corollary $5.15(\mathrm{~b}), \partial\left\{w_{\infty}>0\right\}$ is $C^{\infty}$ provided that $n_{0}$ is smooth. Nevertheless, it remains open whether one can use this asymptotic regularity of the free boundary to show uniform regularity of $\partial\{w(\cdot, t)>0\}$ in time.

## Appendix A. The Proof of Lemma 3.11

The proof closely follows the argument in PQV14, Sections 3 and 5] (also see GKM22, Proposition 5.1]), with some extra efforts for handling unboundedness of the spatial domain.

Proof. By definition, for any non-negative $\psi \in H^{1}\left(Q_{T}\right)$ such that $\psi(\cdot, T)=0$,

$$
\begin{aligned}
& \int_{0}^{T} \int_{\mathbb{R}^{d}} \nabla \psi \cdot \nabla\left(p^{0}-p^{1}\right)-\left(\rho^{0}-\rho^{1}\right) \partial_{t} \psi d x d t \\
= & \int_{\mathbb{R}^{d}} \psi(x, 0)\left(\rho_{0}^{0}(x)-\rho_{1}^{0}(x)\right) d x+\int_{0}^{T} \int_{\mathbb{R}^{d}} \psi\left(f^{0}-f^{1}\right) d x d t \leq 0 .
\end{aligned}
$$

Hence, for any $R>0$ and any non-negative $\psi \in H^{1}\left(\mathbb{R}^{d} \times[0, T]\right)$ supported in $B_{R} \times[0, T]$ such that $\psi(\cdot, T)=0$,

$$
\begin{equation*}
\int_{0}^{T} \int_{B_{R}}\left(\rho^{0}-\rho^{1}\right) \partial_{t} \psi+\left(p^{0}-p^{1}\right) \Delta \psi d x d t \geq \int_{0}^{T} \int_{\partial B_{R}} \frac{\partial \psi}{\partial \nu} \cdot\left(p^{0}-p^{1}\right) d \sigma(x) d t \tag{A.1}
\end{equation*}
$$

Define

$$
A=\frac{\rho^{0}-\rho^{1}}{\rho^{0}-\rho^{1}+p^{0}-p^{1}}, \quad B=\frac{p^{0}-p^{1}}{\rho^{0}-\rho^{1}+p^{0}-p^{1}}
$$

We define $A=0$ whenever $\rho^{0}=\rho^{1}$ (even when $p^{0}=p^{1}$ ), and $B=0$ whenever $p^{0}=p^{1}$ (even when $\rho^{0}=\rho^{1}$ ). Since $p^{0} \in P_{\infty}\left(\rho^{0}\right)$ and $p^{1} \in P_{\infty}\left(\rho^{0}\right)$, we have $A, B \in[0,1]$. Then A.2 can be written as

$$
\begin{equation*}
\int_{0}^{T} \int_{B_{R}}\left(\rho^{0}-\rho^{1}+p^{0}-p^{1}\right)\left(A \partial_{t} \psi+B \Delta \psi\right) d x d t \geq \int_{0}^{T} \int_{\partial B_{R}} \frac{\partial \psi}{\partial \nu} \cdot\left(p^{0}-p^{1}\right) d \sigma(x) d t \tag{A.2}
\end{equation*}
$$

Let $G$ be a compactly supported non-negative smooth function in $Q_{T}$. Assume it is supported in $B_{R_{0}} \times[0, T]$ for some $R_{0}>0$. Take an arbitrary $R \geq 2 R_{0}$. As in PQV14, we introduce smooth positive approximations of $A$ and $B$, denoted by $A_{n, R}$ and $B_{n, R}$, such that for some universal $C_{R}>0$ that depends on $R$,

$$
A_{n, R}, B_{n, R} \in\left[\frac{1}{n}, 1\right], \quad\left\|A_{n, R}-A\right\|_{L^{2}\left(B_{R} \times[0, T]\right)} \leq \frac{C_{R}}{n}, \quad\left\|B_{n, R}-B\right\|_{L^{2}\left(B_{R} \times[0, T]\right)} \leq \frac{C_{R}}{n}
$$

In the view of A.2 , let $\psi_{n, R}$ solve the (mollified) dual equation

$$
\begin{aligned}
& \partial_{t} \psi_{n, R}+\frac{B_{n, R}}{A_{n, R}} \Delta \psi_{n, R}=-G \text { in } B_{R} \times[0, T] \\
& \left.\psi_{n, R}\right|_{\partial B_{R} \times[0, T]}=0, \quad \psi_{n, R}(\cdot, T)=0 \text { in } B_{R}
\end{aligned}
$$

$\psi_{n, R}$ is then a smooth function on $B_{R} \times[0, T]$. Plugging it into $\mathrm{A.2}$ as the test function, we find that

$$
\int_{0}^{T} \int_{B_{R}}\left(\rho^{0}-\rho^{1}\right)(-G) d x d t+\mathcal{E}_{n, R} \geq \int_{0}^{T} \int_{\partial B_{R}} \frac{\partial \psi_{n, R}}{\partial \nu} \cdot\left(p^{0}-p^{1}\right) d \sigma(x) d t
$$

where

$$
\mathcal{E}_{n, R}:=\int_{0}^{T} \int_{B_{R}}\left(\rho^{0}-\rho^{1}+p^{0}-p^{1}\right)\left(B-\frac{A B_{n, R}}{A_{n, R}}\right) \Delta \psi_{n, R} d x d t
$$

We can argue as in PQV14, GKM22 to show that $\psi_{n, R}$ is non-negative and uniformly bounded on $B_{R} \times[0, T]$, whose bound only depends on $G$ and $T$, but not on $n$ or $R$. We can also prove that $\mathcal{E}_{n, R} \rightarrow 0$ as $n \rightarrow+\infty$. Moreover,

$$
\begin{equation*}
\frac{\partial \psi_{n, R}}{\partial \nu} \leq C R^{-(d-1)} \text { on } \partial B_{R} \times[0, T] \tag{A.3}
\end{equation*}
$$

where $C$ only depends on $d, T$, and $G$, but not on $n$ or $R$. To prove A.3, we recall that $R \geq 2 R_{0}$ and $\psi_{n, R} \leq C_{*}$, where $C_{*}=C_{*}(G, T)$. Let $\tilde{\psi}_{R}$ solve

$$
\Delta \tilde{\psi}_{R}=0 \text { on } B_{R} \backslash \overline{B_{R_{0}}},\left.\quad \tilde{\psi}_{R}\right|_{\partial B_{R_{0}}}=C_{*},\left.\quad \tilde{\psi}_{R}\right|_{\partial B_{R}}=0 .
$$

Then we find

$$
\begin{aligned}
& \partial_{t}\left(\tilde{\psi}_{R}-\psi_{n, R}\right)+\frac{B_{n, R}}{A_{n, R}} \Delta\left(\tilde{\psi}_{R}-\psi_{n, R}\right)=0 \text { in }\left(B_{R} \backslash \overline{B_{R_{0}}}\right) \times[0, T] \\
& \left.\left(\tilde{\psi}_{R}-\psi_{n, R}\right)\right|_{\partial\left(B_{R} \backslash \overline{B_{R_{0}}}\right) \times[0, T]} \geq 0, \quad\left(\tilde{\psi}_{R}-\psi_{n, R}\right)=0 \text { in } B_{R} \backslash \overline{B_{R_{0}}}
\end{aligned}
$$

By the maximum principle, $\psi_{n, R} \leq \tilde{\psi}_{R}$ on $\left(B_{R} \backslash \overline{B_{R_{0}}}\right) \times[0, T]$, and thus A.3) follows. In fact, when $d=1,2$, the bound can be improved.

Combining the above estimates yields that, whenever $R \geq 2 R_{0}$,

$$
\begin{aligned}
\int_{0}^{T} \int_{B_{R}}\left(\rho^{0}-\rho^{1}\right)(-G) d x d t & \geq-C R^{-(d-1)} \int_{0}^{T} \int_{\partial B_{R}}\left|p^{0}-p^{1}\right| d \sigma(x) d t \\
& \geq-C R^{-\frac{d-1}{2}}\left(\int_{0}^{T} \int_{\partial B_{R}}\left|p^{0}-p^{1}\right|^{2} d \sigma(x) d t\right)^{\frac{1}{2}}
\end{aligned}
$$

where $C$ only depends on $d, T$, and $G$. By Definition 3.9, $p^{i} \in L^{2}\left(Q_{T}\right)$. Sending $R \rightarrow+\infty$, we obtain that

$$
\int_{0}^{T} \int_{\mathbb{R}^{d}}\left(\rho^{0}-\rho^{1}\right)(-G) d x d t \geq-C \liminf _{R \rightarrow+\infty} R^{-\frac{d-1}{2}}\left(\int_{0}^{T} \int_{\partial B_{R}}\left|p^{0}-p^{1}\right|^{2} d \sigma(x) d t\right)^{\frac{1}{2}}=0
$$

Since $G$ is an arbitrary compactly supported non-negative smooth function in $Q_{T}$, we conclude that $\rho^{0} \leq \rho^{1}$ almost everywhere.

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Department of Mathematics, Purdue University, West Lafayette, IN
Email address: jacob225@purdue.edu
Department of Mathematics, UCLA, Los angeles, CA
Email address: ikim@math.ucla.edu
Beijing International Center for Mathematical Research, Peking University, Beijing, China
Email address: tongj@bicmr.pku.edu.cn


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