

Rectifiable sets:

Def: Let  $M \subset \mathbb{R}^n$ ,  $\mathcal{H}^k$ -measurable.

We say that  $M$  is countably  $\mathcal{H}^k$ -rectifiable if there exists countably many Lipschitz maps  $f_i: \mathbb{R}^k \rightarrow \mathbb{R}^n$  such that:

$$\mathcal{H}^k(M \setminus \bigcup_{i=1}^{\infty} f_i(\mathbb{R}^k)) = 0$$

• We say that  $M$  is locally  $\mathcal{H}^k$ -rectifiable if  $M$  is countably  $\mathcal{H}^k$ -rectifiable and  $\mathcal{H}^k(M \cap K) < \infty$ ,  $\forall K \subset \mathbb{R}^n$  compact

• We say that  $M$  is  $\mathcal{H}^k$ -rectifiable if  $M$  is countably  $\mathcal{H}^k$ -rectifiable and  $\mathcal{H}^k(M) < \infty$ .

It is possible to decompose a countably  $\mathcal{H}^k$ -rectifiable set by means of (almost flat) regular Lipschitz images, this is the statement of the next Theorem, whose detailed proof is long and can be found in the textbook:

Theorem 1:  $M$  countably  $\mathcal{H}^k$ -rectifiable in  $\mathbb{R}^n$ . Then  $\exists M_0$ ,  $M_0 \subset \mathbb{R}^n$  Borel and  $f_i: \mathbb{R}^k \rightarrow \mathbb{R}^n$  Lipschitz and  $E_i \subset \mathbb{R}^k$  Borel sets such that:

$$M = M_0 \cup \left( \bigcup_{i=1}^{\infty} f_i(E_i) \right), \mathcal{H}^k(M_0) = 0. \quad (*)$$

Moreover, for every  $t > 1$  a decomposition (\*) can be found such that:

(8.2)

- Each  $(f_i, E_i)$  defines a regular Lipschitz image,  $\text{Lip}(f_i) \leq t$
- $\frac{1}{t} |x-y| \leq |f_i(x) - f_i(y)| \leq t |x-y|$
- $\frac{1}{t} |v| \leq |\nabla f_i(x) v| \leq t |v|$
- The Jacobian  $Jf_i$  satisfies  $\frac{1}{t^k} \leq Jf_i(x) \leq t^k$

Ideas about proof of Theorem 1:

The notion "regular Lipschitz image" means that

(a)  $f_i$  is 1-1 and differentiable on  $E_i$ ,  $Jf(x) > 0$ ,  $\forall x \in E_i$ .

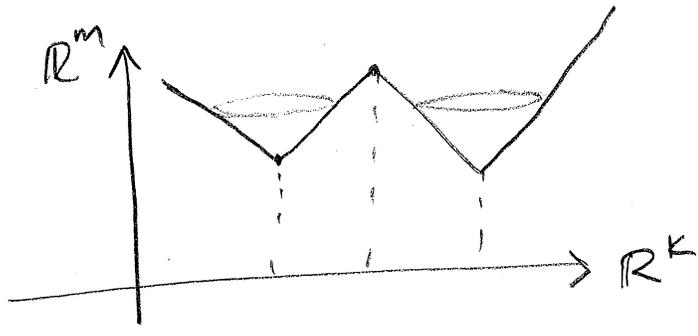
(b)  $x \in E_i^{(1)}$ ,  $\forall x \in E_i$ ; i.e.  $\lim_{r \rightarrow 0} \frac{|E_i \cap B(x,r)|}{\omega_r^k} = 1$ ,  $\forall x \in E_i$

(c) Every  $x \in E_i$  is a Lebesgue point of  $\nabla f_i$ .

The main 2 ingredients in the proof of this Theorem 1 are:

(A) The fact that if  $f: \mathbb{R}^k \rightarrow \mathbb{R}^n$  is Lipschitz then (note that  $k \leq n$ ):

$$\mathcal{H}^k(f(E)) = 0, \quad E = \{x \in \mathbb{R}^k : Jf(x) = 0\}$$



(B) The second ingredient is the so called "linearization of a Lipschitz function on the set  $\{Jf > 0\}$ ". The Jacobian is defined as:

$$Jf(x) = \begin{cases} \sqrt{\det(\nabla f(x)^* \nabla f(x))}, & \text{if } f \text{ is differentiable at } x \\ +\infty, & \text{if } f \text{ is not differentiable at } x \end{cases}$$

Note: for  $f: \mathbb{R} \rightarrow \mathbb{R}$  Lipschitz,  $Jf(x) = |f'(x)|$

For  $f: \mathbb{R}^n \rightarrow \mathbb{R}^n$  Lipschitz then  $Jf(x) = \sqrt{\det(\nabla f(x)^* \det(\nabla f(x)))} = \sqrt{\det(\nabla f(x))^2} = |\det \nabla f(x)|$

Also, recall that, if  $f = (f_1, \dots, f_n): \mathbb{R}^n \rightarrow \mathbb{R}^n$  then  $\nabla f(x)$  is the  $n \times n$  matrix:

$$\nabla f(x) = \begin{pmatrix} \frac{\partial f_1}{\partial x_1} & \dots & \frac{\partial f_1}{\partial x_n} \\ \vdots & & \vdots \\ \frac{\partial f_n}{\partial x_1} & \dots & \frac{\partial f_n}{\partial x_n} \end{pmatrix}$$

If  $f: \mathbb{R}^k \rightarrow \mathbb{R}^n$ ,  $k \neq n$ , and  $f = (f_1, \dots, f_n)$  then:

$$\nabla f(x) = \begin{pmatrix} \frac{\partial f_1}{\partial x_1} & \dots & \frac{\partial f_1}{\partial x_k} \\ \vdots & & \vdots \\ \frac{\partial f_n}{\partial x_1} & \dots & \frac{\partial f_n}{\partial x_k} \end{pmatrix}, \text{ an } n \times k \text{ matrix.}$$

(8.4)

This linearization of Lipschitz maps roughly speaking says that  $F = \{x : 0 < Jf(x) < \infty\}$  can be decomposed in a countable partition such that  $\nabla f(x)$  is almost constant on each set in the partition. This is done (Federer's idea) by fixing a set  $\{T_i\}_{i=1}^{\infty} \subset \mathbb{R}^n \otimes \mathbb{R}^k$ , where;

$$\mathbb{R}^n \otimes \mathbb{R}^k := \{T : \mathbb{R}^k \rightarrow \mathbb{R}^n, \text{ linear maps}\},$$

and then choosing  $\delta > 0$ , look at the Borel sets  $S$  of those  $x \in \mathbb{R}^k$  such that  $\nabla f(x)$  is  $\delta$ -close to a fixed  $T_i$ . More precisely, if  $f : \mathbb{R}^k \rightarrow \mathbb{R}^n$  is Lipschitz, with  $F$  as above, there

exists a partition  $\{F_i\}$ ,  $F_i$  Borel  $f$  is 1-1 on  $F_i$ . Moreover,

for every  $t > 1$ , such partition of  $F$  can be found with the property that,  $\forall i = 1, 2, \dots, \exists S_i \in GL(k)$  (i.e.  $S_i : \mathbb{R}^k \rightarrow \mathbb{R}^k$  linear, invertible) such that  $f|_{F_i} \circ S_i^{-1} : \mathbb{R}^k \rightarrow \mathbb{R}^n$  is almost an isometry; that

is,  $\forall x, y \in F_i, \forall v \in \mathbb{R}^k$ :

$$\frac{1}{t} |S_i x - S_i y| \leq |f(x) - f(y)| \leq t |S_i x - S_i y|$$

$$\frac{1}{t} |S_i v| \leq |\nabla f(x) v| \leq t |S_i v|$$

$$\frac{1}{t^n} J S_i \leq J f(x) \leq t^n J S_i$$

Going back to the proof of Theorem 1,  
we have  $M$  locally  $\mathcal{H}^k$ -rectifiable with

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$$M \subset \left( \bigcup_{i=1}^{\infty} f_i(\mathbb{R}^k) \right) \cup \tilde{M}_0, \quad \mathcal{H}^k(\tilde{M}_0) = 0$$

With Rademacher's theorem, (A) and (B) applied to each  $i$  we obtain:

$$M = M_0 \cup \left( \bigcup_{i=1}^{\infty} g_i(G_i) \right), \quad \mathcal{H}^k(M_0) = 0,$$

where each  $(g_i, G_i)$  defines a regular Lipschitz image. By Kirszbaum's theorem, we extend

each  $g_i$  to  $f_i: \mathbb{R}^k \rightarrow \mathbb{R}^n$  with  $\text{Lip}(f_i) \leq t$ .

One has to check that all the desired properties of  $f_i$  are satisfied, using

(B).  $\square$

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Approximate tangent spaces to rectifiable sets,

Recall from previous lectures:

- $f: \mathbb{R}^n \rightarrow \mathbb{R}^m$   
 $\mu$  measure on  $\mathbb{R}^n$   
 $f_{\#}\mu$ , the push-forward of  $\mu$  through  $f$   
is a measure on  $\mathbb{R}^m$  defined as:  
 $f_{\#}\mu(E) = \mu(f^{-1}(E)), E \subset \mathbb{R}^m$ .

- $\int_{\mathbb{R}^m} u d(f_{\#}\mu) = \int_{\mathbb{R}^n} (u \circ f) d\mu, \forall u$  Borel

- $\Phi_{x,r}: \mathbb{R}^n \rightarrow \mathbb{R}^n, \Phi_{x,r}(y) = \frac{y-x}{r}$   
 $(\Phi_{x,r})_{\#}\mu(E) = \mu(x+rE)$ .

We have:

Theorem 2: (Existence of approximate tangent spaces).  $M \subset \mathbb{R}^n$  locally  $\mathcal{H}^k$ -rectifiable set, then for  $\mathcal{H}^k$ -a.e.  $x \in M$ ,  $\exists$  unique  $k$ -dimensional plane  $\Pi_x$  such that, as  $r \rightarrow 0^+$ ,

$$\frac{(\Phi_{x,r})_{\#}(\mathcal{H}^k \llcorner M)}{r^k} = \mathcal{H}^k \llcorner \left(\frac{M-x}{r}\right) \xrightarrow{*} \mathcal{H}^k \llcorner \Pi_x,$$

which is:

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$$\lim_{r \rightarrow 0^+} \frac{1}{r^K} \int_M \varphi \left( \frac{y-x}{r} \right) d\mathcal{H}^K(y) = \int_{\Pi_x} \varphi d\mathcal{H}^K, \quad \forall \varphi \in C_c(\mathbb{R}^n).$$

In particular,  $\Theta_K(\mathcal{H}^K \llcorner M) = 1$ ,  $\mathcal{H}^K$ -a.e. on  $M$ , that is:

$$\lim_{r \rightarrow 0^+} \frac{(\mathcal{H}^K \llcorner M)(B(x,r))}{\omega_K r^K}$$

$$= \lim_{r \rightarrow 0^+} \frac{\mathcal{H}^K(M \cap B(x,r))}{\omega_K r^K} = 1, \quad \mathcal{H}^K\text{-a.e. } x \in M$$

Notation:  $\Pi_x = T_x M$ , the approximate tangent space to  $M$  at  $x$ .

Proof: We apply Theorem 1 to  $M$  to obtain the decomposition:

$$M = M_0 \cup \left( \bigcup_{i=1}^{\infty} f_i(E_i) \right).$$

$$\text{Let } M_i := f_i(E_i)$$

For each  $i$ , since  $Jf_i(x) \neq 0$ ,  $\forall x \in E_i$ ,  $\Pi_x := \nabla f_i(x)(\mathbb{R}^K)$  is a  $K$ -dimensional plane. Since  $M_i = f_i(E_i)$  is a  $K$ -dimensional regular Lipschitz image in  $\mathbb{R}^n$

then

$$T_x M_i = \nabla f_i(x)(\mathbb{R}^K) \quad (\text{This will be proved next Lec. in Lemma 2}).$$

that is,

$$\lim_{r \rightarrow 0^+} \frac{1}{r^K} \int_{M_i} \varphi \circ \bar{\Phi}_{x,r} d\mathcal{H}^K = \int_{\Pi_x = T_x M_i} \varphi d\mathcal{H}^K, \quad \forall x \in M_i \quad (1)$$

By Corollary proved in Lecture 7 (page 7.4), which

we can apply since  $\mathcal{H}^k$  is a Radon measure, we have:

(8.8)

$$\Theta_k(\mathcal{H}^k \llcorner (M \setminus M_i)) = \lim_{r \rightarrow 0} \frac{\mathcal{H}^k((M \setminus M_i) \cap B(x, r))}{\omega_k r^k} = 0,$$

for  $\mathcal{H}^k$ -a.e.  $x \in M_i$ . In particular, this implies

$$\lim_{r \rightarrow 0^+} \frac{1}{r^k} \int_{M \setminus M_i} \varphi \circ \Phi_{x, r} d\mathcal{H}^k =$$

$$= \lim_{r \rightarrow 0^+} \frac{1}{r^k} \int_{M \setminus M_i} \varphi\left(\frac{y-x}{r}\right) d\mathcal{H}^k, \quad \varphi \in C_c(\mathbb{R}^n), \text{ supp } \varphi \subset B(0, N)$$

$$= \lim_{r \rightarrow 0^+} \frac{1}{r^k} \int_{B(x, rN) \cap (M \setminus M_i)} \varphi\left(\frac{y-x}{r}\right) d\mathcal{H}^k$$

$$\leq C \omega_k \lim_{r \rightarrow 0^+} \frac{\mathcal{H}^k(B(x, rN) \cap (M \setminus M_i))}{\omega_k r^k}$$

$$= 0, \text{ for } \mathcal{H}^k\text{-a.e. } x \in M_i. \quad (2)$$

Hence, from (1) and (2):

$$\begin{aligned} \lim_{r \rightarrow 0^+} \frac{1}{r^k} \int_M \varphi\left(\frac{y-x}{r}\right) d\mathcal{H}^k(y) &= \lim_{r \rightarrow 0^+} \frac{1}{r^k} \int_{M_i} \varphi\left(\frac{y-x}{r}\right) d\mathcal{H}^k(y) \\ &\quad + \lim_{r \rightarrow 0^+} \frac{1}{r^k} \int_{M \setminus M_i} \varphi\left(\frac{y-x}{r}\right) d\mathcal{H}^k(y) \\ &= \int_{\mathbb{R}^n} \varphi d\mathcal{H}^k + 0 = \int_{\mathbb{R}^n} \varphi d\mathcal{H}^k \end{aligned}$$

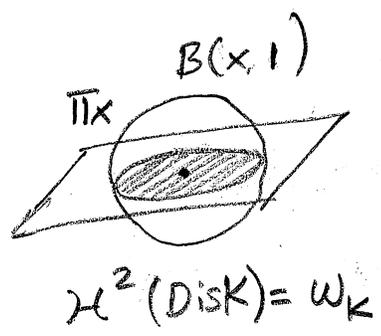
Thus:

Since  $\mathcal{H}^k$ -a.e.  $x \in M$  belongs to some  $M_i = f_i(E_i)$  we conclude

$$\lim_{r \rightarrow 0^+} \frac{1}{r^k} \int_M \varphi\left(\frac{y-x}{r}\right) d\mathcal{H}^k(y) = \int_{\pi_x = T_x M_i} \varphi d\mathcal{H}^k, \quad \mathcal{H}^k\text{-a.e. } x,$$

which is the first part of Theorem 2. Let  $x \in M$  which satisfies the above limit. Since  $\pi_x \cap \partial B$  is a  $(k-1)$ -dimensional sphere, with  $\mathcal{H}^k \llcorner \pi_x(\partial B) = 0$ . Thus:

$$w_k = \mathcal{H}^k \llcorner \pi_x(B) \quad B = B(x, 1)$$



$$= \lim_{r \rightarrow 0^+} \frac{\mathcal{H}^k \llcorner M(\Phi_{x,r}^{-1}(B))}{r^k}; \quad \text{since } \frac{(\Phi_{x,r}^{-1})_* \mathcal{H}^k \llcorner M}{r^k} \xrightarrow{*} \mathcal{H}^k \llcorner \pi_x$$

and  $\mathcal{H}^k \llcorner \pi_x(\partial B) = 0$   
(Lecture 4, page 4.10).

$$= \lim_{r \rightarrow 0^+} \frac{\mathcal{H}^k(M \cap B(x,r))}{r^k}; \quad \text{since } \Phi_{x,B}^{-1}(B) = B(x,r)$$

Hence, we obtain

$$\lim_{r \rightarrow 0^+} \frac{\mathcal{H}^k(M \cap B(x,r))}{w_k r^k} = 1, \quad \text{for } \mathcal{H}^k\text{-a.e. } x \in M,$$

which is the second part of Theorem 2.